



**MAKING HEALTHCARE
ACCESSIBLE TO DISTANT COMMUNITIES ACROSS
PAKISTAN!**



Assalam o Alaikum Wa'rahmatullah

I hope and pray you are fine and well

Alhamdulillah, the blessed month of Ramadan is once again upon us, and there is no better time to renew your commitment to save lives. Your donations created an amazing impact in 2022 and I would like to thank you for your continued generosity. It is because of your unwavering support and trust in us that our annual beneficiaries have increased from **5.4 Million** to over **6 Million** in 2022.

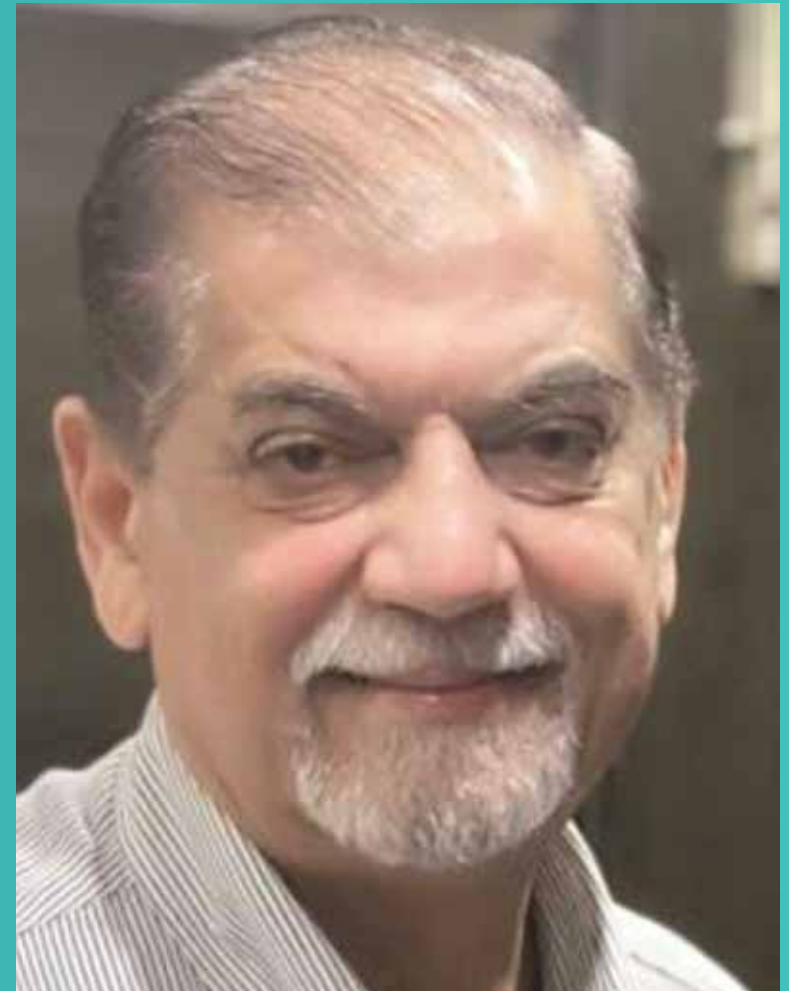
You have enabled us to reach out to patients who need healthcare in all shapes and forms. This is the reason we were one of the first organisations to offer emergency medical assistance towards flood affected communities in Pakistan. The monsoon season of 2022 brought with it the worst flood Pakistan had seen in a while, drowning over one-third of the country with it. However, we were able to mobilise our medical teams to provide emergency flood relief services through our Mobile Medical Clinics, Mobile Diagnostic Labs and last but not the least, our Boat Clinic, which floats over Indus River and visits the far fetched areas of Pakistan.

Indus Hospital & Health Network was able to set up **2,500+ Medical Camps** in **35 districts** of Pakistan, offered mental health counseling sessions to **12,400+ Flood Affectees**, and conducted **81,200+ lab tests**. With these flood relief efforts, we were able to benefit more than **575,000** people.

