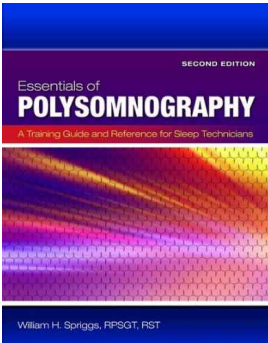


# Essentials Of Polysomnography: A Training Guide and Reference For Sleep Technicians



Essentials Of Polysomnography: A Training Guide and Reference For Sleep Technicians

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Essentials of Polysomnography, Second Edition is a 386-page full color text designed specifically for sleep technicians and professionals. The new compact design and layout includes the same amount of content from the First Edition, with updated content and images. This textbook is written by William H. Spriggs, a certified sleep technician, and is used in hospitals, sleep labs, physician offices, and colleges and universities around the world. The Second Edition is ideal for training new sleep technicians, and students interested in studying polysomnography, as well as physicians, sleep lab managers, DME reps, and sleep lab front office staff members. The new edition's content and questions reflect the new ICSD-3 classifications, AASM Rules and address the BRPT new exam blueprints as well as the revised AASM Manual for the Scoring of Sleep and Associated Events released in July 2013, content includes:An overview of normal sleep and the history of sleep disordersPatient education and the patient flow processLife as a Sleep TechnicianPatient Hookup ProceduresPolysomnography overview and interpretationPediatric sleep medicineHundreds of sample epochs depicting sleep stages, artifacts, and events New Chapters/Topics in the Second

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