



Five Islands Walking Track

(Biripi & Worimi Country)

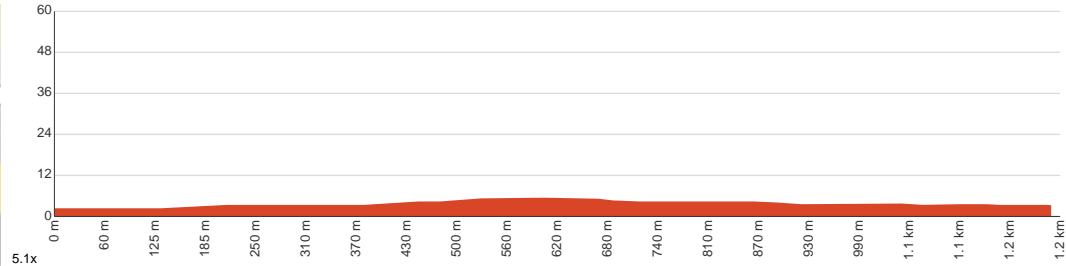
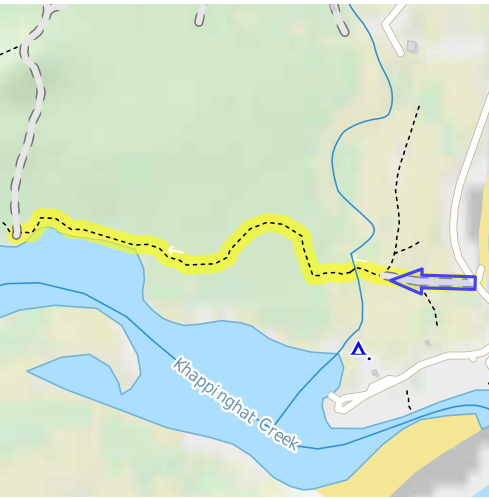
 30 min to 1 h


2.5 km
Return


↑ 7 m
↓ 7 m

 4
Hard track

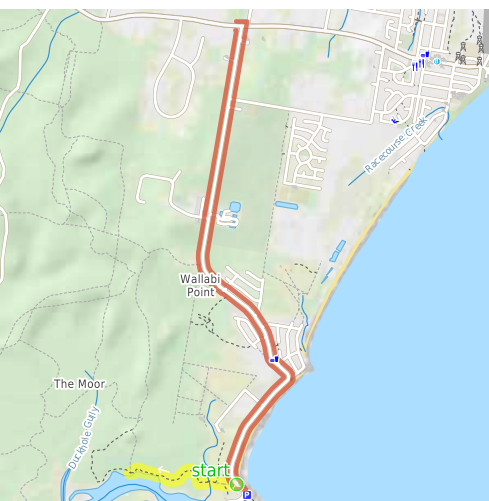
Starting from Saltwater Picnic Area, this return walk in Saltwater National Park is plentiful in Aboriginal history and offers several opportunities for swimming and fishing. Let us begin by acknowledging the Biripi & Worimi people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Clearly signposted (2/6)
Infrastructure	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
Experience Required	No experience required (2/6)
Weather	Foretasted & unexpected storms and severe weather may impact on navigation and safety (4/6)

Getting to the start: From Old Bar Road

- Turn on to Saltwater Road then drive for 2.7 km
- At roundabout, take exit 2 onto Saltwater Road and drive for another 2.4 km
- Turn sharp right and drive for another 4 m



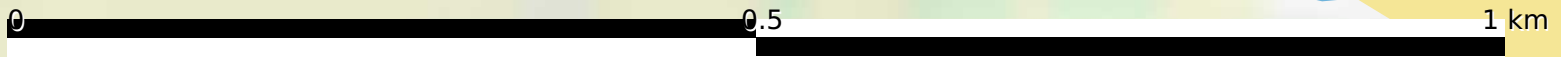
Before you start any journey ensure you;

