

2C Midbrain Development

What do we call the protective response to danger that is controlled by the amygdala?

_____,
_____ or _____

Negativity and criticism surround us. Our reaction doesn't have to be the same.

What reaction is better than criticism?



Forebrain Development 2D

What are the three neurotransmitters we identified in today's lesson:

_____ is known as the happy hormone and has a short-term positive effect on our mood. It can be very addictive.

_____ is found in proteins we eat like eggs and nuts. It stabilizes our mood, helps us sleep and improves our memory and perception.

_____ is produced by our brain when we interact with other people. Speaking face-to-face and especially touching like hugs and cuddling helps create this chemical for long-term happiness.

SERATONIN

OXYTOCIN

DOPAMINE