

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday



# MARCH 2023

## Independent Living Calendar

<p>2:00PM Chapel Service <b>5</b> – Chapel or Channel 34/81</p> <p>3:30PM Open Activity – Lounge</p>	<p>10:00AM Stretch &amp; Flex Activities Room 2 10:30AM Healing Service – Channel 34/81 <b>2:00PM Dominos-Lodge</b> <b>3:00PM Food Committee-Lodge</b> 7:00PM Movie Night – Channel 80</p> <p style="text-align: center;"><small>Purim Begins</small></p>	<p>10:00AM Drum Therapy Activities Room 2 1:00PM Bible Study – Chapel <b>3:30PM Happy Hour-Flying to Paris-Lodge</b> Movie Night – Channel 80</p>	<p>10:00AM Shopping Trip – First Floor Lobby See Amy For Scheduling 10:30AM Chapel Service – Chapel or Channel 81/34 <b>2:00PM Rummy Club-Lodge</b> 2:30PM Meditation and Breathing 3:30PM Grief Council-Chapel 7:00PM Movie Channel Night 80</p>	<p><b>11:00AM Bingo-Lodge</b> <b>2</b> 1:00PM Balance Activities Room 2 <b>2:00 p.m. Lent Devotional – Praying with Jesus, in the chapel</b> <b>2:00 Wine &amp; Cheese Social-Lodge</b> 7:00PM Movie Night – Channel 80</p>	<p><b>2:00PM Mah Jongg Club</b> <b>3</b> 3:00PM Strength Training Activities Room 2 7:00PM Movie Night–Channel 80</p>	<p>10:00AM Morning Trivia <b>4</b> Lounge</p> <p>2:30PM Open Activity - Lounge</p>
<p>2:00PM Chapel Service <b>12</b> – Chapel or Channel 34/81</p> <p>3:30PM Open Activity – Lounge</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p>10:00AM Stretch &amp; Flex Activities Room 2 10:30AM Healing Service – Channel 34/81 <b>11:00AM Book Club</b> <b>2:00PM Prestation-History of Route 80; Dr Frey from Centenary University-Lodge</b> 7:00PM Movie Night – Channel 80</p>	<p>10:00AM Drum Therapy Activities Room 2 <b>11:00AM Learn More What's New About Medicare Presentation-Lodge</b> 1:00PM Bible Study – Chapel Movie Night – Channel 80</p>	<p>10:00AM Shopping Trip – First Floor Lobby See Amy For Scheduling 10:30AM Chapel Service – Chapel or Channel 81/34 <b>2:00PM Scrabble-Lodge</b> 2:30PM Meditation and Breathing 3:30PM Grief Council-Chapel 7:00PM Movie Channel Night 80</p>	<p><b>11:00AM Bingo</b> <b>15</b> 1:00PM Balance Activities Room 2 <b>2:00 p.m. Lent Devotional – Praying with Jesus, in the chapel</b> <b>2:00 Dominos-Lodge</b> 7:00PM Movie Night – Channel 80</p>	<p><b>2:00PM Musical Entertainment-Lodge</b> <b>16</b> 3:00PM Strength Training Activities Room 2 7:00PM Movie Night–Channel 80</p> <p style="text-align: center;"><small>St. Patrick's Day</small></p>	<p>10:00AM Morning Trivia <b>18</b> Lounge</p> <p>2:30PM Open Activity - Lounge</p>
<p>2:00PM Chapel Service <b>19</b> – Chapel or Channel 34/81</p> <p>3:30PM Open Activity – Lounge</p>	<p>10:00AM Stretch &amp; Flex Activities Room 2 10:30AM Healing Service – Channel 34/81 <b>2:00PM Let's Play Pool-2<sup>nd</sup> floor</b> 7:00PM Movie Night – Channel 80</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p>10:00AM Drum Therapy Activities Room 2 1:00PM Bible Study – Chapel <b>3:00PM Resident Council-Lodge</b> <b>4:00PM Happy Hour-Lodge</b> 7:00PM Movie Night – Channel 80</p>	<p>10:00AM Shopping Trip – First Floor Lobby See Amy For Scheduling 10:30AM Chapel Service – Chapel or Channel 81/34 2:30PM Meditation and Breathing <b>3:00PM Rummy Club-Lodge</b> 3:30PM Grief Council-Chapel 7:00PM Movie Channel Night 80</p> <p style="text-align: center;"><small>Ramadan Begins</small></p>	<p><b>11:00AM Bingo</b> <b>22</b> 1:00PM Balance Activities Room 2 <b>2:00 p.m. Lent Devotional – Praying with Jesus, in the chapel</b> <b>2:00 Crafts-Lodge</b> 7:00PM Movie Night – Channel 80</p>	<p><b>2:00PM Poker Club-Lodge</b> <b>23</b> 3:00PM Strength Training Activities Room 2</p>	<p>10:00AM Morning Trivia – <b>25</b> Lounge</p> <p>2:00PM <b>Musical Entertainment: The Great Lady G</b></p>
<p>2:00PM Chapel Service <b>26</b> – Chapel or Channel 34/81</p> <p>3:30PM Open Activity – Lounge</p>	<p>10:00AM Stretch &amp; Flex Activities Room 2 10:30AM Healing Service – Channel 34/81 <b>2:00PM Musical Entertainment-Lounge Up Stairs</b> 7:00PM Movie Night – Channel 80</p>	<p>10:00AM Drum Therapy Activities Room 2 1:00PM Bible Study – Chapel <b>2:00PM Cards-Lodge</b> 7:00PM Movie Night – Channel 80</p>	<p>10:00AM Shopping Trip – First Floor Lobby See Amy For Scheduling 10:30AM Chapel Service – Chapel or Channel 81/34 <b>2:00PM Scrabble-Lodge</b> 2:30PM Meditation and Breathing 3:30PM Grief Council-Chapel 7:00PM Movie Channel Night 80</p>	<p><b>11:00AM Bingo</b> <b>29</b> 1:00PM Balance Activities Room 2 <b>2:00 p.m. Lent Devotional – Praying with Jesus, in the chapel</b> <b>2:00 Manicures and Mimosas-Lodge</b> 7:00PM Movie Night – Channel 80</p>	<p><b>2:00PM Poker</b> <b>30</b> 3:00PM Strength Training Activities Room 2 7:00PM Movie Night–Channel 80</p>	