

WASHINGTON STATE 2017 FINAL WOMEN'S INDOOR BESTS

60 METERS	2017	LIFETIME
Regyn Gaffney	7.45 (e)	7.45
Jordan Tucker	7.62 (e)	7.62
Danielle Darden	7.70 (a)	7.55
Tierney Silliman	7.76 (m)	7.76
Lauren Newman	7.89 (a)	7.89
Stephanie Cho	8.07 (c)	8.07
Adreonia Bradley	8.19 (c)	8.19

60M HURDLES	2017	LIFETIME
Liz Harper	8.56 (e)	8.45
ShaRaya Quinn	9.00 (f)	8.86
Lindsey Schauble	9.14 (m)	9.14

200 METERS	2017	LIFETIME
Regyn Gaffney	24.69 (g)	24.69
Tierney Silliman	24.80 (g)	24.80
Jordyn Tucker	25.22 (g)	25.22
Danielle Darden	25.69 (m)	24.17
Lauren Newman	25.85 (a)	25.85

400 METERS	2017	LIFETIME
Marlow Schulz	57.49 (g)	57.49
Stephanie Cho	58.72 (g)	58.72
Adreonia Bradley	58.79 (h)	58.79
Grace Victor	59.14 (c)	59.14
Natalie Ackerley	59.97 (c)	59.97
ShaRaya Quinn	1:02.90 (a)	1:00.70

800 METERS	2017	LIFETIME
Natalie Ackerley	2:13.20 (m)	2:13.20
Grace Victor	2:13.41 (h)	2:13.31
Marlow Schulz	2:17.59 (f)	2:17.59
Liz Harper	2:21.88 (m)	2:17.16
Tracy Myers	2:27.22 (f)	2:22.22
Breya Wynne	2:31.25 (f)	2:31.25
Lindsey Schauble	2:25.48 (m)	2:25.36

MILE	2017	LIFETIME
Devon Bortfeld	4:54.79 (d)	4:54.79
Morgan Lash	5:10.07 (m)	5:10.07
Emily Dwyer	5:16.45 (b)	5:11.25
Desi Stinger	5:24.83 (b)	5:24.83
Marie Gaudin	5:28.16 (f)	5:28.16
Steffie Pavey	5:28.45 (c)	5:19.14
Mallori Lindberg	5:38.91 (c)	5:38.91
Brittany Aquino	5:45.76 (c)	5:45.76
Alexis Redfield (unat)	5:26.32 (f)	5:26.32

3000 METERS	2017	LIFETIME
Devon Bortfeld	9:22.54 (m)	9:22.54
Emily Dwyer	9:45.06 (m)	9:45.06
Morgan Willson	9:45.16 (m)	9:45.16
Morgan Lash	10:13.08 (d)	10:13.08
Josie Brown	10:14.12 (d)	10:10.67
Melissa Hruska	10:21.66 (m)	10:21.66
Steffie Pavey	10:27.15 (d)	10:09.76
Desi Stinger	10:27.82 (d)	10:27.82
Katherine Dittmann	10:32.06 (d)	9:58.57
Brittany Aquino	11:07.04 (f)	11:07.04

5000 METERS	2017	LIFETIME
Devon Bortfeld	16:16.42 (m)	16:16.42 SR
Vallery Korir	16:46.73 (m)	16:46.73
Emily Dwyer	16:51.51 (m)	16:51.51
Morgan Willson	16:56.12 (m)	16:56.12
Melissa Hruska	17:36.12 (m)	17:36.23
Katherine Dittmann	18:10.51 (h)	17:20.87
Desi Stinger	18:16.01 (h)	18:16.01
Steffie Pavey	18:36.79 (h)	18:36.79

1600 METERS RELAY	2017
Cho, Gaffney, Schulz, Harper	3:49.65 (m)

DISTANCE MEDLEY RELAY	2017
Victor, Schulz, Ackerley, Lash	12:01.11 (m)

HIGH JUMP	2017	LIFETIME
Kiana Davis	1.75m/ 5-8 3/4 (m)	1.79m/ 5-10 1/2
Lateah Holmes	1.70m/ 5-7 (b,c)	1.70m/ 5-7
Liz Harper	1.70m/ 5-7 (m)	1.81m/ 5-11 1/4
L. Schauble	1.61m/ 5-3 1/4 (m)	1.61m/ 5-3 1/4