Our Karachi Hospital Expansion Project has achieved 100% grey structure completion. We are targeting to operationalise **600 beds** by December 2023. Our Blood Centre under the Karachi expansion project has also been operationalised. Our Lahore campus, Indus Hospital - QF, NST & SMP, provides free-of-cost high-quality healthcare services to the people of Lahore and its adjoining areas. Currently, **150 beds** are operational and have benefitted more than **119,900 patients** in Lahore. We are targeting to further operationalise **300 beds** in Lahore by the end of 2023.

I would humbly request you to remember Indus Health Network UK (IHN UK) in mind for your Zakat & Sadaqah. You will be pleased to know that at IHN UK, the eligibility, collection, and utilisation of Zakat is **supervised** by a committee of **Prominent Islamic Scholars**. We ensure that your Zakat is utilized only for the Zakat eligible patients.

Lastly, I pray to the Almighty that He accepts your Ibadah, Zakat, and Sadaqah, and grants you and your loved ones with health and contentment in this life, and success in the hereafter. Ameen.



With Best Wishes & Warm Regards,

*Dr. Mateen Durrani
Chair, Board of Trustees, IHN UK*

IHHN'S UPDATES

LEADERSHIP UPDATE



DR. ABDUL BARI KHAN
APPOINTED INDUS HOSPITAL & HEALTH NETWORK'S
FOUNDING PRESIDENT



DR. ZAFAR ZAIDI
APPOINTED INDUS HOSPITAL & HEALTH NETWORK'S
CEO



مستشفى



HOSPITAL

KARACHI EXPANSION

PHASE I MILESTONES ACHIEVED



**BLOOD CENTER OPERATIONALISED
IN DEC 2022**



**100% GREY STRUCTURE OF HB 1,
HB 2 & IUHS COMPLETED**



**600 BEDS TO BE OPERATIONALISED
IN DEC 2023**

£25 MILLION

MOBILISED IN 2023 THROUGH
INTERNATIONAL SUPPORT FOR
INFRASTRUCTURE & LOGISTICS



STATE OF THE ART
1350
BED FACILITY



MULTIDISCIPLINARY
TERTIARY
LEVEL
HEALTHCARE SERVICES



TOTAL PLOT AREA
3.52
MILLION SQ.FT



LAHORE EXPANSION

Indus Hospital & Health Network – QF, NST & SMP Campus, in Lahore, Punjab, is a multi-disciplinary tertiary level healthcare hospital.

PHASE I MILESTONES ACHIEVED



119,900
PATIENTS TREATED
TILL OCT 2022



150 BEDS
OPERATIONAL



300 BEDS
TO BE OPERATIONAL
BY DEC 2023



600 BEDS
TO BE OPERATIONAL
BY DEC 2025

1 MILLION
PATIENTS TO BENEFIT ANNUALLY



FLOOD RELIEF ACTIVITIES

IHHN stepped in to aid the flood affectees by setting up Emergency Medical Relief Camps to dispense urgent medical care across 35 districts in Pakistan!



