

Attitude - The Viktor Frankl Story





The Viktor Frankl story shows us that attitude can literally mean the difference between life and death.

Thinking about the video, write down one or two things that most impressed you about the story.

What ideas will stick with you and how do they apply to your life?

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Attitude - As a Man Thinketh

Your attitude determines your environment, not the other way around. Your attitude can affect others in the human chain positively or negatively. It is your choice.

Attitude determines how one person can see the glass half-empty, and another person sees it half-full. You make the choice as to how you view the glass, half-full or half-empty.

Think about the three questions below and write your answers in the space.



- 1. What kind of people live in your city?
- 2. When you face a challenge what is your instinct?
- 3. Is the glass half empty or half full?