



Rainforest Walking Track

(Dunghutti Country)

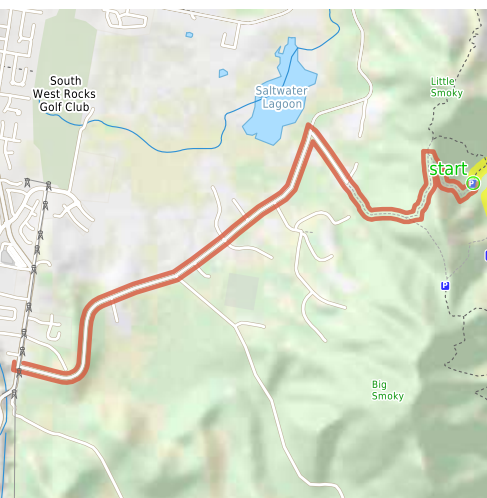
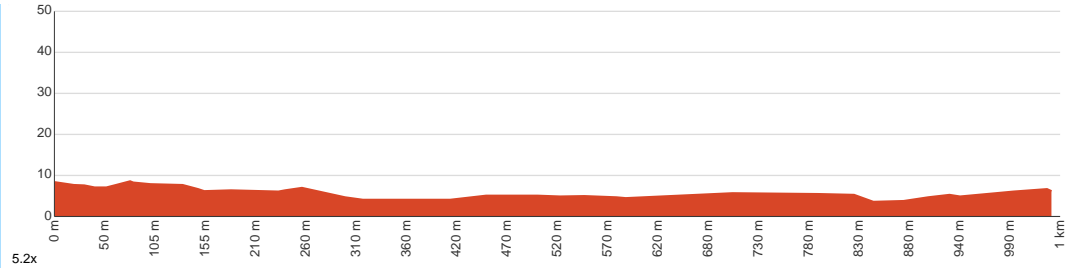
 30 min to 1 h


2.1 km
Return


↑ 19 m
↓ 19 m


Hard track

Starting from the parking area at the end of North Gap Beach Management Trail, this return walk takes you to a picnic area near the Gap Beach. Have a picnic and a swim before heading back. Let us begin by acknowledging the Dunghutti people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Minimal directional signs (4/6)
Infrastructure	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Foretasted & unexpected storms and severe weather may impact on navigation and safety (4/6)

Getting to the start: From Gregory Street, 12

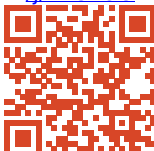
- Turn on to Arakoon Road, 12 then drive for 3.1 km
- Turn sharp right onto Gap Beach Road and drive for another 1 km
- Keep left onto Gap Road and drive for another 580 m
- Turn sharp right onto North Gap Beach Management Trail and drive for another 570 m

Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share
[Bushwalk.com](https://bushwalk.com/ij/7R8POO)
[/ij/7R8POO](https://bushwalk.com/ij/7R8POO)