575,000+
PATIENTS BENEFITTED



2,500+
MEDICAL RELIEF CAMPS



81,200+
LAB TESTS CONDUCTED



12,400+
MENTAL HEALTH PARTICIPANTS





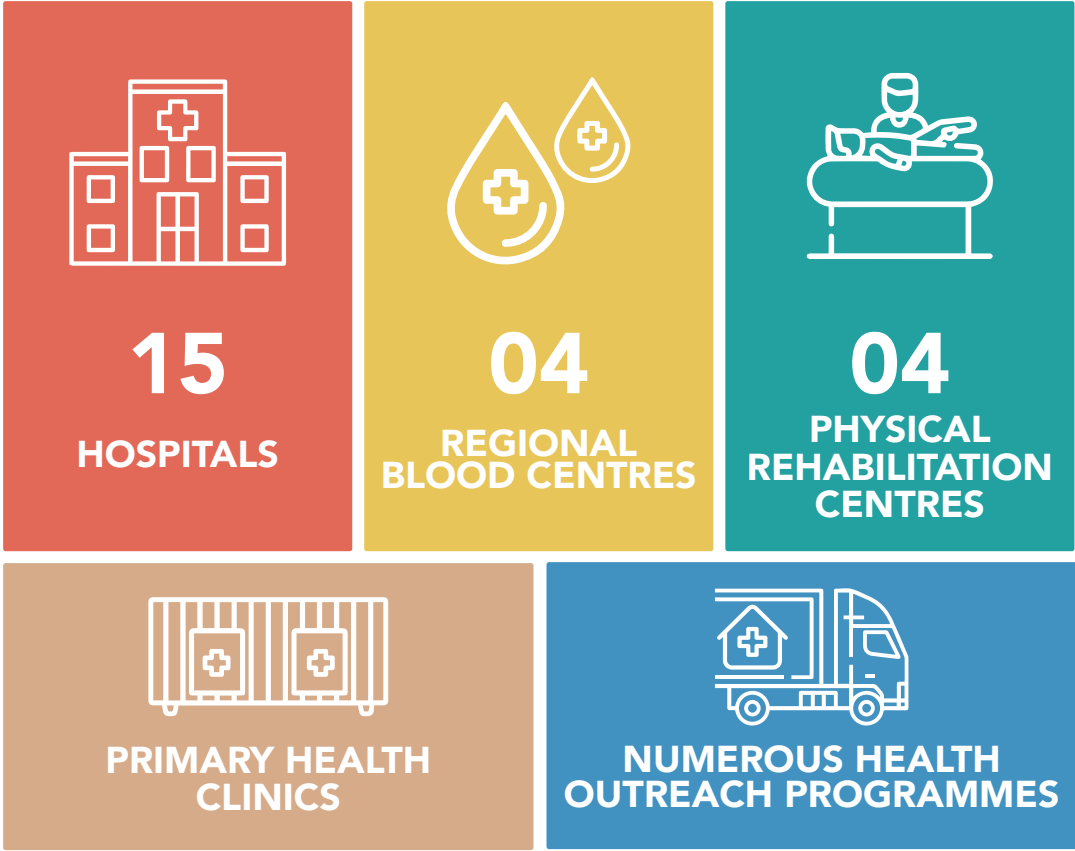
INDUS HOSPITAL & HEALTH NETWORK

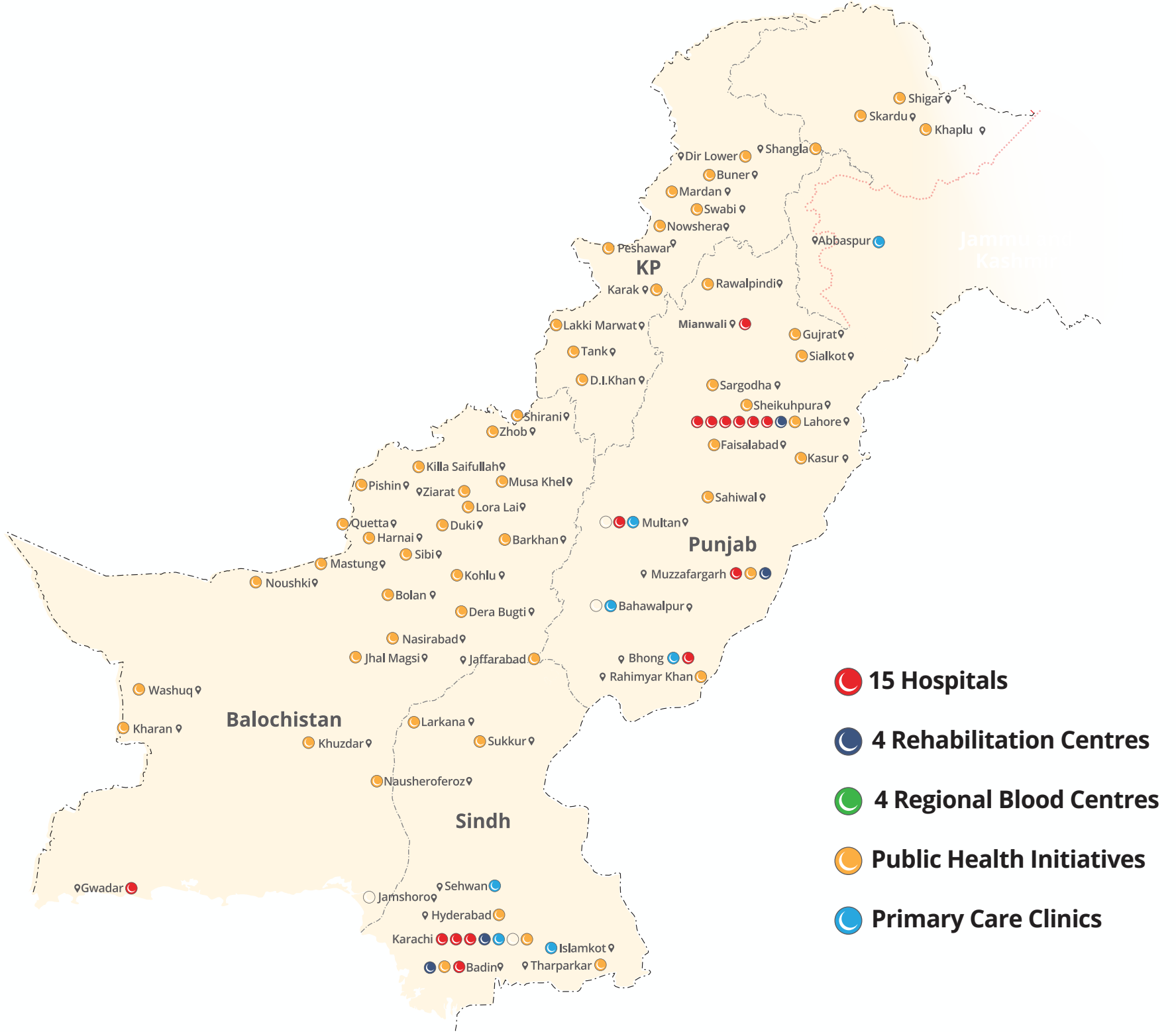
Indus Hospital & Health Network (IHHN) is an integrated network of primary, secondary and tertiary healthcare services, that provides absolutely free-of-cost and quality treatment to millions of Pakistanis.

IHHN's vision is to change the paradigm of healthcare delivery in Pakistan by expanding its network and facilities to make quality healthcare accessible to the most vulnerable and distant communities across Pakistan.

