



Mt Kuring-gai Track to Berowra Station

 4 h to 4 h 15 min

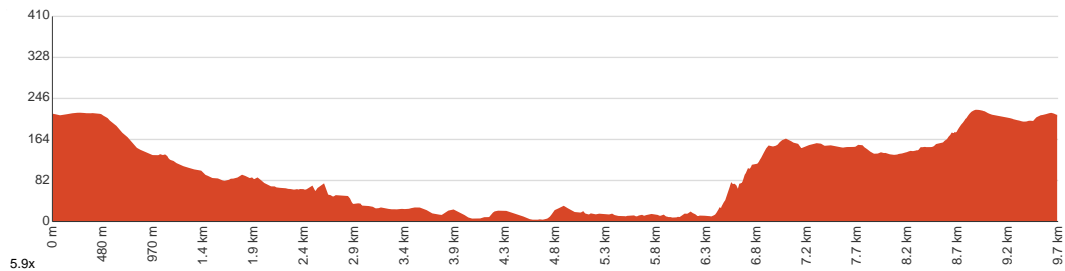

9.7 km
One way


↑ 458 m
↓ 460 m


Hard track



This walk explores three valleys, with great displays of wild flowers in spring, and some nice sandstone overhangs. The section between Mt Kuring-gai and the end of Calna Creek is particularly nice, and Naa Badu Lookout is well worth the small side trip. Take the time to enjoy the many creek side rest areas along the way. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6

Rough track, where fallen trees and other obstacles are likely

Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)
Gradient	Very steep (4/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Moderate level of bushwalking experience recommended (4/6)
Weather	Storms may impact on navigation and safety (3/6)

Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

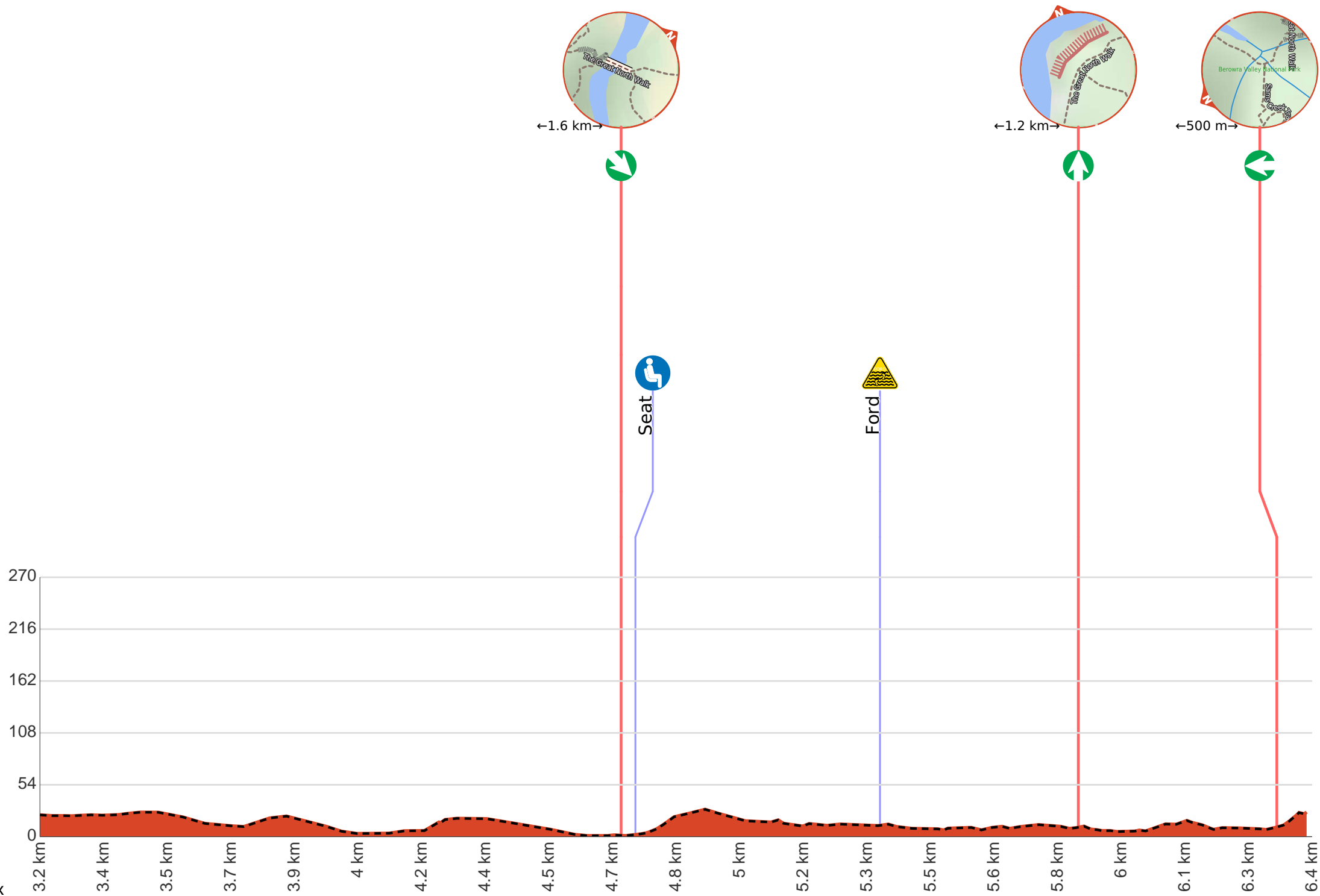
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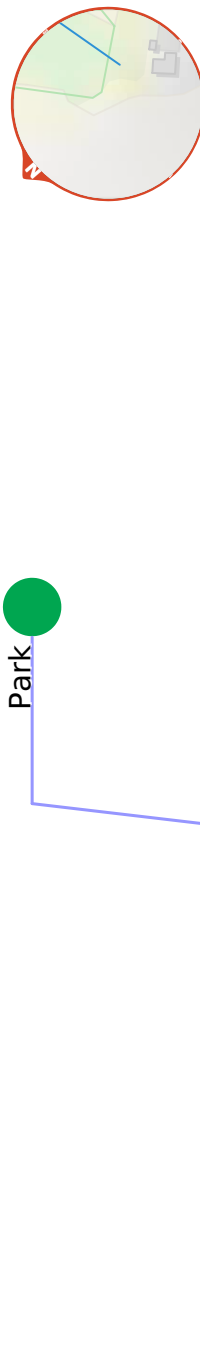
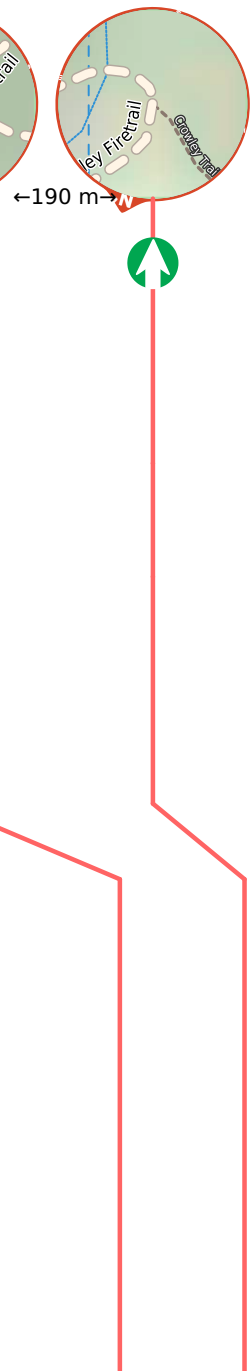
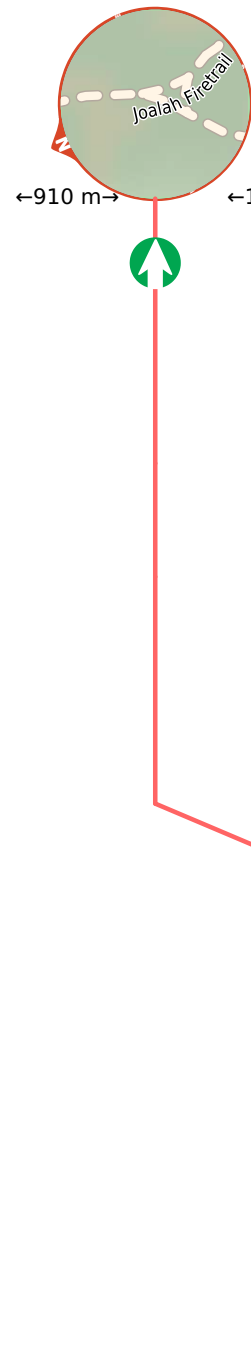
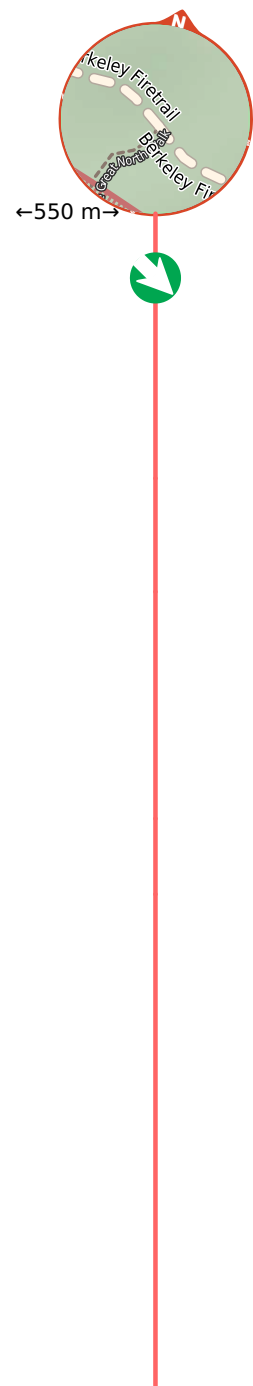






