



Indus Insights

JULY TO DECEMBER 2025

www.indushospital.org.uk

Dear Supporters,

We're delighted to share the latest updates from **Indus Hospital & Health Network (IHHN)**! Your generosity continues to transform lives across Pakistan, ensuring that quality, compassionate healthcare remains free and accessible to all.

In this edition of Indus Insights, you'll find highlights from our recent initiatives, community events, and inspiring stories that reflect the real impact of your support. Together, let's look back at the milestones we've achieved during the second half of 2025 (July - December), made possible through your unwavering support!



Updates from the Network

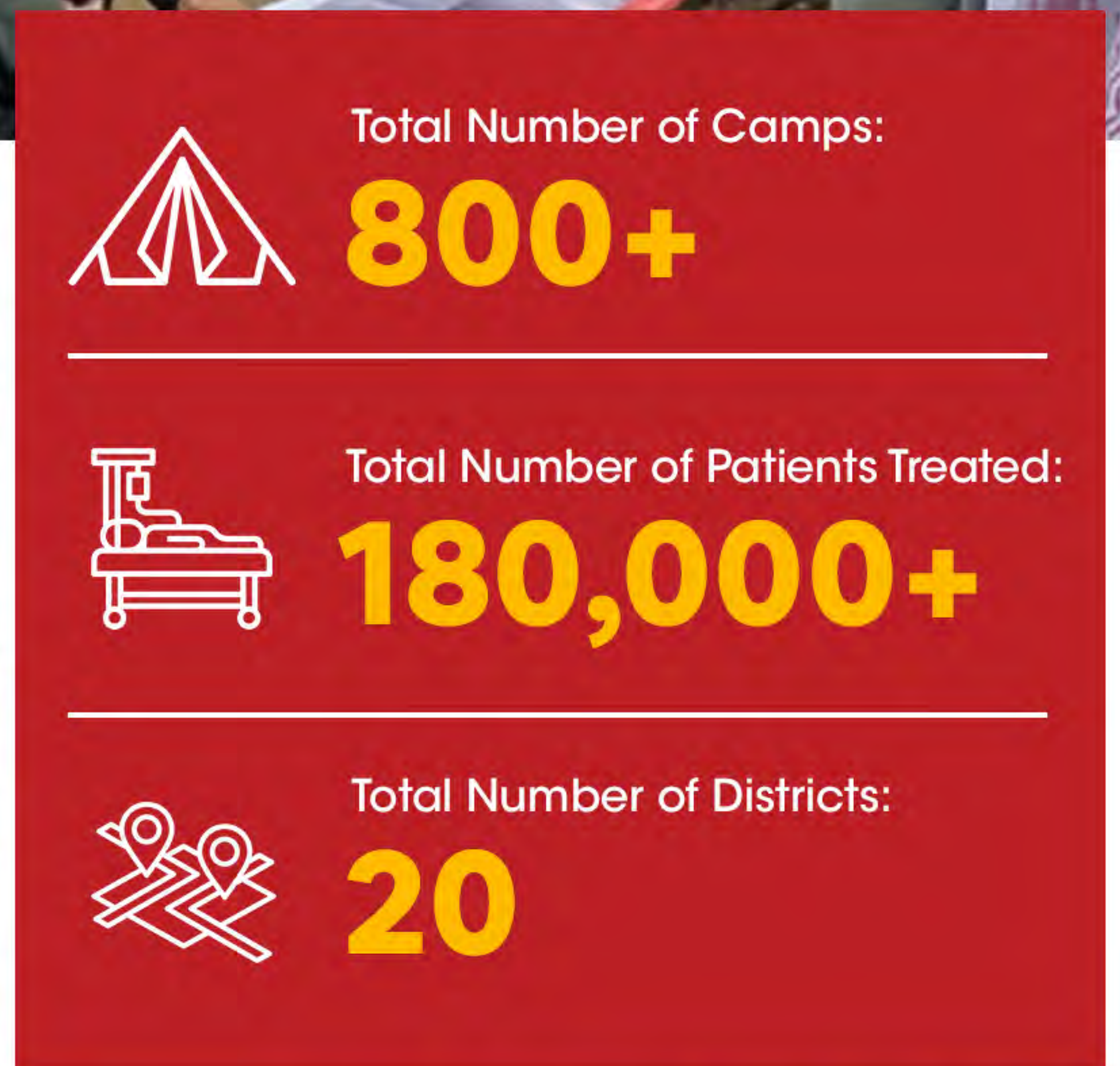


IHHN's Flood Response

This year, Pakistan experienced another wave of catastrophic flooding, driven by unprecedented monsoon rainfall and glacial melt. The floods first struck Khyber Pakhtunkhwa (KPK) in July, before sweeping southwards into Punjab by the end of August, leaving thousands displaced and destroying homes, livestock, and farmland.



Indus Hospital & Health Network (IHHN) promptly mobilised its emergency response teams to deliver life-saving medical assistance across affected regions. IHHN organised **medical camps** across **20 districts**, providing treatment to more than **180,000 patients**. Alongside primary healthcare, the response included **maternal, neonatal, and child health (MNCH)** services, as well as specialised consultations by **gynaecologists and nutritionists** through a mobile initiative, maternal health on wheels - ensuring holistic care for families in need.



Nationwide Boost to Infection Prevention & Control Programme as IHHN Launches Dedicated Waste Fleet

In July, IHHN inaugurated a dedicated fleet of yellow infectious medical waste vehicles — a major milestone in strengthening healthcare systems under Pakistan’s national Infection Prevention & Control (IPC) Programme, supported by The Global Fund.



Federal Minister for National Health Services, Regulations, and Coordination, Mr. Syed Mustafa Kamal, formally launched **15 infectious waste vehicles** that will collect hazardous medical waste from remote areas and public hospitals across **15 districts of Pakistan, including Islamabad**, ensuring safe transport to designated incineration facilities. This initiative represents a critical advancement in aligning healthcare waste management with national and international standards.

