




# Mouat Trail (Katandra to Rumbalara)

(Darkinjung & Guringai Country)

 1 h 30 min to 2 h

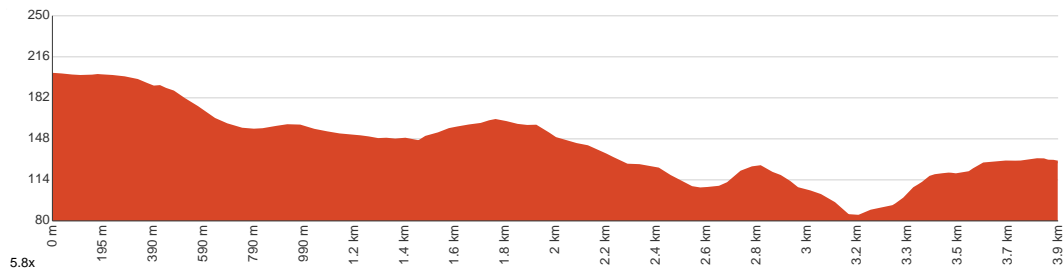
  
3.9 km  
One way

  
↑ 90 m  
↓ 163 m

  
Hard track



This walk follows a series of tracks and management trails along the top of the ridge between Katandra and Rumbalara Reserves. You will at times think you are a million miles from anywhere and other times enjoy views across the suburbs of the Central Coast and out to sea. In spring and early summer, you will discover many wildflowers. There are a few picnic tables with views, great spots for a snack and a rest on your walk. Let us begin by acknowledging the Darkinjung & Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Short steep hills (3/6)
Signage	Minimal directional signs (4/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

**Getting to the start:** From Pacific Motorway, M1

- Turn on to Central Coast Highway, A49 then drive for 6.5 km
- Keep left and drive for another 150 m
- Turn slight left onto Racecourse Road and drive for another 2 km
- At roundabout, take exit 2 onto Racecourse Road and drive for another 135 m
- Turn left onto Mann Street and drive for another 940 m
- Turn right onto Cary Street and drive for another 320 m
- At roundabout, take exit 2 onto Cary Street and drive for another 170 m
- Turn slight left onto Maidens Brush Road and drive for another 4.1 km

## Before you start any journey ensure you;

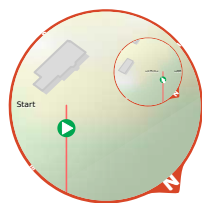
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
[Bushwalk.com  
/j/CV9VFD](https://bushwalk.com.au/j/CV9VFD)

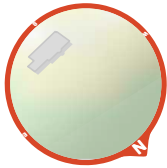






**Getting started:** From the car park, this walk heads across the clearing away from the main picnic area (keeping the road up the hill to the right). The walk soon comes to an intersection and a 'Guringai walk' sign.

From the intersection, this walk heads through the clearing towards the 'Mount Mouat Walk' and 'Graves Walk' signs. At these signs, the walk heads left, out of the clearing and down the track for a short distance to the signposted intersection with 'Graves Walk' and 'Mouat Walk'.





After another 45 m come to the end.



About 135 m past the end is a viewpoint.