INDUS HEALTH NETWORK UK

INDUS INSIGHTS

April to June 2026

Dear Supporters,

Your generosity ensures that free, quality healthcare remains accessible to all across Pakistan. In this edition of Indus Insights, Indus Health Network UK, we share the key milestones, community initiatives, and impact achieved during the second quarter of 2026 (April-June). Thank you for your continued trust and commitment to the Indus Health Network UK, Indus Hospital & Health Network.

Dhul Hijjah Campaign

During the 20 days leading up to Eid-ul-Adha, the “Hope Through Sacrifice” campaign mobilised support through Zakat giving to strengthen IHHN’s mission of providing free, quality healthcare.

Through collective generosity and shared commitment, vital funds were raised to support treatment across the Network, helping thousands of patients receive timely medical care and renewed hope for a healthier future.

Qurbani Campaign

During Dhul Hijjah, IHHN initiated the Qurbani Campaign, ensuring sacrifice with ease and purpose through its annual Waqf Qurbani Programme. Conducted in accordance with Islamic principles and supported by careful quality and distribution standards, the campaign enabled donors to extend the blessings of Eid beyond their own homes. Through this collective effort, fresh meat reached vulnerable communities and families in need, allowing thousands to experience the joy, nourishment, and dignity that Qurbani makes possible.

CF Medical Mission

IHHN hosted an international Cystic Fibrosis (CF) Training & Development Workshop in collaboration with a distinguished medical delegation from Marmara University Hospital, Istanbul. Across three days of intensive academic sessions, hands-on clinical training, case discussions, and family engagement, the mission strengthened local capacity for delivering multidisciplinary CF care in Pakistan. Focusing on advanced therapeutics, airway clearance techniques, nutritional interventions, data systems, and emerging CFTR modulator therapies, the workshop equipped healthcare teams with globally informed practices to improve outcomes for children living with rare diseases and further advance IHHN's commitment to specialised, patient-centred care.

Friends of Indus Hospital, UK Fundraising Tour

From 10th to 21st June, IHHN's fundraising tour across the United Kingdom brought together supporters in Burnley, Kirklees, Bolton, Bedford, Sheffield, Glasgow, Gloucester, and Cardiff to strengthen the mission of providing free, quality healthcare. Led by Dr. Abdul Bari Khan, President of IHHN, and joined by Sufi vocalist Sana Nemat and television artist Noor-ul-Hasan, the tour created spaces for connection, storytelling, and collective giving. Through community engagement across multiple cities, supporters came together in solidarity to help sustain life-saving treatment and expand access to healthcare for patients across Pakistan.

IHHN Honours Dr. Naseem Salahuddin (May)

In May, a condolence reference at Indus University Hospital Karachi, where leading medical professionals and Indus Hospital & Health Network (IHHN) leadership gathered to pay tribute to the legacy of Dr. Naseem Salahuddin, a pioneering physician and infectious diseases expert. Speakers honoured her lifelong dedication to medicine, mentorship of generations of doctors, and vital contributions to combating rabies and tuberculosis. To permanently honour her outstanding services and carry forward her medical vision, IHHN Chairman Abdul Karim Pracha announced the establishment of the Dr. Naseem Salahuddin Centre of Excellence for Infectious Diseases.

Indus University Hospital Marks Historic Milestone with First Paediatric Open-Heart Surgery (May)