Building on this progress, in November, IHHN, in collaboration with the Health Department of the Government of Balochistan, expanded this effort by inaugurating an additional dedicated fleet of yellow infectious medical waste vehicles in Balochistan — further strengthening IPC practices and safe waste handling across the province.

Protecting Girls in Sindh from Cervical Cancer: A Step Forward!

What began with one girl has now reached over **70,000**, a powerful stride toward ending cervical cancer in Sindh. In September 2025, **IHHN**, in partnership with **Gavi, the Vaccine Alliance, Oxford Policy Management**, and **MannionDaniels**, joined hands with the Government of Sindh for a landmark HPV vaccination campaign covering 9 districts of Sindh. Reaching girls both in and out of school, empowering teachers, and enabling community health workers, this initiative is helping protect thousands from cervical cancer.



During a strategic review with **Health Minister Dr. Azra Pechuho**, partners reflected on key learnings, from early community engagement to the vital role of local health workers, reaffirming our shared commitment to a **healthier, cancer-free future** for every girl.



70,000+

Girls (9-14 Years)
HPV Vaccinated



45

Union Councils



Walking

together for Immunisation



Spreading

Awareness in Communities



Breast Cancer Awareness Month: Reaching Communities, Saving Lives

In October 2025, IHHN proudly joined the global call to turn awareness into meaningful action. The mission was simple yet urgent: spread knowledge, promote early detection, and empower women to take charge of their health.



Across Sindh, Punjab, and Balochistan, IHHN's Primary Care Programme and telehealth services conducted **570 awareness sessions**, reaching **6,279 community members**—including **3,593 women** and **2,686 men**.

Through interactive discussions, self-breast examination demonstrations, and guidance on screening and referral pathways, IHHN's dedicated Community Health Workers worked tirelessly to break taboos, counter misinformation, and spark life-saving conversations within households.

World AIDS Day: Advancing Dialogue, Reducing Stigma

On 3rd December, The Indus Hospital & Health Network (IHHN) commemorated World AIDS Day, reaffirming its commitment to a future free from stigma and discrimination. The event brought together public health leaders, infectious disease experts, and community advocates to discuss the evolving landscape of HIV care in Pakistan.

Distinguished speakers highlighted the current HIV burden and shared institutional strategies for strengthening prevention, diagnosis, and treatment. Experts also explored the complexities of care delivery, ensuring that IHHN's response remains aligned with global best practices.

