



April 14, 2020

Hi everyone,

Almost one week into our total shut down. Do you feel like the time has flown? Or are we all just getting comfortable with constant change and becoming effortlessly adaptable? Whatever the reason, CONGRATS! I promise we will look at the current restrictions in another week to determine if there are some small (but significant for you!) changes we feel we can safely make. I will be curious to see what the Governor is thinking around the Stay at Home restrictions and whether there is some lightening of those. This information from the Governor's office and Vermont Department of Health very much informs our thinking and planning. Vermont seems to be trending downward in new cases and deaths, all which is great. <https://www.vpr.org/post/health-commissioner-vermont-covid-19-cases-approaching-plateau#stream/0> So everything you are enduring right now is definitely making a difference. Thank you!

### **Independent Living Residents and COVID-19:**

A resident that has suspected or confirmed COVID-19 will self-isolate in your home. You will only move into Linden if you are unable to manage safely at home and have emergent health concerns. Meagan will have further information on how we will handle COVID-19 cases in Independent Living tomorrow.

### **Pet Food:**

Both Comfort Hill Kennels and Pet Food Warehouse are willing to deliver to Wake Robin. Pet Food Warehouse offers a large variety of pet products for dogs, cats, birds, etc. They have food, treats, leashes, litter, toys, grooming supplies, and flea/tick prevention. Pet Food Warehouse will deliver to Wake Robin every Friday and they will charge a \$5 delivery fee per order (this is half of what they normally charge for a delivery fee). Orders can be placed by calling 862-0995 ext. 480.

Comfort Hill Kennels in Vergennes offers specialty pet food brands such as Rawbble, Nature's Logic, Legend, Fussy Cat, Steve's and Stella & Chewy's. They have a variety of treats, toys, Seresto Collars, shampoos, and dewormers. Orders can be placed by calling 877-8308. Comfort Hill will deliver as needed depending on the number of orders they receive.

### **Grocery Order Link:**

Dawn disables the order link each Monday morning after 8 am so she can consolidate the orders that were received. The link will go live again after 6:00pm on Monday nights. This gives Dining time to get the counts in, make adjustments to grocery items (if needed) and make sure we have the correct orders for this week's delivery.

**Physical Distancing vs Social Distancing:** A new way to think about our six foot rule? Just semantics, or does it change our view of the distancing rule? Can we be physically apart but still “social”? How? Food for thought...

### ***Zoom Seder***

*Madeleine Kunin*

*First I saw my face appear on the computer screen, puffier than I imagined.*

*Then my daughter holding her six month old nephew, Thomas, smiling.*

*It was his first Seder*

*I cooed...*

*others popped up, almost from nowhere,*

*two grandchildren standing*

*at a dining room table with their blurred parents, behind them*

*another pair of husband and wife perched side by side on a sofa*

*Like ghosts turned solid*

*Before they were snuffed out by zoom*

*It was a miracle.*

*The thread of tradition, frayed in places,*

*Was rewoven by long, stretched wires.*

*The Egyptians would have been dumbstruck*

*The Jews have survived,*

*Arthur, who used to be my husband,*

*Took his role as Leader seriously*

*finding a robust voice,*

*I asked, where did he find that sound*

*At the age of ninety-four?*

*I heard a jumble of voices*

*speaking at once because we could not see who should go*

*Next in the prescribed order of things.*

*We canceled each other out.*

*According to an invisible signal, we fell silent and waited for the next voice to jump out.*

*To bless the matzo, the parsley dipped in salt water, the bitter and the sweet.*

*There was no meal we could share together, no matzoh ball soup, gefilte fish, or brisket.*

*Each family retreated to its own dining room,  
Sensing the void and wanting to remain together,*

*We skipped to the last pages of the Haggadah  
And turned to the songs, sung since childhood.*

*Our voices were liberated and loud*

*“ONE KID, ONE KID WHICH ‘MY FATHER BOUGHT FOR TWO ZUZEEM”,  
from beginning to end.*

*Tradition, tradition*

*The story of Passover had been recited once again,  
We had kept the pandemic hidden, If only for one night.*

*Thank you Zoom.*

And finally, some humor to end the day!

A turtle runs into the police station. "Help, help," she cries! "I've just been mugged by two snails!"

"That's terrible!" says the sergeant. "Tell me exactly what happened!"

"Oh, I'm afraid I can't," says the turtle. "It all happened so fast!"

Enjoy! Gratefully,

Martha



Martha E. Maksym  
President and CEO