



July 10, 2020

Hi everyone,

Thanks for a great Cup of Conversation yesterday. I think over 180 of you attended! Even though we couldn't really have a discussion, I hope the information we shared was helpful. And it did feel nice to be a virtual "community" for an hour, don't you think? We are going to try it again next Thursday and then reevaluate.

We have a change to announce today in our restrictions.

Effective tomorrow, in-store **grocery or pharmacy shopping only is allowed** for IL residents. By grocery store or pharmacy, I *really* mean grocery store or pharmacy only. So, Shaws, Hannafords, Trader Joe's, City Market, Healthy Living, Shelburne Market, Market 32, Costco, Kinney Drugs, Walgreens, and CVS are **all ok effective tomorrow.** Please no Walmart, no Best Buy, no hardware stores, no clothing stores or malls. If it's not 90% or more food, pharmacy or health and beauty aids, it's not allowed at the moment.

I'm asking that you go, get what you need, and leave. Please be very task oriented and don't browse. Please *always* wear a mask, ideally shop during times reserved for older adults if available, and avoid places with limited/poor COVID safety precautions (eg. recommending but not requiring masks). If you go to a place and you feel like the precautions are poor or limited, let us know so we can tell others to avoid it.

Now, even though you can, you still don't have to leave campus to get groceries. We will continue to have groceries available through our online shopping with Shelburne Market. Instacart and curbside pickup at many places is also available and preferred. And don't forget that you now can purchase some excellent local produce at our Farmers Market on Thursdays!

Linden Updates:

Linden visits with families and friends outside have been going so well. We have completed over 90 visits in the last 3 weeks; kudos to everyone. Just a reminder that these visits take place by reservation only and are required to be held outside. If a resident from Independent Living or a visitor needs directions or guidance

please radio someone from Health Services. Please do **not** escort them through the community or Linden. Spruce resident visits are located on the Spruce new addition deck, Juniper are held in the Secret Garden via the side gate off the pathway and Cedar visits are located in the covered entry to Cedar and the newly built area in the community center parking lot.

Also, we successfully completed our Infection Prevention COVID Survey today for Residential Care (Spruce/Balsam) and this was done remotely and unannounced today. The Dept. of Disability, Aging and Independent Living has identified us as low risk and thus will not be coming on site for anything additional.

And finally, a “rhyme” by one of our neighbors.

ODE TO WAKE ROBIN EMPLOYEES

We wish we could give each of you a very big card
That said thank you for working so very hard.
With that card we'd have liked to send flowers
Because you've worked for so many long hours.
As the saying goes, “You've spoiled us rotten”
So we want you to know you're not forgotten.
One of the very best deals
Is that you bring us such very good meals.
You've kept us COVID-19 free,
And for that we're very grateful to thee.
ES employees are helping us win
Against the virus by checking folks in.
We also want to make it clear to you
That every word of this rhyme is true.
Most of all, our very big card would say
“THANK YOU” for your help in every way.

Have a lovely weekend everyone. Stay cool!
Martha



Martha E. Maksym
President and CEO