



September 8, 2020

Hi everyone,

Hope you all enjoyed the Labor Day weekend. The weather certainly cooperated! I spent a good part of Saturday harvesting our potato crop. It's fun to dig around in the dirt. Rather cathartic actually. A bit like a treasure hunt. Got a pretty nice haul which always makes me happy. And our wood is up from the back woods in a huge pile now awaiting splitting. So halfway there...

If you are reading this Update, we have likely fixed the internet and Wi-Fi problem we've been experiencing. Our contractors NPI have been working on it. Apologies for the inconvenience.

We are having our virtual Cup this Thursday at 9:30. I will be away so Leslie will be hosting the call in my absence. Peter will be doing his annual presentation for the first 30 minutes. If you have anything you want to present, please email Sherri to get on the agenda. Time will be limited, so if it can just go in written Cup instead, that might keep us on track. We will send out a reminder the morning of the meeting as well.

Testing:

We received a question about the type of testing we are doing here on campus and what testing lab we are using. Here's Meagan's response:

We are working now with Broad Institute lab in MA. These are PCR tests. They are nasal swabs, not nasal pharynx (also sometimes referred to as deep nasal swabs or "the ones that go up into your brain".) These are not pool tests. We are not interested at this time to do pool testing. Training is not an issue, it's a very simple technique that doesn't require a clinical scope of practice technically but we of course have clinicians completing this. The test is a dry medium, BD Vacutainer 366408, noted from what I can find to have a 3% false positive rate. No test will be perfect as we know.

Day to day testing for quarantine or symptomatic tests are completed via UVMMC lab, PCR style and at times they are nasal swabs and others nasal pharyngyl.

Walgreens:

Now that residents are able to go off campus we will no longer be offering pick up at Walgreens pharmacy. They do have a drive thru.

If you don't drive and have something for pick up, Kinney Drug does deliver to campus directly. And if you don't drive and must get your prescription filled through Walgreens, transportation can take you.

A few Updates from Dining:

Weekly menus are no longer dropped on your front door. Your weekly menus are placed in your internal mailbox on Wednesday's by 4pm. Pick it up there, fill it out completely and then attach it to your front door for pick up every Friday morning between 8:30am-11.

Lobsterfest is back!

Lobsterfest will be on Wednesday Sept. 16th! Although we can't host the big community gathering, that's no reason not to eat lobster! Cooked lobsters will be delivered to resident homes on 9/16! So start digging out your nut crackers, hammers, picks, bibs, whatever tools you find most handy to get every last bite!

Helping the VT economy:

If you are a Vermont resident, **you are eligible for a FREE \$30 gift card to a local business starting at 11:00am today, Tuesday, September 8th!** The cards will be distributed on a first come, first served basis, so set a reminder and register right at 11:00am! <https://www.gonift.com/vermont#customer>

#BuyLocalVermont is a program created by the State of Vermont that uses CARES Act funding to aid Vermont businesses and residents struggling in the wake of the COVID-19 pandemic. The program - powered by **GoNift.com** - promises to bring in the foot traffic needed to quickly increase sales for restaurants, retail stores, entertainment and performing arts venues, lodging and tourism related businesses.

Some nice music to pass the time!

The Middlebury Performing Arts Series will host an array of free online performances in an all virtual season. All concerts will be accessible via the Mahaney Arts Center's Digital Stages project, every Friday night at 7:30 P.M. from September 25 through November 13. Concerts will remain online for several days, for those who miss the Friday night events. All concerts will be free and available to all.

<https://www.middlebury.edu/college/arts/performing-arts-series>

Little trip down memory lane for The Band fans:

<https://www.youtube.com/watch?v=ph1GU1qQ1zQ&feature=youtu.be>

Who sang along??? I certainly did!

And our last laughs:

- A chicken crossing the road is poultry in motion.
- When a clock is hungry, it goes back four seconds.
- The man who fell into an upholstery machine is fully recovered.
- You feel stuck with your debt if you can't budge it.
- He often broke into song because he couldn't find the key.
- A boiled egg in the morning is hard to beat.
- He had a photographic memory that was never developed.
- A plateau is a high form of flattery.
- Once you've seen one shopping center, you've seen a mall.
- Bakers trade bread recipes on a knead-to-know basis.
- Acupuncture is a jab well done.

Have a good week everyone! Next Update will be on Friday. Stay well.

Martha



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President & CEO