2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024

Dempsey Indoor, Seattle WA

Results

Women 60 Meter Dash

Dempsey: ! 7.07 2/25/2023 Samirah Moody, USC
Meet: M 7.07 2/25/2023 Samirah Moody, USC

Name	Year	Team	Prelims
Heat 1 Preliminaries			
1 # 4829 Mills, Makhaila		California	7.36q
2 # 5278 Rose, Megan		Utah	7.51q
3 # 5298 Hunter, Danielle		Washington	7.55
4 # 5409 Lungo, Jordyn		Whitworth	7.85
5 # 4994 Bahn, Delaney		Oregon State	7.90
Heat 2 Preliminaries			
1 # 5091 Okonkwo, Chioma		Southern California	7.46q
2 # 5176 Fletcher, Kaylen		Ucla	7.46q
3 # 5299 McHenry, Sophia		Washington	7.90
Heat 3 Preliminaries			
1 # 5218 Holiday, Sydney		Unattached	7.54
2 # 5353 Wollman, Gilana		Washington State	7.67
3 # 5344 Lyons, Brooke		Washington State	7.70
Heat 4 Preliminaries			
1 # 5146 Zwaanstra, Teagan		Stanford	7.54q
2 # 4780 Miller, Trinity		Azusa Pacific	7.76
3 # 4781 Perkins, Ashanti		Azusa Pacific	7.98
Heat 5 Preliminaries			
1 # 4957 Mays, Jadyn		Oregon	7.19q
2 # 4959 Neal, Brazil		Oregon	7.55
3 # 5350 Unruh-Thomas, Eli		Washington State	7.66
4 # 4786 Williams, Nevaeh		Azusa Pacific	7.75
5 # 5035 Townsend, Emma		Resolute Track Club	7.88
Heat 6 Preliminaries			
1 # 4956 Jones, Lily		Oregon	7.36q
2 # 5003 Hurley, Jada		Oregon State	7.54
3 # 5130 Oakes, Alaysia		Stanford	7.59
4 # 5131 Olomu, Megan		Stanford	7.70
5 # 5030 Wilson, Kyrstin		Puget Sound	7.86
Heat 7 Preliminaries			
1 # 4963 Rossum, Alexa		Oregon	7.44q
2 # 4901 Crawford, Jasmyn		Cui	7.70
3 # 4996 Buckley, Abby		Oregon State	7.93

Women 60 Meter Dash

Dempsey: ! 7.07 2/25/2023 Samirah Moody, USC
Meet: M 7.07 2/25/2023 Samirah Moody, USC

Name	Year	Team	Finals
Section 1 Finals			
1 # 4956 Jones, Lily		Oregon	7.28
2 # 4963 Rossum, Alexa		Oregon	7.39
Section 2 Finals			
1 # 4957 Mays, Jadyn		Oregon	7.11
2 # 4829 Mills, Makhaila		California	7.34
3 # 5091 Okonkwo, Chioma		Southern California	7.47
4 # 5278 Rose, Megan		Utah	7.52

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Women 200 Meter Dash

Dempsey: ! 23.09 2/24/2017 Kendall Ellis, USC
Meet: M 23.75 3/4/2006 Carol Rodriguez, USC

	Name	Year	Team	Finals
Section 1				
1	# 4996 Buckley, Abby		Oregon State	25.50
2	# 5030 Wilson, Kyrstin		Puget Sound	25.74
3	# 5345 McCabe, Maya		Washington State	25.81
4	# 5407 Ball, Alison		Whitworth	25.83
5	# 5299 McHenry, Sophia		Washington	26.04
Section 2				
1	# 5261 Daniel, Harley		Utah	24.75
2	# 5131 Olomu, Megan		Stanford	25.41
3	# 5352 Willems, Elena		Washington State	26.77
Section 3				
1	# 4780 Miller, Trinity		Azusa Pacific	25.10
2	# 5264 Gomm, Ally		Utah	25.19
3	# 5132 Peisner, Camille		Stanford	25.48
Section 4				
1	# 4901 Crawford, Jasmyn		Cui	24.89
2	# 5133 Peters, Cate		Stanford	24.99
3	# 5121 Hinton, Sage		Stanford	25.03
4	# 5134 Price, Trinity		Stanford	25.60
Section 5				
1	# 5226 Proctor, Dianna		Unattached	24.44
2	# 4865 Moorer, Joy		Colorado	24.74
3	# 5140 Thomas, Samantha		Stanford	24.77
4	# 5298 Hunter, Danielle		Washington	24.81
Section 6				
1	# 5091 Okonkwo, Chioma		Southern California	24.24
2	# 5268 Kealamakia, Baile		Utah	24.56
3	# 4779 Holmes, Kiayra		Azusa Pacific	24.72
Section 7				
1	# 5081 Carter, Jassani		Southern California	23.61M
2	# 4963 Rossum, Alexa		Oregon	24.03
3	# 4867 Pollak, Emma		Colorado	24.05

Women 400 Meter Dash

Dempsey: ! 51.60 2/29/2020 Bailey Lear, USC
Meet: M 51.66 2/25/2023 Jan'Taijah Jones, USC

	Name	Year	Team	Finals
Section 1				
1	# 5289 Coleman, Kapiolan		Washington	56.37
2	# 5029 Lewis, Jackilyn		Puget Sound	58.48
3	# 5306 Rutherford, Elle		Washington	59.43
Section 2				
1	# 5033 Baker, Braelyn		Redmond Sprint Club	55.64
2	# 5121 Hinton, Sage		Stanford	56.01
3	# 5003 Hurley, Jada		Oregon State	56.92
Section 3				
1	# 5413 Sorensen, Kate		Unattached	56.52
2	# 5013 Scatena, Adael		Oregon State	57.11
Section 4				

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....Women 400 Meter Dash

1	# 4825	Lacefield, Ryan	California	54.36
2	# 5226	Proctor, Dianna	Unattached	55.28
3	# 4776	Ehiemere, Mercy	Azusa Pacific	55.55
4	# 5132	Peisner, Camille	Stanford	56.91
Section 5				
1	# 4950	Doht-Barron, Lake	Oregon	54.43
2	# 5082	Cenci, Takiya	Southern California	54.57
3	# 5308	Terrell, Anna	Washington	55.35
4	# 5140	Thomas, Samantha	Stanford	55.97
Section 6				
1	# 5262	Eriksen, Josefine	Utah	53.64
2	# 4784	Verner, Alayna	Azusa Pacific	54.36
Section 7				
1	# 5085	John, Yemi	Southern California	52.17
2	# 4949	Clayton, Ella	Oregon	52.55
3	# 5090	Mallard, Christin	Southern California	56.65
Section 8				
1	# 4861	Glynn, Abbey	Colorado	52.03
2	# 5095	Whyte, Madison	Southern California	52.16
3	# 5087	Jones, Jan'Taijah	Southern California	52.55

