



Redefining Healthcare



Impact Report

2025

A Year in review



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With Gratitude and Appreciation Celebrating Progress, Strengthening Care: Indus Health Network UK in 2025

As we look back on 2025, my heart is filled with immense gratitude for the extraordinary community that supports Indus Health Network UK. This year has been a period of remarkable growth and achievement, as we have continued to expand our reach and deepen our impact in delivering free, high-quality healthcare to those who need it most.

The inauguration and operationalisation of our new state-of-the-art hospital building in Karachi has been a milestone that will serve countless patients for years to come. Alongside this, the expansion of our Primary Care Network has brought essential services closer to communities across Pakistan. We also responded to the flood emergency in Pakistan, delivering critical medical care to affected communities and ensuring timely support for those in urgent need.

None of this would have been possible without the unwavering dedication of our donors, volunteers, and international chapters. Your generosity, compassion, and belief in our mission are the foundation of every achievement. Every contribution, whether financial, time, or advocacy, has a ripple effect that transforms lives and strengthens hope.

On behalf of the Board of Trustees and the entire IHN UK family, I extend my deepest thanks. Your support empowers us to continue building a healthier, more resilient future for all. Together, we are turning vision into action and making a lasting difference.

Thank you and Jazakum Allah Khair, for standing with us and for making this journey possible.

With sincere gratitude,


Dr. Mateen Durrani
Chair, Board of Trustees
Indus Health Network UK


Indus Hospital & Health Network

Building Healthcare Without Barriers

At its core, Indus Hospital & Health Network (IHHN) is driven by the belief that access to quality healthcare is a fundamental human right, not a privilege determined by one's income, location, or circumstances. Every decision, partnership, and programme across the Network is anchored in this ideology; one that places dignity, compassion, and accountability at the heart of care. Over the past year, IHHN has continued to translate this belief into action, strengthening systems that prioritise patients first and ensuring that care remains free, ethical, and accessible to all.

This commitment has also shaped the Network's strategic expansion in Pakistan's largest urban centres. The growth of IHHN's presence in Karachi and Lahore, is not simply an increase in capacity, but a reaffirmation of purpose, bringing specialised, high-quality care closer to communities that have long been underserved. With over 6 Million beneficiaries, these milestones reflect IHHN's enduring resolve to build a healthcare model rooted in equity, sustainability, and trust, ensuring that no patient is ever turned away due to their inability to pay.

 **6 Million +**
Patients Treated Annually

 **70%**
Patients Are Zakat Eligible

High quality — Accessible — Paperless — Cashless



Indus Health Network UK

Improving Access to Healthcare in Pakistan

Indus Health Network (IHN) UK is a value driven initiative led by members of the Pakistani diaspora in Europe, united by a shared commitment to ensuring access to free, high-quality healthcare for all, irrespective of age, gender, religion, ethnicity, or financial means. Registered with the Charity Commission of England and Wales (Charity No. 1194571), IHN UK works in close alignment with Indus Hospital & Health Network to support the delivery of essential healthcare services to underserved communities across Pakistan.

IHN UK advances this mission through a range of strategic and impactful efforts, including raising awareness of IHHN's work, organising fundraising initiatives, and building meaningful partnerships with individual and corporate volunteers. These collective actions help mobilise resources for critical medical equipment, assistive devices, and infrastructure improvements, while also enabling the exchange of knowledge and skills that strengthen healthcare delivery systems.

Through sustained engagement and collaboration, IHN UK continues to play an integral role in supporting the growth and long-term impact of Indus Hospital & Health Network, reinforcing the belief that access to healthcare is a fundamental right, not a privilege.



Vision

To ensure equitable access to free, high-quality healthcare for all



Mission

To mobilise global support to strengthen ethical and compassionate healthcare delivery for underserved communities in Pakistan.



Strengthening the Network's Reach

IHHN's Spread Across Pakistan

Over the past 18 years, IHHN has evolved into a nationwide healthcare network, delivering primary, secondary and tertiary care through hospitals, physical rehabilitation centres, regional blood centres, community-based container clinics, and wide-ranging public health programmes across Pakistan.



