



June 25, 2020

Hi everyone,

The weekend is upon us! Hopefully the weather will be ok. We could use some rain for our grass and our gardens so maybe a rainy forecast isn't all bad! Meagan and MaryBeth will be away next week on much deserved vacations. Their teams are all prepared for their absence, and I'll be around if you need anything.

I was on my weekly call today with other CCRC and senior housing CEOs in Maine and New Hampshire. Sad to report that Riverwoods Durham has its first COVID case in Independent Living. (Their Birch Hill facility continues to have positive cases as well. The outbreak there was very tough and unfortunately is continuing.) And Park Danforth in Portland ME also has its first case in IL. I don't have more detail on possible exposure causes but will keep you posted as I learn more about what happened and how the communities are responding. But it is a reminder that as our IL residents are going out more into the community, the risk of exposure is much greater. So please follow the rules we have set forth, always wear masks when out in public places, wash hands often and report any symptoms you may be having as soon as possible. And the pop-up testing sites are still available if you want to know if you are COVID-free at a moment in time anyway. www.humanresources.vermont.gov/popups to sign up for a slot.

Interesting piece on VPR yesterday on COVID vaccine science in case you missed it: <https://www.vpr.org/post/all-you-wanted-know-about-coronavirus-vaccine-science-were-afraid-ask#stream/0>

Weekly Cup gathering:

Now for some (hopefully) happier news, we decided today to give a **Community Cup via Zoom** a try and see how it works. We are scheduling it for Thursday July 9th from 9:30-11. Mark your calendars. More details will

follow. If you have an agenda item, please let me know soon so I can build an agenda. We won't be able to have as loose and free flowing a discussion as we did in person, **so if you have a question for any of the Directors (Missy/Finance; MaryBeth/Marketing; Anne/HR; Leslie/Environmental Services/Housekeeping/Security/Grounds; Kate/Dining; Meagan/Health and Resident Services), pop it in the mailbox.** I will moderate and field all questions. The Chat box can also be used during the call in case something you hear prompts a question. Might go well; might be a disaster but it will be fun to try. Bear with us.

Welcome new neighbors!

We have had a number of new neighbors move on to campus in the past week and more are expected in the next week. I have been reaching out to each to welcome them and check in. But we will be "introducing" them in our Written Cups over the next few weeks. A new feature in written Cup proposed by WRRRA. Thanks! And welcome to our new community members!

Some Linden Updates:

Family visits started yesterday! Reports are that all went very well. A joyous time! Thanks to all the Linden staff who helped to make it such a smooth reunion! You'll see that the meeting space outside Cedar is almost done. Kudos to ES staff **Tom and Cory** for rising to the challenge to create a welcoming visitation space. We got word about the opportunity to have outdoor visits late last week, and by Wednesday a space was almost completely constructed. We are just waiting on sailcloth for an awning but it looks beautiful! Thank you Tom and Cory!

You will notice the fence along the Secret Garden being replaced. Hopefully that will be done this week so our Juniper residents can take advantage of family visits by next week.

Now in the sad news category, we received further clarification from our state regulators this week specifically related to Salons, defining them as

non-essential functions in Linden. So, unfortunately we will be postponing further salon appointments for Linden residents at this time. The State is currently working on guidance to allow us to begin Re-Opening Linden and we are required to follow their guidelines. We were able to get everyone in Linden coiffed one time because we did not know of this restriction. But moving forward, since we now know, we do need to adhere to these rules. But we will be strong advocates for making salon appointments available as soon as possible.

Finally our humor section. Hope it will keep you chuckling through the weekend...

- "Knock, knock." "Who's there?"
- "Owlsay." "Owlsay who?"
- "Yes, they do."

And...

- Can we all agree that for the next apocalypse that hairstylists are an essential service?

Still keeping with the haircut theme:

- A teenage boy had just passed his driving test and inquired of his father as to when they could discuss his use of the car. His father said he'd make a deal with his son, "You bring your grades up from a C to a B average, study your Bible a little and get your hair cut. Then we'll talk about the car" The boy thought about that for a moment, decided he'd settle for the offer and they agreed on it. After about six weeks his father said, "Son, you've brought your grades up and I've observed that you have been studying your Bible, but I'm disappointed you haven't had your hair cut." The boy said, "You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair, and there's even strong evidence that Jesus had long hair." The

Dad's replied "Did you also notice that they all walked everywhere they went?"

- For some toe tapping (or dancing???)
<https://www.youtube.com/watch?v=2NwoTbxJ16g>

And my personal favorite...

- 87% of gym members don't even know their gym is closed.

Have a peaceful weekend everyone. Stay safe.

Sincerely,
Martha