



# Quarry Rd Track

(Guringai Country)

2 h to 2 h 15 min

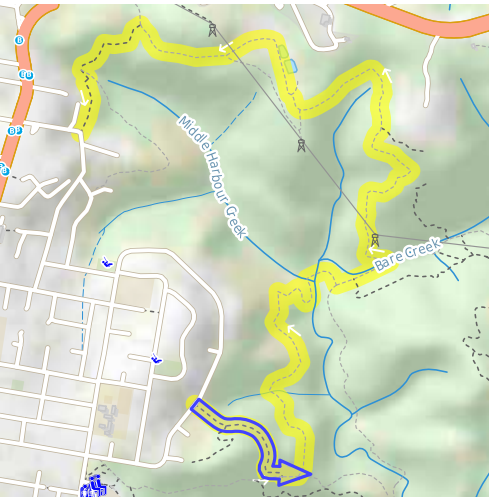
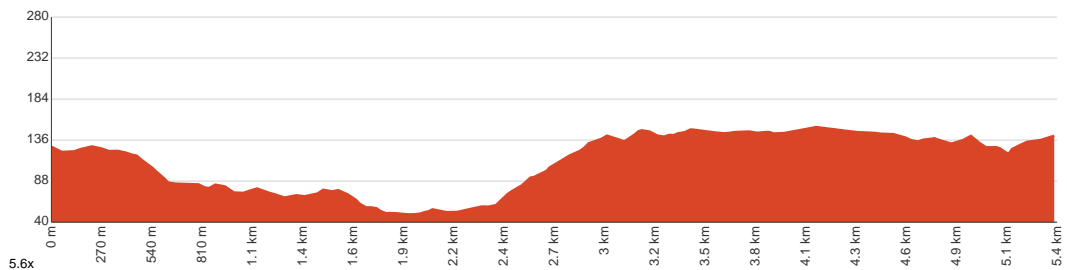
5.4 km  
One way

↑ 189 m  
↓ 177 m

4  
Hard track



Starting at Cambourne Ave, St Ives, this walk explores the ridges and valleys of the upper reaches of the Middle Harbour Creek in Garigal National Park. The walk follows service trails, and crosses several creeks along the way. The Lower Cambourne waterhole is a great spot to rest and enjoy a snack whilst enjoying the peace and quiet. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



<b>Class 4 of 6</b> Rough track, where fallen trees and other obstacles are likely	
<b>Quality of track</b>	Formed track, with some branches and other obstacles (3/6)
<b>Gradient</b>	Very steep (4/6)
<b>Signage</b>	Directional signs along the way (3/6)
<b>Infrastructure</b>	Limited facilities, not all cliffs are fenced (3/6)
<b>Experience Required</b>	Some bushwalking experience recommended (3/6)
<b>Weather</b>	Weather generally has little impact on safety (1/6)

