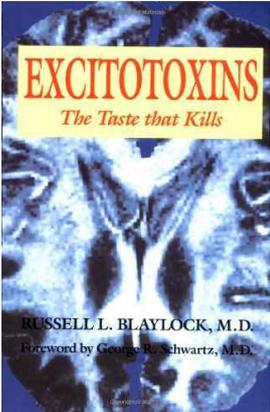


Excitotoxins: The Taste That Kills



Excitotoxins: The Taste That Kills

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Russell L. Blaylock

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3 of 3 people found the following review helpful. You can easily find the names of these hidden substances on the ...By Jer01This is a "Must Read" for anybody who has any ailments related to degradation of your neural system. Virtually all of your organs have glutamate receptors, so the ailments/symptoms could be varied and widespread. This includes Alzheimer's and Parkinson's.If you suspect you have any ailments that are related to degradation of your nervous system, stay away from MSG and ASPARTAME -- and the hundreds of related substances. Almost all processed foods have msg, aspartame, and/or other "hidden" variations of these chemicals. You can easily find the names of these hidden substances on the web. And you can find the brand names that are the worst offenders. Hint: canned soup is one of the top offenders.Dr Blaylock is the No 1 expert on this field. Search him on the web. Read his book(s).7 of 7 people found the following review helpful. DANGER- ExcitotoxinsBy teacher of kidsWhatever you might think about Dr. Blaylock, the scientific information in this book has been checked and verified by qualified and distinguished chemists. His reports about Aspartame, MSG and other chemicals COMMON to many, many of our food and drink choices are alarming to say the very least. Diet Colas seem to be more widely drunk than water these days. If you even occasionally have a diet drink of any sort, it would be a smart idea to read this book and then reevaluate your decision.4 of 4 people found the following review helpful. happy, prescription writing medical industry and dispelled how the ...By Lisa A. FisherThis is one neurosurgeon, who stepped out of the delusional, happy, prescription writing medical industry and dispelled how the excitotoxins in our food are linked to all the neurological and neurosurgical problems in today's world. Thanks to his book and other books and sites, I am free from hydrocephalus and seizures.

Ex-ci'-to-tox-in: a substance added to foods and beverages that literally stimulates neurons to death, causing brain damage of varying degrees. Can be found in such ingredients as monosodium glutamate, aspartame (NutraSweet), cysteine,

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