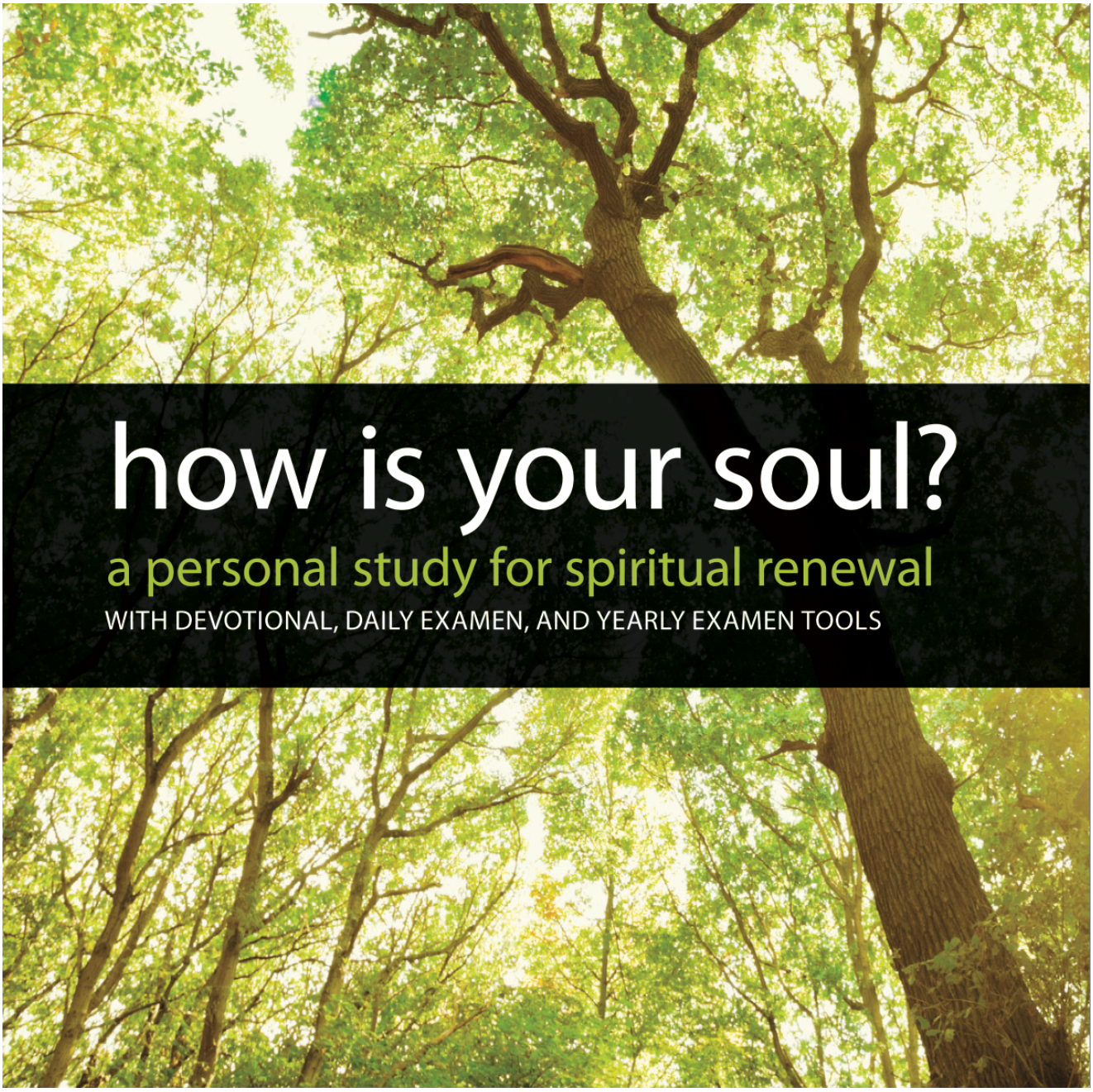
GROUP STUDY

GROWTH IS INTENTIONAL



GROUP STUDY GUIDE FOR:

How Is Your Soul?
From Vineyard USA

The booklet, *How Is Your Soul? A Personal Study For Spiritual Renewal* is primarily designed to be used as a personal study.

However, with just a few tips, you can lead a small group, a youth group, or even your whole church through an experience of renewal together.

4 STEPS TO LEADING HIYS IN A GROUP

1. Have each person get a copy of the booklet, and commit to a 4 week journey together. Then, set a time to meet each week for an hour. Each person does the weekly study on their own, as the book instructs, then gathers.

2. Read both sides of the weekly session out loud, each person taking one paragraph at a time.

3. Ask "What moved you?" this week in the study, and go around the room. People can "Pass" if they want, but give everyone at least 1-2 minutes to share what impacted them from the study or the Daily Examen experience.

4. Conclude with the Examen. Read each step aloud, with 30 seconds of silent reflection after each, then close in prayer.

Visit: www.VineyardResources.com for more resources like this.