**Getting to the start:** From Mona Vale Road, A3

- Turn on to Douglas Street then drive for 1.4 km



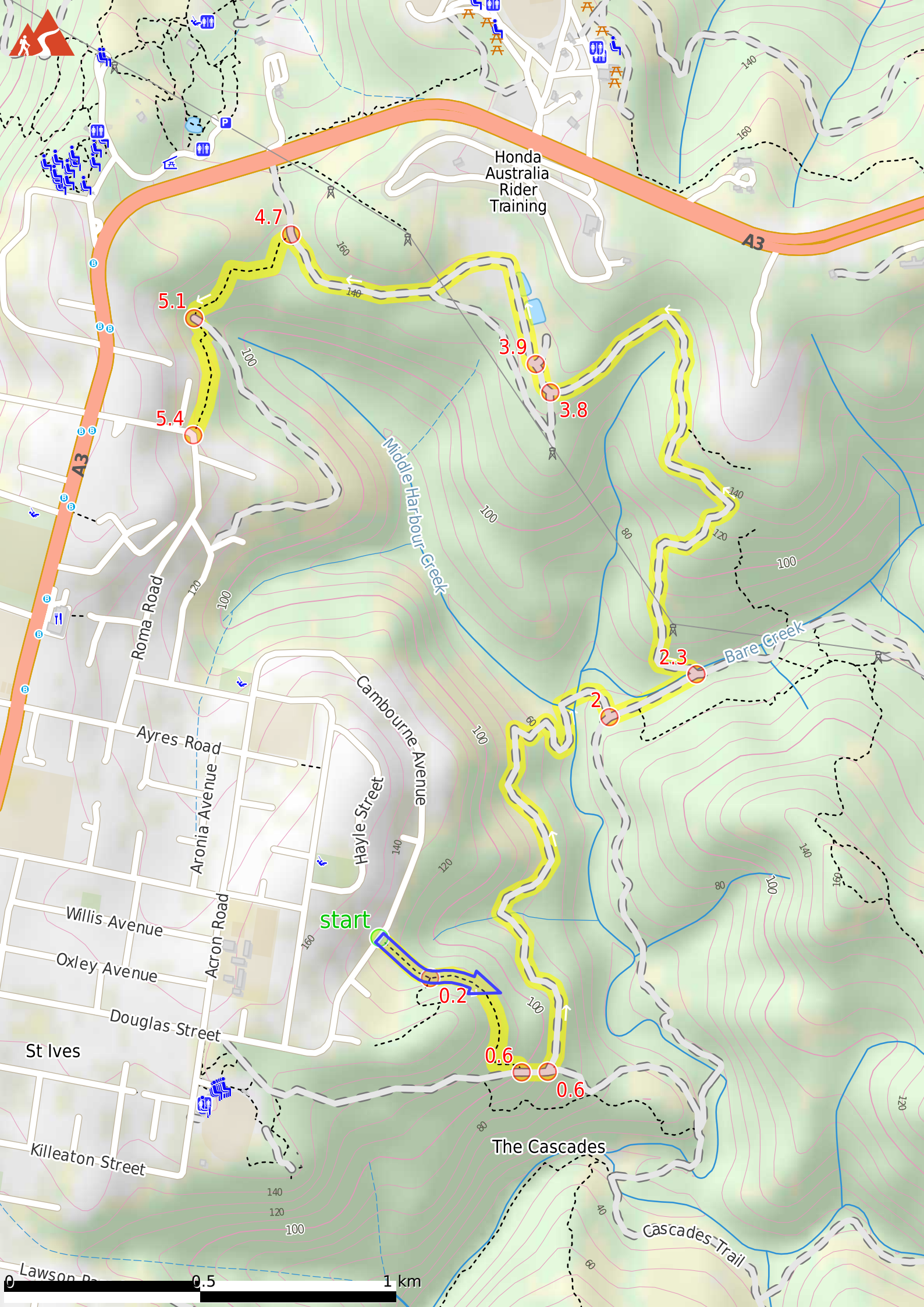
**Before you start any journey ensure you;**

