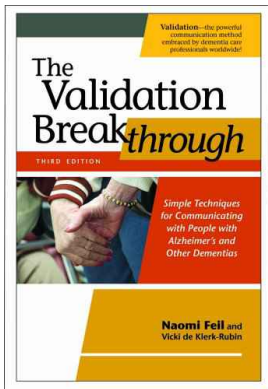


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# The Validation Breakthrough: Simple Techniques for Communicating with People with Alzheimer's and Other Dementias



The Validation Breakthrough: Simple Techniques for Communicating with People with Alzheimer's and Other Dementias

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5/5 From 650 Reviews

Naomi Feil M.S.W.

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5 of 5 people found the following review helpful. IBy TomVery disappointed as the title implies assistance with communicating with Alzheimer's patients. My wife has AD and I am always looking for guides or assistance to help ease some of her confusion. Once into the book, I found that the Validation technique is for dealing with what the author refers to as "old-old" patients (80+). And in these cases, the technique is "..... for older adults with Alzheimers-type dementia who are struggling to resolve unfinished business before they die." The author further points out that "People who fulfill their life tasks at each stage achieve integrity in late life.....These people do not need Validation." Hello....what am I doing with this book? Maybe I didn't read the reviews clearly enough.My wife has had a fulfilling and comfortable life....what would I be trying to help her validate? This may be a great technique for the professional with difficult patients in a care setting, but I found no value helping me. I finally gave up as the volume of examples were not what I could relate to either by event or by age.... My wife is not "old-old" and is not trying to resolve some past issue (at least not that I'm aware of .....been married 50 years). I simply want to help her when she gets overwhelmed with confusion.I would be reluctant to recommend this book to the average caregiver of an Alzheimer's patient.....at least a spouse.5 of 5 people found the following review helpful. Good, good book on caregiving for elders with dementiaBy JeanneGood, good book on caregiving for elders with dementia. Am using the techniques outlined in this book with my husband. Validating him regularly, he has begun to trust me again. When I was using reality-based techniques, we were becoming enemies. It's still difficult living with someone with dementia, but so much better than it was before I read this book. I highly

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