



Cascades Walk

(Thurawal Country)

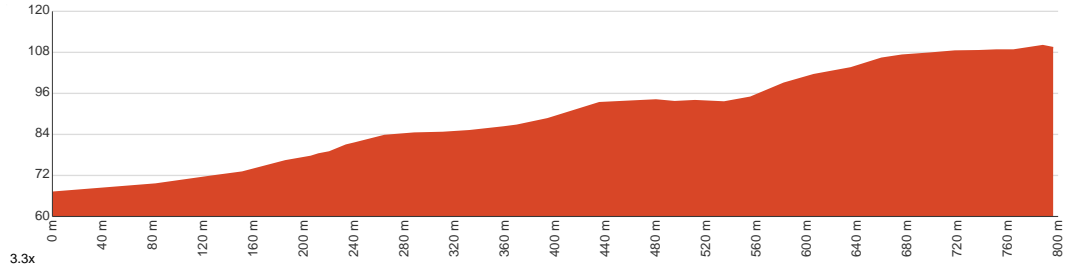
 45 min to 1 h 15 min


1.6 km
Return


↑ 46 m
↓ 46 m

 3
Moderate track

This stroll of a walk in Macquarie Pass National Park will take you from the Cascades picnic area through a rainforest all the way to the waterfall and the pool. Let us begin by acknowledging the Thurawal people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6 Formed track, with some branches and other obstacles	
Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Clearly signposted (2/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	No experience required (2/6)
Weather	Storms may impact on navigation and safety (3/6)

Getting to the start: From , Albion Park Rail.

- Turn on to Illawarra Highway, A48 then drive for 2.6 km
- Turn sharp right onto Tongarra Road, A48, 8 and drive for another 1.9 km
- At roundabout, take exit 2 onto Illawarra Highway, A48, 8 and drive for another 490 m
- At roundabout, take exit 2 onto Illawarra Highway, A48, 8 and drive for another 7.1 km
- Turn right and drive for another 25 m

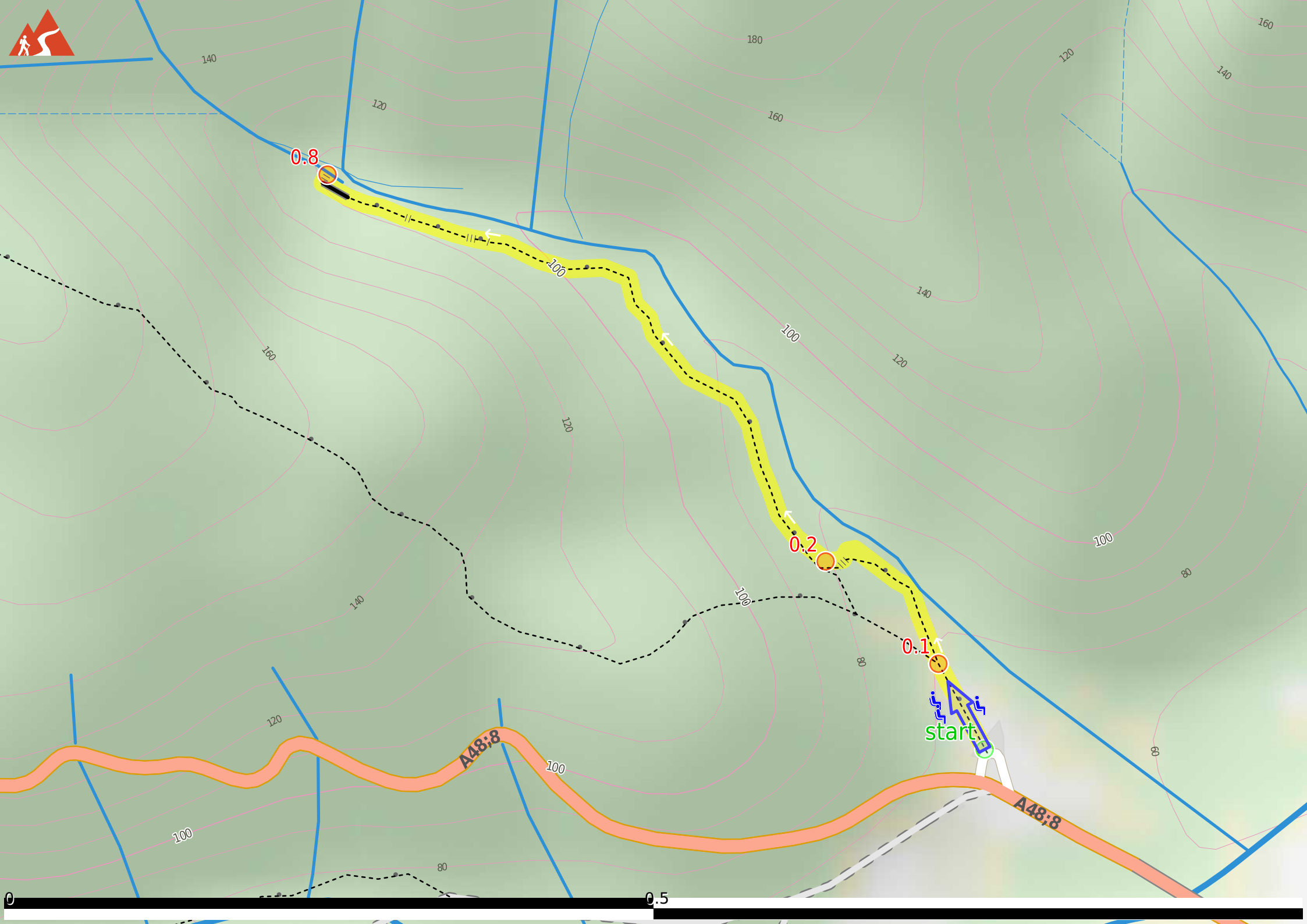
Before you start any journey ensure you;