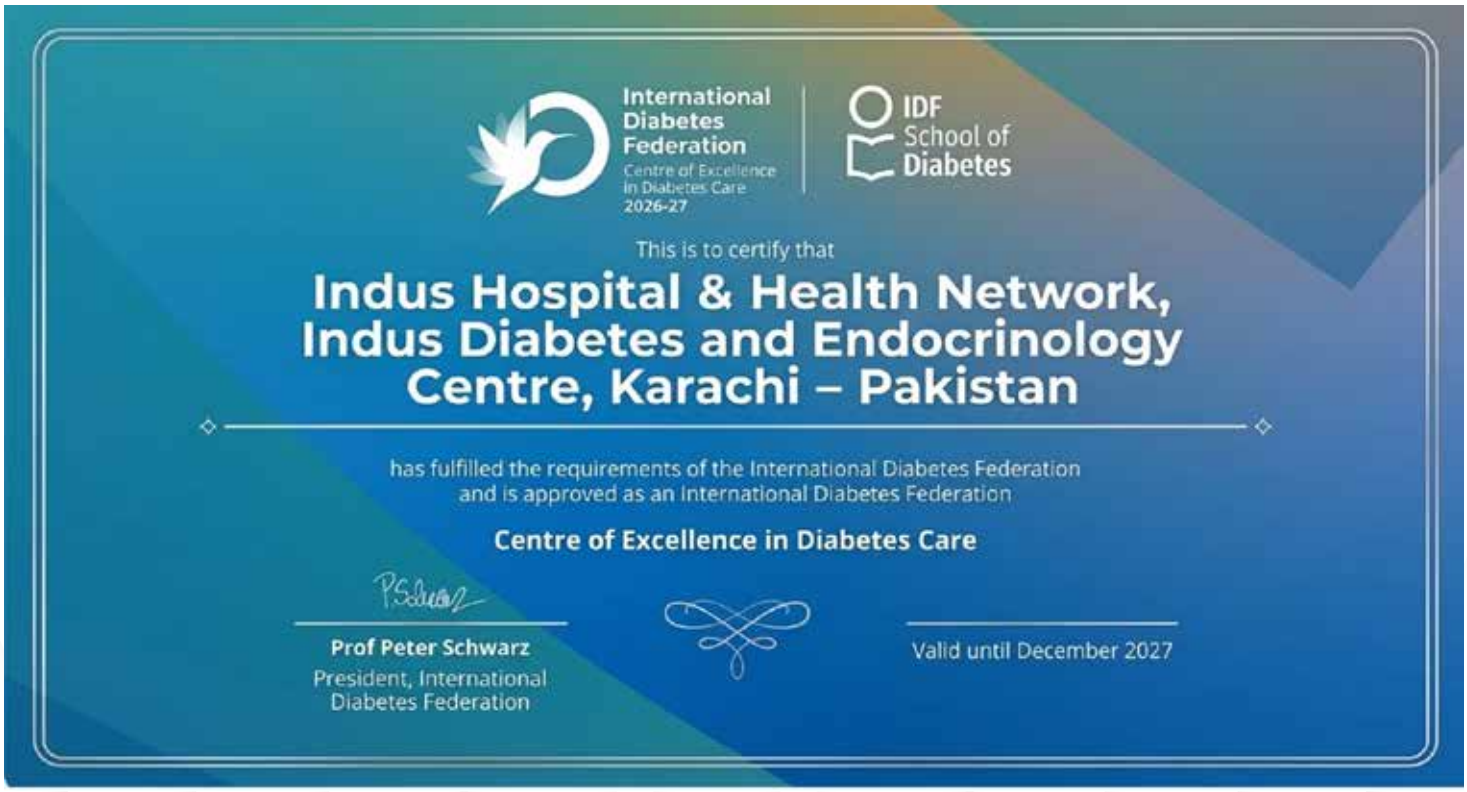
On May 6th, Indus University Hospital successfully performed its first paediatric open-heart surgery under its Congenital Heart Services, introducing advanced, free-of-cost surgical cardiac care for children. Led by surgeon Dr. Zubair Barohi and cardiologist Dr. Arjumand Shauq, this complex procedure allows the hospital to bridge a critical healthcare gap in Pakistan, where specialised paediatric cardiac care is severely limited and public hospital waiting lists span years. While the hospital previously treated only 30% of congenital heart disease cases through minimally invasive methods, this new in-house capability provides a lifelong cure for critical patients. IHHN leadership emphasised that this milestone lays the foundation for a sustainable, scalable cardiac programme dedicated to saving young lives nationwide regardless of financial means.

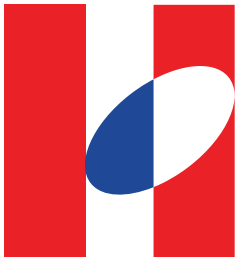
IHHN & PPHI Balochistan Partner to Strengthen Primary Healthcare Delivery (May)

In May, The Indus Hospital & Health Network (IHHN) and the People's Primary Healthcare Initiative (PPHI) Balochistan signed a landmark Memorandum of Understanding (MoU) to advance public health services and scale up essential healthcare interventions across underserved, hard-to-reach communities in Balochistan. Signed in Islamabad by IHHN President Dr. Abdul Bari Khan and PPHI Balochistan CEO Dr. MB Raja Dharejo under the leadership of Balochistan Health Secretary Mujeeb-ur-Rehman, the strategic partnership aims to improve health outcomes by enhancing access to quality care and strengthening service integration. Attended by senior leadership from both organisations and the provincial government, the collaboration reflects a unified commitment to expanding equitable primary healthcare and reinforcing public health systems across the province.

IHHN's Indus Diabetes and Endocrinology Centre Earns Prestigious IDF Centre of Excellence Status (June)

In June, Indus Hospital & Health Network (IHHN) achieved a landmark milestone as its Indus Diabetes and Endocrinology Centre has been officially recognised as an International Diabetes Federation (IDF) Centre of Excellence in Diabetes Care for 2026–2027, placing it among a select group of institutions worldwide that meet the IDF's rigorous global standards. The recognition reflects IHHN's steadfast commitment to delivering high-quality, evidence-based, and patient-centred diabetes care free of cost, through a multidisciplinary clinical team dedicated to world-class treatment, education, and community outreach. As an IDF Centre of Excellence, IHHN continues to lead the fight against diabetes in Pakistan through innovation, preventive health initiatives, and the advancement of local clinical expertise.





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