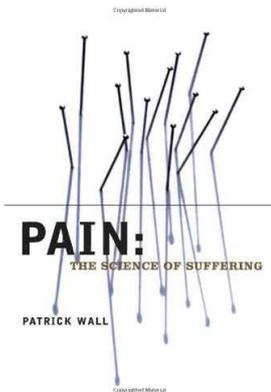


Pain: The Science of Suffering (Maps of the Mind)



Pain: The Science of Suffering (Maps of the Mind)

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4.5/5 From 604 Reviews

Patrick Wall

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4 of 4 people found the following review helpful. InterestingBy M. L. WilkinsonI downloaded this for a reference on a research paper and ended up reading it for enjoyment. Very good book.14 of 14 people found the following review helpful. How rare is a book...By Timothy R. SheetsHaving my back crushed, head smacked to the point of significant subdural hematoma, ribs broken crushing one lung and vertebrae in my spine. I survived. It's been twelve years since that day. That day was followed by months of hospital and in patient rehab at which point I was scurried home to lick my wounds and later return to work with half my back fused and now three inches shorter than the man that previously stood unstoppable looking in the mirror. Nobody forced me to go back to work. It was in my DNA, or at least I thought it to be.Dr. Wall sheds light on so many personal, societal and inherent physiological issues that plague so many people touched by severe chronic pain.This book covers everything so pointedly, I cannot point to a single one at the risk of demoting others. I have read and re-read this book about five times. It both reduces me to tears and empowers me to believe in myself...it has become my bible to my new life fraught with daunting struggles that each day brings. While I might find myself each day at the bottom of Sisyphus's hill, I also know that each day brings new hope. I must live each day as it may be my last...we all must realize our own immortality.How rare is a book that makes you feel like each page, each sentence are direct answers to the questions you need answered for your own survival!2 of 2 people found the following review helpful. Everything You Need To Know About PainBy BBJPuts all other books on chronic pain to shame! I have had 24/7 head pain for 30+ years. I have been on every single treatment for headaches known. I'm opiate free now thank god! Not that the book advocates that though. Opiates just have too many side effects for me. I live in FL and now I will hopefully be able to use med marijuana. At least I know that works with a good side effect profile and minimal withdrawal.

Pain is one of medicine's greatest mysteries. When farmer John Mitson caught his

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