



CHANGING THE PARADIGM OF HEALTHCARE DELIVERY IN PAKISTAN



THE INDUS HEALTH NETWORK UK

Indus Health Network, UK is a registered charity with UK Charity Commission – 1154809 & 1194571. It is established to support the efforts of Indus Hospital & Health Network (IHHN) in providing quality healthcare services to underserved patients in Pakistan.

IHN UK carries out numerous activities to showcase the contributions of IHHN. IHN UK also works directly with local leaders, corporates, businesses, and supporters to organize fundraising initiatives, mobilize volunteers, promote community initiatives, and raise donations for important infrastructure, prevention, and treatment at IHHN.

Indus Health Network UK is an initiative taken by British Pakistanis origin to support the provision of quality healthcare free of cost irrespective of age, gender, religion, race, and financial status.

INDUS HOSPITAL & HEALTH NETWORK

COMPASSION. EXCELLENCE. INTEGRITY

Indus Hospital & Health Network (IHHN) provides quality healthcare absolutely free of cost to millions of deserving patients since 2007 through its countrywide network of hospitals and health facilities in Pakistan.

Starting with only one hospital in Karachi, IHHN is now managing multiple Tertiary & Secondary Care Hospitals, Physical Rehabilitation Centres, Regional Blood Centres, container-based Community Health Centres, and Public Health initiatives spread across Pakistan.

IHHN's vision is to create an excellence-driven, comprehensive, compassionate, free of charge, replicable healthcare system accessible to all.

To achieve its vision, IHHN is partnering with individuals, corporates, international donor agencies, educational institutions, and provincial & federal governments of Pakistan.

OUR REACH

10
HOSPITALS



4
REGIONAL
BLOOD CENTRES

4
PHYSICAL
REHABILITATION CENTRES

**PRIMARY CARE PROGRAM &
PUBLIC HEALTH INITIATIVES
ACROSS PAKISTAN**

KEY:

● 10 Hospitals

● 4 Rehabilitation Centres

● 4 Regional Blood Centres

● Public Health Initiatives

● Primary Care Clinics

OUR IMPACT

MORE THAN

16,000

ANGIOGRAPHIES &
ANGIOPLASTIES PERFORMED

MORE THAN
6 M
PATIENTS BENEFIT
PER YEAR

MORE THAN

1 M

LIVES IMPACTED THROUGH
PUBLIC HEALTH INTERVENTIONS

MORE THAN

113,000

INDIVIDUALS SCREENED
FOR DEPRESSION & ANXIETY

MORE THAN



633,000

BLOOD DONATIONS
RECEIVED FROM
VOLUNTARY DONORS



MORE THAN

20,000

PATIENTS RECEIVED
PROSTHETIC/ORTHOTIC DEVICES

MORE THAN

12,000



CHILDREN TREATED
FOR CANCER & BLOOD DISEASES

Excellence-driven | Compassionate | Comprehensive | Accessible

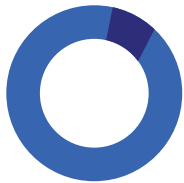
HEALTHCARE CRISIS IN PAKISTAN



36.4%

Population is below
the Poverty Line*

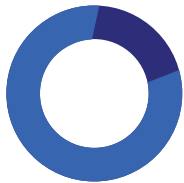
Pakistan is the 5th most populous country in the world with more than 220 million people residing in it. Despite these numbers, only 3% of the total GDP is spent on improving the health sector.



3%

GDP spent on
improving the
Health Sector

Pakistan not only faces a limited provision of health facilities but various structural issues within it. For example, only 0.6 beds are available per 1,000 people with only 1.1 doctors for 10,000 people. Therefore, IHHN has stepped up to improve the healthcare delivery system throughout Pakistan.