Women 800 Meter Run

Dempsey: ! 2:00.95 1/27/2024 Carley Thomas, Washington
Meet: M 2:02.56 3/5/2011 Geena Gall, Oregon Track Cl

Name	Year	Team	Finals
Section 1			
1 # 4868		Pribramsky, Ellio	Colorado	2:11.04
2 # 5282		Wilcox, Millie	Utah	2:11.60
3 # 5416		Chisar, Jess	Alaska Anchorage	2:11.65
4 # 5139		Studdert, Hillary	Stanford	2:13.65
5 # 5287		Brown, Alyssia	Washington	2:13.92
6 # 5415		Heien, Malia	Lewis & Clark	2:17.32
Section 2				
1 # 5133		Peters, Cate	Stanford	2:09.25
2 # 4817		Perez-Zoghbi, Isa	Cal Poly Humboldt	2:09.47
3 # 4921		Rising, Ellie	George Fox	2:09.80
4 # 5136		Shults, Madison	Stanford	2:12.56
-- # 5224		McDonnell, Samant	Unattached	DNF
-- # 5222		Markow, Allura	Unattached	DNF
Section 3				
1 # 5221		Manson, Brooke	Unattached	2:07.25
2 # 5277		Rinn, Brianna	Utah	2:07.61
3 # 5304		O'Sullivan, Sophi	Washington	2:08.04
4 # 5119		Everett, Amelia	Stanford	2:09.50
5 # 5079		Blockburger, Alys	Southern California	2:09.82
6 # 5167		Wild, Annie	Stanislaus State	2:12.36
Section 4				
1 # 5215		Friborg, Samantha	Unattached	2:04.44
2 # 5185		Pittman, Rose	Ucla	2:05.17
3 # 5089		Maccagnini, Gigi	Southern California	2:05.43
4 # 5123		James, Taylor	Stanford	2:06.67
5 # 4953		Frias, Dalia	Oregon	2:07.66
6 # 5270		Martin, Kyla	Utah	2:09.58

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....Women 800 Meter Run

--	# 4946	Barnett, Mia	Oregon	DNF

Section 5

1	# 4799	Akins, Nia	Brooks Beasts	1:58.27!
2	# 5143	Whittaker, Juliet	Stanford	2:00.09!
3	# 5256	Keegan, McKenna	Union Athletics	2:00.34!
4	# 5303	Nielsen, Wilma	Washington	2:02.26M
5	# 5179	Jendrezak, Kate	Ucla	2:02.64
6	# 5305	Preigh, Marlena	Washington	2:03.34
7	# 5093	Sullivan, Marne	Southern California	2:04.17

Women 1 Mile Run

Dempsey: ! 4:23.68 2/1/2020 Shelby Houlihan, Bowerman T
Meet: M 4:32.91 2/25/2023 Laura Pellicoro, Portland

	Name	Year	Team	Finals

Section 1

1	# 5337	Bissell, Nicole	Washington State	4:55.35
2	# 4828	McCorkle, Georgia	California	4:57.35
3	# 5229	Thorsett, Ella	Unattached	4:57.70
4	# 5274	Peters, Annastasi	Utah	4:58.21
5	# 5139	Studdert, Hillary	Stanford	4:58.51
6	# 5043	Hargreaves, Lilia	Seattle	4:59.03
7	# 5092	Soares, Marina	Southern California	4:59.25
8	# 5002	Hull, Ellie	Oregon State	4:59.52
9	# 5083	Duarte, Jacquelin	Southern California	5:13.39

Section 2

1	# 4860	Doucette, Katie	Colorado	4:49.59
2	# 5041	Walchak-Sloan, Ca	Saint Martin's	4:50.16
3	# 5272	Moroney, Grace	Utah	4:53.44
4	# 4870	Valenti, Whitney	Colorado	4:55.01
5	# 5167	Wild, Annie	Stanislaus State	4:55.33
6	# 5166	Chouati, Najwa	Stanislaus State	5:01.74
7	# 5223	Martin, Kendall	Unattached	5:01.98
8	# 4922	Schmitt, Breanna	George Fox	5:11.21

Section 3

1	# 4833	Yerby, Claire	California	4:46.67
2	# 5281	Vringer, Erin	Utah	4:46.79
3	# 5270	Martin, Kyla	Utah	4:47.06
4	# 4965	Thompson, Anika	Oregon	4:47.37
5	# 5342	Kimtai, Neema	Washington State	4:48.14
6	# 5138	Stewart, Riley	Stanford	4:50.74
7	# 5122	Hogg, Nicola	Stanford	4:52.08
8	# 5222	Markow, Allura	Unattached	4:54.38

Section 4

1	# 4754	Hyde, Gracie	Adams State	4:30.90M
2	# 4951	Elmore, Madison	Oregon	4:31.41M
3	# 5028	Pellicoro, Laura	Portland	4:31.65M
4	# 4942	Mehra, Rebecca	Oiselle	4:32.76M
5	# 4946	Barnett, Mia	Oregon	4:33.40
6	# 5304	O'Sullivan, Sophi	Washington	4:38.98
7	# 5291	David-Smith, Juli	Washington	4:42.60
8	# 5010	Pradere, Abigail	Oregon State	4:43.23
--	# 5224	McDonnell, Samant	Unattached	DNF
--	# 5008	Mitchell, Kaylee	Oregon State	DNF

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Women 3000 Meter Run

Dempsey: ! 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon P
Meet: M 8:53.95 2/24/2023 Simone Plourde, Utah

