



# Lovetts Pools

(Guringai Country)

 1 h 15 min to 2 h 30 min

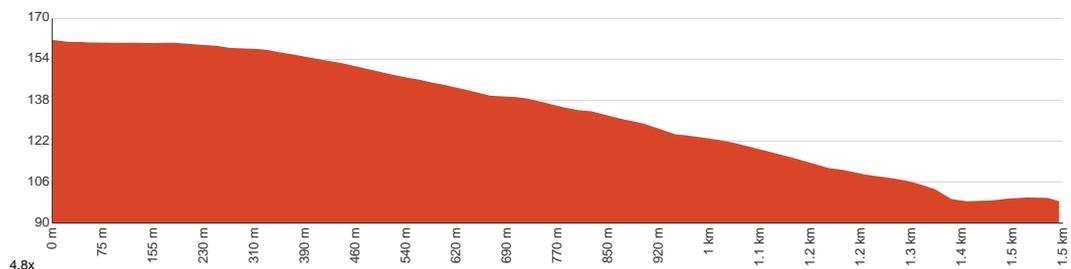
  
3.1 km  
Return

  
↑ 67 m  
↓ 67 m

  
Hard track



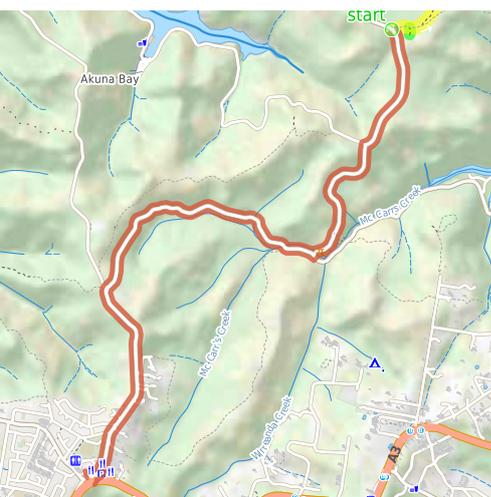
This walk takes you to a small but picturesque waterhole above Lovett Bay. You start with a short walk along a management trail, with an optional side track to an Aboriginal engraving site. Then continuing along the wide trail a little further, you'll turn left and following a couple of fainter tracks through the heath to the sandstone platform and creek. At the pool, there are a series of small cascades and a view over Lovett Bay, a lovely place for lunch before retracing your steps back to the car. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
<b>Quality of track</b>	Rough track, where fallen trees and other obstacles are likely (4/6)
<b>Gradient</b>	Gentle hills with occasional steps (2/6)
<b>Signage</b>	Minimal directional signs (4/6)
<b>Infrastructure</b>	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
<b>Experience Required</b>	Some bushwalking experience recommended (3/6)
<b>Weather</b>	Storms may impact on navigation and safety (3/6)

**Getting to the start:** From

- Turn on to McCarrs Creek Road then drive for 25 m
- At roundabout, take exit 2 onto McCarrs Creek Road and drive for another 5 km
- Turn left onto West Head Road and drive for another 350 m
- Turn slight left onto West Head Road and drive for another 2.4 km



**Before you start any journey ensure you;**

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
[Bushwalk.com](https://bushwalk.com/j/BBS902)  
[/j/BBS902](https://bushwalk.com/j/BBS902)





