



INTERNATIONAL SOCIETY OF
SCHEMA THERAPY

CERTIFICATE OF COMPLETION:

ISST online approved training module

Sandra Brudzińska

HAS ATTENDED:

‘MODE WORK WITH CLUSTER B PATIENTS AND AXIS ONE PROBLEMS: EATING DISORDERS AND ADDICTIONS’ (Module 2)

13-15th January 2024, Warsaw, Poland

ISST- APPROVED TRAINER: Marta Żurowska

ISST – APPROVED TRAINER: Magdalena Kitlowska

CONTENT TRAINING PROGRAM OR MODULE

Subjects covered (ISST category)	Hours specified	Number of participants	Trainer
Concept and Case Conceptualisation (1)	Didactic: 3	38	MŻ MK
	Role Play: 2		
Therapy Relationship (2)	Didactic: 2	38	MŻ MK
	Role Play: 2		
Schema Therapy Techniques (3)	Didactic: 2	38	MŻ MK
	Role Play: 6,5		
Specific Treatment Populations (4)	Didactic: 6	38	MŻ MK
	Role Play: 4,5		

Literature used in this module:

Young, J. E., Klosko, J., & Weishaar, M. E. (2003). Schema therapy: A practitioner's guide. New York: Guilford

Arntz, A. & Jacob, G. (2012). Schema Therapy in practice. Oxford: Wiley/Blackwell

Arntz, A. & van Genderen, H. (2009). Schema Therapy for Borderline Personality Disorders. Oxford: Wiley/Blackwell

Signature of the ISST trainer

Signature of the ISST trainer

Warsaw 5th March 2024