



March 24, 2020

Greetings everyone,

Quite the winter wonderland outside my window! But with any luck, the weather will warm up, the snow will melt, and yesterday's storm will be a memory!

I want to start by saying thanks for everyone who participated in the pot-banging celebration last evening at 6 pm. I know it is an acknowledgement of appreciation for all the healthcare and emergency services personnel who are doing heroic work in this crisis. It sounded beautiful! Francis is posting a video of last night's concert on our website. Sincere thanks.

Thanks also to those of you who have stepped forward to help sew masks and gowns for Health Services. Can't believe we have to resort to this, but alas, we do! The effort is much appreciated.

And thanks to many of our vendors and friends who have also donated equipment:

- Steve Pitmon, Dentist has donated 300 surgical masks towards our PPE supply
- Even some of our contractors on site have donated some of their N95 masks for our use if needed
- Global Foundries donated 50 clean room gowns for our use

We are very grateful.

Now I need you all to **start preparing**. I don't want to alarm anyone unnecessarily, but I am expecting that in the next several days, Governor Scott will issue an Executive Order requiring people to **shelter in place (or, in other words, stay in!)**. We have started discussing what this will mean for Independent Living at Wake Robin, but I expect it will include a

requirement that folks stay in and not congregate in groups of any size, indoors or out. Not sure quite yet how Linden will handle the shelter in place/stay in order. Meagan will communicate that as soon as we have an answer.

I expect that if, and when, the Governor issues the Executive Order, we will start implementing the following:

- **No** visitors will be allowed on campus, except essential care givers who are preapproved by Meagan. This includes **no family members**.
- Mail pickup in the community center **will be scheduled by neighborhood** and will likely be only **every other day**. You would not be able to just drop by. We cannot have crowds in the Community Center.
- The Community Center will be shut down and locked (residents can enter with their swipe key). Front desk coverage may be limited. The library will be closed. Sugaring would need to cease. Any other gatherings (teas, cocktail hours, small dinner gatherings) would need to cease.
- Packages will be left by delivery trucks (if they come at all) in the vestibule and delivered by ES to your doors. We are still figuring out how to handle pharmacy deliveries; more to come on that.
- The only authorized travel off campus will be to medical appointments or groceries. I expect this will be enforced by law enforcement. I'd assume no scenic drives are allowed.
- Outdoor walks/dog walks must be only with your spouse/partner and only on Wake Robin property. For single individuals, I have asked WRRRA to organize a buddy system so you have one other person to walk with, but it would be the same person daily. Obviously the 6-feet+ apart requirement must be followed. No small, medium or large group walks.
- Housekeeping in common areas will be limited.
- Grocery trips in Wake Robin vehicles would be limited to once every two weeks and would be limited in size. Anyone who needs the service would be required to register ahead of time so we have lots of space in the vans between individuals. They would take place only during the restricted store hours reserved for seniors which are usually early in the

morning before stores open to the general public. Dining services will continue to have its list of staples available as well that would be delivered to your door.

- We still need to figure out if grocery deliveries will be allowed onto campus. If yes, then how and to where? More to come on that.

These are our preliminary thoughts. I am sure we have forgotten much, so if you have any questions about what a “shelter in place/stay in” order might mean, I invite you to ask them now so we can have answers for you if/when this become effective. Just send me an email at mmaksym@wakerobin.com.

I'd also suggest you stock up on approximately two weeks of shelf stable food so you can limit or eliminate your need to go to the grocery store. Again, Dining Services will continue to have its list of staples available as well.

The virus is continuing to spread in Vermont and is taking a heavy toll on older adults. So we need to continue to be vigilant in how we follow the rules we have set forth to date, and those we may need to set forth in the coming days. Please know that our goal is to keep you all as safe and healthy as is possible, despite how draconian we may become. Thanks again for your cooperation. These are stressful times, and I know tempers may run short. Please try to show kindness and compassion to each other. It matters. And we will get through this. May not be for a few weeks or even months, but we will! Look, we are already well into week 2 and so far, so good!

Gratefully,
Martha



Martha E. Maksym
President and CEO