



Salvation Loop Track

(Guringai Country)

 1 h 15 min to 1 h 30 min

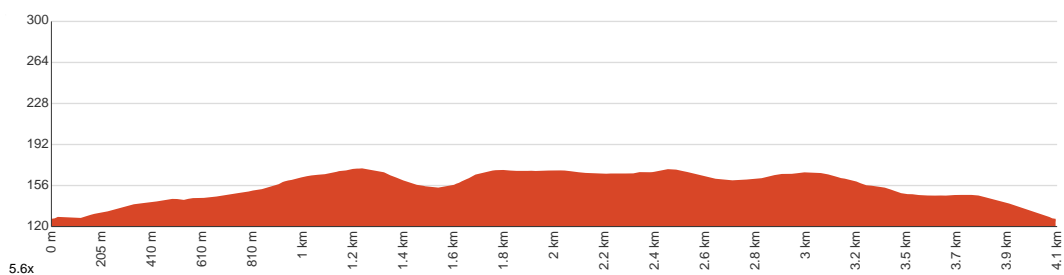

4.1 km
Circuit


↑ 74 m
↓ 74 m


Moderate track



This walk makes a circuit from West Head Rd around the Salvation Loop track in Ku-ring-gai Chase NP. The walk passes through wet heathland vegetation and around a hanging swamp. The thick heath vegetation along the track means that the views are mostly restricted, however it is still a nice walk with wildflowers in spring, plenty of scribbly gums and some rock outcrops to explore. The full length of this walk is on road or well-defined management trail. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.

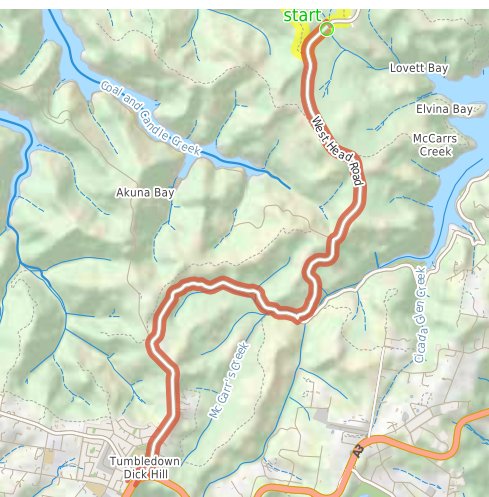


Class 3 of 6
Formed track, with some branches and other obstacles

Quality of track	Clear and well formed track or trail (2/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

Getting to the start: From

- Turn on to Booralie Road then drive for 80 m
- At roundabout, take exit 1 onto McCarrs Creek Road and drive for another 5 km
- Turn left onto West Head Road and drive for another 350 m
- Turn slight left onto West Head Road and drive for another 4.7 km
- Turn right and drive for another 25 m



