









Onkaparinga River Wetlands Loop

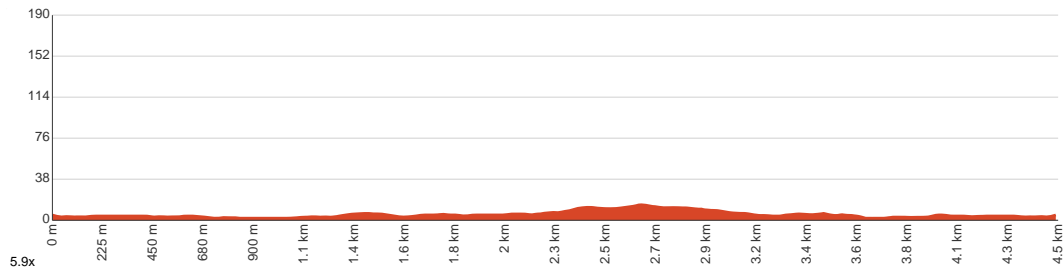
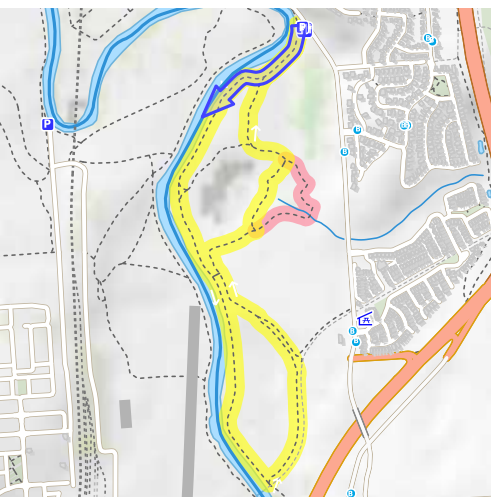
-  1 h to 1 h 30 min
-  
-  20 min to 45 min


4.5 km
Circuit


↑ 29 m
↓ 29 m

 2
Easy track

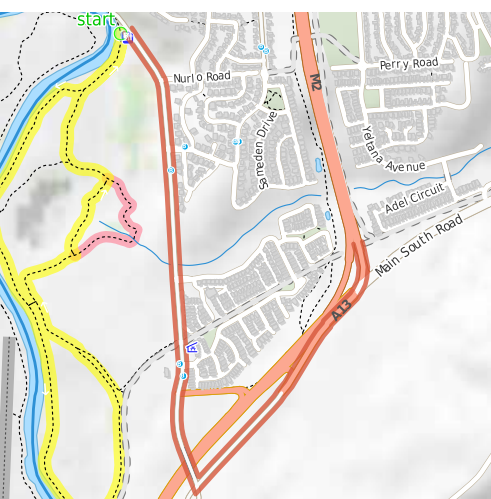
Starting from the car park near Gate 12 on River Road, Noarlunga Downs, this walk takes you on a circuit along Onkaparinga River via the Wetlands Walk. In the gentle estuarine environment of the Onkaparinga Recreation Park, the now quietened river spills on the plains, providing views of meandering riverbanks, wetland ponds and floodplains. The park provides a natural corridor for wildlife moving from the natural and recovering landscapes upriver to the wetland estuary, abundant in life. The Wetlands Walk is located on the estuary within the recreation park and provides an insight into the fascinating and complex ecosystem of the wetlands. The changing environments along the river are home to echidnas, kangaroos, and many bird and reptile species. The trail offers great opportunities for walking, birdwatching and photography. Along the way there are interpretive signs that provide information about the flora and fauna of the area. The gravel walking trail is mostly flat, and is suitable for families with strollers, small children and wheelchair users. Toilets, sheltered picnic tables and barbeque facilities are located at the start of the trail. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 2 of 6 Clear and well formed track or trail	
Quality of track	Clear and well formed track or trail (2/6)
Gradient	Flat, no steps (1/6)
Signage	Clearly signposted (1/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (2/6)
Experience Required	No experience required (1/6)
Weather	Weather generally has little impact on safety (1/6)

Getting to the start: From Southern Expressway, M2

- Turn on to Southern Expressway Exit, M2 then drive for 315 m
- Turn left onto Patapinda Road and drive for another 770 m
- Turn sharp right onto River Road and drive for another 1.7 km



