



How to Call on Magical Beings

- Always focus on the Faerie kingdom before starting these Six Steps.

Etiquette:

- Always make the call for a Magical Being out loud.
- Always state your request clearly.
- Always make any offerings immediately.
- Always give deep and abiding thanksgiving for whatever they have done.
- Never second guess them or criticize their behavior or actions.
- Be extremely polite.

6 steps for Calling on Magical Beings who are Faeries-

1. Alter your state of consciousness.

- a. Drop in, become calm and quiet.
- b. Allow your mind to slow down and your awareness to settle deep into your pelvic bowl. (Knowing the Sacred Anatomy Edge Practice will help.)
- c. If you have a meditation practice you can use that to embody calm and drop into a meditative altered state. If you don't have a practice, place yourself in a column of golden and silver white *Universal Love and Light*. This energy comes from the mind and heart of the Divine Source and is respected across all time and space. It is the balm of the universe and it is recognized by *Magical Beings*. Simply call upon a big column of it and sit right in the middle of it. This will alter your state of consciousness in a few minutes which is the *First Step to Calling on A Faerie*.

2. Lift your frequency.

- a. Speed up your vibrational frequency by focusing in on the center of your pelvis and placing your conscious awareness there.
- b. Put your hands on your pelvis.
- c. Allow your awareness to begin spinning in a small circle either to the right or left, both are OK. Follow the spin and as you do your breathing will also increase in



speed. The spin will be slow at first and then increase in speed going faster and faster as it also will gets larger.

- d. Feel your energy increasing in intensity and lifting up into the higher parts of your Sacred Anatomy which stretches above your head and below your feet about twenty feet (6.096 meters).
- e. Keeping your eyes closed will help to lift your frequency which is the *Second Step to Calling on A Faerie*.

3. Parting the Veil.

- a. At this higher frequency vibration, you can enter the Other-Dimensional Realm where *Magical Beings* reside. It is right next to the realm we live in and the two realms are separated only by a thin veil.
- b. Parting the Veil is a sacred act and requires not just an altered state and lifted frequency but also a heartfelt desire to do so. Open your heart and consciously exude loving kindness to all Creation.
- c. Move all human busyness aside and allow your settled Altered State to lead with loving kindness. As you hold your intention to do this the Veil will Part which is the *Third Step to Calling on A Faerie*.

4. Make the Call.

- a. To call on a Faerie you must hold them in your conscious mind. Imagine them as best you can and open up to send a telepathic Call out for them to come to you or for you to be led to them.
- b. Broadcast the Call by stretching your awareness out as if you are holding out your open hand. Feel your Call radiating outward like a wave of loving kindness for all life. This is the *Fourth Step to Calling on A Magical Being**.
- c. Call out for a Faerie in this way:
Feel and visualize a Faerie as clearly as you can. Breathe deep and slow down as you follow the Steps. Just allow yourself to hold the vision of a Faerie as you lift up to a higher frequency.

5. Wait Attentively for a Response.



- a. If at first no one comes do not be alarmed. Instead, be patient. It maybe you just haven't become familiar with their realm, yet. This can take a little time. Meanwhile keep practicing the steps and get good at each one.
- b. You may not recognize the Faerie, yet. They might not look like you think they do or should in your own imagination. They might be more subtle or smaller than you have thought they might be. Try to release your ideas of what beings from this Other-Dimensional Realm look or feel like. But remember they come back and forth all the time to visit in our Human Realm. It's just a step through the Parted Veil for them so they are very good at disguising themselves as light and blending into the natural world.
- c. Whatever you do, do not complain about who shows themselves to you. They do not like or appreciate whining of any kind. Accept whoever comes as being the exact being you need to meet at that moment. Be grateful they are reaching back in any form.
- d. From this awakened state note distinctions in your environment. Watch for flutters and light movement that doesn't quite make sense. Dial into what you notice and when you say "hello" wait for their response which is the *Fifth Step to Calling on A Magical Being*.

6. Speaking to a Magical Being -a Faerie.

- a. It's a really big deal to make a first contact with a Magical Being. But remember you are also that to them. They may want to connect with you as much as you do with them because we humans are also filled with power and magic.
- b. Speak softly at first and always be polite. Realize they may be startled when they become aware that you can see them as they are used to sitting right in front of us all the time and not being noticed.
- c. Use your softest voice from deep in your body so it carries the sound of the Altered State and the Lifted Frequency. This will help them to hear you as a voice instead of how they normally hear humans as ambient noise like the wind.
- d. Never demand or order the Faerie to reveal themselves. Cultivate the moment by being humble and choosing your words with care. They all respond to love and



spacious communications. Acknowledge them as living beings by politely introducing yourself.

- e. Most of all be quiet and cultivate a relationship with thoughtfulness which is the *Sixth Step to Calling on A Magical Being*- for Faeries be especially quiet.

*In *Magical Beings of the Natural World* different special ways to call each Magical Being are inserted here in Step 4. For this class, only the Call for Faeries is given.