

Halton is Prepared!

If there is an emergency such as a power outage, flood or tornado, would you know what to do? We all know emergencies can happen at any time and any place – being prepared is your best defence.

Halton Region's Emergency Management Program works together with Halton's emergency partners to keep residents safe. But residents also have a large role to play. Emergency preparedness is a shared responsibility. **Are you and your family prepared?**

72

hours...

Is your family prepared?

Emergency Preparedness starts with you. During the first 72 hours of an emergency, while first responders are busy dealing with emergency areas and the people directly impacted, you and your family need to be self-sufficient.

To be self-sufficient for the first 72 hours in an emergency and to react quickly when one occurs, you and your family need to 'Be Prepared...Take the Steps'

Step 1 – Know the Risks

Step 2 – Make a Plan

Step 3 – Get a Kit

Visit halton.ca/beprepared to complete a short quiz and be eligible to win a prize.

72 Hour Family Emergency Go-Kit Checklist

- Flashlight
- Battery-operated or crank radio
- Spare batteries (for flashlight and/or radio)
- First-aid kit
- Candles and matches/lighter
- Extra car keys and money
- Important papers (copies of identification)
- Non-perishable food and bottled water (as much as your family can handle to carry)
- Items needed to open food (such as a manual can opener)
- Clothing and footwear
- Blankets or sleeping bags
- Toilet paper and other personal hygiene items
- Medication (especially prescription – 72 hours worth at least)
- Eyewear (glasses/contacts)
- Whistle (to attract attention, if needed)
- Playing cards (or other quiet games/toys)
- Paper/pencils/pens
- Map of your community (for locating shelters)
- A copy of the *Personal Emergency Preparedness Guide*

Prepare Now. Learn How.

Visit www.halton.ca/beprepared



Follow us on Twitter @BPreparedHalton



Halton Region

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www.halton.ca

Halton is Prepared for Emergencies

Are you?



**Be prepared...
Take the steps.**

STEP 1
KNOW the RISKS

STEP 2
MAKE a PLAN

STEP 3
GET a KIT



72

hours...

Is your family prepared?

Be prepared... Take the steps.

STEP 1 KNOW the RISKS

Every year people are faced with emergency situations. In some cases, these situations are life-altering. Don't be caught off-guard. Know the hazards in your area.

Here are some of the hazards and risks that could impact Halton residents:

- winter storms
- tornadoes
- windstorms
- thunderstorms
- lightning
- human health epidemics
- power outages
- earthquakes
- hazardous spills
- water supply disruption



Also consider personal emergencies that could impact you and your family specifically.

For more information on the Three Steps, please visit www.halton.ca/beprepared. Be sure to download a copy of our *Personal Emergency Preparedness Guide*.

STEP 2 MAKE a PLAN

Everyone in your family should know what to do before, during and after an emergency. Develop a plan for you and your family and keep it in a safe place. Remember to include the special needs of any family members as well as any animals.

Details your plan should include:

- A network of people who can provide assistance to you during an emergency
- Home escape routes with two exits from every room and an outside meeting point
- Two communications contacts, including someone located in a different area than you
- Insurance information: be prepared and ensure you have adequate coverage for the range of risks that might occur in your area
- Information on how you could be alerted to an emergency (visit www.halton.ca/beprepared or see the *Personal Emergency Preparedness Guide*). For example, you may receive an automated phone call from Halton's Community Emergency Notification Service (CENS) giving you emergency instructions.



During and after an emergency, be sure to monitor radio, TV and Internet continuously, and follow instructions from authorized officials only.

STEP 3 GET a KIT

Assemble a **Family Emergency Go-Kit** to use during an evacuation of your home or community.

Your Go-Kit should at a minimum include the items listed in the checklist on the back panel of this brochure, and should pack into an easy to carry container, such as a backpack or duffel bag.

Make sure everyone knows where to find your Go-Kit.

Stay at Home Kit

You may also need to stay in your home during an extended power outage. You and your family should to be self-sufficient for the first 72 hours by preparing a **Stay at Home Kit** which could include:

- Water
- Food
- First aid supplies
- Tools and supplies
- Money

Some of these items will already be stored in your Go-Kit. Find an easily accessible place in your home to stock the additional items.

You should also have a kit for family members with special needs, your car and for pets (including service animals).