	Name	Year	Team	Finals
Section 1				
1	# 5229 Thorsett, Ella		Unattached	9:40.87
2	# 5171 Browne, Bella		Ucla	9:43.48
3	# 4828 McCorkle, Georgia		California	9:43.95
4	# 5007 Martinez, Eimy		Oregon State	9:44.03
5	# 5274 Peters, Annastasi		Utah	9:45.70
6	# 5265 Hartnett, Kylie		Utah	9:48.39
7	# 5341 Jerotich, Carolin		Washington State	9:52.07
8	# 5276 Reed, Maddie		Utah	9:54.17
9	# 5004 Kopec, Katie		Oregon State	9:55.87
10	# 5347 Molteni, Cristina		Washington State	9:56.54
11	# 5119 Everett, Amelia		Stanford	9:59.16
12	# 5001 Hamlin, Jamie		Oregon State	10:01.38
13	# 4998 Eckman, Eliza		Oregon State	10:13.69
14	# 5092 Soares, Marina		Southern California	10:14.92
15	# 5259 Branch, Karli		Utah	10:30.97
Section 2				
1	# 4965 Thompson, Anika		Oregon	9:18.57
2	# 5005 Laurent, Kate		Oregon State	9:23.68
3	# 4995 Brooks, Sage		Oregon State	9:24.13
4	# 5349 Stone Boggs, Alai		Washington State	9:25.95
5	# 5230 Tinkham, Mikayla		Unattached	9:26.18
6	# 4997 Cunniam, Erika		Oregon State	9:26.89
7	# 5117 Dadamio, Audrey		Stanford	9:27.89
8	# 5312 Welin, Josephine		Washington	9:28.95
9	# 5258 Boire, Veronic		Utah	9:30.52
10	# 5006 Lundgren, Noemi		Oregon State	9:30.68
11	# 5273 Nowakowska, Katar		Utah	9:31.12
12	# 5142 Wells, Caroline		Stanford	9:37.52
13	# 5172 Browne, Chloe		Ucla	9:43.26
14	# 5307 Smith, Naomi		Washington	9:59.51
Section 3				
1	# 4945 Ayyildiz, Silan		Oregon	8:54.19
2	# 5338 Cheptoo, Zenah		Washington State	8:56.15
3	# 4953 Frias, Dalia		Oregon	9:01.82
4	# 5217 Green, Claire		Unattached	9:01.91
5	# 5124 Jenks, Lucy		Stanford	9:07.28
6	# 4755 Robles, Brianna		Adams State	9:08.74
7	# 5281 Vringer, Erin		Utah	9:12.08
8	# 5291 David-Smith, Juli		Washington	9:13.16
9	# 5182 Kane, Mia		Ucla	9:15.16
10	# 4810 Cornejo, Tatiana		Cal Poly	9:16.93
11	# 5311 Weir, India		Washington	9:16.96
12	# 4860 Doucette, Katie		Colorado	9:23.80
13	# 5138 Stewart, Riley		Stanford	9:29.71
--	# 5228 Shaw, Savannah		Unattached	DNF
--	# 5224 McDonnell, Samant		Unattached	DNF

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Women 5000 Meter Run

Dempsey: ! 15:01.70 2/14/2009 Jenny Barringer, Colorado
Meet: M 15:38.08 2/24/2023 Ruby Smee, San Francisco

	Name	Year	Team	Finals
Section 1				
1	# 5421 Mayfield, Clara		Unattached	16:21.60
2	# 5166 Chouati, Najwa		Stanislaus State	16:31.81
3	# 5414 Buese, Riley		Lewis & Clark	16:52.68
4	# 4916 Carstens, Alauna		Evergreen St	17:32.64
5	# 5042 Groleau, Azalea		Seattle	17:47.94
6	# 5190 Salz, Annika		Ucla	18:02.80
Section 2				
1	# 5254 Ejore, Susan		Under Armour Dar	14:55.35!
2	# 5227 Ryan, Lauren		Unattached	14:57.67!
3	# 5255 Yee, Regan		Under Armour Dar	15:01.84M
4	# 4800 Buchalski, Allie		Brooks Beasts	15:03.00M
5	# 4801 DeLay, Kayley		Brooks Beasts	15:05.96M
6	# 5115 Bunnage, Amy		Stanford	15:11.68M
7	# 5220 Lipari, Emily		Unattached	15:13.83M
8	# 5212 Camarena, Katie		Unattached	15:21.55M
9	# 5065 HE, WuGa		SichuanCN	15:26.06M
10	# 4857 Baran, Ella		Colorado	15:26.66M
11	# 5257 Venters, Emily		Union Athletics	15:31.59M
12	# 5008 Mitchell, Kaylee		Oregon State	15:40.17
13	# 5213 Cridebring, Alyci		Unattached	15:41.88
14	# 5066 MA, XiuZhen		SichuanCN	15:42.42
15	# 5296 Herberg, Haley		Washington	15:51.12
16	# 5126 Kennedy, Sophia		Stanford	15:56.39
17	# 5118 Dudek, Zofia		Stanford	15:56.66
18	# 5267 Jensen, Morgan		Utah	15:58.85
19	# 5116 Connolly, Grace		Stanford	16:11.17
20	# 5260 Caesar, McKaylie		Utah	16:14.27
--	# 4942 Mehra, Rebecca		Oiselle	DNF
--	# 4802 Pen Freitas, Mart		Brooks Beasts	DNF
--	# 5214 Flanagan, Roisin		Unattached	DNF
--	# 5412 Heymach, Julia		Brooks Beasts	DNF

Women 60 Meter Hurdles

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC
Meet: M 7.93 3/4/2006 Virginia Powell, USC

	Name	Year	Team	Prelims
Heat 1 Preliminaries				
1	# 4864 McMullen, Avery		Colorado	8.18q
2	# 5261 Daniel, Harley		Utah	8.49
3	# 4831 Shearer, Jazlynn		California	8.50
4	# 5408 Hewson, Amelia		Whitworth	8.90
5	# 5135 Schuller, Sky		Stanford	9.20
Heat 2 Preliminaries				
1	# 4775 Conde-Turpin, Est		Azusa Pacific	8.38q
2	# 5137 Stapleton, Tess		Stanford	8.39q
3	# 5184 Ndjip-Nyemeck, Ya		Ucla	8.39q
4	# 5094 Waldron, Nonah		Southern California	8.42q
5	# 4814 Hano, Joy		Cal Poly Humboldt	8.80