12
Multidisciplinary hospitals



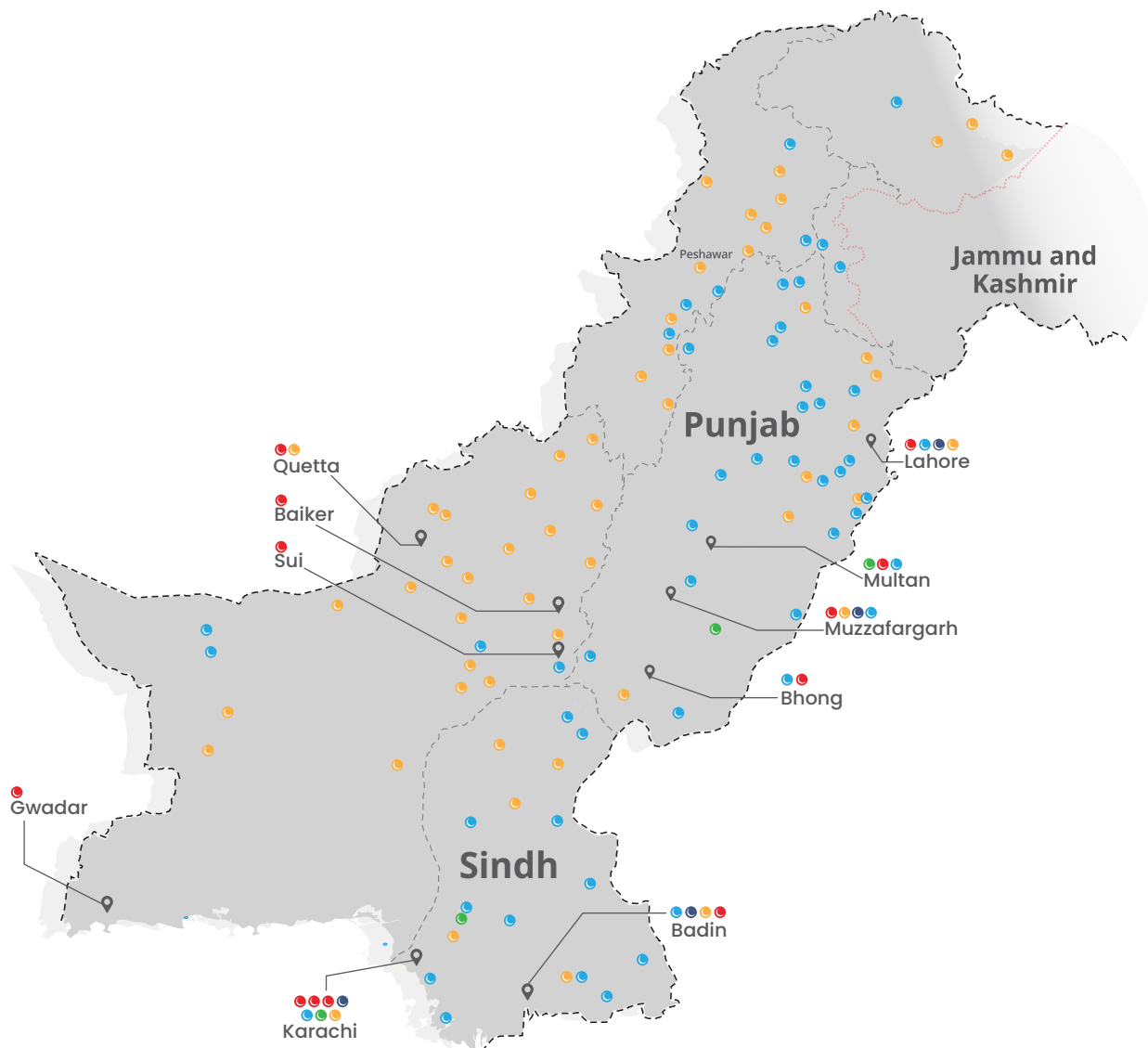
04
Regional Blood Centres



03
Physical Rehabilitation Centres



100+
Primary Care Sites



2025 Milestones

Expanding Care, Changing Lives



IHHN celebrated the success of its Cochlear Implant Programme by hosting an interactive event for ten patients who had completed their treatment. The celebration featured creative activities with speech therapists and concluded with remarks from Dr. Asif Ali Arain, highlighting the patients' progress and achievements.



