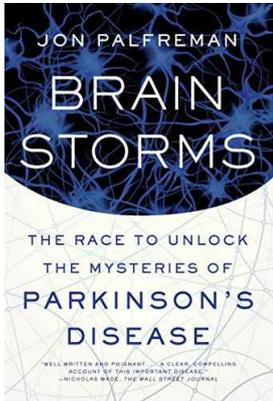


Brain Storms: The Race to Unlock the Mysteries of Parkinson's Disease



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4/5 From 578 Reviews

Jon Palfreman

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50 of 51 people found the following review helpful. Great book, missing a chapter
By Mary Leonard
Brain Storms is an excellent overview of the discovery and research (as of the end of 2014) on Parkinson's Disease, written for people who have been diagnosed or are close to someone who has Parkinson's. Jon Palfreman is that most valuable of persons, a layman who has written the book he wished he had found. Brain Storms is easy to read (Palfreman is a teacher of journalism), written in a compelling narrative non-fiction style. It will give you the history and context to understand patients, care-givers, doctors, and researchers who are dealing with Parkinson's. My only criticism of the book is that there is no chapter dealing in depth with dementia. Although only a relatively small percentage of Parkinson's patients develop dementia, it is a tremendous tragedy and a huge problem for the families to whom it happens. It appears that many neurologists are focused on movement symptoms and are slow to recognize cognitive problems, although there are medications that can be effective. Mr. Palfreman's book does make clear that Parkinson's and Lewy Body Disease are the same thing, Parkinson's primarily in the midbrain that controls movement, LBD primarily in the cortex that controls cognition. If you need information on dementia, Googling "Lewy Body Disease" will put you in touch with a community of experts and family members who have shared their experience and learning. Mr. Palfreman's book makes the connection that will give you confidence you're on the right track. I hope Mr. Palfreman will update this book regularly. It is an important contribution to the layperson's understanding of Parkinson's Disease.
21 of 21 people found the following review helpful. Clear, well written, very understandable Explanation of all aspects of the Disease therapies research
By Phil P.
I have Parkinson's disease. This book gave me a great insight into ALL aspects and how it has and will affect me in the future. No sugar coating, no nonsense, no avoiding the grim realities.....just the unvarnished truth

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