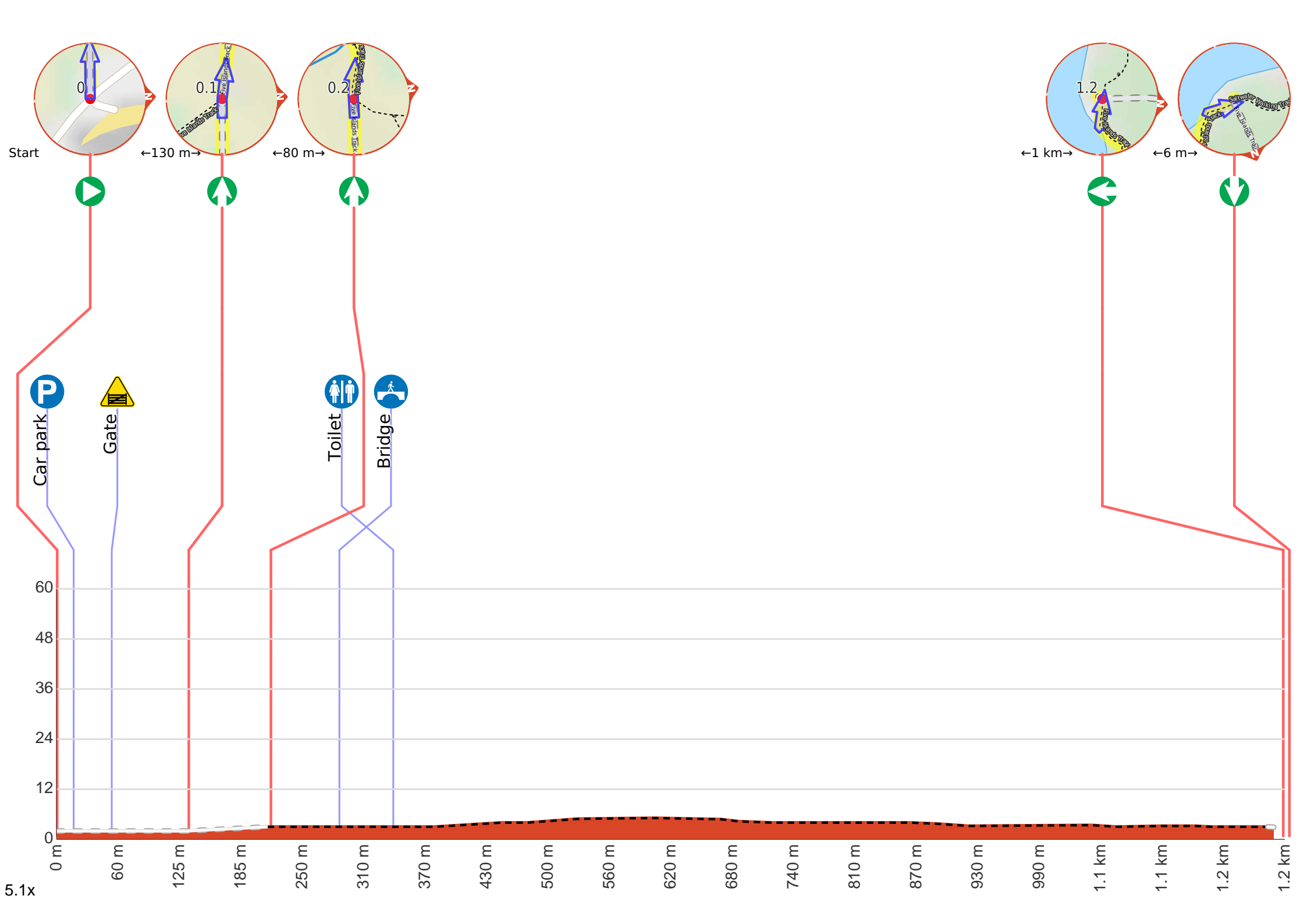
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

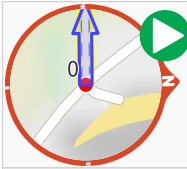
If not, change plans and stay safe. It is okay to delay and ask people for help.

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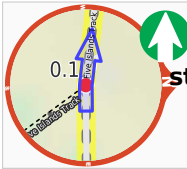
Start.



After 15 m pass the car park (175 m on your left).



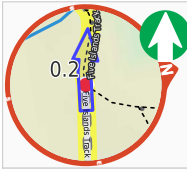
After another 40 m head through/around the gate.



After another 75 m **continue straight.**



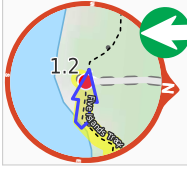
After another 205 m pass the toilet (160 m on your left).



Continue straight.



After another 70 m cross the bridge (about 15 m long)



After another 930 m **turn left.**



Turn around here and retrace the main route for 1.2 km to get back to the start.