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....Women 60 Meter Hurdles

Heat 3 Preliminaries

1	# 4958	McCormick, Aaliya	Oregon	8.13q
2	# 4785	Warwick, Nicole	Azusa Pacific	8.62
3	# 4862	Green, Jada	Colorado	8.65
4	# 5268	Kealamakia, Baile	Utah	8.99
5	# 5034	Coker, Avery	Resolute Track Club	9.16

Heat 4 Preliminaries

1	# 5339	De Mello, Micaela	Washington State	8.30q
2	# 5078	Ballard, Simone	Southern California	8.40q
3	# 5014	Hammond, Allyson	Pacific (Ore.)	9.03
4	# 4905	Pelascini, Giovan	Cui	9.24
--	# 4821	Atkinson, Asjah	California	DNF

Women 60 Meter Hurdles

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC
Meet: M 7.93 3/4/2006 Virginia Powell, USC

Name	Year	Team	Finals
Section 1 Finals			
1 # 5339 De Mello, Micaela		Washington State	8.13
2 # 5184 Ndjip-Nyemeck, Ya		Ucla	8.21
3 # 4775 Conde-Turpin, Est		Azusa Pacific	8.38
4 # 5094 Waldron, Nonah		Southern California	8.48
Section 2 Finals			
1 # 4958 McCormick, Aaliya		Oregon	8.05
2 # 5078 Ballard, Simone		Southern California	8.28
3 # 5137 Stapleton, Tess		Stanford	8.31

Women 4x400 Meter Relay

Dempsey: ! 3:29.78 2/25/2023 USC, USC
Lear, Jones, John, Jones
Meet: M 3:29.78 2/25/2023 USC, USC
Lear, Jones, John, Jones

Team	Finals
Section 1	
1 Colorado 'A'	3:35.63
1) #4867 Pollak, Emma	2) #4864 McMullen, Avery
3) #4865 Moorer, Joy	4) #4861 Glynn, Abbey
2 Utah 'A'	3:36.97
1) #5261 Daniel, Harley	2) #5268 Kealamakia, Bailey
3) #5264 Gomm, Ally	4) #5262 Eriksen, Josefine
3 Azusa Pacific 'A'	3:43.96
1) #4776 Ehiemere, Mercy	2) #4785 Warwick, Nicole
3) #4784 Verner, Alayna	4) #4779 Holmes, Kiayra
4 Cal Poly Humboldt 'A'	3:54.02
1) #4814 Hano, Joy	2) #4816 McKamey, Cocome
3) #4815 Kasberger, Grace	4) #4817 Perez-Zoghbi, Isabel
5 Cui 'A'	3:58.62
1) #4905 Pelascini, Giovana	2) #4900 Bishop, Ruby
3) #5423 Nelson, Logan	4) #5422 Thornburg, Jaela
Section 2	
1 Oregon 'A'	3:30.25

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....Women 4x400 Meter Relay

1) #4954 Grebo, Shana		2) #4949 Clayton, Ella	
3) #4968 Wright, Katriina		4) #4955 Hall, Shaniya	
2 Stanford 'A'			3:31.97
1) #5145 Wright, Cydney		2) #5144 Willis, Roisin	
3) #5143 Whittaker, Juliette		4) #5141 Valmon, Maya	
3 Ucla 'A'			3:34.76
1) #5174 Conyers, Alyssa		2) #5176 Fletcher, Kaylen	
3) #5179 Jendrezak, Kate		4) #5180 Johnson, Naomi	

Women Distance Medley

Dempsey: ! 10:49.30 2/24/2023 Stanford, Stanford
Tanaka, Valmon, Willis, Whittaker
Meet: M 10:49.30 2/24/2023 Stanford, Stanford
Tanaka, Valmon, Willis, Whittaker

Team	Finals
Section 1	
1 Washington State 'A'	11:18.57
1) #5345 McCabe, Maya	2) #5348 Nijjar, Jasneet
3) #5352 Willems, Elena	4) #5338 Cheptoo, Zenah
2 Western Washington 'A'	11:27.45
1) #5395 Wright, Sophie	2) #5386 Cheney, Caitlyn
3) #5390 Kroontje, Emmy	4) #5388 Davis, Ila
3 Cui 'A'	11:38.29
1) #4902 Eismann, Porshe	2) #4908 Schmidt, Bethany
3) #4907 Sartin, Maria	4) #4904 Paradis, Jori
4 Western Washington 'B'	11:42.13
1) #5387 Crocker, Mia	2) #5389 Heiman, Annabelle
3) #5391 Ledesma, Marian	4) #5394 Reeck, Ashley
5 George Fox 'A'	12:08.31
1) #4921 Rising, Ellie	2) #4920 Gonzales, Annalise
3) #4919 Bailey, Jessie	4) #4922 Schmitt, Breanna
6 Western Oregon 'A'	12:13.10
1) #5377 Smith, Riley	2) #5425 Hart, Jessy
3) #5376 Nguyen, Kaydence	4) #5374 Hutton, Holly

Women High Jump

Dempsey: ! 1.93m 2/25/2012 Brigetta Barrett, Arizona
Meet: M 1.83m 3/3/2012 Inika McPherson / La Tijera Avery, Cal

Name	Year	Team	Finals
Flight 1			
1 # 4869 Routledge, Allie		Colorado	1.79m 5-10.50
1.56 1.61 1.66 1.71 1.76 1.79 1.82			
--- --- O O O XO XXX			
2 # 4864 McMullen, Avery		Colorado	1.71m 5-07.25
1.56 1.61 1.66 1.71 1.76			
--- --- O O XXX			
3 # 5011 Proudfoot, Grace		Oregon State	J1.71m 5-07.25
1.56 1.61 1.66 1.71 1.76			
O O O XXO XXX			

