



March 26, 2020

Hi everyone,

I received this email from a staff person yesterday in response to my comment about the 6 pm pot banging concert, and was so touched I wanted to share it with you.

I was unable to share the experience of the pot banging with the residents because I am working from home, it brought back a fond memory to me of my grandmother. She was a nurse who spent much of her life and career in Detroit. Many years ago, she was relating an experience she had with pot banging that happened in 1918. At the time, she was studying to be a nurse in New York City. Among the stories she told was of working in a hospital where, to wheel a stretcher onto an elevator, she needed to tilt it up to fit and then pull on ropes to go up and down. The pot banging she told me about was to celebrate the end of World War I. When the end of the war was announced, people in her neighborhood were leaning out of their windows, banging on pots with large spoons to celebrate.

*I want you to know that I very much appreciate the gesture of gratitude from the residents of Wake Robin. In addition to feeling gratitude, I also view the gesture as a symbol of hope, that the struggles of yesterday, today, and tomorrow will be overcome and we can all return to the life we will have earned from working together. Although the end point of the pandemic may not be as definite and well-defined as we would all like it to be, I hope in the future we can have another pot banging to mourn the lost and celebrate a new beginning. Thank you.
David Mitchell, RN*

I don't know how to top that sentiment, so I'm just moving on to announcements...

Linden Pen Pals: The Transitions Committee invites Independent Living Residents to become pen pals with our neighbors confined to Linden in this extraordinary time. They may not be able to receive visitors, but we're sure they'll appreciate receiving mail from their neighbors in independent living! We hope to make sure that each Linden resident receives a letter every week.

To become a Linden Pen Pal

- Email wakerobintrancomm@gmail.com to request the name of someone in Linden with whom you would correspond OR indicate the name of someone that you already know and with whom would like to be paired.
- Write to your pen pal (at least once a week. or more if you wish).
- Deliver "mail" for Linden residents to the table in the Community Center vestibule on days when you go to pick up your own mail. Look for the labeled shoe box decorated with stars.

Elevators: Please be mindful of not having too many people in an elevator at one time. Two or three people maximum would be safe. If you have to, please just wait until another one comes along.

Access to a Notary: Sherri Rigby (srigby@wakerobin.com / 264-5106) is a Notary and will happily schedule a time to connect with you and notarize any documents.

Garbage/recycling/compost: Please continue to bring your garbage, compost, recycling to...wherever you normally bring it! (I don't actually know where that is, but I'm hoping you do!)

Outgoing mail: Bring it with you when you come to pick up your mail. You can put stamped and prepaid envelopes in the outgoing mail slots. If you need postage, or a package sent out, you'll just have to plan ahead. But we have staff at the desk who could help with that.

Jigsaw puzzles and the Library: For the moment, the Library is closed. We are very concerned about the COVID-19 virus living on surfaces (in this case book covers and jackets) for far longer than we are comfortable. So apologies, but book borrowing for the moment. Ditto for jigsaw puzzles on tables in community rooms. Please don't do them. Too many people touching puzzle pieces is concerning. Thanks for your cooperation.

What to do with the dinner plates etc.? Garbage? Compost? Recycle? Well the answers are coming in a flyer that will be included in your dinner bags this evening. Be looking for that.

What have I missed??? I think that's all the questions I received in the last 24 hours. But if you had a question and I haven't answered it yet, feel free to email me again.

I want to remind any residents with ANY symptoms of respiratory illness including but not limited to fever/chills, cough and shortness of breath to call the Wellness Clinic **AS SOON AS POSSIBLE** at 264-5139 (do not arrive unannounced) and call your primary care physician. This is really important! We are currently (although this could change in a heartbeat!) COVID-19 free on campus. We have no one who tested positive, no one presumed positive, no one with tests out that we are awaiting results for. Let's work really hard to keep it that way! And THANK YOU!

PLEASE don't forget that the Community Center is now secured. You need your E-Card to enter. Don't forget to bring it with you!

Thanks everyone. Tomorrow's Friday! We will have made it through week two!
Gratefully,
Martha

A handwritten signature in cursive script, appearing to read 'Martha', written in black ink.

Martha E. Maksym
President and CEO