



# Cascades Walking Track

(Gumbaynggirr Country)

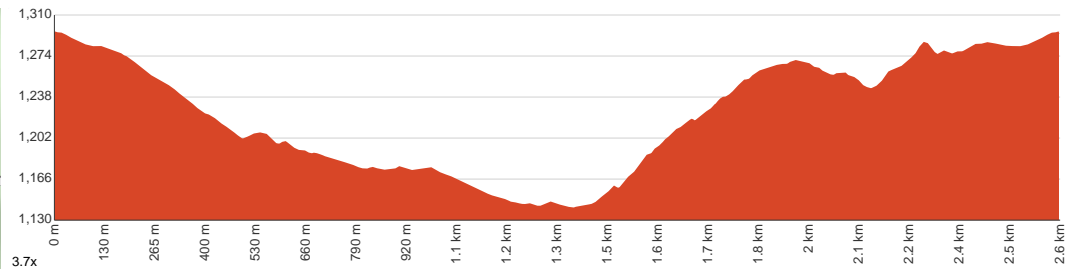
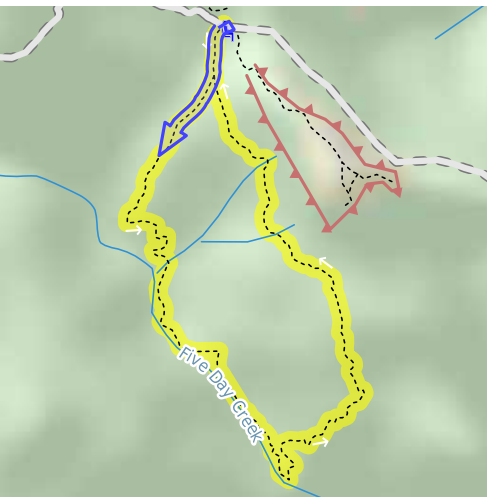
 2 h 30 min to 3 h 30 min

  
2.6 km  
Circuit

  
↑ 220 m  
↓ 220 m

 4  
Hard track

Starting from Robinsons Knob Trail this circuit walk takes you along Five Day Creek, a very beautiful rainforest stream in New England National Park. Take time and enjoy the tranquillity of the area and observe wildlife on the way. Let us begin by acknowledging the Gumbaynggirr people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
<b>Quality of track</b>	Rough track, where fallen trees and other obstacles are likely (4/6)
<b>Gradient</b>	Short steep hills (3/6)
<b>Signage</b>	Minimal directional signs (4/6)
<b>Infrastructure</b>	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
<b>Experience Required</b>	Moderate level of bushwalking experience recommended (4/6)
<b>Weather</b>	Foretasted & unexpected storms and severe weather may impact on navigation and safety (4/6)

**Getting to the start:** From Grafton Road, B78, 17

- Turn on to Point Lookout Road then drive for 9.7 km
- Keep left onto Point Lookout Road and drive for another 3.1 km

**Before you start any journey ensure you;**

- Tell someone you trust where you are going and what to do if you are late returning
  - Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
  - Consider weather forecasts, park/track closures & fire dangers
  - Can respond to emergencies & call for help at any point
  - Are healthy and fit enough for this journey
- If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
Bushwalk.com  
[ij/A04HZM](https://bushwalk.com/ij/A04HZM)





