



August 25, 2020

Greetings everyone,

Well, we've had an exciting few days last week! I am so glad everything went the way it did, but we all need to be prepared for another COVID positive test on campus and plan accordingly.

As I shared in my Update on Saturday evening, *if* we have another positive test result, whether in Linden or in Independent Living, we will temporarily shut down the whole Wake Robin community again until the Health Department provides us with guidance. There will likely be very little or no advanced notice. We were able to make allowances for medical appointments and essential grocery and pharmacy needs on Friday, but I'm not sure that will always be the case. It will depend on whether the case is in Linden or IL, whether the individual is symptomatic or asymptomatic, and what the Dept. of Health wants us to do. I don't want anyone to be surprised or upset because plans have been disrupted. It's the reality we are all living in at the moment, so please stay stocked up on necessities as much as possible and keep your fingers crossed all will be well this fall.

A few continued precautions to share:

- While IL residents can return to our new normal, Linden residents cannot for a few weeks. Linden visits with family and friends are suspended until 9/7 at this time, and we will notify you when they are back up and running. This is a requirement of the Health Dept.
- Linden direct care staff will be tested again this week on Tuesday and Wednesday. We hopefully will get those test results back relatively quickly. Residents and staff in Cedar and Juniper will be retested next week. Both of these are required by Vermont Dept. of Health.
- The Salon is closed to Linden residents until further notice.
- Linden residents should not be attending the concert or art show this week.

Unrelated to our recent positive test, also just a reminder, if you have grandchildren coming back to the area to attend college, please be EXTRA careful if visiting with them if you need to see them at all right now. College campuses are really not safe COVID spots at the moment. So, the best plan is to chat by phone or

over FaceTime or Zoom and delay in person contact until we see how the college reopening goes.

In Other News:

I'm hoping all resident committees that were interested participated in Meagan's Zoom meetings last week. Looking forward to reviewing (and okaying!) proposals for restarting indoor activities in late September/early October within the safety guidelines we outlined.

Cup will be held this Thursday. Look for an email from Sherri Thursday morning with the Zoom instructions, and if you want to be on the agenda please let Sherri know. Questions to pose to me or other staff? Please send to Sherri so we can answer them for the whole group.

This helpful information from Vermont Dept. of Health: What is a close contact?

When we talk about containing the spread of COVID-19, we often refer to reaching out to the "close contacts" of a person who tested positive. But what does that mean? Both time and distance matter. Close contact generally means being within six feet for 15 minutes or more of the person who tested positive while they are contagious (infectious). Examples of close contacts include with someone you live, rode in the car, or with whom you had dinner.

Close contact does not mean being more than six feet away in the same indoor environment for a short period of time, walking by, or briefly being in the same room. Examples of *not* close contacts include a cashier or someone you passed by at a store, or a coworker you briefly passed to ask a question.

The infectious period starts two days before any symptoms began, or for people who didn't have symptoms, two days before they got tested, and continues until they are recovered.

The average number of close contacts per person who tests positive for COVID-19 in Vermont is three.

Today's humor:

Someone left this in my mailbox today. I laughed out loud! Thanks to whoever you are!

DISCERNMENT:

Sherlock Homes and Dr. Watson went on a camping trip. After a good meal, they lay down for the night and went to sleep. Some hours later, Holmes awoke and nudged his faithful friend.

Holmes said: “Watson, look up and tell me what you see.”

Watson said: “I see a fantastic panorama of countless stars.”

Holmes: “And what does that tell you?”

Watson pondered for a moment. “Astronomically, it tells me that there are millions of galaxies and potentially billions of planets. Astrologically, I observe that Saturn is in Leo. Horologically, I deduce that the time is approximately a quarter past three. Theologically, I can see that God is all powerful and that we are small and insignificant. Meteorologically, I suspect that we will have a beautiful day tomorrow. Why, what does it tell you Holmes?”

Holmes was silent for a moment and then spoke: “Someone has stolen our tent.”

And finally, a beautiful tribute to many extraordinary comedians and comediennes from the past.

<https://www.theretrosite.com/send-in-the-clowns/>

Have a good day everyone. And stay safe!



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