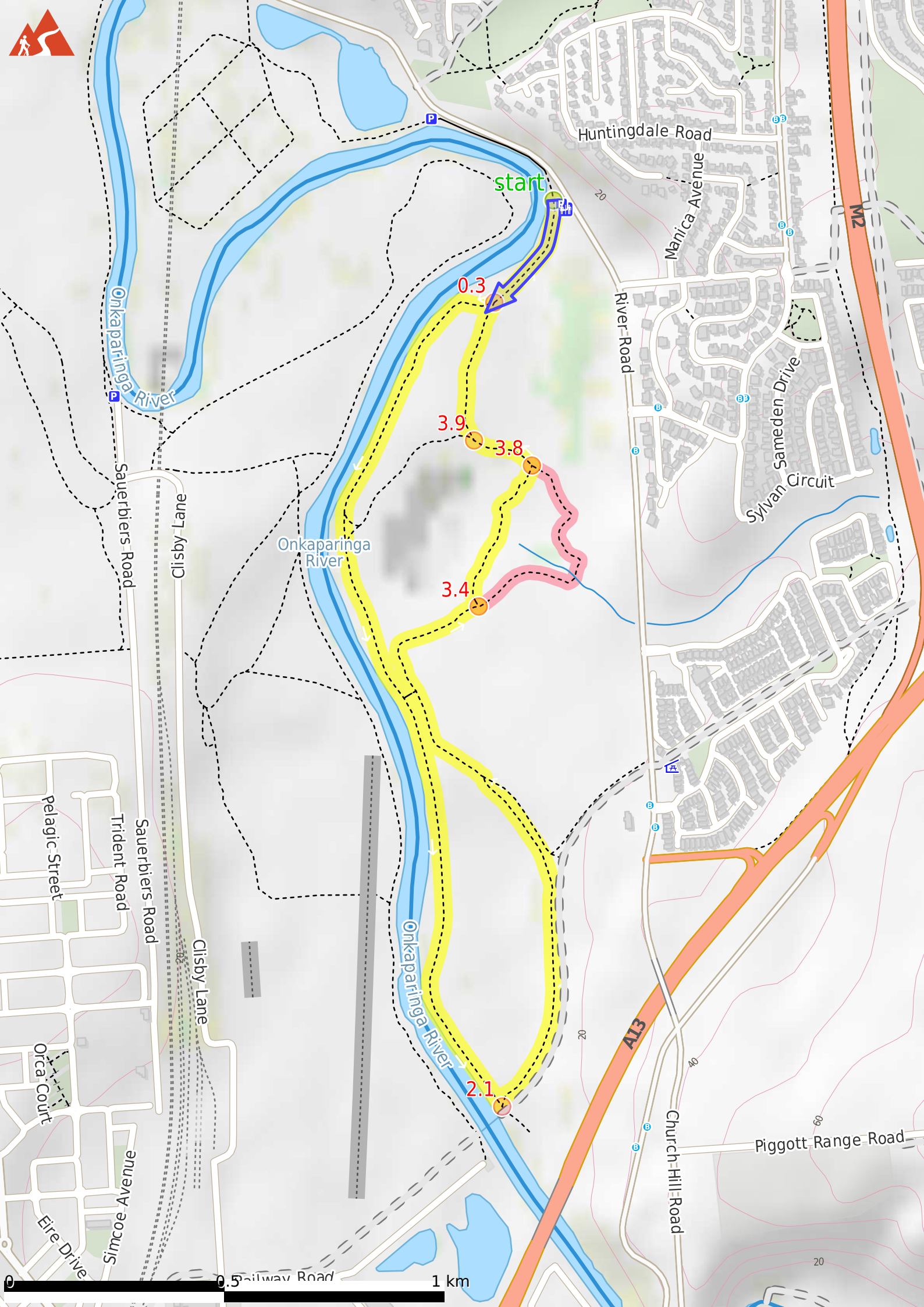
Before you start any journey ensure you;

