



April 21, 2020

Two weeks ago we shut down the Wake Robin campus not only to visitors, but also stopped allowing residents to leave. And as of today, we are still without any COVID-19 cases on campus that we know of! I want to say thank you, and well done! Now that these two weeks have passed, we are beginning the discussions in our leadership team about what restrictions we can start to loosen. We are doing this in consultation with our medical team and will share our plans with the Vermont Department of Health as well. I know that many of you are itching to get back to normal, but I fear that won't be happening anytime soon. Testing capacity is still very limited. The virus is still spreading in Vermont through community spread, although at a much lower rate than a month ago. I am anticipating that we will, as the Governor said, begin opening the spigot slowly and strategically, with the ability to both open further or tighten again quickly as necessary. As soon as we have more specific information for you, we will share it. I expect by the end of this week we will have some additional news. Stay tuned.

Quiet day, so not too much to report...

Infection Control and Prevention Survey in Linden:

On April 9th, the Linden Health Center completed an unannounced Infection Control/Prevention survey. CMS, Centers for Medicare and Medicaid Services, announced in early March that Division of Licensing and Protection would change their survey process focus to Infection Control. This survey tool provides a focused review of the critical elements associated with the transmission of COVID-19.

Through this survey the following practices and plans were reviewed:

- Entering into the Community; visitors, staff and other medical needs
- Stand and Transition Based Precautions
- Hand Hygiene
- Personal Protective Equipment
- Review of our COVID-19 Plan

Over two days a state surveyor interviewed direct care staff and administration, reviewed medical records, and reviewed our actions of prevention and plan should we have a case of COVID-19 in the Linden Health Center. We are happy to report that there were no findings through this survey and that the Health Services team has a good plan in place for prevention and control.

COVID-19 and Advance Directives/COLSTs:

Thanks to Meagan, Dr. Moore and Nick Fredette for leading a terrific webinar this morning on COVID-19 and your COLSTs and Advance Directives. Over 50 residents participated. The webinar slides are attached to this update, and the recording of the conversation will be available as soon as we can figure out how to make it available! The Wellness Center staff are always available to direct you to the right person if you have any questions about your Advance Directive or COLST.

Walgreens Pharmacy:

Nick Morse is picking up prescriptions from Walgreens on Tuesdays and Thursdays in the afternoon. If you get prescriptions from Walgreens and need Nick to pick up for you, please call the Wellness Center to let him know. You will need to have called in your prescription by Monday or Wednesday afternoon so it's ready for Nick when he arrives.

Stay well everyone,



Martha E. Maksym
President and CEO