Indus Hospital & Health Network (IHHN) achieved a 4-Star Rating at the 11th International Best Practice Competition (IBPC) 2025 for its initiative titled "Innovative Risk Management Strategy for Patient Safety."



Indus Kay Sitaray (IKS), the hospital-based school of Indus Hospital & Health Network (IHHN), celebrated its 12th Graduation Ceremony



The Department of Pharmacy Services, in collaboration with the Indus University of Health Sciences (IUHS), successfully conducted the Graduation Ceremony for Batch-02 of the Clinical Pharmacy Skills Course.



In close collaboration with the Government of Balochistan, Indus Hospital & Health Network (IHHN) strengthened routine immunisation efforts for children in Balochistan.



The Indus Hospital & Health Network (IHHN) completed College of American Pathologists (CAP) Reaccreditation 2025 with zero deficiencies.



Indus Hospital & Health Network initiated a robust Flood Relief Campaign, specifically catering to Maternal & Neonatal concerns in flood prone areas across Pakistan.



IHHN was recognised as the winner at the 4th K-Electric (KE) KHI Awards in the Public Health (Secondary/Tertiary Care) category for its outstanding Neonatal and Obstetrics & Gynaecology services at the Sheikh Saeed Memorial Campus.

18 Years of Dedication

Impact Snapshot

14,000+

Children treated
for Cancer



1,029

Children treated
completely for
Clubfoot



400

Patients provided
with Cochlear
Implant Devices



180,000+

Flood Affectees Provided with Medical Care



2 Million+

Individuals engaged in Community Engagement Centres since 2018



13.4 Million

Family Medicine patients treated



60,000+

Deliveries conducted since inception



IHHN's Flagship Programmes

Care Without Compromise

IHHN's flagship programmes advance accessible, high-quality, and sustainable healthcare across Pakistan. The Childhood Cancer Programme provides comprehensive, life-saving care for young patients, while the Physical Rehabilitation Programme restores mobility and independence through specialised

services. IHHN's Maternal and Neonatal Programme strengthens care for mothers and children at critical life stages, and the Primary Care Programme ensures early diagnosis, prevention, and continuity of care within communities.