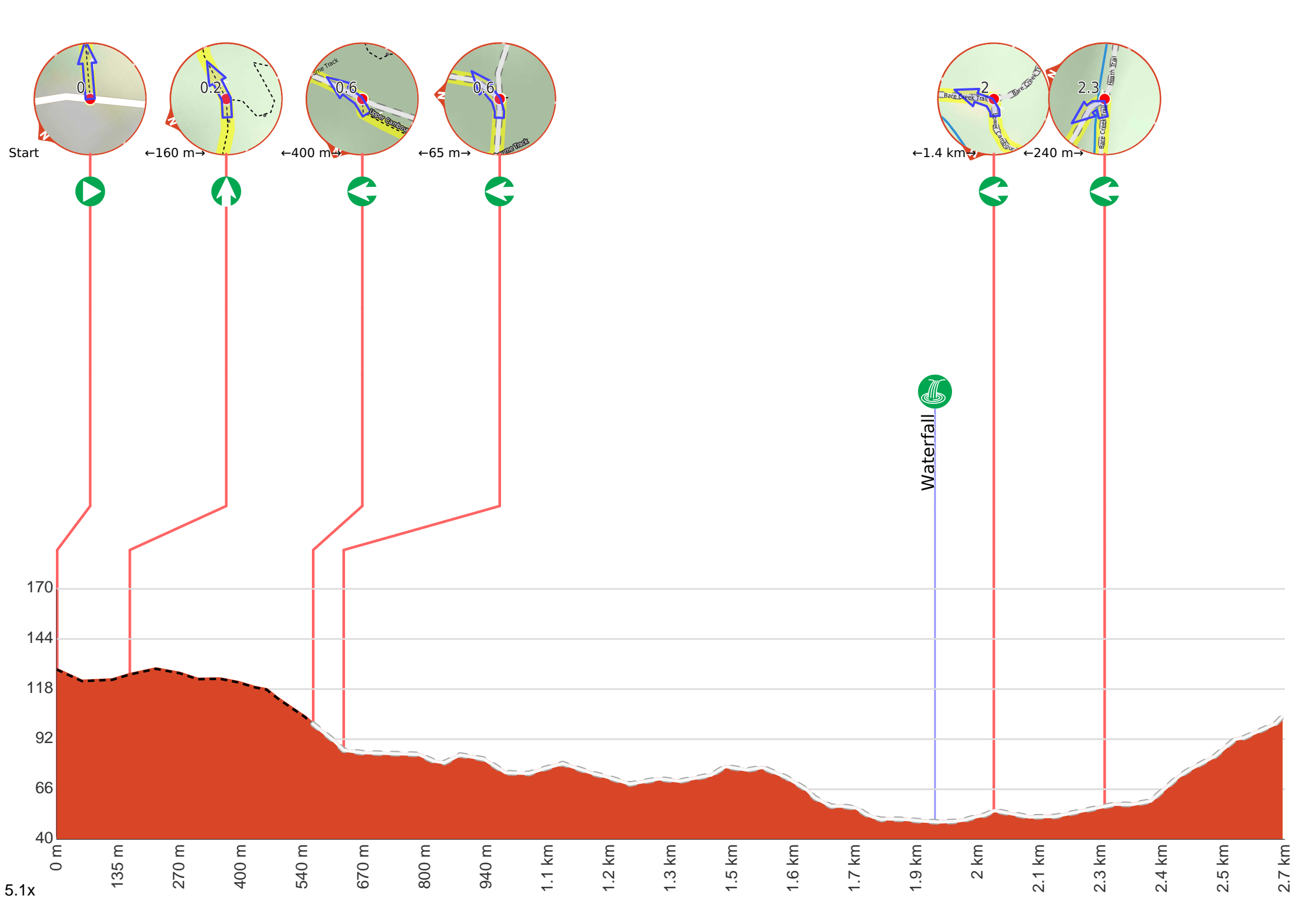
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

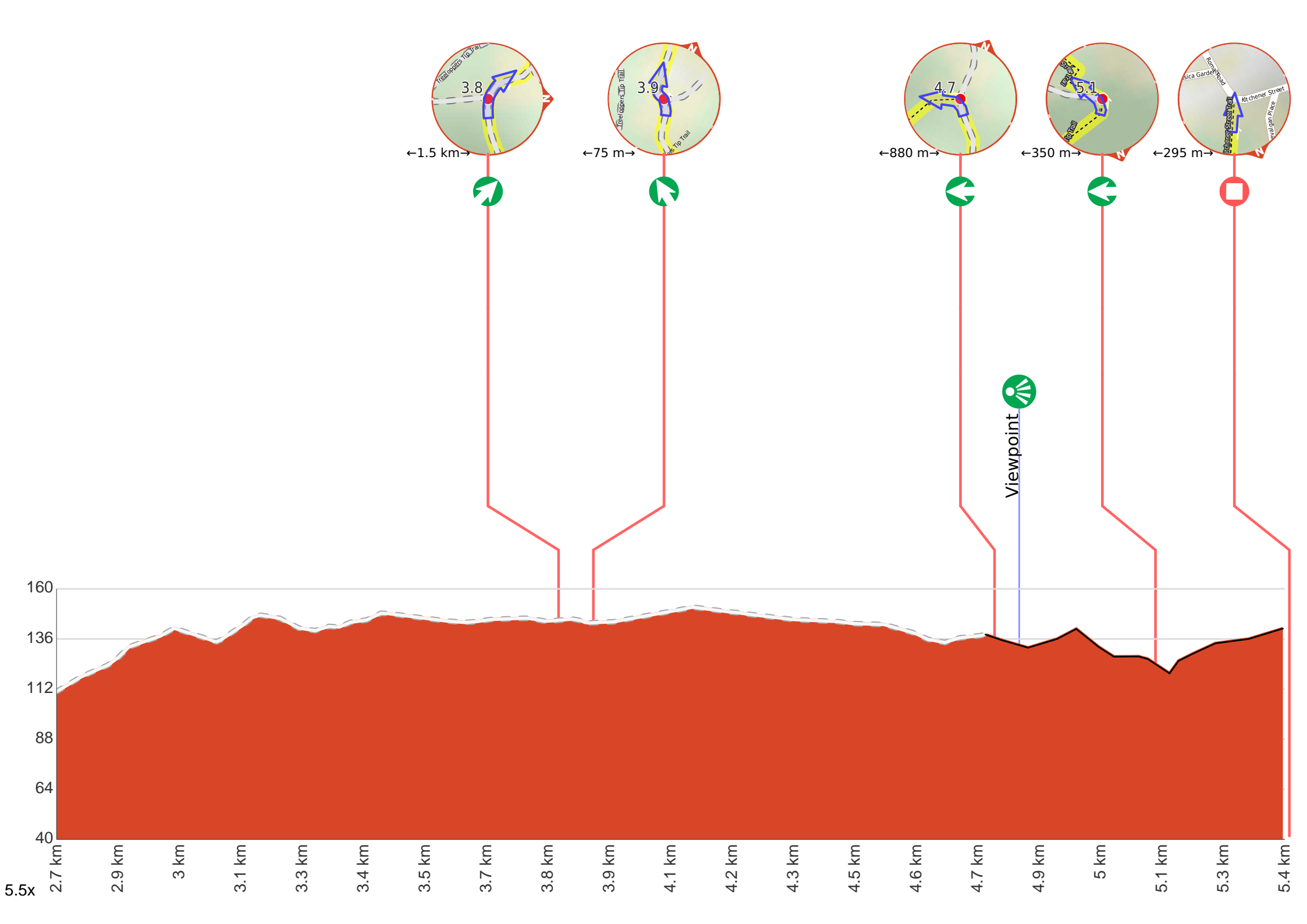
If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
Bushwalk.com  
[ij/TSW7N5](https://bushwalk.com/ij/TSW7N5)