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....Women High Jump

3	# 4783 Saunders, Eliana	Azusa Pacific	J1.71m	5-07.25
	1.56 1.61 1.66 1.71 1.76			
	--- O O XXO XXX			
5	# 4824 Elie, Ashanti	California	1.66m	5-05.25
	1.56 1.61 1.66 1.71			
	O O O XXX			
6	# 4778 Fischer, Luisa	Azusa Pacific	J1.66m	5-05.25
	1.56 1.61 1.66 1.71			
	XO O O XXX			
7	# 5191 Sims, Jada	Ucla	J1.66m	5-05.25
	1.56 1.61 1.66 1.71			
	O O XO XXX			
7	# 4775 Conde-Turpin, Est	Azusa Pacific	J1.66m	5-05.25
	1.56 1.61 1.66 1.71			
	O O XO XXX			
9	# 5181 Jordahl-Henry, Ju	Ucla	1.61m	5-03.25
	1.56 1.61 1.66			
	--- O XXX			
9	# 4871 Ward, Riley	Colorado	1.61m	5-03.25
	1.56 1.61 1.66			
	--- O XXX			
11	# 5012 Reilly, Savannah	Oregon State	J1.61m	5-03.25
	1.56 1.61 1.66			
	O XO XXX			
11	# 4994 Bahn, Delaney	Oregon State	J1.61m	5-03.25
	1.56 1.61 1.66			
	--- XO XXX			
11	# 4777 Errahili, Nouhayl	Azusa Pacific	J1.61m	5-03.25
	1.56 1.61 1.66			
	O XO XXX			
14	# 5187 Robinson, Jordan	Ucla	1.56m	5-01.25
	1.56 1.61			
	O XXX			
--	# 5125 Jones, Alyssa	Stanford	NH	
	1.56 1.61 1.66 1.71			
	--- --- --- XXX			

Women Pole Vault

```
================================================================================
    Dempsey: ! 4.67m  1/29/2021   Olivia Gruver, Unattached
       Meet: M 4.50m  2/24/2023   Nastassja Campbell, Washington
   Name                    Year Team                     Finals
================================================================================
  1 # 5301 Moll, Hana            Washington               4.48m   14-08.25
    3.45 3.60 3.75 3.90 4.02 4.14 4.26 4.38 4.43 4.48 4.53 4.66
     --- --- --- --- --- ---  XO XXO --- O --- XXX
  2 # 5343 Lowder, Eva           Washington State         4.38m   14-04.50
    3.45 3.60 3.75 3.90 4.02 4.14 4.26 4.38 4.43
     --- --- --- --- O O O O XXX
  2 # 5288 Campbell, Nastass     Washington               4.38m   14-04.50
    3.45 3.60 3.75 3.90 4.02 4.14 4.26 4.38 4.43
     --- --- --- --- --- O O O XXX
  4 # 5300 Moll, Amanda          Washington               4.26m   13-11.75
    3.45 3.60 3.75 3.90 4.02 4.14 4.26 4.38
     --- --- --- --- XO XXO O XXX
```

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....Women Pole Vault

5	# 5170 Adamiec, Katerina	Ucla	J4.26m	13-11.75	
	3.45 3.60 3.75 3.90 4.02 4.14 4.26 4.38				
	--- --- O O O XO XO XXX				
6	# 5346 Moku, Tatum	Washington State	4.14m	13-07.00	
	3.45 3.60 3.75 3.90 4.02 4.14 4.26				
	--- --- --- O O O XXX				
7	# 5286 Borton, Sara	Washington	J4.14m	13-07.00	
	3.45 3.60 3.75 3.90 4.02 4.14 4.26				
	--- --- --- --- XO O XXX				
8	# 4960 Nilsen, Isabella	Oregon	J4.14m	13-07.00	
	3.45 3.60 3.75 3.90 4.02 4.14 4.26				
	--- XO O XO O XO XXX				
9	# 4830 Sahaida, Ali	California	4.02m	13-02.25	
	3.45 3.60 3.75 3.90 4.02 4.14				
	--- --- --- O O XXX				
9	# 4832 Turner, Amari	California	4.02m	13-02.25	
	3.45 3.60 3.75 3.90 4.02 4.14				
	--- --- --- --- O XXX				
11	# 5169 Abrille, Ka'leila	Ucla	J4.02m	13-02.25	
	3.45 3.60 3.75 3.90 4.02 4.14				
	--- --- --- XO O XXX				
12	# 5135 Schuller, Sky	Stanford	J4.02m	13-02.25	
	3.45 3.60 3.75 3.90 4.02 4.14				
	--- O O XO XO XXX				
13	# 4952 Fitzsimmons, Emil	Oregon	J4.02m	13-02.25	
	3.45 3.60 3.75 3.90 4.02 4.14				
	--- --- O O XXO XXX				
14	# 5183 Leigh, Allison	Ucla	3.90m	12-09.50	
	3.45 3.60 3.75 3.90 4.02				
	--- --- O O XXX				
15	# 5063 Daugherty, Lizzy	Seattle Pacific	J3.90m	12-09.50	
	3.45 3.60 3.75 3.90 4.02				
	--- --- XO O XXX				
16	# 5313 Wilson, Avril	Washington	J3.90m	12-09.50	
	3.45 3.60 3.75 3.90 4.02				
	--- O O XXO XXX				
17	# 5293 Ferguson, Sarah	Washington	J3.90m	12-09.50	
	3.45 3.60 3.75 3.90 4.02				
	--- XO O XXO XXX				
18	# 5064 Thomason, Emily	Seattle Pacific	3.75m	12-03.50	
	3.45 3.60 3.75 3.90				
	--- --- XO XXX				
18	# 5128 Kistler, Lianne	Stanford	3.75m	12-03.50	
	3.45 3.60 3.75 3.90				
	--- O XO XXX				
20	# 5127 Kern, Kelly	Stanford	J3.75m	12-03.50	
	3.45 3.60 3.75 3.90				
	--- XO XO XXX				
21	# 5292 Ezeji-Okoye, Dela	Washington	J3.75m	12-03.50	
	3.45 3.60 3.75 3.90				
	--- XXO XXO XXX				

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Women Long Jump

Dempsey: ! 6.55m 2/14/2004 Grace Upshaw, Brittney Reese, Nike
Meet: M 6.46m 3/5/2011 Jamesha Youngblood, Oregon

	Name	Year	Team	Finals	
1	# 5146 Zwaanstra, Teagan		Stanford	5.80m	19-00.50
	5.78m FOUL 4.21m FOUL FOUL 5.80m				
2	# 5177 Hartwell, Sophia		Ucla	5.64m	18-06.00
	5.59m 5.45m 5.64m PASS PASS PASS				
3	# 5084 Foreman, Jada		Southern California	5.62m	18-05.25
	5.37m 5.52m 5.62m				
4	# 5191 Sims, Jada		Ucla	5.56m	18-03.00
	FOUL 5.30m 5.56m				
5	# 4824 Elie, Ashanti		California	5.49m	18-00.25
	5.42m 5.42m 5.49m				
6	# 5080 Bush, Ahnyx		Southern California	5.36m	17-07.00
	FOUL FOUL 5.36m				
7	# 5188 Ronan, Megan		Ucla	5.00m	16-05.00
	FOUL FOUL 5.00m				
--	# 5310 Washburn, Ava		Washington	FOUL	
	FOUL FOUL FOUL				
--	# 5263 Gates, Delaney		Utah	FOUL	
	FOUL FOUL FOUL				