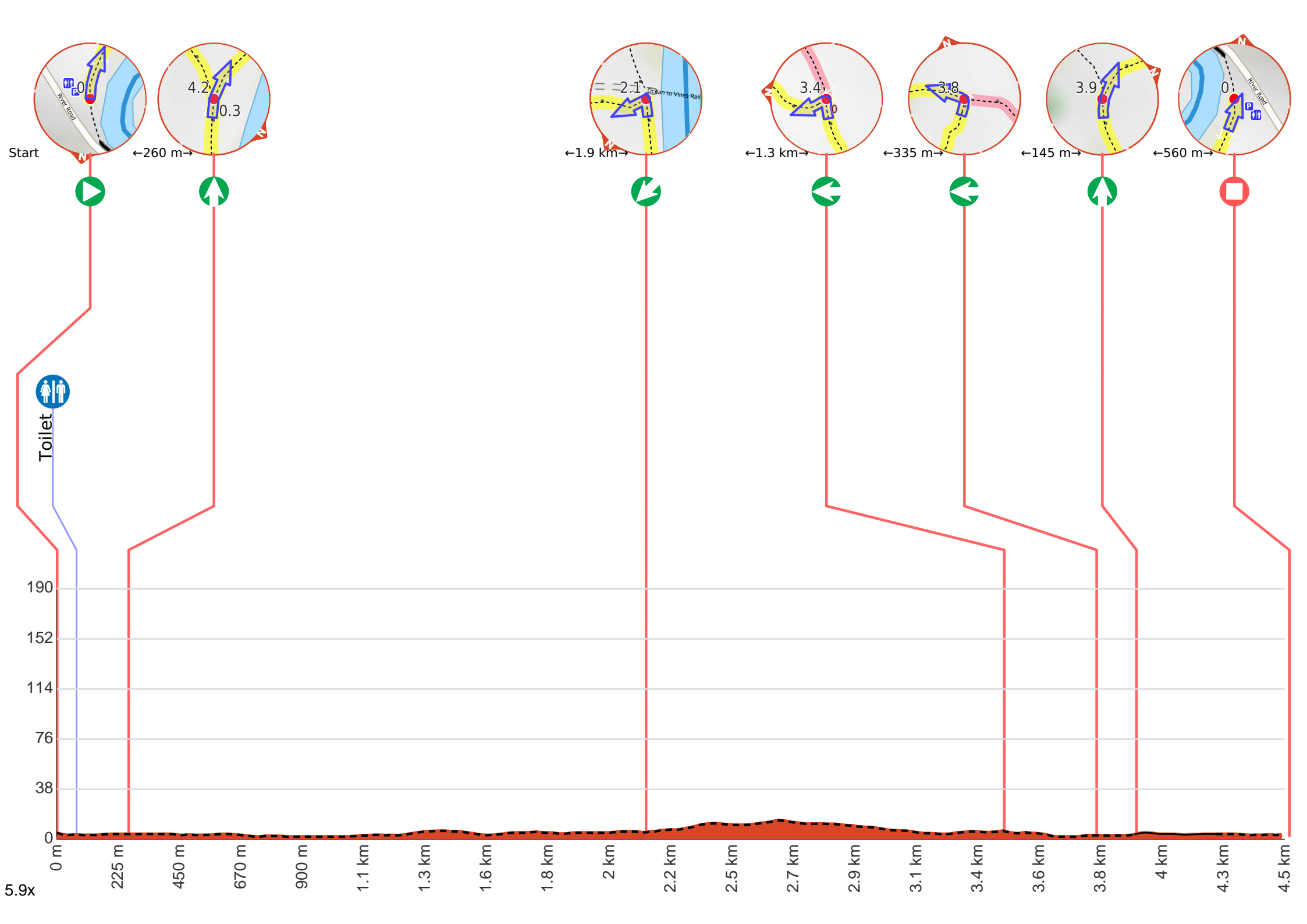
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

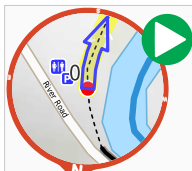
Share
[Bushwalk.com](https://bushwalk.com/ij/TKG6QN)
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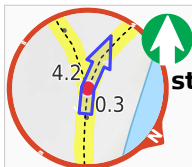
Getting started: Starting from the car park off River Road (210 metres northwest of intersection with Nurlo Road), head towards the river along the concrete footpath, passing by a yellow and red pole. After you finish the red section of the concrete turn left and head towards the gap in the wooden fence, moving parallel to the river. Keep moving in the same direction as the concrete becomes dirt, and follow the riverside track to continue along Onkaparinga River Wetlands Loop.



Start.



After 70 m pass the toilet (30 m on your left).



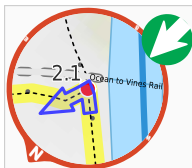
After another 190 m **continue straight.**



After another 590 m **continue straight.**



After another 410 m **continue straight.**



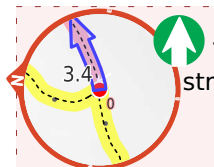
After another 890 m **turn sharp left.**



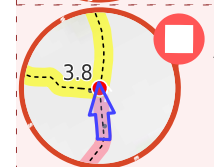
After another 760 m **veer left.**



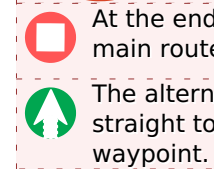
After another 245 m **continue straight.**



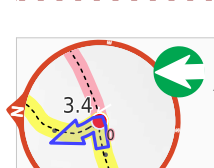
To take the alternate route continue straight here. **Start.**



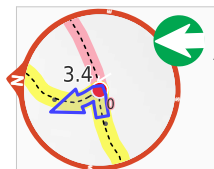
After another 550 m come to the end.



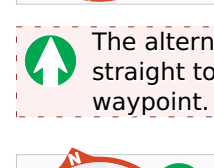
At the end of this alternate route, rejoin the main route.



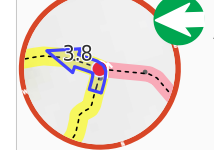
The alternate route finishes here. Continue straight to rejoin the main route at the 3.8 km waypoint.



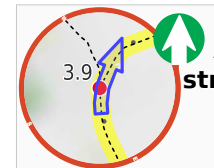
After another 305 m **turn left.**



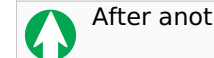
The alternate route finishes here. Continue straight to rejoin the main route at the 3.8 km waypoint.



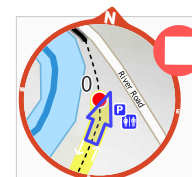
After another 335 m **turn left.**



After another 145 m **continue straight.**



After another 295 m **continue straight.**



After another 260 m come to the end.

Start of an alternate route: A longer alternate route passing over a creek (may be dry).