

Common signs of problems with the bridle or bit



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White hairs under the bridle

Head shy behaviour

Reluctance to allow the bridle to be put on or to open the mouth for the bit

Sores at the corners of the lips, inside the cheeks, or on the tongue

Hair rubs underneath the bridle or at the edges of the bridle

Skin bruising or rubbing of the cheeks (may indicate crushing of the skin between the bit and the noseband)

Pain on pressure at potential pressure points (base of the ears, over the poll, under the browband attachment, under the noseband)

Rubbing or irritation of the skin under the bridle

If you notice any of these issues, the bridle and bit should be checked carefully. Remember that a horse that has lameness or pain elsewhere can move abnormally and this can lead to problems with the bit and bridle. Contact your veterinarian if you have any concerns.



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