Impact Overview 2025

415,934

Consulting Clinic Visits

209,450

ER Visits

101,880

Ambulatory Day
Care Visits

29,600

Admissions

14,292

Surgical
Procedures
Completed

11,200

Safe
Deliveries

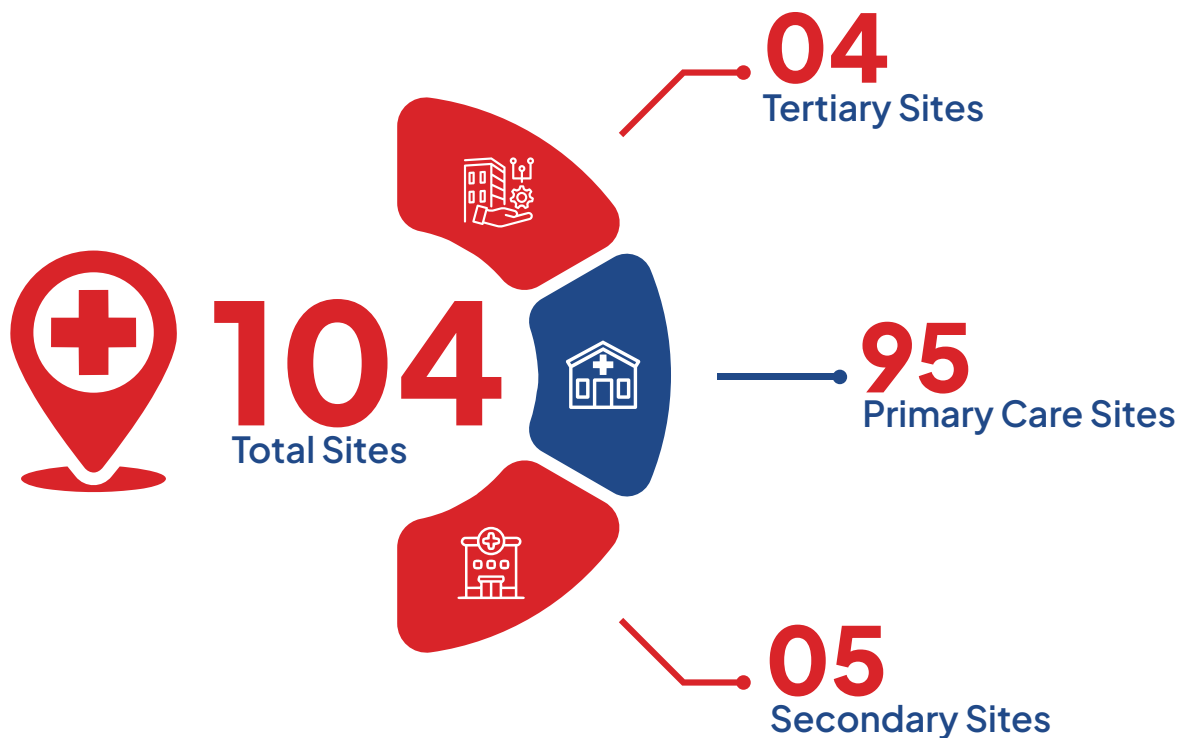


Primary Care Programme

Accessible Healthcare for Every Community

Launched in 2017, IHHN's Primary Care Programme (PCP) adopts a patient-centred model to improve access to affordable healthcare.

By integrating preventive services, treatment, and health education, the programme addresses immediate health needs while equipping communities with the knowledge to support long-term well-being. Indus Hospital & Health Network's Primary Care Programme operates across Pakistan with 104 locations, providing extensive healthcare access through telehealth, mobile units, and hospitals, enhancing public health outcomes in both urban and remote areas.



Impact Since Inception

13,437,762

Family Medicine Patients

1,457,302

Childhood Immunisations

2,026,853

Community Engagement Beneficiaries

874,731

Mental Health Screenings

386,801

HCV Patients Treated

184,099

Malaria Patients Treated

45,864

Diabetes Care Procedures



Childhood Cancer Programme



Life-Saving Cancer Care for Children

Childhood cancer remains a critical public health challenge in Pakistan, with 8,000-10,000 new cases emerging each year. For many families, the cost of treatment is beyond reach, often turning a curable illness into a life-altering or fatal experience due to delayed or incomplete care.

IHHN's Comprehensive Care Model

As one of the country's largest paediatric oncology centres, IHHN delivers free, holistic care through a dedicated facility designed to meet the complex needs of children with cancer. Patients are registered from across Pakistan as well as neighbouring regions, ensuring access to timely and specialised treatment regardless of financial means.

Scope of Services

The Childhood Cancer Programme goes beyond medical treatment, offering a comprehensive model of care that addresses the physical, emotional, and social needs of both patients and their families.



Clinical Care

Delivering cutting-edge medical treatment for complex conditions



Rehabilitative Services

Ensuring recovery through integrated physical and emotional support



Psychosocial Support

Providing emotional and mental health care for young patients and their families



Educational Support

A dedicated school, Indus Kay Sitaray, for children undergoing treatment

Impact Snapshot

14,000+

Children treated since
Inception

46,800

Chemotherapy Sessions
completed in 2025

2,141

New Admissions in 2025

2,178

Oncology Procedures
Completed

31,812

Paediatric Oncology
Investigations



Physical Rehabilitation Programme

Restoring Mobility

The Physical Rehabilitation Programme responds to a pressing need in Pakistan, where an estimated over 7.4 million people live with some form of disability. The programme offers specialised rehabilitation services designed to restore mobility, function, and independence for individuals affected by injury, illness, or physical impairment. By eliminating financial barriers, IHHN ensures that rehabilitation is accessible to those who might otherwise be excluded from care.



