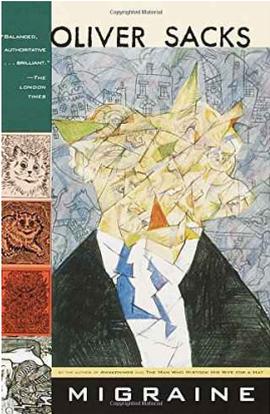


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4.5/5 From 878 Reviews

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3 of 3 people found the following review helpful. Clinical text but fascinating information history from a compassionate, inspired researcher By Lily Oliver Sacks was such a brilliant, dedicated, and kind person. He pushed the boundaries of migraine knowledge, and it's very interesting to see his first-hand view of discovering all these facts. He clearly cares about his patients. As a migraine sufferer himself, he understands and is motivated to figure it out! The book is very clinical and peppered with jargon, but I still found it fun to read. It has a ton of information and observations that I haven't found in any modern migraine literature online. For example, red migraines vs. white migraines (sweating, flushed, hot vs. pale, drawn, cold). Or the three ways migraines end. Or the many weird forms the symptoms can take - not only the aura, but also the prodrome: the period before the migraine really starts, when you might experience euphoria, intense hunger, irritability, sleepiness, or weird changes in speech, ideation, or perception of time and space. Crazy stuff. Also interesting commentary on the connection with depression. Lots of interesting character profiles of people who dealt with severe and often abnormal migraine types - Sacks looked for the weirdest cases. Interesting historical perspective on what people did and thought about migraines before the medical aspect was understood or accepted. 1 of 1 people found the following review helpful. Interesting read, moderately technical By C. Pennington This book, though older with only a few recent updates, is a fairly extensive look at migraine. Oliver Sacks does a good job of including all of the different types of migraine conditions and aura symptoms through presentation of many case studies and some research. I would give this a higher rating, except that the book is very wordy with a large technical vocabulary... much more so than Sacks' *Musicophilia*. I am a migraineur and a scientist, but I am not in the medical field; however, I have done a lot of research into migraine literature and still had trouble with some of the technical terms. It has taken me a while to get through this book because of that. Having said that, I am glad that I've read it, and enjoy the perspective that Dr. Sacks has on the topic

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