POLE VAULT	2017	LIFETIME
Kristine Felix	4.12m/ 13-6 1/4 (e)	4.26m/ 13-11 3/4
M. Scharmann	3.97m/ 13-0 1/4 (m)	3.97m/ 13-0 1/4
D. Carnahan	3.67m/ 12-0 1/2 (m)	3.67m/ 12-0 1/2
Katelyn Frost	3.60m/ 11-9 3/4 (c)	3.70m/ 12-1 1/2
M. Crockem	3.35m/ 10-11 3/4 (f)	3.35m/ 10-11 3/4

WSU 2017 FINAL WOMEN'S INDOOR BESTS - 2

LONG JUMP	2017	LIFETIME
Greer Alsop	5.73m/ 18-9 3/4 (a)	5.73m/ 18-9 3/4
Liz Harper	5.66m/ 18-7 (a)	5.66m/ 18-7
McKenna Hogan	5.66m/ 18-7 (a)	5.66m/ 18-7
Lauren Newman	5.54m/ 18-2 1/4 (f)	5.54m/ 18-2 1/4
Lindsey Schauble	5.26m/ 17-3 1/4 (f)	5.37m/ 17-7 1/2

TRIPLE JUMP	2017	LIFETIME
Kiana Davis	12.66m/ 41-6 1/2 (e)	12.66m/ 41-6 1/2
Greer Alsop	12.66m/ 41-6 1/2 (f)	12.67m/ 41-7

SHOT PUT	2017	LIFETIME
Chriss. Brown	12.26m/ 40-2 3/4 (h)	12.26m/ 40-2 3/4
Liz Harper	12.22m/ 40-1 1/4 (m)	12.22m/ 40-1 1/4
Lindsey Schauble	10.50m/ 34-5 1/2 (m)	10.50m/ 34-5 1/2
LaDrea Ford (unat)	11.76m/ 38-7 (c)	11.76m/ 38-7
Lovely Tukuafu (unat)	11.04m/ 36-2 3/4 (f)	11.04m/ 36-2 3/4

20# WEIGHT	2017	LIFETIME
Katie Wardsworth	17.87m/ 58-7 1/2 (m)	17.87m/ 58-7 1/2
Aoife Martin	15.96m/ 52-4 1/2 (m)	15.96m/ 52-4 1/2
Stacia Bell	14.22m/ 46-8 (f)	14.22m/ 46-8
Kaitlin Krouse	13.14m/ 43-1 1/2 (f)	13.14m/ 43-1 1/2
LaDrea Ford (unat)	13.77m/ 45-2 1/4 (c)	13.77m/ 45-2 1/4
Lovely Tukuafu (unat)	13.34m/ 43-9 1/4 (c)	13.34m/ 43-9 1/4

DISCUS	2017	LIFETIME
Kaitlin Krouse	39.88m/ 130-10 (c)	41.13m/ 134-11

PENTATHLON	2017	LIFETIME
Liz Harper	4014 (m)	4146
m = 60mH - 8.62, HJ - 1.70m/ 5-7, SP - 12.22m/40-1 1/4, LJ - 5.48m/17-11 3/4, 800m - 2:21.88		
(PR = 60mH - 8.45, HJ - 1.81m/ 5-11 1/4, SP - 10.34m/33-11 1/4, LJ - 5.54m/18-2 1/4, 800m - 2:17.16)		

Lindsey Schauble	3558 (m)	3558
m = 60mH - 9.14, HJ - 1.61m/ 5-3 1/4, SP - 10.50m/34-5 1/2, LJ - 5.21m/17-1 1/4, 800m - 2:25.48		

\$ = NCAA Participant

SR = WSU school record

FSR = WSU freshman school record

Meet Legend

- a @Ed Jacoby Invite/Multis, Nampa 1/13-14
- b @UW Indoor Preview, Seattle 1/13-14
- c WSU Open, Pullman 1/20-21
Team scores: WSU 219, Idaho 144, Gonzaga 99
- d @UW Invitational, Seattle 1/27-28
- e @New Mexico Team Invite, Albuquerque 1/28
Team scores: Kansas St. 114, New Mexico 112, TCU 104, WSU 85.5, Utah St. 58, Fresno St. 47, Air Force Academy 30.5
- f Cougar Indoor/Cougar Multis, Pullman 2/3-4
- g @Don Kirby Elite Invite, Albuquerque 2/10-11
- h @Husky Classic, Seattle 2/10-11
- k @NAU Tune Up, Flagstaff 2/17
- m @Mtn. Pacific Sports Fed. Champs, Seattle 2/24-25
Team scores: USC 125, Oregon 105, Stanford 57, UCLA 52.33, Colorado 52, Arizona State 45, Washington 41, Washington State 33.50, Arizona 29, BYU 27, Cal State Northridge 19.33, California 17.33, Utah 15, Long Beach State 12, Oregon State 11, Portland 11, Hawai'i 8.50, UC Irvine 2
- \$ @NCAA Indoor Track & Field Championships, Birmingham, Ala. 3/10-11