Impact Snapshot:

Total Physiotherapy Sessions Delivered

37,739

Prosthetic Limbs Delivered

351

Orthotic Limbs Delivered

1,330

Total Rehabilitation Sessions Delivered

6,642

Total Patients Served

351

Total Counselling Sessions Delivered

1,330

Total Audiology Sessions Conducted

3,071

Total Speech Therapy Sessions Conducted

2,871

Scope of Services

IHHN's Physical Rehabilitation Programme provides advanced care across multiple disciplines, ensuring patients regain mobility, independence, and confidence.



Physical
Therapy



Prosthetic &
Orthotic
Devices



Speech &
Audiology
Assistive
Devices



Mental
Health
Counselling

Care Beyond Treatment

Recognising the diverse needs of patients, IHHN extends its care beyond clinical treatments, by providing:

- Free transport services for patients
- Comprehensive psychosocial support for patients and families
- Health education to empower caregivers and patients to actively manage their health



Maternal and NeoNatal Programme

Ensuring Healthier Futures

Pakistan continues to record some of the highest Maternal and Neonatal mortality rates in South Asia, underscoring the urgent need for holistic healthcare solutions that address both clinical needs and underlying social determinants of health.

IHHN's Intervention

In response, IHHN's Maternal, Neonatal, and Child Health (MNCH) Programme adopts a transformative, system-wide approach to improving outcomes for mothers and newborns across Pakistan. By delivering entirely free, high-quality healthcare, the programme ensures equitable access for impoverished and marginalised populations in rural communities and underserved urban settings.



Scope of Services



Obstetrics & Gynecology



Neonatal Intensive Care Unit



Safe Delivery Programme



Family Planning



IMNCI



Midwifery Programme



Helping Babies Breathe (HBB)



Childhood Immunisations



Lactation Management



Cervical Cancer Screening



Zindagi Mehfooz Electronic Immunisations Registry



NourishMom Nutrition Programme

Impact Snapshot

Maternal & Neo-natal

01 **6,812**
Total Admissions

05 **11,292**
Total Deliveries

02 **1,757**
Normal Deliveries

06 **1,603**
Surgeries/ Procedures

03 **954**
Elective Cesarean

04 **1,769**
Emergency Cesarean



Flood Emergency Response

Delivering Lifesaving Care

The 2025 floods caused widespread devastation across Khyber Pakhtunkhwa and Punjab, displacing millions, destroying homes, and claiming countless lives. In response to this large-scale humanitarian crisis, Indus Hospital & Health Network (IHHN) mobilised its nationwide healthcare infrastructure

to deliver timely, life-saving medical assistance to the most affected and vulnerable communities.



Strategy at a Glance

IHHN deployed rapid-response Category I and II medical camps across flood-affected districts of Khyber Pakhtunkhwa and Punjab, delivering primary healthcare and psychosocial support through 7-10 camps daily. Category III field hospitals were established in high-need locations for short-term intensive care, while Maternal Health on Wheels was rolled out across 10 districts in Punjab and KPK to ensure uninterrupted maternal healthcare for displaced women.

Impact Snapshot

20

Districts Received
Medical Aid

951

Camps

2,174

Ante-Natal Care Visits

182,187

Total Patients Served

1,800+

X-Rays Completed

20,000+

Lab Tests Completed

12

Babies Delivered

Blood Centre

Ensuring a Safe and Sustainable Blood Supply

Established in 2013, The Indus Hospital Blood Centre (TIHBC) in Karachi has played a pioneering role in transforming blood donation practices in Pakistan. As the country's first centralised blood centre to champion voluntary, non-remunerated blood donations (VNRBD), TIHBC is leading the movement towards achieving 100% voluntary blood donation nationwide.