**6 MILLION
PATIENTS TREATED
EACH YEAR!**

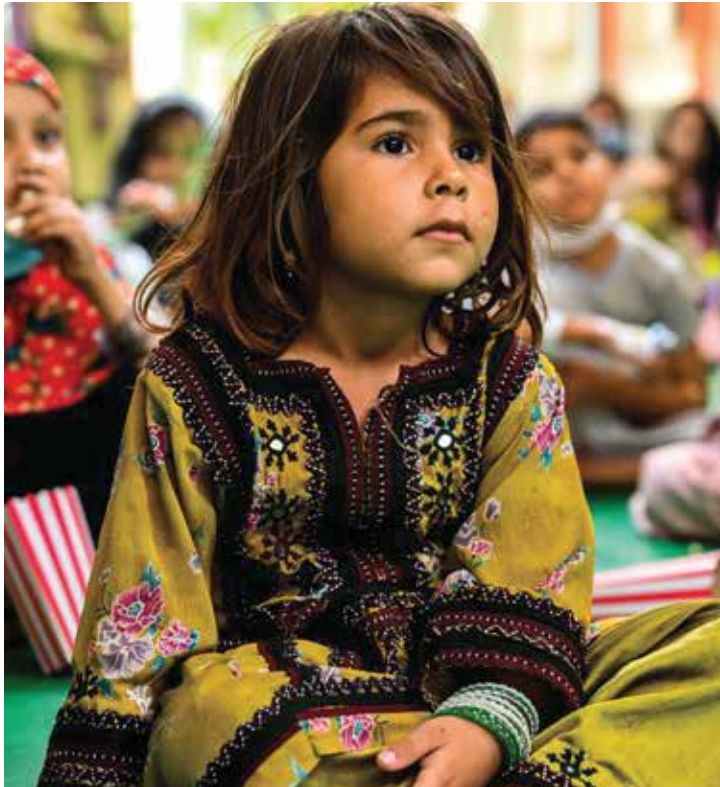
INDUS HOSPITAL & HEALTH NETWORK'S FOOTPRINT





-  **15 Hospitals**
-  **4 Rehabilitation Centres**
-  **4 Regional Blood Centres**
-  **Public Health Initiatives**
-  **Primary Care Clinics**