Redbird Walk

start

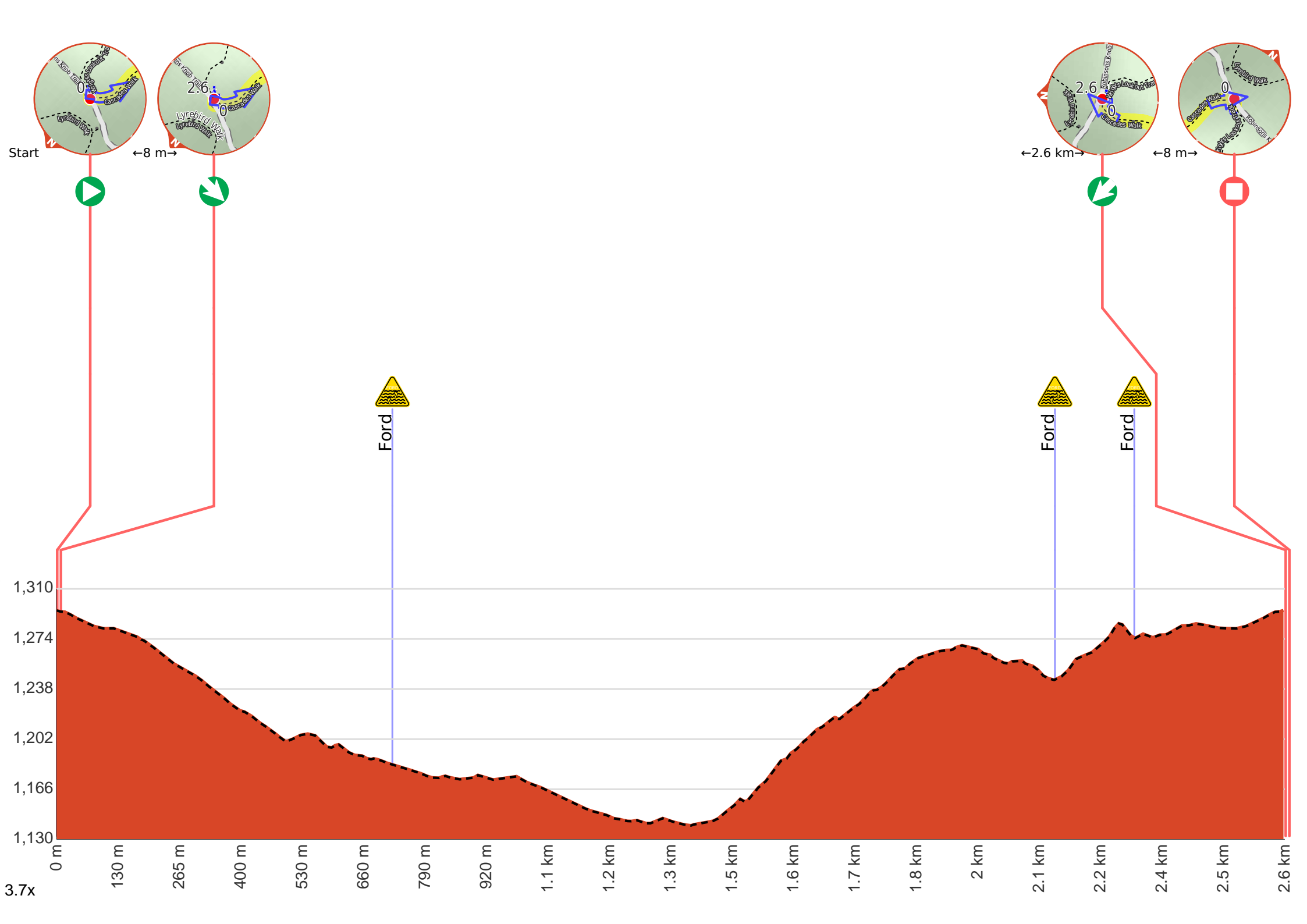
Cascades Walk

Five Day Creek

Five Day Creek

Five Day Creek

0 0.5 1 km





**Start.**



After another 8 m **turn sharp right.**



After another 115 m **continue straight.**



After another 590 m cross the ford.



After another 1.4 km cross the ford.



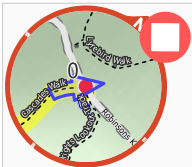
After another 170 m cross the ford.



After another 210 m **continue straight.**



After another 115 m **turn sharp left.**



After another 8 m come to the end.