To centre the human experience, the programme concluded with a powerful theatre performance, capturing the emotional realities faced by people living with HIV and reinforcing the importance of empathy and awareness.



Annual Golf Tournament 2025

The Indus Hospital Annual Golf Tournament 2025 was held across 3 cities of Pakistan; Karachi, Islamabad & Lahore. Since its inception in 2016, the Indus Hospital Golf Tournament has emerged as a prominent annual event, successfully blending sport with philanthropy and uniting golfers for a shared humanitarian purpose.

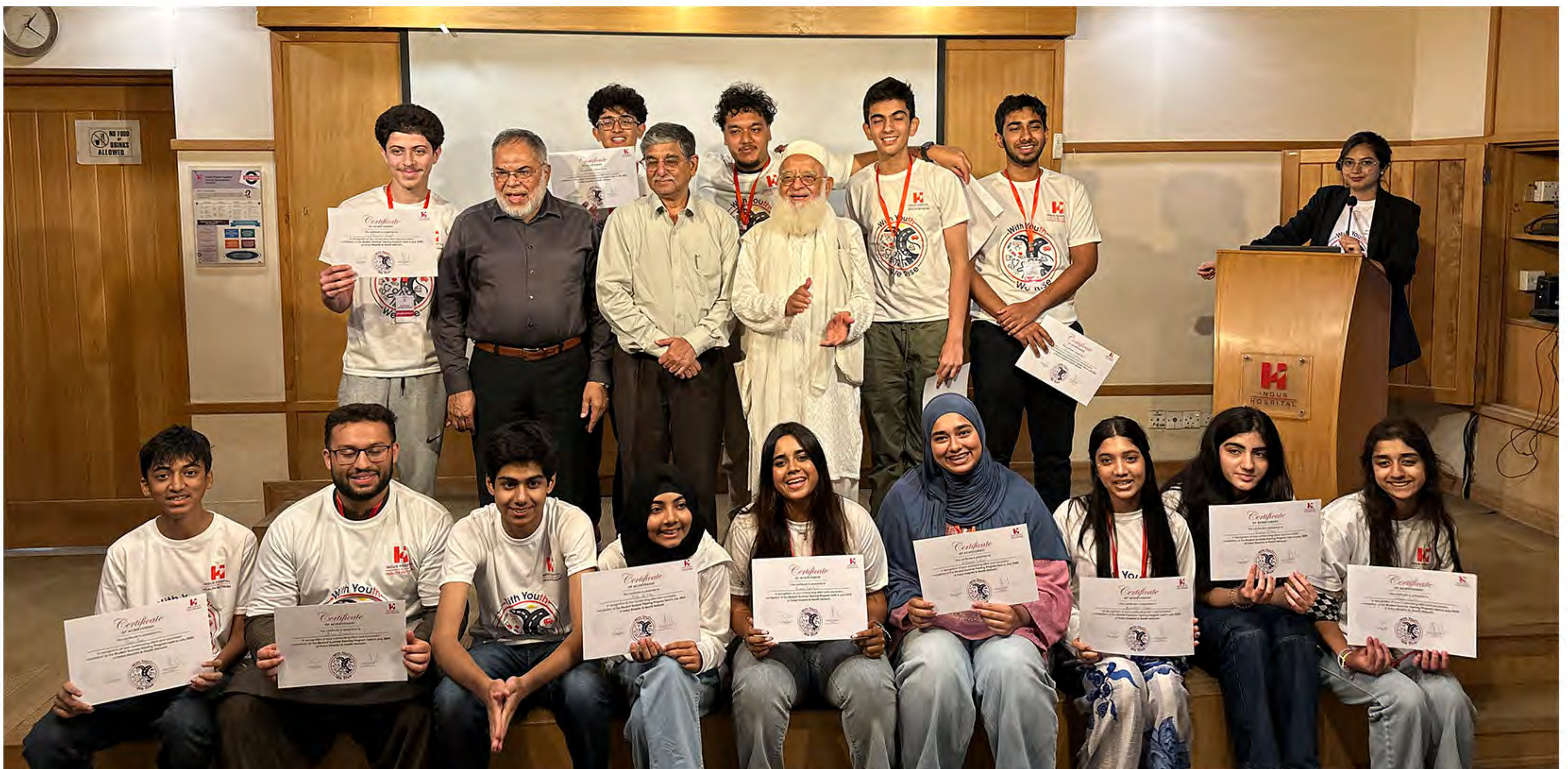
Played in the Four-Ball Texas Scramble format, the tournament not only showcased competitive golfing talent but also brought together recovered patients, philanthropists, and individuals from diverse walks of life on the Indus Hospital platform, united by a shared commitment to providing free and quality healthcare. Funds raised through the tournament will be utilised directly for Indus Hospital & Health Network's mission of providing completely free, world-class healthcare to over 500,000 patients every month across Pakistan.



