

Recommended by someone you know...

Injuries following car accident



“ Following a serious car accident, we were all suffering with whiplash injuries, back pain and stiffness. Having chiropractic sessions at BritChiro has helped us all hugely - the whole experience is relaxing, professional and very calming. All three of my children attend the clinic to help them with their whiplash injuries - I wouldn't do this if I wasn't confident in the treatment they are getting. I absolutely recommend BritChiro. ”

Lisa Hart and her children Warwick, Amberley & Arundel, Horsham

Headaches, neck & shoulders



“ I first went to BritChiro because I was suffering with headaches, neck and shoulder pain. The adjustments are never painful - I actually look forward to them because it means I will feel better afterwards! I hardly ever get headaches anymore, and my shoulder pain comes back only when I'm stressed. But I know when it does I can quickly get myself set right again. Since going I feel in such good health generally - I hardly ever get bugs and colds, and my chiropractor is more my GP than my actual GP! I would, and do, recommend them to everyone. ”

Stephanie Ling, Manager of a Jewellery Store, West Chiltington

Tennis Elbow and Back Pain



“ I was very sceptical initially but walked out upright and pain free on that first treatment over ten years ago. ”

also used to get treatment for tennis elbow - I was in constant pain, now I very rarely get pain. I used to get a lot of congestion and sinus problems but Peter did some work on my neck and it gradually cleared up. When I was in a car accident a couple of years ago and had whiplash, I knew I had to go straight to BritChiro. Peter worked on me that very day and I got full movement again. ”

Ian Branscombe, Builder, Southwater

Chronic Back, Neck & Knee



“ Chiropractic treatment at BritChiro has been outstanding. It has totally changed my life and I now take no medication for ”

sounds very dramatic but it's absolutely true. I had been on medication for about 20 years which is awful and I used to have to brace myself to sneeze! It was quite debilitating; for example not to be able to be in the car for long periods. Treatment is a little unnerving the first few times; it takes a lot of faith, but you just have to relax and trust the Doctor. If you can relax it's not painful and it doesn't hurt afterward either. ”

Sarah Bird, Music Teacher, Haslemere

Acute Low Back Pain



“ I walked in with pain and no knowledge, all I wanted was the pain to be resolved and it was. From the first ”

thought it was very professional as they took X-rays, which I thought was a good way to find out what the problem was. I now come on maintenance visits, which is not just about the lower back, it is a thorough look at the whole body and how it is working. You need to maintain your body just like you get your car serviced. I always feel - on the walk out - that I am once again standing up straight, walking correctly. ”

Alan Farley, Building Services Manager, Horsham

Hips 'popping'



“ My hips felt like they were 'popping' after I had been sitting down. I came to BritChiro and had an x-ray of my back and it was broken in two places! I fell out of a tree last year and that is when I had done the damage. I was scared and shocked as I didn't want to give up dance! Dr Mitchell explained the course of treatment and for the next appointment my Dad came so someone else could understand what was happening - that was really helpful. My hips aren't popping as much now. I always thought Chiropractic was for old people but I would recommend it to my friends. ”

Alyce O'Connor, Dance Student, Horsham

Back & neck pain, arm numbness



“ I am addicted! BritChiro has 100% cured me! I had very bad back and neck problems. I used to wake up every morning with very bad stiffness and painful knots. My mobility was starting to be restricted and I was getting numbness in my arms. Treatments at BritChiro are quick, easy and painless. The chiropractors are truly passionate and caring about your recovery and wellbeing. For me, treatment at BritChiro is as vital as healthy eating and exercise to maintain wellbeing. I don't wake up with stiffness or pain AT ALL any more. I absolutely love it. ”

Philippa Rose, Make-Up Artist, Steyning

Back Pain/Groin Pain



“ I was recommended to eighty year old man in the village. He had had trouble walking and had gone ”

from one to two sticks; then one day I saw him with no stick! I rang him and he told me he was coming to BritChiro. I had acute pain in my back, through to my groin and could barely walk. Peter diagnosed that the problem was with my hip which amazed me as that part of my body didn't hurt. I could barely walk because of the pain and was worried I would have to give up work. I felt instant improvement on my first treatment session. ”

Susan Eaton, Plant Nursery Worker, Wisborough Green

Acute Neck Pain/Spasm



“ I thoroughly recommend had a serious neck problem for three years and it seemed the only option was surgery and my GP ”

was advising me to consider changing my job as a midwife. Initially I was very sceptical and nervous but everyone at BritChiro was so welcoming. Peter has been fabulous, he is really lovely and I had a full and clear explanation of treatment. From the first treatment my neck was much easier - now I have no neck pain at all and have stopped taking painkillers. I'm so grateful I can now continue the work I love. ”

Sarah Laver, Midwife, Southwater

Lower Back Pain



“ I consulted BritChiro back pain and pain when walking; I couldn't stand up straight and was ”

leaning to one side. Dr Westergaard took an X-ray and when I saw the X-ray I could see that my spine was leaning to the right. I commented - that picture is how I feel! Chiropractic feels like an instant result. People ask whether treatment hurts but it doesn't. I have seen three of the Doctors at the clinic and they have all been great - I feel confident in whoever I see. ”

Emily Marsden, Musician/Music Teacher, Horsham

Lower Back, Hips and Neck



“ Expertise and total confidence... I started coming here ten years ago and haven't looked back since. What I like about Peter, is he tells it how it is. I ”

am so grateful for the honesty and frankness and for not ever being fobbed off. The key to treatment for me is the X-rays - they really show where the problem is. The advice given is marvellous. I think if I hadn't come here I wouldn't be driving anymore because I couldn't turn my neck to reverse and I would probably be using a stick. ”

former groom, Southwater

Chest & Back Pain



“ I highly recommend Chiropractic treatment, whatever the problem is - I would have never thought ”

that chest pain could have been sorted by a chiropractor but it has really helped me. I had a pain in my chest when I was breathing in addition to a lower back problem. The relief of not being in pain is great and I am so grateful not to be taking drugs that were not helping. ”

Ann Saines, Retired Company Director, Oakley

Back & Neck Pain



“ Coming to BritChiro has been an excellent decision; it has changed my life and gives me the freedom of movement and ”

that is worth its weight in gold. I can turn my head and carry things, which used to be pure agony. The clinic is a very friendly place and you are told exactly where the problem is and what can be done to help. It is a life changing experience and the treatment really, really works. ”

Colin Baldwin, Retired Pilot, West