




# Cape Baily Track from Cape Solander Lookout (Dharawal Country)

 1 h 30 min to 3 h

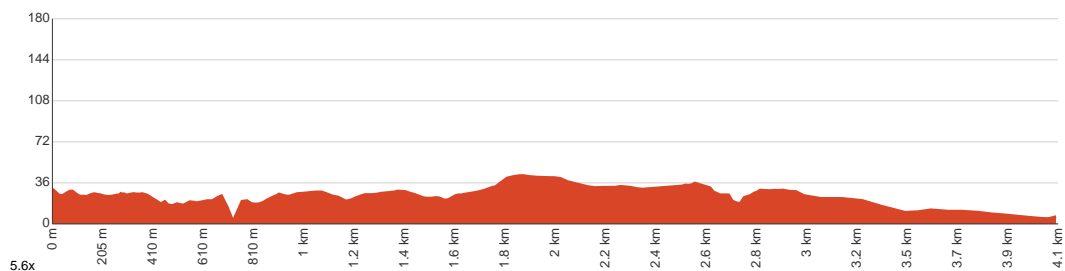
  
4.1 km  
One way

  
↑ 109 m  
↓ 133 m

  
Hard track



This walk starts at the end of Cape Solander Dr and heads south along the coast to the end of Sir Joseph Banks Dr, in the Boat Harbour Coastal Reserve. The walk explores a vast array of environments including sand dunes, hanging swamps, rock platforms and dense heath. The Baily Lighthouse is a highlight and a nice place to rest. There are also city views from the top of a few of the sand dunes. Let us begin by acknowledging the Dharawal people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)
Gradient	Short steep hills (3/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Moderate level of bushwalking experience recommended (4/6)
Weather	Weather generally has little impact on safety (1/6)

**Getting to the start:** From Captain Cook Drive

- Turn on to Captain Cook Drive then drive for 460 m
- At roundabout, take exit 1 onto Captain Cook Drive and drive for another 3.5 km
- At roundabout, take exit 1 onto Captain Cook Drive and drive for another 2.9 km
- At roundabout, take exit 2 onto Captain Cook Drive and drive for another 900 m
- Turn right onto Cape Solander Drive and drive for another 2.8 km

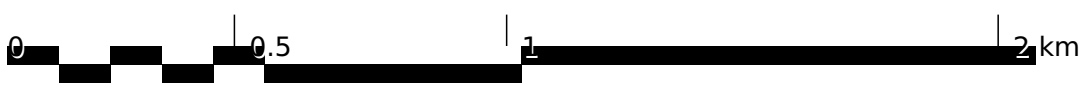
## Before you start any journey ensure you;

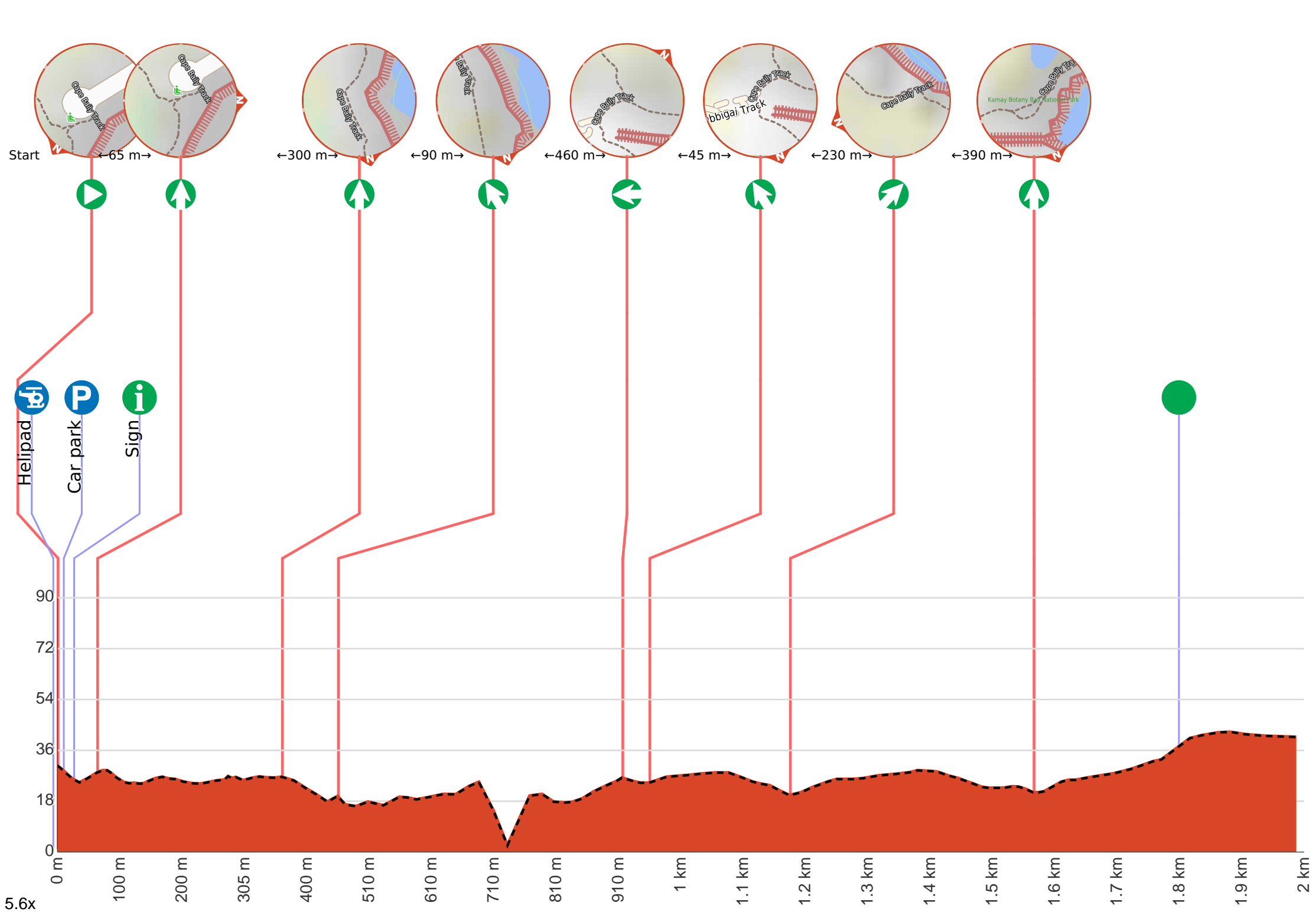
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