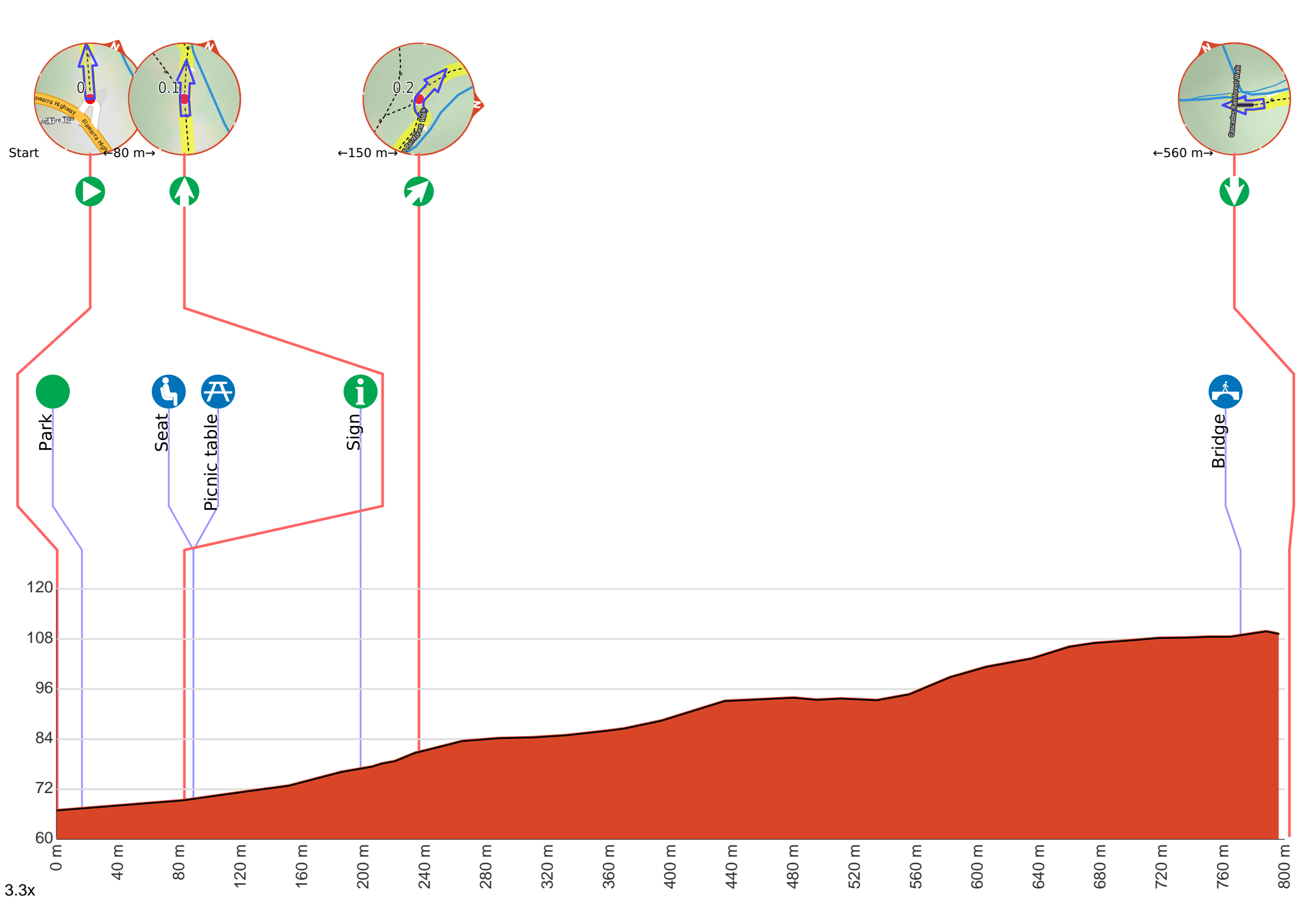
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

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Start.



Find the park at the start.



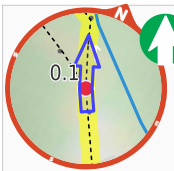
Find the seat at the start.



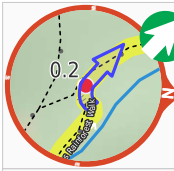
Find the picnic table at the start.



Find the sign at the start.



Continue straight.



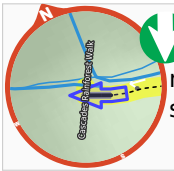
After another 150 m **veer right**.



After another 530 m cross the bridge



After another 30 m come to "Cascade Falls".



Turn around here and retrace the main route for 800 m to get back to the start.