



# Sleepy Bay

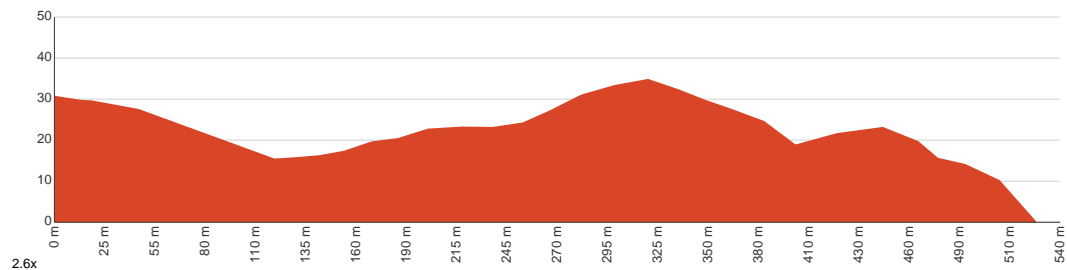
 30 min to 40 min

  
1.1 km  
Return

  
↑ 78 m  
↓ 78 m

 3  
Moderate track

Starting from a carpark just off Cape Tourville Road, Freycinet National Park, this walk leads to Sleepy Bay and back via the Sleepy Bay Track. From the carpark, gently graded steps lead to the rocky shoreline of Sleepy Bay which, despite its name, often experiences wild and rough seas. From the Sleepy Bay Lookout you can enjoy views over the beautiful rocky bay with its turquoise waters and orange lichen-encrusted rocks. You can extend this short walk by following the track down to Little Gravelly Beach, a delightful cove with crystal clear water and large reddish boulders. While the track is easy to follow, it is quite steep, rough underfoot in places and passes close to some high cliff tops. This is a short, mildly strenuous walk, not recommended for people with limited mobility as there are some steep steps down to the beach. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6 Formed track, with some branches and other obstacles	
<b>Quality of track</b>	Formed track, with some branches and other obstacles (3/6)
<b>Gradient</b>	Short steep hills (3/6)
<b>Signage</b>	Directional signs along the way (3/6)
<b>Infrastructure</b>	Limited facilities, not all cliffs are fenced (3/6)
<b>Experience Required</b>	No experience required (2/6)
<b>Weather</b>	Weather generally has little impact on safety (2/6)

**Getting to the start:** From Tasman Highway, A3

- Turn on to Coles Bay Road, C302 then drive for 29.1 km
- Turn left onto Cape Tourville Road and drive for another 1.6 km
- Turn right and drive for another 10 m

### Before you start any journey ensure you;

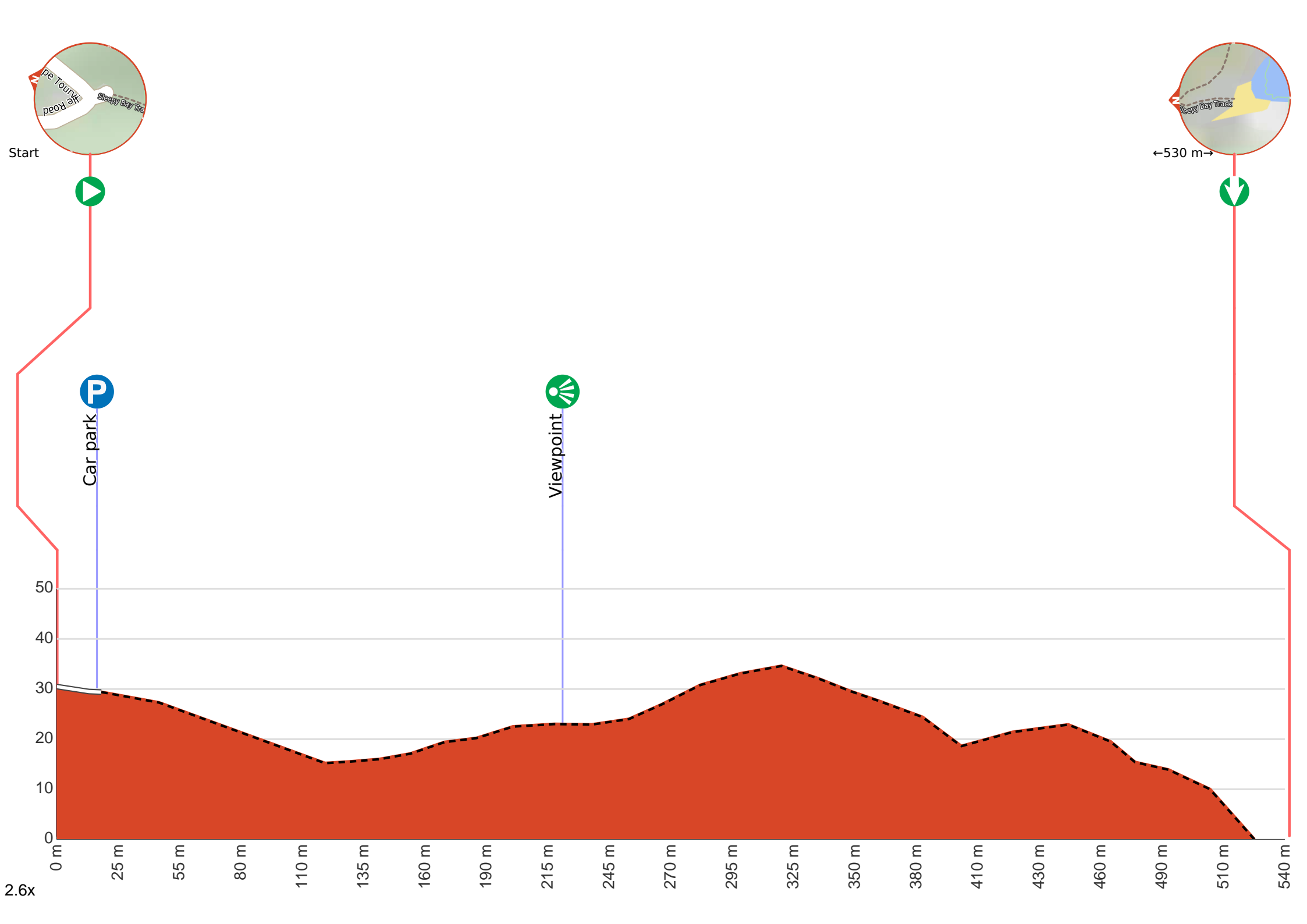
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

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**Getting started:** From the car park just off Cape Tourville Road, Freycinet(1.5km east of intersection with Freycinet Drive), follow the dirt track gently downhill into the woodland and towards the ocean, moving directly away from the road. After about 90 metres of going straight, turn right and move parallel to the shoreline following the dirt path, keeping the bay to your left.



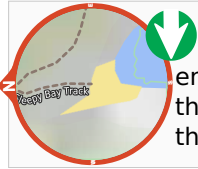
From the Cape Tourville Road **Start** (a service road).



After 15 m to find the car park.



After another 200 m come to the "Sleepy Bay Lookout".



Continue another 310 m to find the end. Then turn around here and retrace the main route for 530 m to get back to the start.