

Student Academic Record

Master of Science in Strength, Conditioning and Coaching

Full name: **Tomáš Garrigue Masaryk**  
Nationality: **Poland**  
Student ID: **0000000000**  
Degree name: **Master of Science in Strength, Conditioning and Coaching**  
Degree accreditation level: **ECTS Accredited (EQF7)**  
Degree completion status: **Completed**  
Date of award: **12 August 2025**  
Official accreditation information: **Degree listing on MFHEA website in Europe**  
Average (percent): **100%**  
Cumulative GPA: **4**


Course title	Completed	Hours	ECTS credits	US percent	GPA
Tier 1:					
Strength and Power Development	12/08/2025	15000	600	100%	4
Human Movement Foundations	12/08/2025	15000	600	100%	4
Coaching Science	12/08/2025	15000	600	100%	4
Tier 2:					
Planning & Periodisation for Performance	12/08/2025	15000	600	100%	4
Metabolic Conditioning for Performance	12/08/2025	7500	300	100%	4
Long Term Athlete Development	12/08/2025	7500	300	100%	4
Speed, Change of Direction and Agility Development	12/08/2025	15000	600	100%	4
Tier 3:					
Research methods in Strength, Conditioning and Coaching	12/08/2025	7500	300	100%	4

Course title	Completed	Hours	ECTS credits	US percent	GPA
Strength, Conditioning and Coaching Research Project	12/08/2025	37500	1500	100%	4
		2250	90	100%	4

Transcript issued and signed on 12 August 2025 by:

  
Dr. Joshua Broggi  
Head of Institution



  
Richard Clarke  
Dean of ALTIS Higher Education



Student credentials



This Diploma Supplement follows the model developed by the European Commission, Council of Europe and UNESCO/CEPES. The purpose of the supplement is to provide sufficient independent data to improve the international 'transparency' and fair academic and professional recognition of qualifications (diplomas, degrees, certificates etc.). It is designed to provide a description of the nature, level, context, content and status of the studies that were pursued and successfully completed by the individual named on the original qualification to which this supplement is appended. It should be free from any value judgements, equivalence statements or suggestions about recognition. Information in all eight sections should be provided. Where information is not provided, an explanation should give the reason why.

## 1. Information identifying the holder of the qualification

- 1.1. Full name: Tomáš Garrigue Masaryk
- 1.2. Date of birth (dd/mm/yyyy): 12/08/2025
- 1.3. Student identification number: 0000000000

## 2. Information identifying the qualification

- 2.1. Name of qualification and (if applicable) title conferred (in original language):  
Master of Science in Strength, Conditioning and Coaching
- 2.2. Main field(s) of study for the qualification: Natural Science
- 2.3. Name and status of awarding institution (in original language): Woolf
- 2.4. Name and status of institution (in different from 2.3) administering studies:  
Woolf (established in 2018) is an accredited Higher Education Institution in Malta with license 2019-015 from the Malta Further and Higher Authority.
- 2.5. Language of instruction/examination: English

## 3. Information on the level and duration of the qualification

- 3.1. Level of qualification: ECTS Accredited (EQF7)
- 3.2. Standard Programme Length: 18 months
- 3.3. Standard Programme Delivery Length: 18 months
- 3.4. Access requirements: Undergraduate Degree or Equivalent

## 4. Information on the programme completed and the results obtained

- 4.1. Programme learning outcomes:

### Knowledge

Knowledge acquired by the learners at the end of the course

- Demonstrate an advanced understanding of current scientific evidence pertaining to training adaptations in strength and conditioning
- Display a critical understanding of research-based evidence for coaching and developing skills at different performance levels
- Articulate an interconnected understanding of the human body and its systems which influence athletic performance, movement and coaching practices.

### Skills

Skills acquired by the learners at the end of the course

- Design and apply appropriate training and planning methodologies to enhance performance across different groups of athletes..
- Effectively communicate with athletes and other multidisciplinary stakeholders to solve performance problems.
- Apply self-awareness to work effectively with others and to plan strategic personal and professional development.

#### Competencies

Competencies acquired by the learners at the end of the course

- Critically evaluate current research on coaching and training practices, and strategically apply findings in professional settings.
- Synthesize information from a range of sources and communicate it to athletic groups and target audiences
- Apply decision making skills and mental models to solve challenges during coaching interventions

4.2. Programme details, individual credits gained and grades/marks obtained: Refer to the first page of this transcript

4.3. Grading system and, if available, grade distribution table: Refer to the first page of this transcript.

## 5. Information on the function of the qualification

5.1. Access to further study: Degree Programmes may entitle access to EQF8 Level Study

5.2. Access to a regulated profession (if applicable): Not Applicable

## 6. Additional information

6.1. Further information sources: <https://legal.woolf.university/accreditation>


## 7. Certification of the supplement

7.1. Transcript issued and signed on 12 August 2025 by:

7.2.

  
Dr. Joshua Broggi  
Head of Institution

7.3.

  
Richard Clarke  
Dean of ALTIS Higher Education

7.4. Official stamp or seal:



GPA	US grade	US percent	UK mark	UK classification	Malta grade	Malta mark	Malta classification	Swiss grade
4	A+	97-100	70+	First class honours	A	80-100%	First class honours	6
3.9	A	94-96	67-69	Upper-second class honours	B	70-79%	Upper-second class honours	
3.7	A-	90-93	65-67	Upper-second class honours				5.5
3.3	B+	87-89	60-64	Lower-second class honours	C	55-69%	Lower-second class honours	
3	B	84-86						
2.7	B-	80-83	55-59	Lower-second class honours				5
2.3	C+	77-79	50-54	Third class honours	D	50-54%	Third class honours	
2	C	74-76						
1.7	C-	70-73	45-49	Third class honours				4.5
1.3	D+	67-69	40-44	Ordinary/unclassified				
1	D	64-66	35-39	Ordinary/unclassified				
0.7	D-	60-63						4
0	F	Below 60	Below 35		F	45-54%		1-3.5