



May 21, 2020

Hi everyone,

Looking ahead to the Memorial Day weekend, I am excited to share what I think will be some welcome news for many of you. The leadership team has been meeting regularly and has agreed to loosen up our current restrictions a bit more.

Today we agreed to start allowing **off campus**, low risk activities. We are defining Low Risk as activities you can do alone (or with another person who resides in your household), outdoors, where there are likely to be no crowds. We ask you to wear masks whenever you are not alone, and that physical distancing be followed at all times. **No carpooling please with anyone but your spouse/partner.**

So getting right to it, effective tomorrow, Friday May 22nd, the following **off campus** activities are now allowed:

- Medical appointments (already allowed as of 5/18)
- Car maintenance
- Veterinary visits
- Community gardening
- Off campus low contact recreation:
 - Kayaking
 - Shelburne Beach
 - Meach Cove walking
 - Golf (please no larger than a foursome and all must wear masks and physically distance)
 - Tennis
 - Biking
 - Shelburne Farms for trail walking
- Marinas to go out **alone (spouse)** on your personal boat,
- Opening camps/second homes **alone (spouse)**. (Please no large family gatherings unless you plan to stay there for the entire summer)
- Drive-thru banking

- Drive-thru pharmacy
- Curb-side takeout only from restaurants or stores.

You are welcome to invite a child or one good friend to walk with you off campus.

At this time, we specifically ask that residents **NOT engage** in the following high risk activities.

These include:

- No grocery shopping, Costco shopping, Trader Joe's shopping, mall shopping, pet food shopping, any indoor shopping at all.
- No going inside to banks, post offices, pharmacies, workplaces, restaurants (inside or outside) etc.
- No going over to friends' or family's homes for visits.
- No public parks or outside vendors where large crowds can gather with no effective social distancing.

Again, we consider these activities to be very high risk for exposure to COVID. So, please ***nothing indoors in any way*** (except alone at your summer camp or second home).

Rules of fair play:

These are the Conditions we ask residents to commit to and abide by in order to ensure that these activities remain “low-risk”, and therefore relatively safe:

- Activity must guarantee low or no exposure to other individuals who do not live with you or on campus.
- There can be no risk of exposure to a close crowd that cannot social distance (4-6 individuals at 6 ft.)
- Residents must pledge to wear your masks at all times when not alone with anyone other than your spouse/partner.
- Duration and time of day at destination must ensure limited unanticipated exposure, i.e. short visits during a time of day when the general public would not be drawn to the location.
- The destination must have solid “COVID” practices in place (i.e. please no long creemee lines at snack bars, no parks where large groups can gather).

- All destinations must be, as much as possible, within a 10-mile radius of Wake Robin (intention is to minimize highly populated regions/areas).
- Vehicle owner and household member in the car ONLY. No additional riders in the vehicle. No carpooling.
- Residents must keep a “contact journal” with trip data sufficient to support contact tracing if they become COVID +. This will help our community, as well as the greater community in terms of contact tracing should that become necessary.
- Residents who feel the need to violate any of these rules must commit to voluntary 2-week quarantine in your home upon return to campus.

It is *critically* important that you all understand and appreciate the impact your actions can have on your neighbors’ health. We know that those over 65, particularly those with underlying health conditions, are in the highest risk group and make up the highest proportion of deaths due to COVID -19. We really need you to be exceedingly careful when you are out in the community. Carry hand sanitizer in your cars. Use it often.

I’d also like to ask that we all give each other permission to inquire if we have been off campus. There may be neighbors who are at higher risk and who choose not to socialize with those of you who have been out of the Wake Robin community. Feel free to ask, and please don’t take offense if you are asked. Everyone should take responsibility to keeping themselves as safe as possible.

Finally, expect to be screened by Security at the bottom of Wake Robin Drive when you leave campus, and again when you return. You will be asked where you are going/where you have been, and the series of screening questions all staff/contractors/visitors are asked. You will also have your temperature checked. Please be patient with our Security staff. I understand it is getting very busy at the end of the road with people coming and going. So you may have a wait. Also please drive VERY slowly on the road. There may be a lot more traffic, and there still are many residents out walking.

From Dining:

On Monday, May 25th, the Memorial Day BBQ will be a lunchtime meal. We hope you enjoy it! There will be no dinner service Monday night.

The menu packets you receive Thursday will be collected Friday morning. Please make sure all 5 days are filled out and kept together for collection.

Please expect your meal on Monday, May 25th to be delivered between the hours of 11:00am and 12:30pm. Any orders with missing items will need to be called in no later than 1:00pm. Please call 264-5122 with missing menu items.

And to round out the week:

Interesting New Yorker article by Atul Gawande published on May 13th. Thanks to those residents who shared it with me.

<https://www.newyorker.com/science/medical-dispatch/amid-the-coronavirus-crisis-a-regimen-for-reentry>

I will be off on Monday. It's our son's "virtual" college graduation. Not sure what that means exactly, but should be interesting anyway. I hope you have a peaceful and safe holiday weekend.

Many thanks.

Martha



Martha E. Maksym
President and CEO