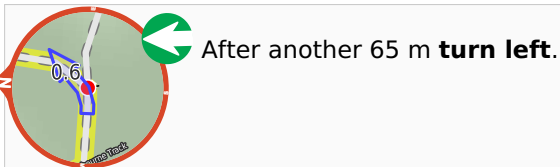
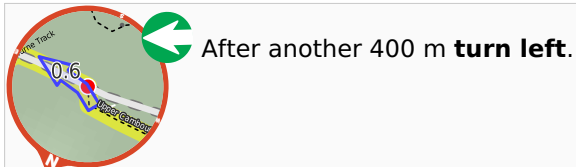
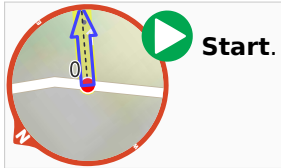








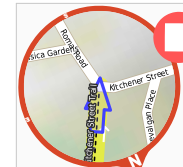
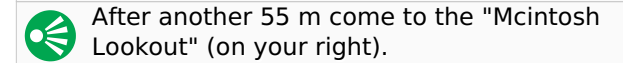
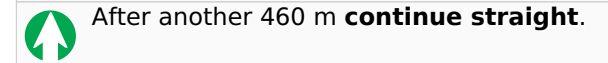
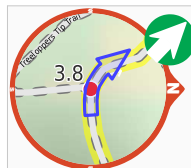
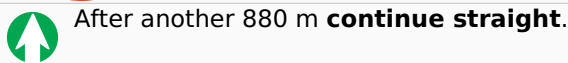
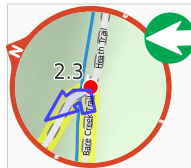
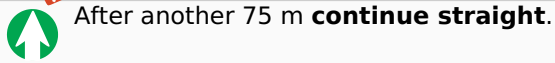
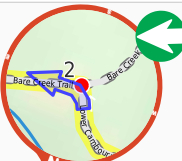
**Getting started:** From the intersection, the walk follows the 'Upper Cambourne Track' arrow through the metal gate and along the management trail. After crossing the creek, the walk continues up and along to the intersection with the Douglass Street East service trail (at the track marker).



After another 1.3 km find the "Lower Cambourne waterhole" (25 m on your right).



This unnamed waterhole and cascade is on Middle Harbour Creek, just below its junction with Bare Creek in Garigal National Park. The waterhole accessed by a short track from the Lower Cambourne track. There is a large rock platform, and a waterhole with a small waterfall flowing into it. This can be a great spot to relax and enjoy the local area, if you sit quietly enough you may see a Water Dragon.



After another 75 m **veer left**.

After another 460 m **continue straight**.

After another 420 m **turn left**.

After another 55 m come to the "Mcintosh Lookout" (on your right).

After another 300 m **turn left**.

After another 295 m come to the end.