80

60

40

20

0.3

0.2

start

60

100

80

20

40

Rainforest Track

Rainforest Track

Rainforest Track

120

100

80

40

Rainforest Track

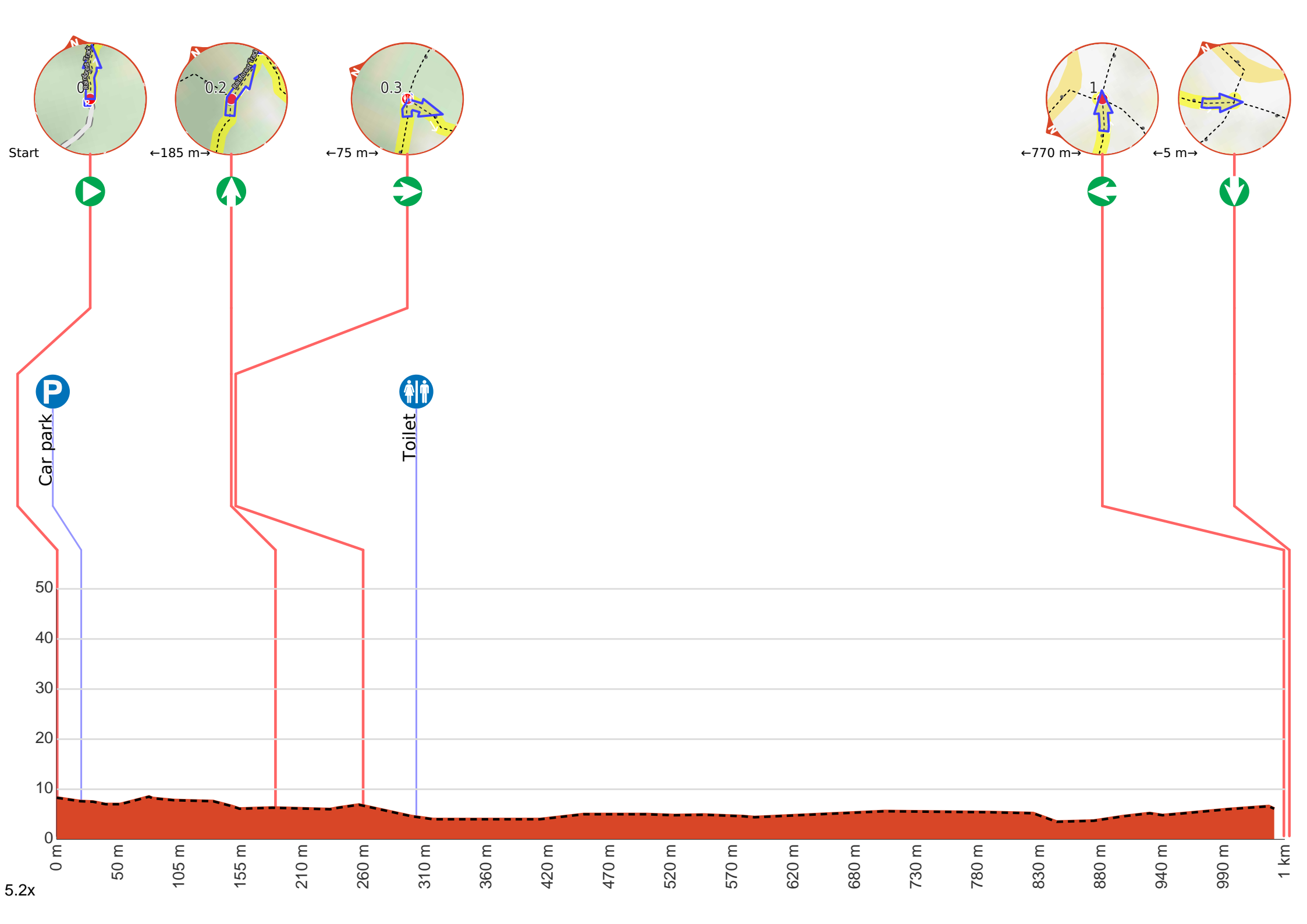
1

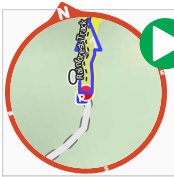
20

0.5

0



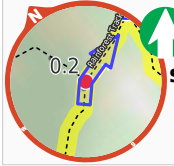




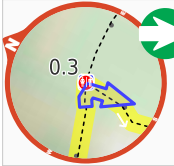
Start.



After 20 m pass the car park (7 m on your left).



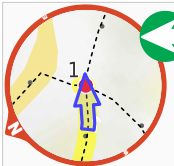
After another 165 m **continue straight.**



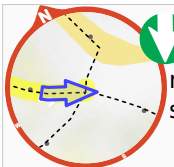
After another 75 m **turn right.**



After another 45 m pass the toilet (on your left).



After another 730 m **turn left.**



Turn around here and retrace the main route for 1 km to get back to the start.