Flight 2

1	# 5137 Stapleton, Tess		Stanford	6.17m	20-03.00
	FOUL 6.03m 6.15m 6.17m FOUL 6.10m				
2	# 4785 Warwick, Nicole		Azusa Pacific	6.03m	19-09.50
	5.81m FOUL 6.03m FOUL FOUL 5.59m				
3	# 4994 Bahn, Delaney		Oregon State	5.92m	19-05.25
	5.63m 5.75m FOUL 5.61m FOUL 5.92m				
4	# 5130 Oakes, Alaysia		Stanford	5.89m	19-04.00
	5.89m 5.69m FOUL 5.76m FOUL FOUL				
5	# 4863 Lucyk, Kara		Colorado	5.84m	19-02.00
	5.73m 5.70m 5.71m 5.76m 5.84m 5.73m				
6	# 5175 Fletcher, Asha		Ucla	5.83m	19-01.50
	5.83m FOUL 5.77m 5.61m 5.78m PASS				
7	# 4819 Akinduro, Busola		California	5.72m	18-09.25
	FOUL 5.43m 5.72m PASS PASS PASS				
8	# 4775 Conde-Turpin, Est		Azusa Pacific	5.34m	17-06.25
	FOUL FOUL 5.34m				
8	# 5353 Wollman, Gilana		Washington State	5.34m	17-06.25
	5.28m 5.34m 5.23m				

Women Triple Jump

Dempsey: ! 13.91m 2/27/2016 Andrea Geubelle, Unattached
Meet: M 13.25m 3/6/2004 Kamila Ryelska, BYU

	Name	Year	Team	Finals	

Flight 1

1	# 4961 Porter, Ryann		Oregon	13.01m	42-08.25
	13.01m 12.84m 12.91m 12.55m 12.73m 13.01m				
2	# 4819 Akinduro, Busola		California	12.72m	41-08.75
	FOUL 12.28m 12.72m FOUL 12.70m 12.69m				
3	# 5130 Oakes, Alaysia		Stanford	12.48m	40-11.50
	FOUL 12.48m 11.86m FOUL FOUL FOUL				

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....Women Triple Jump

4	# 4822	Canty, Myla	California	12.43m	40-09.50
	12.07m	FOUL 12.01m FOUL 12.43m 11.00m			
5	# 5175	Fletcher, Asha	Ucla	12.36m	40-06.75
	FOUL	FOUL 11.58m 11.82m 12.36m 12.04m			
6	# 5295	Heggen, Lauren	Washington	12.17m	39-11.25
	FOUL	12.17m FOUL 10.24m FOUL FOUL			
7	# 5084	Foreman, Jada	Southern California	11.98m	39-03.75
	11.42m	FOUL 11.70m 11.81m 11.98m 11.83m			
8	# 5177	Hartwell, Sophia	Ucla	11.63m	38-02.00
	FOUL	11.63m FOUL 11.46m 11.30m 11.47m			
9	# 5310	Washburn, Ava	Washington	11.57m	37-11.50
	FOUL	11.54m 11.14m FOUL 10.97m 11.57m			
10	# 5080	Bush, Ahnyx	Southern California	11.45m	37-06.75
	11.37m	11.45m FOUL			
11	# 4774	Baerny, Olivia	Azusa Pacific	11.36m	37-03.25
	FOUL	11.36m 11.16m			
12	# 5046	Wague, Manthia	Seattle	11.28m	37-00.25
	10.68m	11.06m 11.28m			
13	# 5045	Tibbo, Zoe	Seattle	10.76m	35-03.75
	10.59m	10.76m 10.64m			
14	# 5048	Young, Morgan	Seattle	10.40m	34-01.50
	FOUL	FOUL 10.40m			
--	# 5188	Ronan, Megan	Ucla	FOUL	
	FOUL	FOUL FOUL			

Women Shot Put

Dempsey: ! 18.98m 2/24/2018 Maggie Ewen, Arizona State
Meet: M 18.23m 2/25/2023 Jaida Ross, Oregon

	Name	Year	Team	Finals	
1	# 4962 Ross, Jaida		Oregon	18.39mM	60-04.00
	17.62m 18.12m 18.34m 17.79m 17.27m 18.39m				
2	# 5309 Tupu-South, Kaia		Washington	16.86m	55-03.75
	16.86m 16.55m FOUL 16.67m 16.83m 16.58m				
3	# 4827 Lindfors, Caisa-M		California	16.43m	53-11.00
	15.12m FOUL 16.43m 15.81m FOUL 15.73m				
4	# 5186 Ramirez, Natalie		Ucla	15.58m	51-01.50
	15.01m 15.58m 15.45m 15.08m FOUL FOUL				
5	# 5340 Gyedu, Nana		Washington State	14.81m	48-07.25
	14.43m 14.80m FOUL 14.81m 14.39m 14.20m				
6	# 4782 Richardson, Hanna		Azusa Pacific	14.29m	46-10.75
	13.90m 14.29m 14.16m 13.72m 11.41m 13.52m				
7	# 5120 Fisher, Kaiah		Stanford	14.13m	46-04.25
	13.47m 14.13m 14.02m 13.56m 13.57m FOUL				
8	# 4872 Whyrick, Lauren		Colorado	13.68m	44-10.75
	13.47m 13.68m 13.18m 12.54m 13.08m 13.03m				
9	# 5114 Atuatasi, Brandy		Stanford	13.37m	43-10.50
	11.90m 12.29m 13.37m 11.89m 13.36m 12.94m				
10	# 5393 Potts, Katie		Western Washington	13.03m	42-09.00
	FOUL 12.23m 13.03m				
11	# 5410 Tiumalu, Renee		Whitworth	12.33m	40-05.50
	12.33m FOUL 11.84m				
12	# 5392 Parks, Mara		Western Washington	12.28m	40-03.50
	11.59m 12.28m 12.21m				