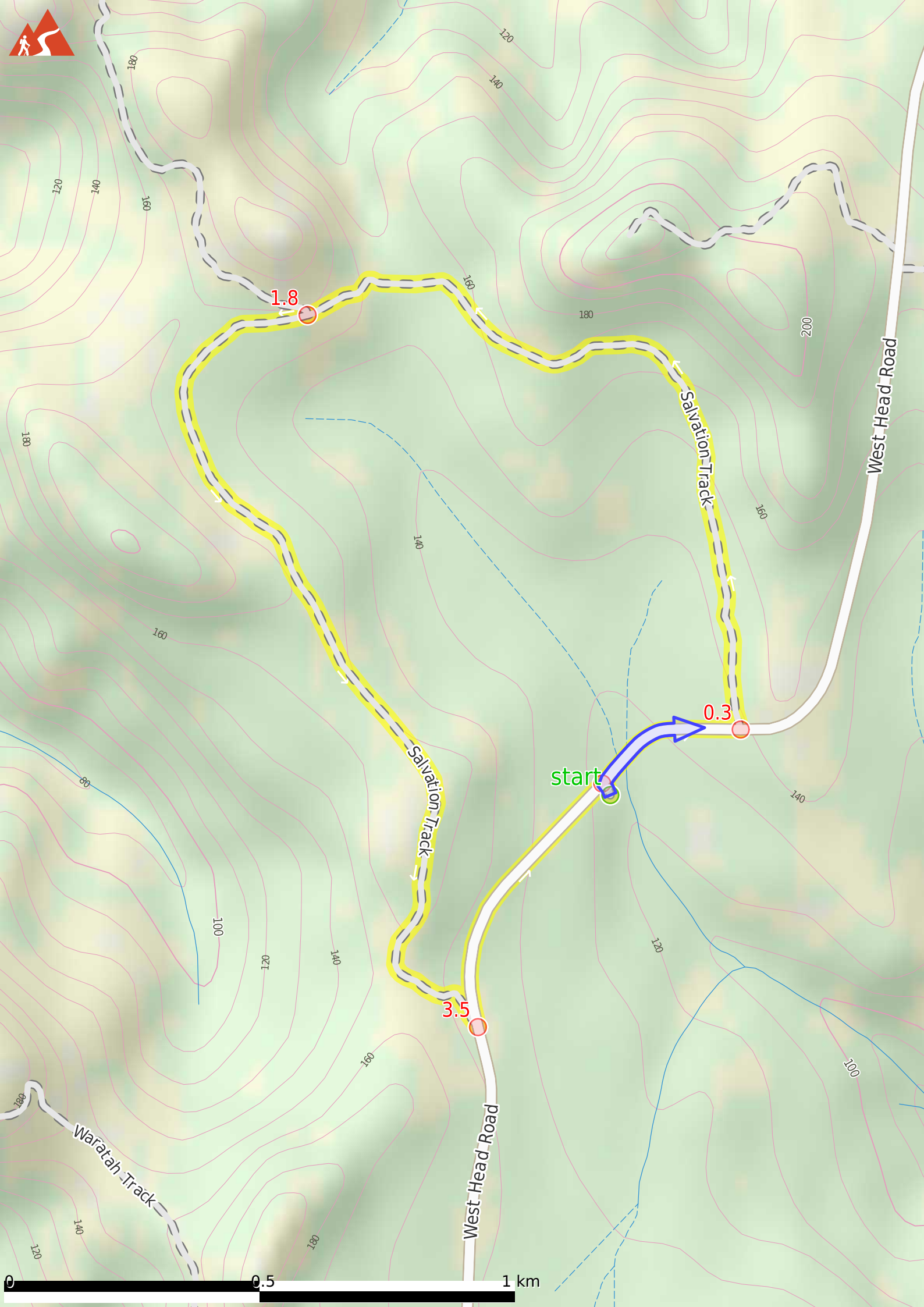
Before you start any journey ensure you;

