



June 23, 2020

Hi everyone,

Another warm day. According to the Eye on the Sky guy at VPR, we are breaking lots of June records with this warm spell. Hope you are all staying cool and safe! Other than not having enough water, our vegetable garden is looking pretty darn lush! Sherri is on vacation this week and she left me in charge of sending this Update out, both in email and PDF (attached). If something goes awry, it is completely my fault! Apologies in advance.

Tomorrow (weather permitting) starts our family visits for our Linden neighbors! I am not even participating and I'm excited. We welcome these family members back to Wake Robin. It's been a very long time since Linden folks have had visitors and I know they are eager for some non-Zoom face time with their families. And thanks to Meagan and the Linden staff for arranging things so these could take place. There are several restrictions that make this a bit complicated, but the team really rose to the occasion. Thanks to them as well!

Two Updates about Linden:

You may have noticed some construction happening in the main Community Center parking lot near the "bus stop". This is a temporary space being created for Cedar residents to have their outdoor family visits. As you may recall from last Thursday's Update, these visits need to be out of doors and supervised. There wasn't a dedicated space for Cedar residents to use, so we are creating one! Please leave this space available just for Cedar residents. Thank you!

And, what are the next steps for Linden Re-Opening?

We are working with both the VT Depart. of Health, VT Dept of Disabilities, Aging and Independent Living and the VT Healthcare Association on how to re-open Linden. In the next phase, we would hope to start communal programming/activities and dining, all with physical distancing and other preventative measures. We expect this next phase to include COVID testing of Linden staff in some way. Given the operational requirements of this undertaking, we expect that it will be a minimum of 3 more weeks until we receive any further guidance.

A NEW WAY TO USE THE LIBRARY:

Many residents have said that what they miss most about the closing of the Library is not being able to “browse” the shelves, seeing favorite titles and being inspired to read unfamiliar books. We’ve changed some parts of the method you use to request books to mimic that experience.

The card catalog, and book return cabinet, have been moved into the lounge. Now if you want to read a book but are unsure about which title or author, or to read more books by a particular author or on a particular subject you can “browse” through the card catalog. Enter your choice of book(s) and author(s) on the form and a book bag will be ready for pick up within 24 hours (if available). The limit is 4 books at a time. When you return books/DVDs, please use the book return cabinet in the lounge.

Absentee Voting:

To get an absentee ballot, it is not necessary to call the town clerk. It can also be done online.

Go to <https://sos.vermont.gov/elections/voters/early-absentee-voting/>

Then click on the blue Online box to go to <https://mvp.vermont.gov/>. Then fill in the requested information.

Or, you can always call Diana Vachon at 985-5116.

Two links about COVID-19 that might be of interest to you:

The only certainty with COVID-19 is uncertainty. Michael Osterholm, Director of the Center for Infectious Disease Research and Policy at the

University of Minnesota, explains why this is true in a June 17 interview with Terry Gross.

Why are some states seeing substantial increases in cases, some are decreasing and some are flat? Why more children may die from measles in the next year than COVID-19. Michael describes what the next few months may look like and stresses the need for an Epidemic of Kindness.

Assessing COVID-19 Risk: June 17, 2020 Terry Gross and Michael Osterholm
<https://www.npr.org/podcasts/381444908/fresh-air>

Most comprehensive analysis one resident has seen to date!

https://www.bluezones.com/2020/06/covid-19-straight-answers-from-top-epidemiologist-who-predicted-the-pandemic/?fbclid=IwAR0b24GK9wRWUPGtRM4TYvrJhWuDk8KxM-YDCOLXHnb_RV8SVVYtiXLKZB8

And today's humor, because what would an Update be like without a last laugh???

Instructions: Persevere with this. Don't delete this just because it looks weird. Believe it or not, you can read it.

"I cdnuolt blveiee taht I cluod aulacly uesdnatnrd waht I was rdanieg. The phaonmneal pweor of the hmuan mnid Aoccdrnig to rscheearch at Cmabrigde Uinervtisy, it deosn't mttar in waht oredr the ltteers in a wrod are, the olny iprmoatnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it wouthit a porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Amzanig huh?"

So, how did you do???

- Guys, I need your help! I am in the middle of an argument with my wife and she just told me that I'm right. What the hell do I do next?
- The cops just left. They said if I was gonna walk around the house naked, I have to do it inside.
- Due to my isolation, I finished three books yesterday. And believe me, that's a lot of coloring!
- Did you hear about the Buddhist who refused Novocain during a root canal? His goal: transcendental medication.
- There was the person who sent ten puns to friends, with the hope that at least one of the puns would make them laugh. No pun in ten did.
- Someone stole my limbo stick. How low can you go?

And finally

A man goes into a bar in the airport and asks the bartender what the password is to their wi-fi.

Bartender: You have to buy a drink first.

Me: Okay, I'll have a coke.

Bartender: Is Pepsi okay?

Me: Sure. How much is that?

Bartender: \$3

Me: There you go. So, what's the wi-fi password?

Bartender: You have to buy a drink first. No spaces, all lowercase.

Have a good week everyone! Stay cool and stay well.

Cheers!

Martha