Pittwater

Sturdee Lane

Elvina Trail

Fredricks Track

Fredricks Track

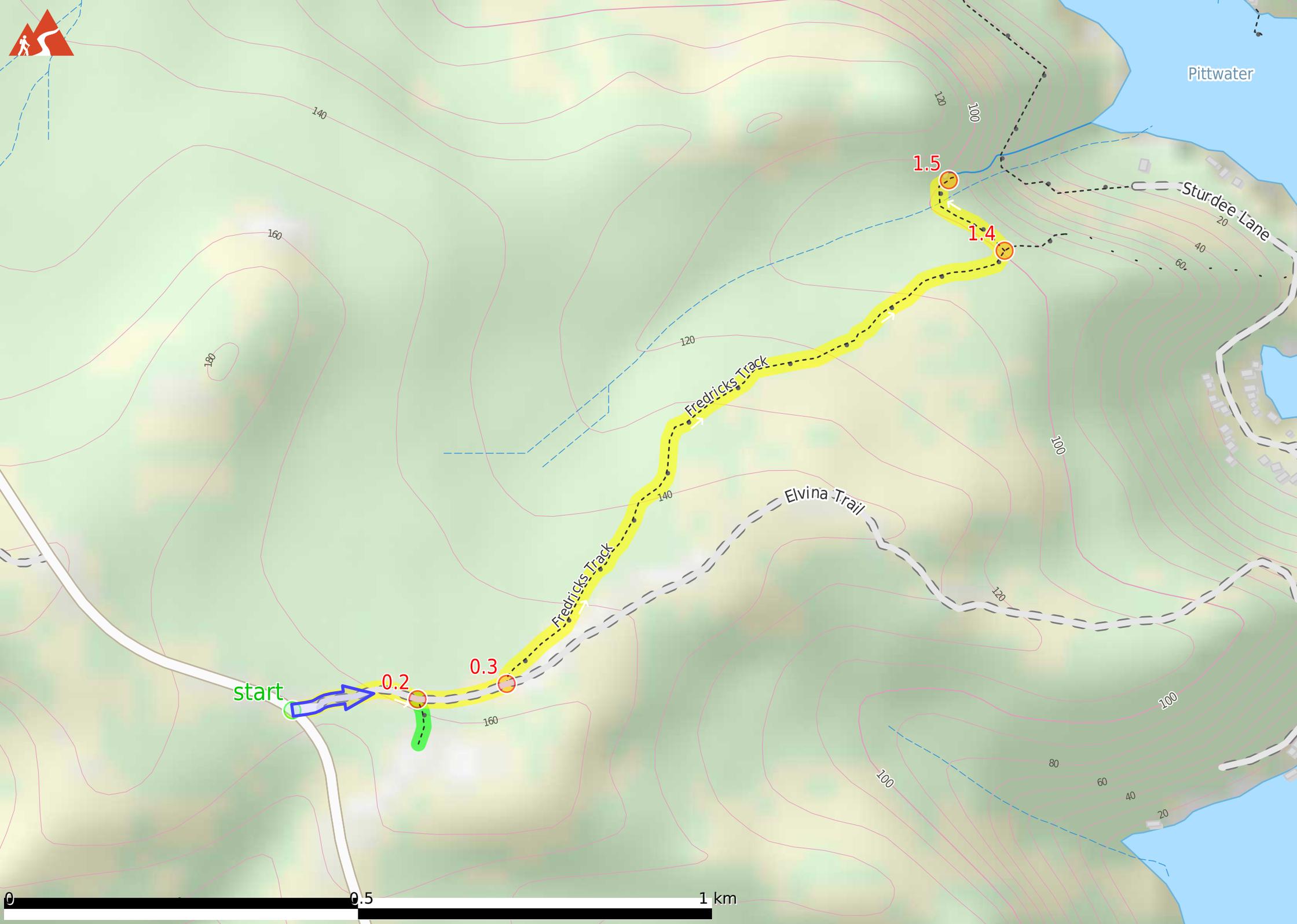
start

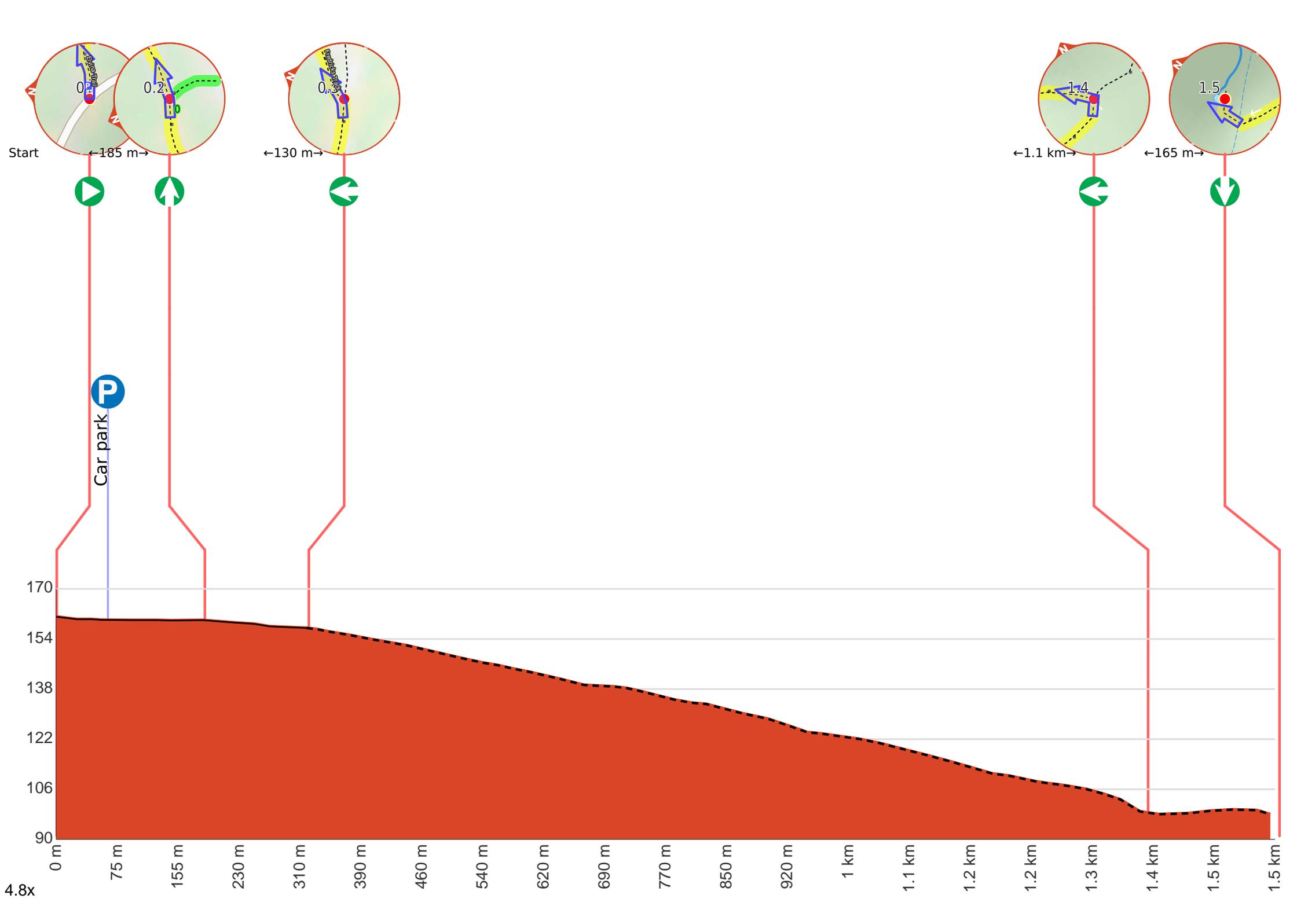
0.2

0.3

1.5

1.4





**Getting started:** From Elvina Track car park (on West Head Rd, 1.3km north of General San Martin Dr), this walk follows the management trail around the 'Elvina Track' locked gate, then past the 'Elvina Track' map sign (on the left). This walk continues along the management trail tending right through the scrubby bush. About 70m after leaving the locked gate, the walk comes to an intersection with a narrow track (on your right).

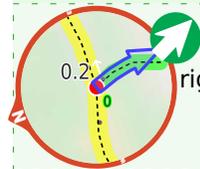


At the intersection of Elvina Trail & West Head Road **Start** heading along *Elvina Trail* (a footpath).

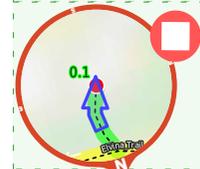


After 65 m pass the car park (on your left).

**Start of an optional side trip:** An optional side trip to Rock Platform.



To start this optional side trip veer right here. **Start.**



After another 75 m come to the end.



About 15 m past the end is "Aboriginal Engraving Rock Platform".



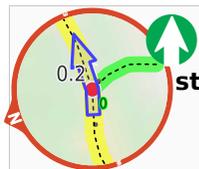
On the northern end of the rock platform are rock carvings of an emu, large fish and a giant whale. Further to the south, the rock platform contains rock carvings of shields, wallabies, fish, eels, and other shapes that are not easily classified. The