5 KEY INITIATIVES



CHILDHOOD CANCER



PRIMARY CARE PROGRAMME



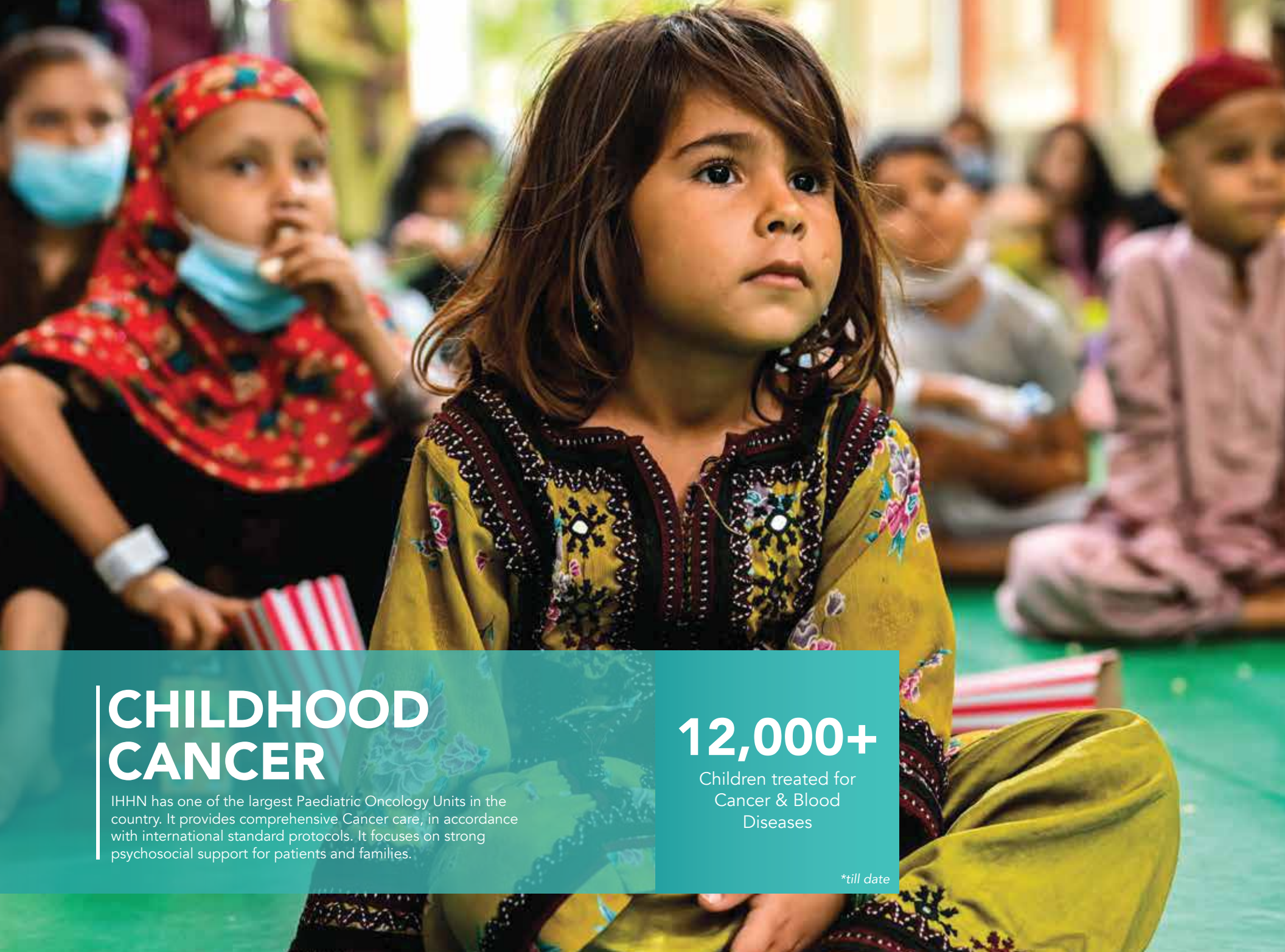
PHYSICAL REHABILITATION CENTRES



MATERNAL HEALTH



REGIONAL BLOOD CENTRES



CHILDHOOD CANCER

IHHN has one of the largest Paediatric Oncology Units in the country. It provides comprehensive Cancer care, in accordance with international standard protocols. It focuses on strong psychosocial support for patients and families.

12,000+

Children treated for
Cancer & Blood
Diseases

**till date*



Ahsan (right) and Ali (left) are both fighting cancer. The disease is unrelenting but their unwavering friendship and support of one another is helping them beat the illness one day at a time.

Aisha (right) & Suniya (left) are best friends. Since Aisha was diagnosed with cancer, Suniya has not left her side. Today as Aisha nears the end of her treatment both friends can rejoice about what the future holds.





PRIMARY CARE PROGRAMME

The Primary Care Programme (PCP) was initiated to address the growing need for making free-of-cost and high quality care accessible to all.

1,975,023

Total Number of Patient Visits

**From Jan - Dec 2022*



The Primary Care Programme aspires towards community empowerment and human welfare. A healthy family is the key to a prosperous future.

The Primary Care Programme focuses on Maternal and Child Health. It has enabled women like Sakina and her entire community to have access to quality healthcare free-of-cost.





PHYSICAL REHABILITATION

IHHN's Rehabilitation Centres are the only facilities in Pakistan that provide free-of-charge prosthetic limbs, physiotherapy services, mobility aids, and orthotic devices to help the disabled lead normal lives.

21,600+

Devices Administrated

**till date*



Ibrahim lost his leg in a freak accident at the tender age of 9. Now, with the help of a prosthetic leg, Ibrahim has a new lease on life.

Rashid suffered a paralysis attack at 47 years of age. He exercises on the Functional Electrical Stimulation Bike to improve his sensory functions and range of motion. Rashid's mobility is improving day by day.





MATERNAL HEALTH

Maternal and Neonatal Health is a serious issue in Pakistan. 186 out of 100,000 mothers die during childbirth. IHHN, through its Maternal and Neonatal Programme is striving to decrease these numbers.

30,126

Total Deliveries

**From Jan - Dec 2022*



IHHN has established a Midwifery Programme in areas with limited access to medical facilities. Baby Maha was delivered by a midwife trained under the programme.

The Midwifery Programme focuses on training midwives to understand the delivery process and specific measures to be taken in case of complications.





REGIONAL BLOOD CENTRES

IHHN through its multiple Regional Blood Centres is striving towards voluntary blood collections, extensive screening, proper storage and timely dissemination of safe blood required for patients in need.

458,766
patients benefited

**till date*



IHHN is mobilizing the nation towards 100% voluntary blood donations to provide safe blood to the general populace without any discrimination.

IHHN runs active blood donation drives where people from all walks of life are encouraged to donate blood voluntarily.









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