



March 31, 2020

Hi everyone,

Last day of March - going out like a lamb. The sun is shining. It's above freezing! I can just picture all of you outside walking along the roads and trails (at a safe distance of course!) around our beautiful Wake Robin. Enjoy! Our sap buckets are finally stacked and ready for the shed until next year.

Just when you thought all we had to worry about was this horrible virus, I got this email today from the Wellness Center. Oy vey!

"And so it begins. We encountered our first tick bite of the year today. With the weather beginning to warm and more residents looking to get outside for a much needed reprieve from isolation, we need to keep in mind that tick season is here. Please make sure that when you are outside, especially when on the trails, to be aware of any exposed skin and the potential for tick bites. Anyone with a possible tick bite can call the Wellness Clinic and we will be happy to assist with this. We are also happy to provide any education or guidance on how to better protect yourself for anyone who is interested." – Your Wellness Center Team

So now, in addition to staying six feet away from anyone else, you must cover up too! Seriously, Lyme disease is no walk in the park, so be careful. Also, time to get your pets protected from those nasty ticks too!

To all the sewers (needle and thread sewers!) in the community, THANK YOU for the treasure trove of cloth masks, and thank you to the Fiber Arts group for the donation of the fabric! They are colorful and fun. There's a picture on our Wake Robin Facebook page which made me so happy when I saw it! I imagine you'll be seeing our staff donning them by tomorrow. We very much appreciate you lending your sewing skills to the effort. I hear there are several of you now sewing gowns for our healthcare staff. Can't even believe we have to do this, but these are crazy times!

And now a library update: I heard from our Head Librarian that several of you were wondering about returning books to the library. Feel free to drop them in the book return slot when you come to pick up your mail. The bin will be emptied

occasionally so the books will not pile up. We are sorry we can't allow the library to be open for business at the moment. The COVID virus lives on surfaces (such as book covers) for a few days and we just don't want different people handling them right now. Hope you understand.

I had a Zoom virtual visit today with Poplar and Shadbush neighborhood residents. There are three more scheduled for later in the week with other neighborhoods, and I'll hope to finish up reaching all independent living neighborhoods by the end of next week. Then hopefully I can arrange some with Linden neighborhoods. And then I'll start over, so hopefully you'll have a time to chat with me and with each other regularly. I know many of you are missing our weekly Cup gathering. I am too, now that I think of it! Mostly missing those delicious scones! Something to look forward to.

There are some wonderful occasions of neighbor-helping-neighbor happening (within all the restrictions!). In an email I received from a resident today: "My only message would be as a resident and neighbor that we should 'encourage all that need help and/or assistant to just ask!'" So, don't hesitate to reach out if you need something. Others are ready and willing to assist.

The sun just completely changes my mood. I'm just itching to get out for a quick walk. Have a nice evening.



Martha E. Maksym  
President and CEO