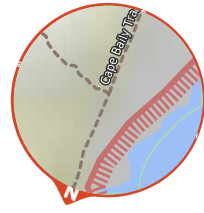
If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
[Bushwalk.com  
/i/4VJ02Q](https://bushwalk.com.au/4VJ02Q)

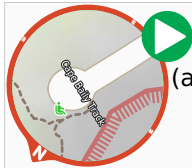








**Getting started:** From the end of Cape Solander Drive, this walk starts at the big signpost just to the left of the toilet building. The track heads south along the cliff line (ocean on the left) following the green poles until they stop, then the track continues along the top of the cliff line (staying safely back from the very fragile cliff edge). This section is mostly on sandstone and occasionally through low heath. As the track approaches Tabbigai Gap, it joins onto Cape Baily Track where the track turns left and continues south for 50m until the apex of Tabbigai Gap and the management trail.



From the Cape Solander Drive **Start** (a walking track).



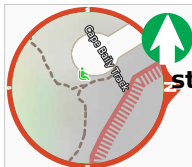
There is a helipad (about 15 m back from the start).



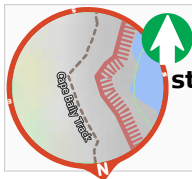
Find the car park at the start.



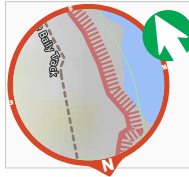
After 15 m pass the sign (8 m on your right).



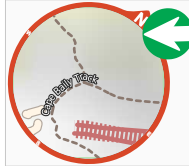
After another 40 m **continue straight**.



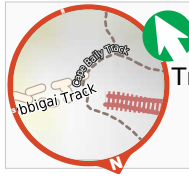
After another 300 m **continue straight**.



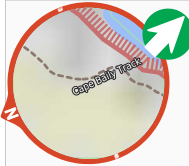
After another 90 m **veer left**.



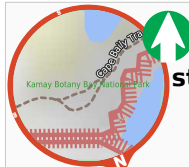
After another 460 m **turn left**.



After another 45 m (from the Tabbigai Track) **veer left**.



After another 230 m **veer right**.



After another 390 m **continue straight**.

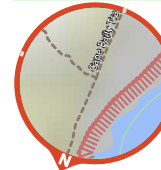


After another 235 m find the "Hanging Swamps" (40 m on your right).



There are a number of hanging swamps that can be found along the Cape Baily walk. They are home to a number of different plants and animals like reeds and frogs. Hanging swamps are formed on high ground when rainfall seeps out of surrounding hills and accumulates in a slight depression, over time forming a swamp. Interestingly, they are sometimes difficult to see from far away as the thick build up of reeds and other plant life often cover the water.

**Start of an optional side trip:** An optional side trip to Cape Baily Lighthouse.





"Cape Baily Lighthouse".

W: [www.nationalparks.nsw.gov.au](http://www.nationalparks.nsw.gov.au)



Turn around and retrace your steps back the 95 m to the main route.



Back at the main route continue straight and follow on from the 2.7 km waypoint.