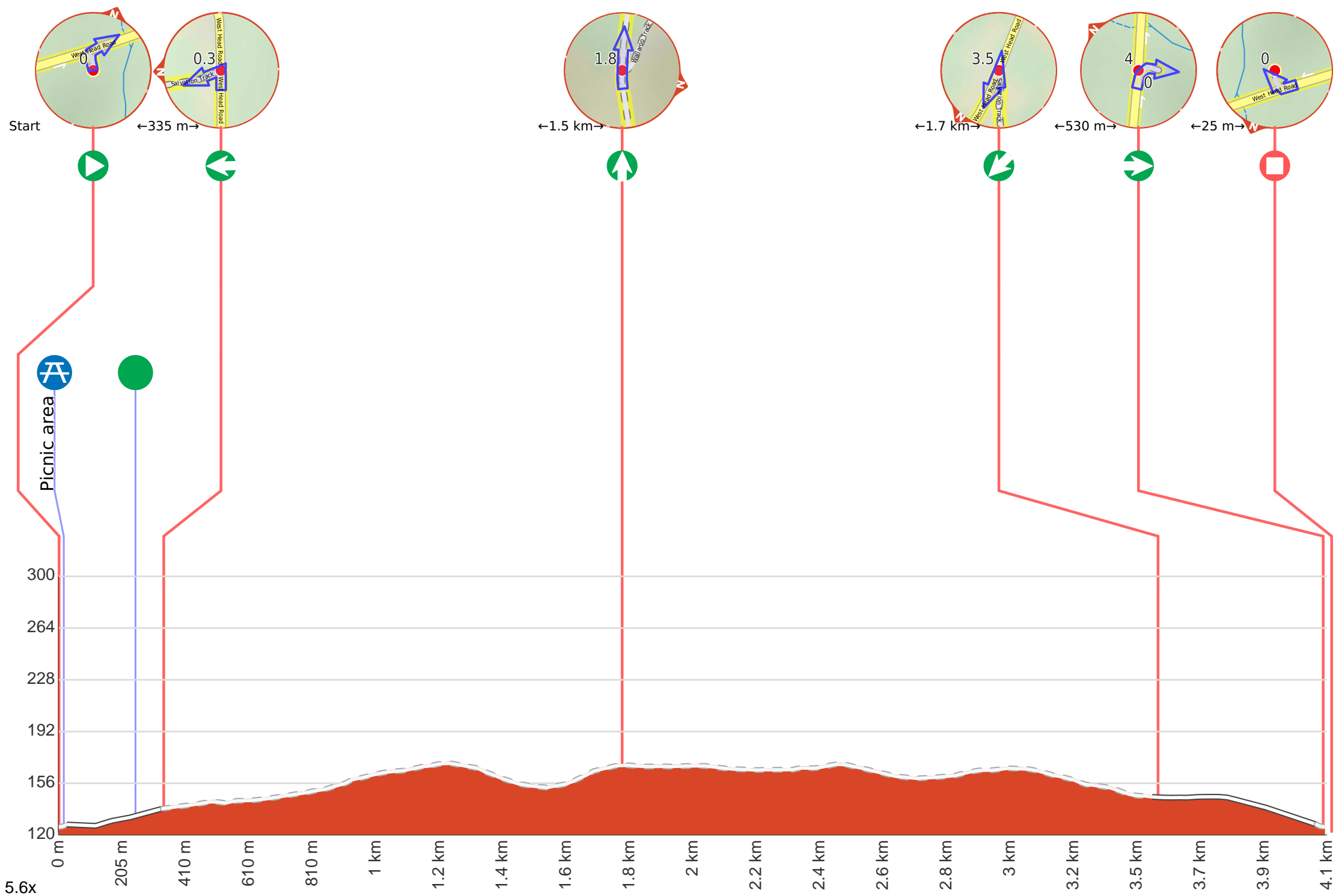
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

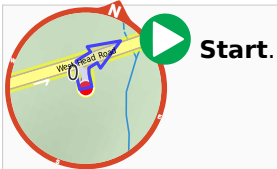
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Getting started: From the 'Salvation Picnic Area' (on West Head Rd, about 3.6km north from the intersection with General San Martin Dr), the walk follows the road, crossing the bridge over Salvation Creek, leaving the picnic area on the right, and soon arrives at the northern trackhead of the 'Salvation Loop Track'.



A After 15 m find the "Salvation Picnic Area" (6 m on your left).



The Salvation Picnic Area is beside West Head Rd in the Ku-ring-gai Chase National Park, about 3.6km north of the intersection of West Head Rd and General San Martin Dr. The picnic area has three picnic benches and a car park. There are no other facilities. This is a convenient point to start/finish the nearby Salvation Loop, Wallaroo and Yeomans walks.

→ After another 10 m **turn right**.

● After another 215 m find the "Salvation Loop hanging swamp" (40 m on your left).



The Salvation Loop hanging swamp is enclosed within the Salvation Loop Track, off West Head Rd in the Ku-ring-gai Chase National Park, about 3.6km north of the intersection of West Head Rd and General San Martin Dr. This area of hanging swamp (swamp formed in a depression on high ground, usually near a cliff) and wet heathland is difficult to see from the surrounding Salvation Loop track due to the drier, tall, dense heath vegetation surrounding it. It may, however, reward the patient, or lucky, observer with the plant and animal life associated with this habitat type, such as reeds and frogs.