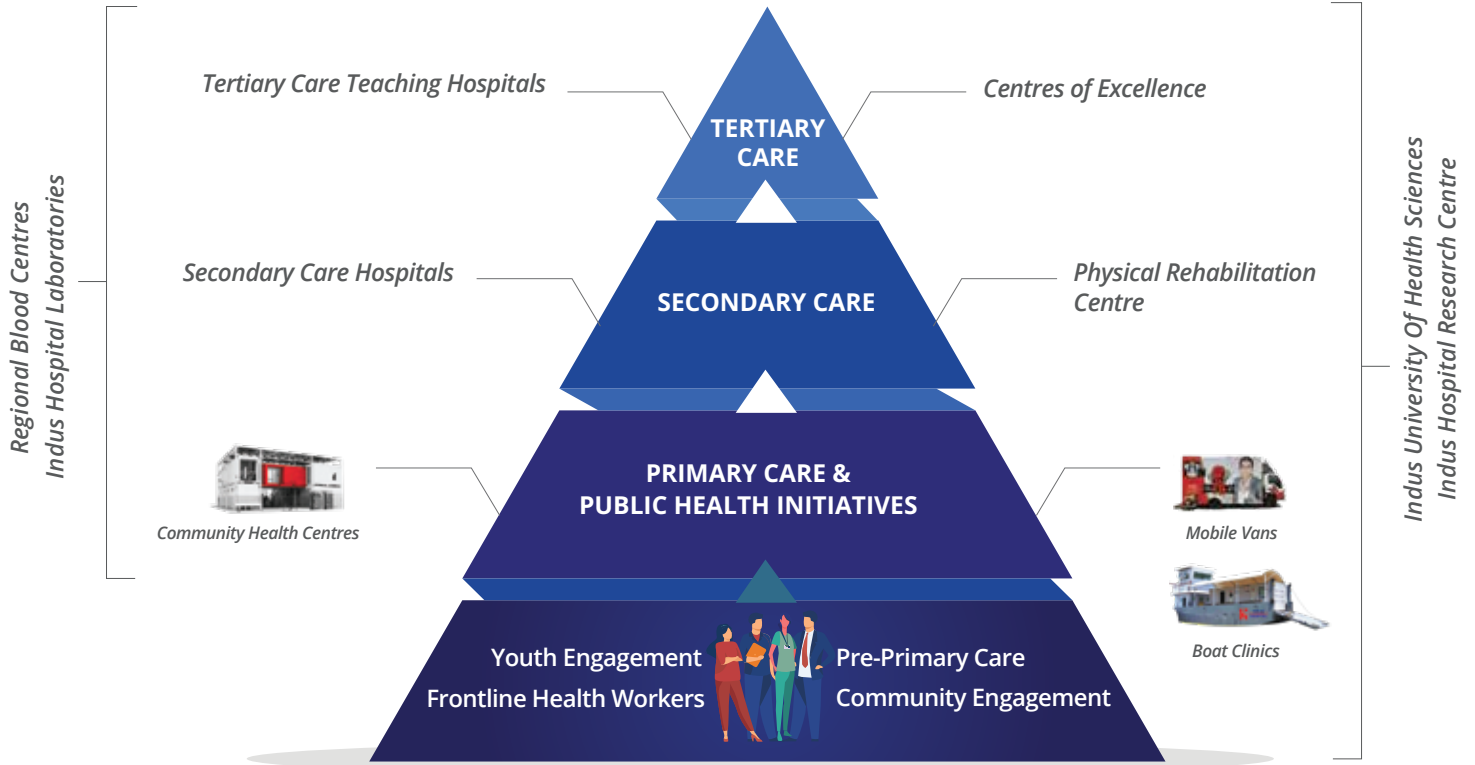
5.7%

Infant Mortality
Rate



*World Bank FY (2022-23)

IHHN INTERVENTION



GLOBAL HEALTH PROGRAMME

MATERNAL & CHILD HEALTH



Nutrition



Family
Planning



Childhood
Immunizations



Antenatal
Care



Midwifery



IMNCI



Lactation
Management



Childhood
Pneumonia

NON-COMMUNICABLE DISEASES



Eye Care



Mental Health



COPD



Heart Disease



Diabetes Care



Tobacco Cessation

Not-for-profit | Ethical | Humanitarian | Responsible | Passionate

INFECTIOUS DISEASES



TB



Malaria



HCV



HIV

NEGLECTED TROPICAL DISEASES



Deworming



Rabies



Snake Bite

GLOBAL SURGERY



Safe Surgery



Clubfoot



Circumcision

WASH



Water



Sanitation



Hygiene

Non-political | Paperless | Indiscriminate | Cashless | Transparent

OUR STORIES

SURVIVING CANCER

“After being turned down by several hospitals, Aisha and her parents arrived at the Indus Hospital & Health Network (IHHN), Korangi Campus in Karachi after their daughter was diagnosed with blood cancer.

Aisha’s story was unique. When she was diagnosed with the disease, she was 17 years old — making her ineligible for treatment at a private cancer hospital in Lahore — while at TIH, she was overage for the cancer program. “We were depressed to hear the news and had lost all hope to see our daughter alive. But then a miracle happened, and the consulting physician said they would take her in for treatment,” said Aisha’s mother. Aisha’s



treatment had its ups and downs – sometimes she would be happy while other days depressed. But the doctors kept our hopes high.”