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Results

....Women Shot Put

13	# 4906	Rios, Jasmyn	Cui	11.89m	39-00.25
	11.76m	11.79m	11.89m		
14	# 4866	Opp, Amanda	Colorado	11.50m	37-08.75
	FOUL	11.50m	11.50m		
--	# 4775	Conde-Turpin, Est	Azusa Pacific	ND	
	ND	ND	ND		

Women Weight Throw

Dempsey: ! 22.82m 2/24/2023 Camryn Rogers, California
Meet: M 22.82m 2/24/2023 Camryn Rogers, California

	Name	Year	Team	Finals	
1	# 5283 Asomaning, Beatri		Washington	21.65m	71-00.50
	21.11m	21.13m	20.75m 21.00m 20.63m 21.65m		
2	# 4823 Coleman, Adrianna		California	19.47m	63-10.50
	18.23m	19.47m	18.95m 19.36m FOUL 18.72m		
3	# 5219 Hooper, Jayla		Unattached	18.73m	61-05.50
	FOUL	16.60m	FOUL 18.73m FOUL 18.63m		
4	# 4858 Braun, Bella		Colorado	18.02m	59-01.50
	16.87m	18.02m	17.35m FOUL 16.98m 16.73m		
5	# 4866 Opp, Amanda		Colorado	17.62m	57-09.75
	16.65m	17.62m	17.56m 16.92m 16.55m 17.15m		
6	# 5120 Fisher, Kaiah		Stanford	16.54m	54-03.25
	15.42m	16.54m	FOUL FOUL 15.27m FOUL		
7	# 5290 Colson, Yvonne		Washington	16.44m	53-11.25
	16.44m	16.39m	15.46m 16.17m 16.29m 15.74m		
8	# 5040 Saribay, Jocelyn		Saint Martin's	16.26m	53-04.25
	15.70m	16.26m	15.75m 15.85m 16.24m FOUL		
9	# 5114 Atuatasi, Brandy		Stanford	15.83m	51-11.25
	14.85m	15.83m	FOUL 13.93m 13.42m 15.81m		
10	# 4936 Beard, Kimberly		Get Strong F	15.81m	51-10.50
	FOUL	15.76m	15.81m		

Indoor Pentathlon: #5 Women 800 Meter Run

	Name	Year	Team	Finals	Points
Section 1					
1	# 5168 Swalve, Jessica		UC Santa Barbara	2:22.33	792
2	# 4768 Powers, Hollan		Arizona	2:22.88	785
3	# 4859 Bruce, Eva		Colorado	2:24.44	764
4	# 4815 Kasberger, Grace		Cal Poly Humboldt	2:24.66	761
5	# 4948 Chocek, Taylor		Oregon	2:24.77	760
6	# 4816 McKamey, Cocome		Cal Poly Humboldt	2:25.12	755
7	# 5113 Thrash, Abriel		Southern Nazarene	2:26.53	737
8	# 4947 Bullock, Gianna		Oregon	2:28.62	710
9	# 4820 Anderson, Torre		California	2:34.53	637
10	# 5216 Gero-Holt, JaiCie		Unattached	2:36.31	616
11	# 4967 Williams, Annika		Oregon	2:36.95	608
12	# 5125 Jones, Alyssa		Stanford	2:37.81	598
13	# 4826 Lampsas, Mara		California	2:38.35	592
14	# 4966 Uzoekwe, Colleen		Oregon	2:42.59	544
--	# 5009 Moersdorf, Anneke		Oregon State	DNF	

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Indoor Pentathlon: #1 Women 60 Meter Hurdles

	Name	Year	Team	Finals	Points
1	# 5125 Jones, Alyssa		Stanford	8.68	978
2	# 4815 Kasberger, Grace		Cal Poly Humboldt	9.20	869
3	# 4826 Lampsas, Mara		California	9.74	761
Section 2					
1	# 4859 Bruce, Eva		Colorado	8.71	971
2	# 5216 Gero-Holt, JaiCie		Unattached	8.82	948
3	# 5113 Thrash, Abriel		Southern Nazarene	9.39	830
Section 3					
1	# 4816 McKamey, Cocome		Cal Poly Humboldt	8.89	933
2	# 5168 Swalve, Jessica		UC Santa Barbara	8.96	918
3	# 4820 Anderson, Torre		California	9.15	879
Section 4					
1	# 4967 Williams, Annika		Oregon	8.64	987
2	# 4966 Uzoekwe, Colleen		Oregon	8.79	954
3	# 5009 Moersdorf, Anneke		Oregon State	9.15	879
Section 5					
1	# 4768 Powers, Hollan		Arizona	8.35	1050
2	# 4948 Chocek, Taylor		Oregon	8.43	1032
3	# 4947 Bullock, Gianna		Oregon	8.45	1028

Indoor Pentathlon: #2 Women High Jump

	Name	Year	Team	Finals	Points
Flight 1					
1	# 5216 Gero-Holt, JaiCie		Unattached	1.84m 6-00.50	1029
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87				
	--- --- --- --- --- --- --- --- --- --- --- O O XO O XXX				
1	# 5125 Jones, Alyssa		Stanford	1.84m 6-00.50	1029
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87				
	--- --- --- --- --- --- --- --- --- O --- O O XXO O XXX				
3	# 4967 Williams, Annika		Oregon	1.78m 5-10.00	953
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81				
	--- --- --- --- --- --- --- O --- XO O O XO XXX				
4	# 4948 Chocek, Taylor		Oregon	1.75m 5-08.75	916
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78				
	--- --- --- --- --- --- O O O O O O XXX				
4	# 5009 Moersdorf, Anneke		Oregon State	1.75m 5-08.75	916
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78				
	--- --- --- --- --- O O O O O XXO XO XXX				
6	# 5113 Thrash, Abriel		Southern Nazarene	1.66m 5-05.25	806
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69				
	--- --- --- O O O XO XO XXO XXX				
6	# 4966 Uzoekwe, Colleen		Oregon	1.66m 5-05.25	806
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69				
	--- --- --- --- --- O O XO XXO XXX				
6	# 4947 Bullock, Gianna		Oregon	1.66m 5-05.25	806
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69				
	--- --- --- --- --- XO XO O O XXX				
9	# 4859 Bruce, Eva		Colorado	1.63m 5-04.25	771
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66				
	--- --- --- XO O XXO XXO O XXX				

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....Indoor Pentathlon: #2 Women High Jump