Creating Compassionate Leaders: Youth Training Programme (YTP) 2025

Inspiring the Next Generation

In July, IHHN launched the **Youth Training Programme (YTP)**, a biannual initiative, to engage young minds from around the world in IHHN's spirit of compassion, service, and innovation. Designed to nurture empathy, global awareness, and social responsibility, the programme inspires participants to form a lasting connection with IHHN's mission of providing Free, Quality Healthcare for All.





Through hands-on learning and interaction with healthcare professionals in departments such as **Paediatric Oncology, Emergency Medicine, Radiology, Surgery**, and a **primary care field visit to Makli**, participants witnessed the realities of healthcare inequity and the power of empathy in service. In each edition, the programme culminated in a **Paediatric Oncology Carnival**, planned entirely by the participants to bring joy to young cancer patients.

Summer Edition

The inaugural YTP 2025 brought together 14 participants aged 13-20 from the USA, Singapore, and the UAE for an immersive eight-day experience (21-28 July 2025) at Indus Hospital & Health Network, Karachi. Guided by IHHN leadership, students explored hospital operations, clinical services, and the philanthropic model driving care for over six million patients annually.



Winter Edition

The winter edition of the YTP 2025 brought together 10 participants aged 14-20 from the USA, Singapore, and the UAE for an immersive 7 day experience (22nd-31st December 2025). The programme was a huge success, culminating in a special dinner arranged for the participants and their parents.



Indus Health Network, UK

A Remarkable Autumn Fundraising Tour

Indus Health Network UK proudly launched its Autumn Fundraising Tour across 15 cities and regions, continuing its commitment to uniting communities for a greater cause. From September to October 2025, a series of gala dinners and meet & greet events brought together supporters, philanthropists, and well-wishers from across the UK.



These gatherings were enriched by the presence of renowned celebrities Ahsan Khan, Ayaz Khan, and the soulful Sufi singer Adeel Burki. Dr. Mah Talat, Executive Director of IHHN's Community Health Directorate, also joined the tour, sharing meaningful updates on IHHN's ongoing healthcare and flood-relief initiatives in Pakistan.

With over 3,400 attendees, the campaign witnessed remarkable generosity and enthusiasm. Through the collective efforts of donors, volunteers, and community partners, the Autumn Drive successfully raised more than £2.4 million in donations and pledges, an inspiring testament to the trust and compassion of the UK chapter's supporters.