entire rock platform appears to have a rare erosional feature called tessellation. This occurs over many thousands of years, resulting in a rock surface that is eroding at different rates, creating divot holes and depressions.



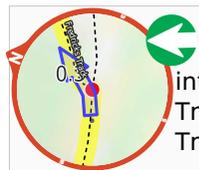
Turn around and retrace your steps back the 75 m to the main route.



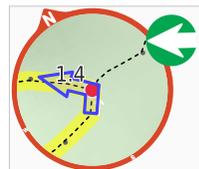
Back at the main route turn right and follow on from the 185 m waypoint.



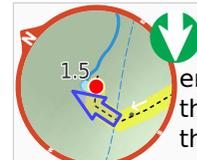
After another 120 m **continue straight**, to head along Elvina Trail.



After another 130 m (at the intersection of Elvina Trail & Fredricks Track) **turn left**, to head along Fredricks Track (a walking track).



After another 1.1 km **turn left**.



Continue another 165 m to find the end. Then turn around here and retrace the main route for 1.5 km to get back to the start.



"Lovett Pools".



Lovett Pools is the informal name for a lovely set of water holes and cascades at the top of a cliff, above Lovett Bay. The unnamed creek works its way along a sandstone platform forming a couple of larger pools and a series of cascades. There are also many smaller carved holes in the rock, adding interest for the budding geologists. The creek flows over a large cliff forming a tall waterfall just before the Pittwater. The rocks are slippery and there are many cliff edges, please take care.