Through strategic public-private partnerships, IHHN also operates three other Regional Blood Centres in Bahawalpur, Multan, and Jamshoro, along with multiple Hospital Blood Banks across Punjab and Sindh. Together, these facilities ensure a reliable and safe blood supply, delivering critical, life-saving support to patients throughout Pakistan.



04

Regional Blood Centres



21

Hospital Blood Banks (HBB) Connected



7,800+

Beds Served Across Sindh and Punjab



3.2 M+

Blood Unit Annual Capacity

Pioneering Excellence in Blood Safety

TIHBC's Korangi campus in Karachi has set a landmark achievement as the first and only blood centre in Pakistan and the SAARC region to earn AABB accreditation, the global gold standard in blood banking. Strengthening its commitment to excellence, IHHN's laboratory services also hold CAP accreditation, making it one of only two hospital-based labs in Pakistan with this distinction. Furthermore, ISO 15189 accreditation has been awarded to TIHBC and extended to RBC Jamshoro and public-sector HBBs in Hyderabad, Thatta, and Badin, cementing IHHN's leadership in blood safety and healthcare quality.

AABB Accredited

SAARC Accredited

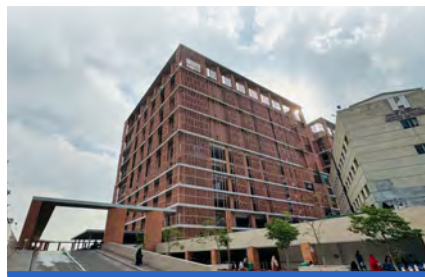
Expansion

IHHN's Groundbreaking Developments

The Indus Hospital Korangi Campus stands as a testament to resilience and dedication in delivering life-saving care to underserved communities. To meet the growing demand for healthcare, IHHN is expanding the campus, creating Pakistan's largest free-of-cost private hospital. This ambitious transformation will dramatically increase access to high-quality healthcare for millions of people.



**Founded in 2007
with 150 beds**



**Now a 1,350-bed
tertiary care
hospital**

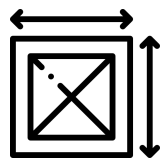


**Serving 40%
more patients
each year**

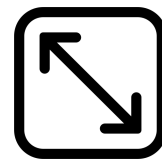
Key Features



38 Billion
Capital Project



20
Acres Covered
Area

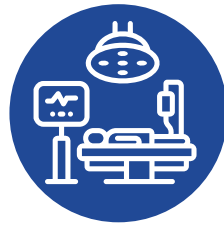


3.52
Million square feet



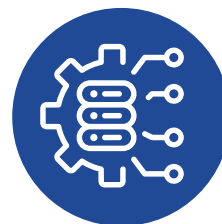
Basement

Operationalisation of partial radiology services in the basement of Hospital Building-1 (HB-1)



3rd Floor

Operationalisation of 36 Operation Theatres and 12 Surgical Intensive Care Units (ICU)



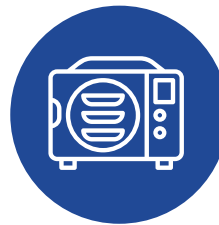
6th Floor

Operationalisation of the IT Center



Wards

Operationalisation of 70 in-patient ward beds on each floor (tower A & B) of HB-1 on the 6th-10th floors.



CSSD

Operationalisation of the Central Sterile Services Department (CSSD) in the basement of HB-1



CRU

Operationalisation of the Clinical Research Unit of the Lower Ground Floor of Hospital Street





Administrative Offices

Operationalisation of administrative offices on the 10th floor of the Hospital Building-2 (HB-2)

276%

Increase in Patient Volume



Indus University of Health Sciences

The Korangi expansion will also include the Indus University of Health Sciences (IUHS), a pioneering institution that has already trained over 2,800 healthcare professionals. With the new facilities, IUHS will be able to expand its programmes and add more colleges, strengthening the pipeline of skilled healthcare providers for the years ahead.

