



July 16, 2020

Hi everyone,

Thanks for another great Cup this morning. I showed 115 participants, which is wonderful! As I shared, we will have a community-wide virtual Cup every other Thursday from 9:30-10:30 at least through the summer. Sherri will remind you all in Cup, as will I in my updates. Next one is Thursday, July 30th. More to come on that, but if you have any agenda items or questions you'd like answered, send them to Sherri. And hopefully the pastry treat that accompanies your dinner the evening before will be your reminder!

Also, repeating what Leslie shared this morning, the Lecesse construction trailer is scheduled to depart Wake Robin on Monday!!! Oh, how we will miss them! So, don't be alarmed when you receive a RAVE message on Monday with the time for us all to line Wake Robin Drive and bid adieu to our Lecesse trailer. Let's send them off in style. Pots and pans and banging spoons and a chorus of "So long, farewell..." or the Beatles "Hey hey hey, goodbye" is in order. Have fun!

And speaking of Wake Robin Drive, **the speed limit is 15 mph**. When you are a staff person at the checkpoint, even 15 mph feels like cars are barreling down upon you. So please, please, please ***slow down on that road***. It feels like you could walk faster, but it's safest for everyone. Lots of walkers and bikers on the road as well. Thanks!

We have been asked a few times to again clarify if and when someone coming to Vermont needs to quarantine. Here's our rule:

If a person comes from out of state (green, yellow or red counties) to Vermont, regardless of what the Governor has allowed for those folks re: quarantining, **we are requiring a 14 day quarantine** (or 7 days and a negative COVID test) before being allowed on campus for any visits. We will obviously make exceptions for end of life situations, but otherwise, this is what we are requiring right now. We will continue to reevaluate as we watch cases spread in Vermont and our surrounding states. **AND even if a person has quarantined out of state first, they still need to quarantine for 7 days in VT and get a clean test before visiting with you.**

COVID cases are continuing to pop up throughout the state. The Manchester outbreak is yet another reminder that you can never be sure where someone else has been. I heard a great rule the other day: **Assume everyone is infected and take all precautions to protect yourself.** I personally do that on the rare occasion when I am out and about, and I'd encourage you all to assume the same and take great care.

Finally a few good quotes and puns to leave you with on a Thursday:

- The secret of a good sermon is to have a good beginning and a good ending; and to have the two as close together as possible. George Burns
- Be careful about reading health books. You may die of a misprint. Mark Twain
- By all means, marry. If you get a good wife, you'll become happy; if you get a bad one, you'll become a philosopher. Socrates
- I was married by a judge. I should have asked for a jury. Groucho Marx
- My luck is so bad that if I bought a cemetery, people would stop dying. Rodney Dangerfield
- I don't feel old. I don't feel anything until noon. Then it's time for my nap. Bob Hope
- We could certainly slow the aging process down if it had to work its way through Congress. Will Rogers

Hoping the rain stays away and you all can enjoy the concert tonight. Reminder that I will be off next week, so no Updates from me. Enjoy the break! I will be back on the 27th. In the meantime, if you need to reach anyone, Meagan can be the point person: mbuckley@wakerobin.com. Thanks everyone. Have a nice weekend. It should be beautiful!

Martha



Martha E. Maksym
President and CEO