Revised: 2/25/17

WASHINGTON STATE 2017 FINAL MEN'S INDOOR BESTS

60 METERS

	2017	LIFETIME
Ja'Maun Charles	6.75 (g)	6.75
Zach Smith	6.88 (g)	6.88
Ethan Gardner	6.97 (a,e)	6.97
Jonnie Green	7.00 (e)	6.96
Ray Littles	7.13 (e)	7.03
Jamal Brinkley	7.14 (a)	7.14
Corey Allen	7.26 (c)	7.26
Dino Dodig	7.35 (c)	7.15
Jake Nienhuis	7.37 (c)	7.37
Matthew Swanson	7.47 (c)	7.35
Collin Niehenke	7.49 (a)	7.49
Troy Gingerich	7.67 (c)	7.67
Hironmoy Redman	7.67 (c)	7.67

60M HURDLES

	2017	LIFETIME
Sam Brixey	7.93 (e)	7.93 FSR
Abu Kamara	7.95 (e)	7.95
CJ Allen	7.97 (m)	7.97
Christapherson Grant	8.05 (m)	8.05
Nick Johnson	8.25 (a)	8.25
Ian Markham	8.31 (g)	8.17
Dino Dodig	8.63 (b)	8.11
Ray Littles	9.17 (f)	9.17

200 METERS

	2017	LIFETIME
Ja'Maun Charles	21.51 (e)	21.51
Ethan Gardner	21.83 (e)	21.83
Zach Smith	21.92 (a)	21.88
Jonnie Green	21.99 (e)	21.99
Sam Brixey	22.21 (a)	22.21
Corey Allen	22.64 (g)	22.64
Jamal Brinkley	22.84 (a)	22.84
Jake Nienhuis	23.09 (a)	23.09
Collin Niehenke	23.94 (a)	23.94

400 METERS

	2017	LIFETIME
CJ Allen	47.32 (m)	47.32
Matthew Swanson	48.66 (e)	48.66
Corey Allen	49.65 (g)	49.65
Ray Littles	50.38 (g)	50.03
Jake Nienhuis	51.22 (a)	51.22

800 METERS

	2017	LIFETIME
Matthew Swanson	1:51.16 (m)	1:50.35
Reid Muller	1:54.81 (h)	1:51.64
Alex Simpson	2:04.55 (c)	2:00.03

MILE

	2017	LIFETIME
Paul Ryan	4:06.31 (m)	4:06.31
Chandler Teigen	4:09.50 (d)	4:09.50
Nathan Tadesse	4:20.51 (f)	4:08.69
Nathan Wadhwani	4:20.84 (f)	4:20.84
Cameron Dean	4:33.62 (f)	4:33.62
Andrew Cooper	4:35.54 (f)	4:35.54

3000 METERS

	2017	LIFETIME
Sam Levora	8:08.26 (m)	8:08.26
Nathan Tadesse	8:10.78 (h)	8:10.78
Chandler Teigen	8:11.78 (m)	8:11.78
Nathan Wadhwani	8:18.59 (m)	8:18.59
Michael Williams	8:20.45 (d)	8:13.51
Kyler Little	8:31.40 (d)	8:31.40
Kennan Schrag	8:33.50 (d)	8:33.50
Andrew Cooper	8:43.22 (b)	8:43.22
Cameron Dean	8:52.88 (b)	8:52.88

5000 METERS

	2017	LIFETIME
Sam Levora	14:09.40 (m)	14:09.40
Michael Williams	14:12.97 (h)	14:10.30
Nathan Wadhwani	14:32.11 (m)	14:32.11
Kennan Schrag	14:47.66 (h)	14:47.66
Andrew Cooper	15:04.01 (d)	15:04.01
Kyler Little	15:12.66 (h)	15:12.66
Cooper Dean	15:45.57 (d)	15:45.57