4 Key Objectives



Developing highly trained human resources rooted in IHHN's core values



Providing platforms that empower youth to lead Pakistan's healthcare



Encouraging active engagement in producing health solutions



Guided by a philosophy of Collaboration, Compassion, and Innovation

Existing Colleges

Indus College of Nursing & Midwifery
Indus College of Medical Technology & Allied Health
Indus College of Physical Therapy & Rehabilitation
Indus College of Family Medicine & Public Health

Upcoming Colleges

Indus College of Dentistry
Indus College of Medicine
Indus College of Pharmacy



07
Colleges

3,000
Projected
Student
Strength



Jubilee Town Campus, Lahore

Advancing Access to Free Healthcare

The Indus Hospital Jubilee Town Campus in Lahore represents a major milestone in expanding equitable, free-of-cost healthcare. Once fully operational, it will become Punjab's first private-sector tertiary care hospital to offer comprehensive medical services entirely free of charge.

With a capacity of 600 beds, this state-of-the-art facility is designed to redefine patient-centred and compassionate care. Developed in partnership with the Government of Punjab, the campus reflects a scalable and sustainable healthcare model, laying the foundation for high-quality medical services for underserved communities across the province.

600 Bed Multidisciplinary Hospital

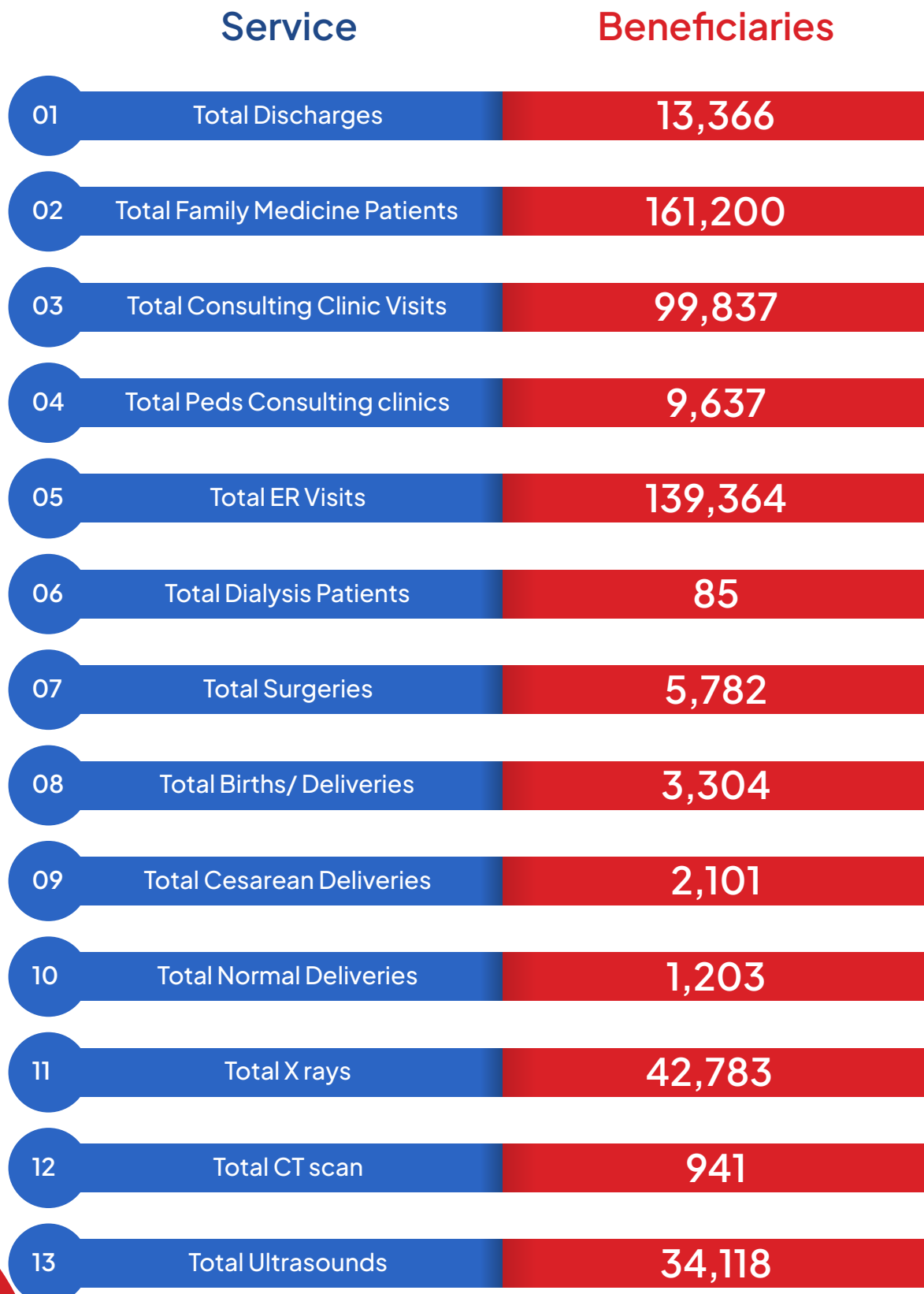
PKR 23B Capital Project

100% Paperless Facility

100% Cashless Facility



Lahore



Extrapolated till December 2025

Lahore

Service

Beneficiaries

14	Total Radiology Sessions	77,842
15	Total Laboratory	339,021
16	Total OPD Visits	191,016
17	Total Vaccinations	24,615
18	Total Blood Bank Units	993
19	Total Blood Matches	1,281

Extrapolated till December 2025



Looking Forward

IHHN's Strategic Goals

To achieve our vision & mission, IHHN will pursue work through eight core objectives. These objectives outline the overarching orientations for IHHN in its contributions towards development outcomes.

01 Embracing Universal Health Coverage

02 People Centered Policies & Processes

03 Education & Capacity Building

04 Research, Innovation & Development

05 Alliances & Partnerships

06 Ensuring Quality through Cost-Efficient & Continuous Process Improvement

07 Integrating a Technology-Centric Approach

08 Enhancing Resource Generation



Closing the Gap, One Life at a Time

A Message of Gratitude

