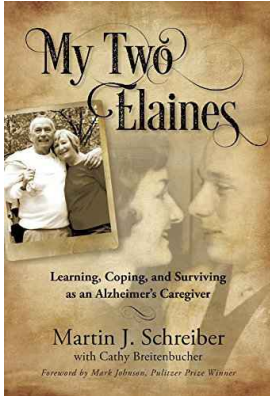


(Download pdf ebook) *My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver*

My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver



My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver
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4.5/5 From 330 Reviews

Martin J. Schreiber, Cathy Breitenbucher

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3 of 3 people found the following review helpful. I think this is a great book for someone who just found out a loved ...By BreenI think this is a great book for someone who just found out a loved one is battling Alzheimer's, the family and close friends, and definitely the main caregiver. He has a lot of good points to help with the transition.1 of 1 people found the following review helpful. A bible for caregiversBy William M. KrausA brilliant, concise story of the ravages of Alzheimer's on patients and caregivers. Beyond how to and what not to into the conceptual understandings that have to precede what becomes the routine of disordered lives.0 of 0 people found the following review helpful. Well written, good story of a sad situation.By Debra L. DimartinoOf course this is a depressing story, but it is well written and gives some suggestions. I like the thought of his loving his "new" wife as she is, instead of mourning the was she was. An easy, if sad, read. My relative has EARLY onset (age 55 with moderate to severe) Alzheimer's so reading any book that has at least SOME happy moments is good.

Former governor of Wisconsin Marty Schreiber has seen his beloved wife, Elaine, gradually transform from the woman who had gracefully entertained in the Executive Residence to one who sometimes no longer recognizes him as her husband. In *My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver*, Marty candidly counsels those taking on this caregiving role. More than an account of Marty's struggles in caring for his wife, *My Two Elaines* also offers sage advice that respects the one with Alzheimer's while maintaining the caregiver's health. As two-thirds of those with Alzheimer's are women, he offers special guidance for men thrust into an unexpected job. With patience, adaptability, and even a sense of humor, Marty shows how love continues for his Second Elaine.

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