1600 METERS RELAY

	2017
Charles, CJ Allen, Corey Allen, Swanson	3:13.00 (m)

DISTANCE MEDLEY RELAY

	2017
Tadesse, Swanson, Ryan, Teigen	9:49.78 (m)

HIGH JUMP

	2017	LIFETIME
Keelan Halligan	2.08m/ 6-9 3/4 (f)	2.08m/ 6-9 3/4
Cole Smith	2.05m/ 6-8 3/4 (c,f)	2.05m/ 6-8 3/4
Max English	2.05m/ 6-8 3/4 (f)	2.05m/ 6-8 3/4
P. Fredrickson	2.01m/ 6-7 (m)	2.01m/ 6-7
Ray Littles	1.83m/ 6-0 (f)	1.83m/ 6-0
Nick Johnson	1.77m/ 5-9 3/4 (f)	1.77m/ 5-9 3/4

POLE VAULT

	2017	LIFETIME
Tucker Mjelde	5.00m/ 16-4 3/4 (h)	5.00m/ 16-4 3/4
Dino Dodig	4.90m/ 16-0 3/4 (c)	4.90m/ 16-0 3/4
Anden Lewis	4.90m/ 16-0 3/4 (e)	4.90m/ 16-0 3/4
Troy Gingerich	4.65m/ 15-3 (b)	4.65m/ 15-3
Kainoa Tom	4.55m/ 14-11 (h)	4.55m/ 14-11
Yousef Saleh	4.50m/ 14-9 (c)	4.50m/ 14-9

WSU 2017 MEN'S FINAL INDOOR BESTS - 2

LONG JUMP **2017** **LIFETIME**

Josh Schulz	6.90m/ 22-7 3/4 (a)	6.90m/ 22-7 3/4
P. Fredrickson	6.65m/ 21-10 (b)	6.77m/ 22-2 1/2
Josh Colbert	6.58m/ 21-7 1/4 (a)	6.75m/ 22-1 3/4
Ray Littles	6.45m/ 21-2 (c)	6.45m/ 21-2
Nick Johnson	6.32m/ 20-9 (e)	6.32m/ 20-9
Dino Dodig	4.68m/ 15-5 1/4 (c)	7.04m/23-1 1/4

TRIPLE JUMP **2017** **LIFETIME**

R. Flores	14.89m/ 48-10 1/4 (m)	14.89m/ 48-10 1/4
Josh Colbert	14.53m/ 47-8 (a)	14.53m/ 47-8

SHOT PUT **2017** **LIFETIME**

J. Callaghan	16.79m/ 55-1 (f)	16.79m/ 55-1
Tyler Jackson	15.27m/ 50-1 1/4 (f)	15.27m/ 50-1 1/4
Ray Littles	11.25m/ 36-11 (c)	11.25m/ 36-11
Nick Johnson	11.36m/ 37-3 1/4 (e)	11.36m/ 37-3 1/4

35# WEIGHT **2017** **LIFETIME**

Brock Eager	20.33m/ 66-8 1/2 (k)	20.33m/ 66-8 1/2
Travis Pickett	18.79m/ 61-7 3/4 (m)	18.79m/ 61-7 3/4
Adam Mahama	18.05m/ 59-2 3/4 (e)	18.24m/ 59-10 3/4
Wyatt Meyring	16.62m/ 54-6 1/2 (e)	16.62m/ 54-6 1/2
Amani Brown	15.90m/ 52-2 (a)	15.90m/ 52-2
Derek Crites	14.79m/ 48-6 1/2 (h)	14.89m/ 48-10 1/4

DISCUS **2017** **LIFETIME**

Adam Mahama	47.06m/ 154-4 (c)	47.06m/ 154-4
Tyler Jackson	46.77m/ 153-5 (c)	46.77m/ 153-5
Nick Johnson	28.14m/ 92-4 (c)	28.14m/ 92-4

HEPTATHLON **2017** **LIFETIME**

Ray Littles	4588 (f)	4588 points
f = 60m - 7.05, LJ -6.43m/21-1 1/4, SP - 12.03m/39-5 3/4, HJ - 1.83m/6-0, 60m H - 9.17, PV - 3.05m/10-0, 1000m - 2:56.17)		

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- m @Mtn. Pacific Sports Fed. Champs, Seattle 2/24-25
Team scores: Oregon 89, USC 83, UCLA 70, BYU 65, Arizona State 53, Colorado 47, California 45.50, Washington 44.50, Arizona 42, Washington State 41, Long Beach State 30.50, Stanford 27.50, UC Riverside 11, Portland 11, Cal State Northridge 3
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