As you conclude the 2025 Impact Report, I hope you feel a profound sense of pride in the mission you have helped build. You are not just a supporter; you are a vital partner in a lifesaving journey that now provides comprehensive, holistic healthcare across more than 80 districts in Pakistan. From the dense urban centres to the most remote towns, your generosity ensures that no one is left behind.

The horizon of our mission continues to expand. We are currently scaling our operations into Azad Kashmir, a milestone made possible by the extraordinary pledges and commitment of the British Pakistani and Kashmiri communities.

Our Collective Strength in the UK

This impact is fuelled by a vibrant, growing movement right here in the United Kingdom. Thanks to the tireless dedication of our volunteers, our outreach has reached unprecedented heights:

- A Nationwide Network: We now operate 40+ local chapters across the UK.
- A Culture of Giving: Over 600 active volunteers power more than 60 social and sporting events annually.
- Community Spirit: With over 10,000 attendees joining our activities each year, we have built a community defined by compassion and action.

Financial Stewardship and Growth

Your trust has translated into remarkable financial momentum. Since 2020, donations have risen by an impressive 20% annually, totalling over £13 million. Through optimised Gift Aid and innovative crowdfunding, we have ensured that every pound works harder for those in need.

To date, over £12 million in grants have been deployed directly to lifesaving programmes in Pakistan. These funds have been instrumental in supporting patient treatments and developing state-of-the-art healthcare facilities in rural regions such as Kot Addu and Khushab, bringing world-class medical care to the doorsteps of the underserved.

Join Us in the Year Ahead

Our work is far from finished, and the success of the coming year depends on our continued unity. I invite you to remain an active part of our family by joining our diverse calendar of activities. Whether you prefer the prestige of our fundraising galas or the energy of our healthy sporting events, there is a place for you to lead, participate, and inspire.

Thank you for your unwavering belief in our mission. Together, we are not just providing healthcare; we are delivering hope.

Regards

Yours Sincerely
Ibrahim Jamali
UK Director







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FUNDRAISING
REGULATOR



CHARITY COMMISSION
FOR ENGLAND AND WALES

