



Little Congwong Beach Walk

(Gadigal & Bidjigal Country)

20 min to 30 min

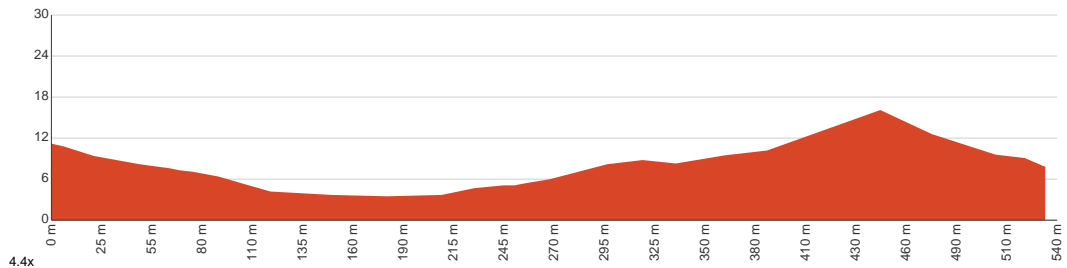
1.1 km
Return

↑ 30 m
↓ 30 m

Moderate track



A relaxing beach walk, ending at a sheltered sandy beach that has been described as one of the most beautiful beaches in Sydney. In the past, this walk has been used as a nudist beach, but this practice is being discouraged. The beach is very popular in the summer, but beware of the limited shade on a hot afternoon. Let us begin by acknowledging the Gadigal & Bidjigal people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6 Formed track, with some branches and other obstacles	
Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Short steep hills (3/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

Getting to the start: From Southern Cross Drive, M1

- Turn on to Wentworth Avenue Offramp then drive for 190 m
- Keep left onto Wentworth Avenue Offramp and drive for another 2.2 km
- Turn right onto Bunnerong Road and drive for another 3.8 km
- At roundabout, take exit 2 onto Bunnerong Road and drive for another 1.5 km



Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

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start

0.2

0.5

Little Congwong Beach Track

Botany Bay

Congwong Bay

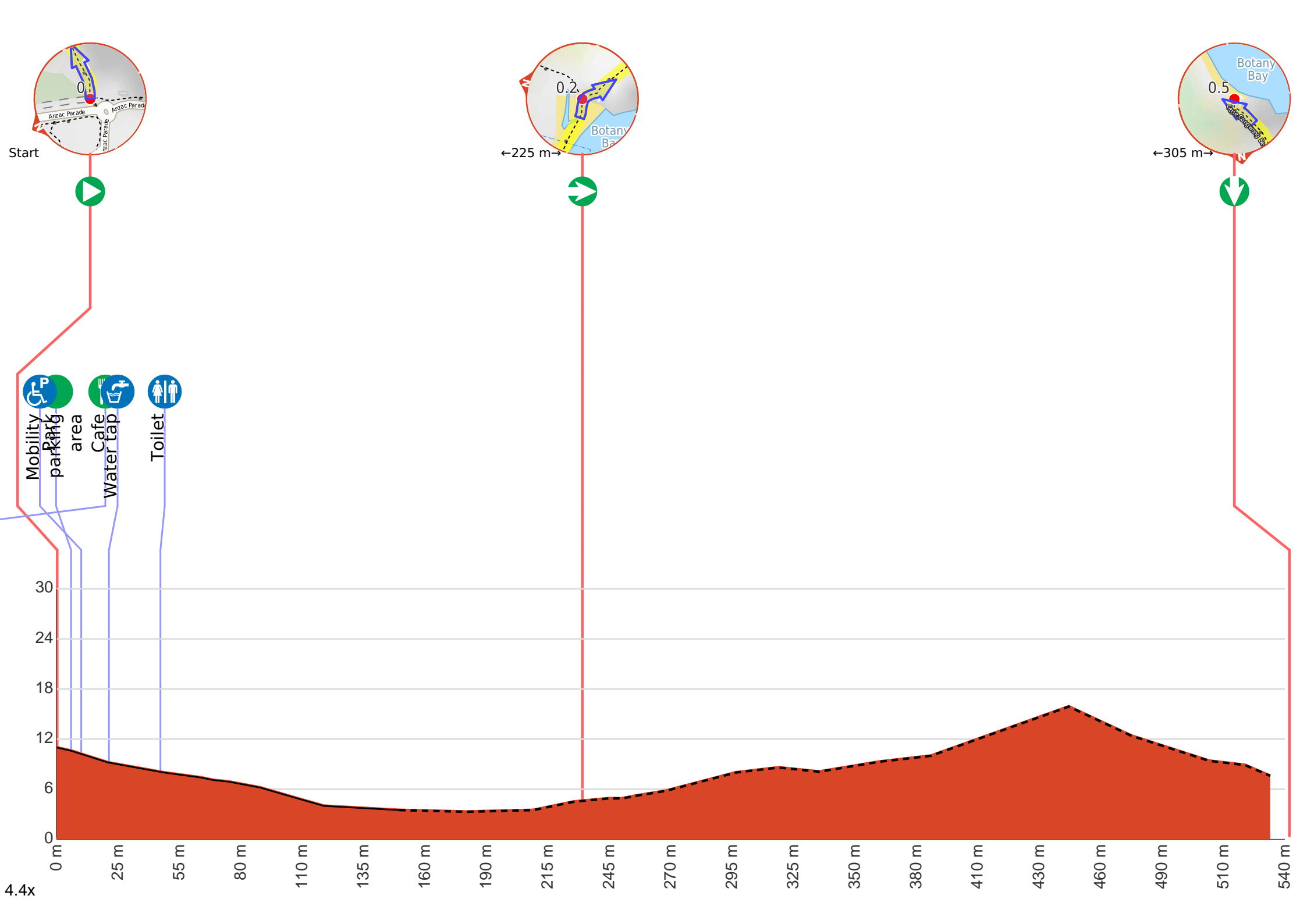
Cann Park

Cape Banks Road

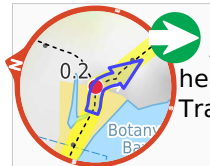
Carrara Way

Anzac Parade

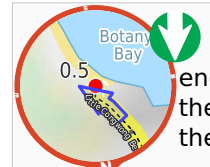




Getting started: From the southern end of Cann Park, this walk follows the concrete track down a series of stairs, passing the 'Congwong Beach Walk' sign on your right. This walk continues gently downhill on a sandy track for about 40m, to find the western end of Congwong Beach. Then this walk follows the beach, with the water to your right, for about 140m until coming to a three-way intersection, with the 'Henry Head/Little Congwong Beach' sign.



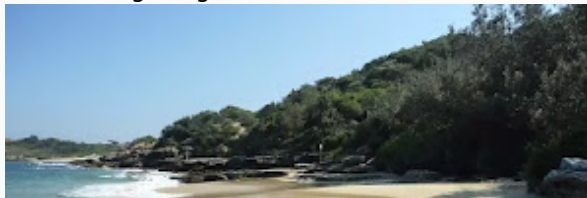
After another 185 m **turn right**, to head along Little Congwong Beach Track.



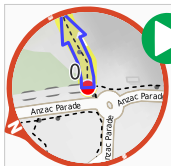
Continue another 305 m to find the end. Then turn around here and retrace the main route for 530 m to get back to the start.



"Little Congwong Beach".



Little Congwong Beach, located at La Perouse, is a sheltered sandy beach that has been described as one of the most beautiful beach oases in Sydney. Little Congwong beach has also been used for over 40 years as an unofficial and secluded nude beach. If you see any offensive behaviour please call Crime Stoppers on 1800 333000 or the Maroubra Police on 02 9349 9299. This beach is very popular on summer weekends and has limited shade in the afternoon.



Start.



Find the Cann Park at the start.



Driftwood (about 135 m back from the start).



Find the Parking Accessible at the start.



There are more than 50 car parking bays in the area. Two are marked mobility parking bays. The mobility parking area is concrete, 2.6m wide and 6m deep, with a shared 2m gap between the parks.



Find the water tap at the start.



After another 20 m pass the toilet (45 m on your right).