After a year long treatment, Aisha was moved to the maintenance stage and returned home. Now 19, she has resumed her studies and wants to become a software engineer. Her parents are thankful to the staff of IHHN, who helped them in these difficult times.”

SAVING LIVES THROUGH HEALING & HOPE

“It was tough. I was depressed after I lost my first baby during a full-term pregnancy. I was angry at myself and angrier at the doctors for not doing enough. Why didn’t they diagnose my gestational diabetes in time? Why didn’t we opt for a better hospital? These questions kept on haunting me.

I got pregnant again, but this time I was scared, and I didn’t want to lose another baby. As much as I hoped for a better outcome, fate had other plans. I developed complications again and was rushed to the Indus Hospital & Health Network (IHHN) in Muzaffargarh.

I believe I was fortunate enough to land here, as the staff did everything in their power to

save my baby and me. I remember walking in the hospital with a feeling of terror that soon transformed into a sense of comfort.

The level of care and consideration provided to me was unconditional. With the blessings of the Almighty, I safely delivered a healthy baby boy. A thank you wouldn’t suffice, but that’s all I can say right now,” Saba, a resident from Muzaffargarh, Punjab.



SPONSOR A PATIENT

ZAKAT APPLICABLE

£15

- ▶ CHEMOTHERAPY
CANCER TREATMENT

£150

- ▶ SAFE DELIVERY
OF A BABY

£750

- ▶ ARTIFICIAL LIMB

£1,200

- ▶ ANGIOPLASTY
OPERATION

£2,500

- ▶ BYPASS
HEART SURGERY

£3,000

- ▶ CANCER TREATMENT
FOR A CHILD

SADAQAH JARIYAH PROJECT

£250

- ▶ DONATE BRICKS
TO BUILD IHHN
FACILITY

£4,000

- ▶ LIFESAVING
INFANT
INCUBATOR

£10,000

- ▶ A SHARE TOWARDS
A MOBILE UNIT



DONATION/PLEDGE FORM

Date

Every contribution you make goes towards treating some of the most deserving patients from all across Pakistan and enabling them to live a healthy life.

We would like to keep you informed about our work and how you can support us by post, email and phone. If you don't want us to contact you in this way, please inform us by the means provided. We will not share your details with other charities and look after your data as set out in our privacy policy at www.indushospital.org.uk.

PERSONAL INFORMATION

Title Full Name

Address

Post Code

Phone E-mail

Communication preference (for donation receipt, report and appeal etc.) Post Email Phone SMS

MY DONATION / PLEDGE

Project(s)

Amount Zakat Sadqah Sadqah Jariyah Donation

Payment Method Direct Debit Cash Cheque Card In-kind Multiple

CREDIT CARD NUMBER

Exp. Date CCV Code Issue No. (if any)

DIRECT DEBIT MONTHLY DONATION



Account holder(s) Name(s)

Sort Code

Account Number

Amount

10th of each month

Start from

Service User Number 287617

Instruction to your Bank or Building Society: Please pay FastPay Ltd Re The Indus Hospital Charity Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with FastPay Ltd Re The Indus Hospital Charity and, if so, details will be passed electronically to my Bank/Building Society.

HELP RAISE AN EXTRA 25%

giftaid it

I am a UK taxpayer and want to Gift Aid my donation and any donations I make in the future or have made in the past four years to The Indus Hospital Charity / Indus Health Network. I understand that if I pay less Income Tax or Capital Gains Tax than the amount of Gift Aid claimed on all my donation in that tax year it is my responsibility to pay a difference.

Signature

Date

OTHER WAYS TO GIVE

Paying by Cheque:

Please make payable to "The Indus Hospital Charity" and post it to 7 Bradman House, Abercorn Place London NW8 9XY

Bank Transfer:

Barclays Bank Plc Sort code: 20-19-97 Account No. 93767027

Metro Bank (Zakat Account) Sort Code: 23-05-80 Account Number: 27329691



DONATE ONLINE

FOR OFFICE USE ONLY

Volunteer/Staff Name

Checked by

Payment Reference

Receipt

Follow up

Closed





Indus Health Network UK

7 Bradman House, Abercorn Place London NW8 9XY

18A Milkstone Road, Rochdale, OL11 1ED

Charity Reg. No. 1154809 & 1194571

www.indushospital.org.uk | 0207 993 8082 | contact@indushospital.org.uk



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