3x



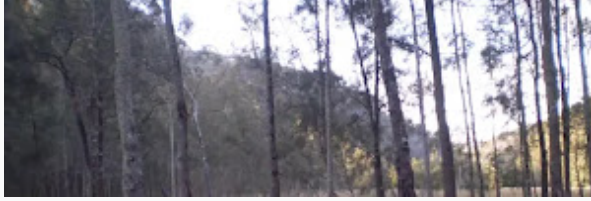


Getting started: From the middle of the tunnel at the bottom of the stairs at Mt Kuring-gai railway station, this walk follows the 'To the Great North Walk' sign through the tunnel to the Pacific Hwy. Here the walk turns left and follows the footpath between the highway and train line for about 200m to pass the traffic lights at Glenview Rd. The walk then continues straight up the ramp for another 100m and turns right onto the pedestrian bridge. Here the walk crosses the Pacific Hwy on the footbridge, then follows the concrete ramp as it zigzags back down to the ground. This ramp ends just near the Aldi shopping complex. From the bottom of the footbridge near the Aldi shopping complex, this walk follows the footpath alongside the Pacific Hwy, under the footbridge and away from the shops. Keeping the highway to your right for 100m, this walk then crosses 'Glenview Rd' (at the intersection with the Pacific Hwy) to find the top of 'Lyrebird Gully track', marked with a locked green metal gate.





After another 460 m find the "Calna Creek Campsite (north)" (on your right).



This is a quaint little campsite, located on the Mt Kuring-gai access track to the Great North Walk, on the banks of Calna Creek. This campsite provides plenty of room for a few tents, and also a fire scar with logs for seating. Carry in your own water as the salty creek water is not suitable for drinking.



After another 5 m **turn sharp right**.



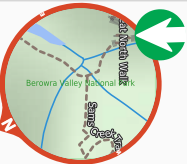
After another 35 m pass a seat (35 m on your right)., has no backrest.



After another 620 m cross the ford.

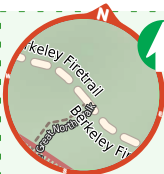


After another 500 m **continue straight**.



After another 500 m **turn left**.

Start of an optional side trip: An optional side trip to Int of Naa Badu Lookout.



To start this optional side trip continue straight here. **Start**.



After another 240 m **turn left**.



About 195 m past the end is a seat.



About 20 m past the end is "Naa Badu Lookout".



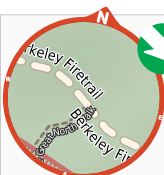
Naa Badu Lookout offers magnificent views south over Berowra Creek as well as over Sams and Calna Creeks. Naa Badu means 'See water' in the Aboriginal tribal language of the Dharug people. It is believed that Berowra Creek was the boundary between the Dharug and Guringai Aboriginal peoples. The lookout is fenced, has a bench seat, picnic table and a fair amount of natural shade.



Turn around and retrace your steps back the 255 m to the main route.



Back at the main route turn left and follow on from the 6.9 km waypoint.



After another 550 m **turn sharp right**.



After another 910 m **continue straight**.



After another 190 m **continue straight**.



After another 1 km pass the "Berowra Park" (275 m on your left).





After another 15 m pass the playground (15 m on your left).



After another 115 m pass the "Wise Monkey Cafe" (115 m on your right).



After another 120 m pass the "Subway" (170 m on your right).



Then pass the "Berowra Chinese Resturant" (140 m on your right).