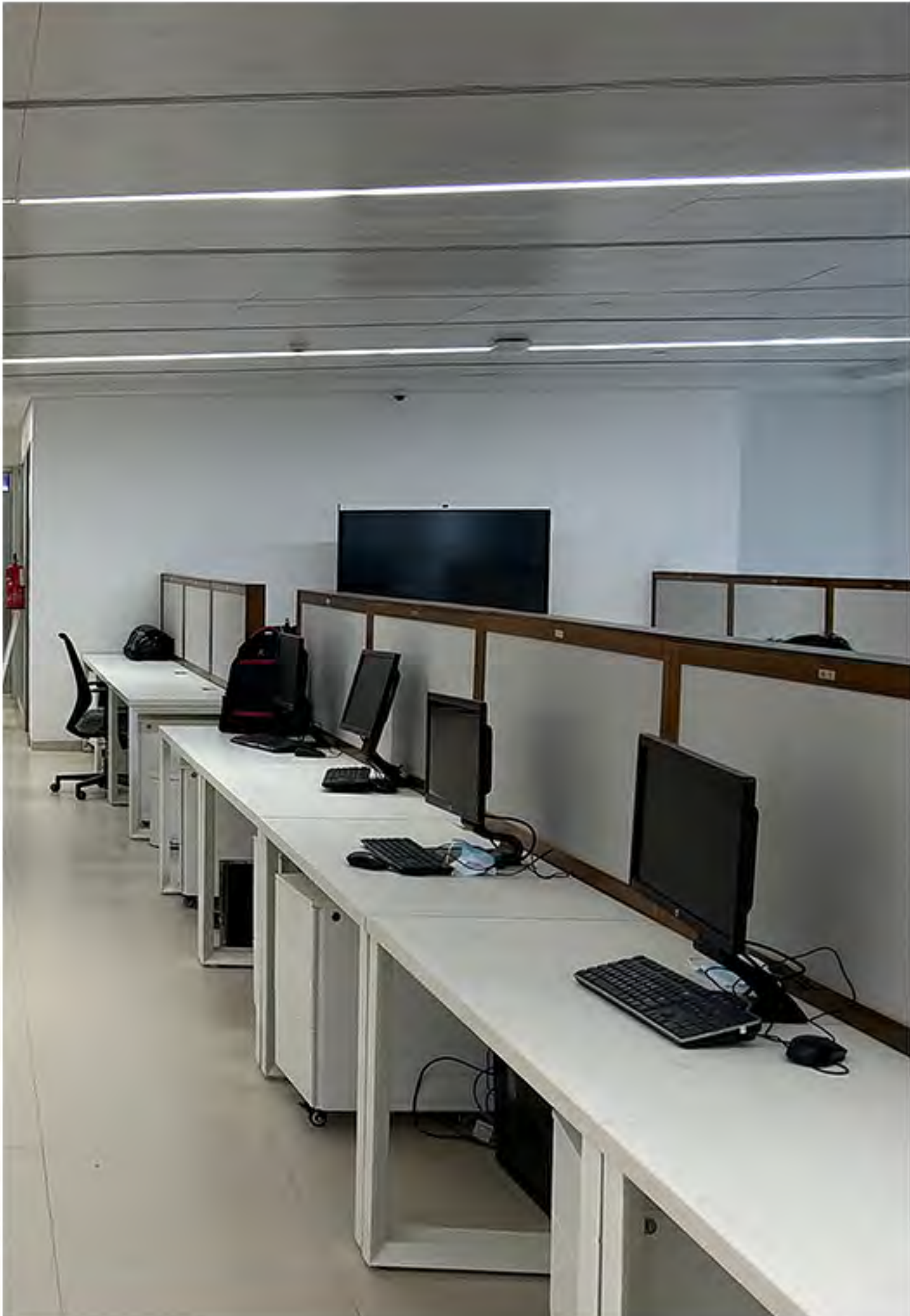


Expansion Update

Significant progress continues under the Karachi Expansion Project, as several key hospital facilities were successfully operationalised over the past few months. Highlights include the launch of partial radiology services and the Central Sterile Services Department (CSSD) in the basement of Hospital Building 1, along with 70 new inpatient ward beds on the 6th-10th floors. The Clinical Research Unit (CRU) also became functional on the Lower Ground Floor of Hospital Street, while administrative offices were established on the 10th floor of Hospital Building 2.



Together, these developments mark steady progress toward fully activating IHHN's expanded infrastructure, strengthening IHHN's capacity to deliver quality care, research, and operational excellence.



Milestones Achieved

Q3 & Q4 2025




WARDS
6TH - 10TH
FLOORS

Operationalisation of 70 in-patient ward beds on 6th-10th Floors (tower A & B) of HB-1.


CSSD

Operationalisation of the Central Sterile Services Department (CSSD) in the basement of HBI.




CRU

Operationalisation of the Clinical Research Unit (CRU) on the Lower Ground Floor of Hospital Street.



Operationalisation of administrative offices on the 10th floor of Hospital Building-2 (HB-2).


ADMINI-
TRATIVE
OFFICES




RADIOLOGY

Operationalisation of the Clinical Research Unit (CRU) on the Lower Ground Floor of Hospital Street.





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Indus Health Network UK is registered with the Charity Commission of
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