



May 26, 2020

Hi everyone,

I hope you all had an enjoyable weekend. Our son's "virtual" college graduation was...well, it was ok. Quite moving for us because it's such a big milestone, but a little sad because we weren't all together and couldn't celebrate the accomplishment with some festivities. But he's done and launched and we will see what his future holds in this crazy world we are living in!

I received three emails this weekend that I wanted to share with you. One said, *"Thank you for the respectful updates of May 21 that acknowledge we are intelligent ("be smart") and responsible ("stay safe") adults."*

The second said, *"I am aware that not all of your guidelines are being followed. There are some who follow your every suggestion and others who are ready to make their own decisions and I guess this is just the way life is."*

The third said, *"Of course, we all only want to get out and about and do some shopping. But is it worth even the tiniest risk to our neighbors if one of us brought the virus back and infected even one person?"*

To those folks who are following my every suggestion, many thanks. To those folks "who are ready to make their own decisions," I implore you to be responsible to your neighbors and please follow my guidelines. Your actions not only impact you, but by extension impact everyone living here at Wake Robin. If we get a case of COVID on campus, we will shut down completely and all residents will be quarantined in their homes until the Vermont Dept. of Health gives us the green light to start opening up again. The consequences of even one case on campus are pretty stark. And according to one of my CCRC colleagues in New Hampshire, "Once the genie is out of the bottle, it's really hard to get it back in. Getting 'clean' again is a big challenge." So our goal is to remain COVID free and that means we need everyone to be extra careful and follow our guidelines. Please, and thank you.

### **Vermonters Without COVID-19 Symptoms Can Get Tested at Pop-Up Sites**

The Health Department, with support from EMS units and members of the Vermont National Guard, is testing people in Vermont who do not have symptoms

of COVID-19 at pop-up testing sites around the state. More sites have been added. Find locations and register for appointments at [humanresources.vermont.gov/popups](https://humanresources.vermont.gov/popups).

You can also fill out [this form](#) to receive information of any future clinics that may be scheduled in your area. We encourage health care workers, first responders, childcare providers, and people returning to Vermont – such as college students, people who winter out of state, and second homeowners – to consider being tested.

**Vermonters With Even Mild Symptoms Should Call Their Doctor to Be Tested:** People with even mild [symptoms](#) are encouraged to call their health care provider to get tested. This includes parents of children who have possible symptoms. Your health care provider will ensure you receive proper care and treatment.

**A follow-up question from Meagan’s PowerPoint about medical visits (attached again in case you missed it last week):**

Q: What does “avoid participating in any groups” mean? What groups?

A: Groups would include spending time with anyone other than your household. There are groups gathering formally and informally, committee meetings, music practice outside, informal gatherings outside or on common area decks. I would not have family visit you until the timeframe has expired.

**Ordering Plants from Nurseries:**

Given that we have probably completed most of the spring ordering of plants from nurseries, and that, as residents, we are now allowed to drive off campus and do curbside deliveries, we are suspending group delivery of orders from Paquette's Nursery and Red Wagon. Both are open to individual orders with curbside delivery. We have expressed our appreciation to both nurseries for their willingness to accommodate our needs when we were confined to campus. Thank you all for your cooperation.

**Farmers Market at Wake Robin?**

We look forward to a time when we can invite our new Farmers Market farm partner, Last Resort Farm, onto campus. We will be opening our physical (but socially distanced!) farmers market when vendors are allowed back on campus. Until that time, we are happy to be expanding the Wake Robin grocery list with baked goods from our pastry chef, Jesse Lauer, and delicious local bread from O Bread bakery at Shelburne Farms. All you’ll have to do is order of the standing

grocery list. Enjoy! Don't forget orders are due by Monday at 8 am. You can find the updated grocery list on Thursday on the resident portal.

### **Zoom Update**

On April 27, 2020, Zoom released Zoom 5.0. After May 30<sup>th</sup>, when you try to log on to a Zoom meeting, it will require you to update your app. There should be a button that prompts you to complete the update. You might want to log on early to any Zoom calls you are on after May 30<sup>th</sup> to give yourself extra time, since the update may take a few minutes.

### **Tip from Greeny:**

Greeny is so excited about Green Up Vermont Day on May 30<sup>th</sup> and looks forward to helping out! He also encourages walkers to "Green Up Wake Robin!" every day of the year! As you walk on the WR roads and trails, please pick up any trash that you see. It's a good idea to carry a small plastic bag (like a bread bag or a grocery store bag) so that you can pick up whatever-it-is without touching it. Just make sure to put the bag in the Bagged Trash Bin. (If you reach for a Kleenex while you're out walking, make sure it goes back in your pocket.) Thank you!

And finally, some humor for today! Thanks to everyone who keeps me well stocked on these jokes! These are funny!

- When this quarantine is over, let's not tell some people.
- Not to brag, but I haven't been late to anything in over 6 weeks.
- It may take a village to raise a child, but I swear it's going to take a vineyard to homeschool one.
- Never in a million years could I have imagined I would go up to a bank teller wearing a mask and ask for money.
- The dumbest thing I've ever bought was a 2020 planner ...

Have a nice week. Stay safe.

Martha



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