9	# 4820 Anderson, Torre	California	1.63m	5-04.25	771
	1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66				
	--- --- --- O O O XXO O XXX				
11	# 4816 McKamey, Cocome	Cal Poly Humboldt	1.57m	5-01.75	701
	1.42 1.45 1.48 1.51 1.54 1.57 1.60				
	--- O O O O XO XXX				
11	# 4826 Lampsas, Mara	California	1.57m	5-01.75	701
	1.42 1.45 1.48 1.51 1.54 1.57 1.60				
	--- --- --- O O XO XXX				
11	# 4768 Powers, Hollan	Arizona	1.57m	5-01.75	701
	1.42 1.45 1.48 1.51 1.54 1.57 1.60				
	--- --- O XO XO XO XXX				
14	# 5168 Swalve, Jessica	UC Santa Barbara	1.54m	5-00.50	666
	1.42 1.45 1.48 1.51 1.54 1.57				
	--- O O O XXO XXX				
15	# 4815 Kasberger, Grace	Cal Poly Humboldt	1.51m	4-11.50	632
	1.42 1.45 1.48 1.51 1.54				
	--- XO O O XXX				

Indoor Pentathlon: #4 Women Long Jump

	Name	Year	Team	Finals		Points
1	# 5125 Jones, Alyssa		Stanford	6.34m	20-09.75	956
	FOUL 6.34m FOUL					
2	# 4967 Williams, Annika		Oregon	5.99m	19-08.00	846
	FOUL 5.99m FOUL					
3	# 4768 Powers, Hollan		Arizona	5.72m	18-09.25	765
	FOUL 5.69m 5.72m					
4	# 5216 Gero-Holt, JaiCie		Unattached	5.71m	18-09.00	762
	5.71m 5.64m 5.57m					
5	# 4947 Bullock, Gianna		Oregon	5.61m	18-05.00	732
	5.61m 5.43m FOUL					
6	# 4948 Chocek, Taylor		Oregon	5.55m	18-02.50	715
	5.55m 5.49m 4.98m					
7	# 4820 Anderson, Torre		California	5.52m	18-01.50	706
	5.29m 5.52m 5.43m					
8	# 4816 McKamey, Cocome		Cal Poly Humboldt	5.51m	18-01.00	703
	FOUL 5.41m 5.51m					
9	# 4859 Bruce, Eva		Colorado	5.49m	18-00.25	697
	FOUL FOUL 5.49m					
10	# 4966 Uzoekwe, Colleen		Oregon	5.46m	17-11.00	688
	FOUL 5.46m 5.37m					
11	# 5168 Swalve, Jessica		UC Santa Barbara	5.16m	16-11.25	603
	5.11m 5.11m 5.16m					
11	# 5113 Thrash, Abriel		Southern Nazarene	5.16m	16-11.25	603
	FOUL FOUL 5.16m					
13	# 4815 Kasberger, Grace		Cal Poly Humboldt	4.97m	16-03.75	551
	4.97m 4.93m 4.90m					
14	# 4826 Lampsas, Mara		California	4.93m	16-02.25	540
	4.66m 4.92m 4.93m					
--	# 5009 Moersdorf, Anneke		Oregon State	FOUL		
	FOUL FOUL FOUL					

2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024

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Results

Indoor Pentathlon: #3 Women Shot Put

	Name	Year	Team	Finals		Points
1	# 4966 Uzoekwe, Colleen		Oregon	14.04m	46-00.75	797
	13.81m 14.04m 13.42m					
2	# 4967 Williams, Annika		Oregon	13.42m	44-00.50	755
	13.31m 13.42m 12.95m					
3	# 5216 Gero-Holt, JaiCie		Unattached	13.33m	43-09.00	749
	13.33m 13.05m 13.18m					
4	# 4947 Bullock, Gianna		Oregon	12.62m	41-05.00	702
	12.54m 12.62m 11.54m					
5	# 5168 Swalve, Jessica		UC Santa Barbara	12.59m	41-03.75	700
	11.79m 12.59m 11.83m					
6	# 4948 Chocek, Taylor		Oregon	12.55m	41-02.25	698
	12.49m 11.88m 12.55m					
7	# 4768 Powers, Hollan		Arizona	11.70m	38-04.75	641
	10.98m 11.70m 11.20m					
8	# 5009 Moersdorf, Anneke		Oregon State	11.44m	37-06.50	624
	11.44m 10.85m 10.05m					
9	# 5113 Thrash, Abriel		Southern Nazarene	11.32m	37-01.75	616
	10.95m 11.32m 11.29m					
10	# 4816 McKamey, Cocome		Cal Poly Humboldt	11.07m	36-04.00	600
	9.58m 11.07m 9.69m					
11	# 4815 Kasberger, Grace		Cal Poly Humboldt	10.83m	35-06.50	584
	10.51m 9.89m 10.83m					
12	# 5125 Jones, Alyssa		Stanford	10.56m	34-07.75	566
	FOUL 10.21m 10.56m					
13	# 4859 Bruce, Eva		Colorado	9.66m	31-08.50	507
	9.59m 9.27m 9.66m					
14	# 4820 Anderson, Torre		California	9.22m	30-03.00	479
	9.22m FOUL 8.65m					
15	# 4826 Lampsas, Mara		California	8.71m	28-07.00	445
	8.71m 7.31m 8.69m					

Women Indoor Pentathlon

Dempsey: ! 4614 2/26/2021 Annie Kunz, Unattached
Meet: M 4092 2/24/2023 Anneke Moersdorf, Oregon Stat

	Name	Year	Team	Finals
1	# 4967 Williams, Annika		Oregon	4149M
2	# 5125 Jones, Alyssa		Stanford	4127M
3	# 4948 Chocek, Taylor		Oregon	4121M
4	# 5216 Gero-Holt, JaiCie		Unattached	4104M
5	# 4947 Bullock, Gianna		Oregon	3978
6	# 4768 Powers, Hollan		Arizona	3942
7	# 4966 Uzoekwe, Colleen		Oregon	3789
8	# 4859 Bruce, Eva		Colorado	3710
9	# 4816 McKamey, Cocome		Cal Poly Humboldt	3692
10	# 5168 Swalve, Jessica		UC Santa Barbara	3679
11	# 5113 Thrash, Abriel		Southern Nazarene	3592
12	# 4820 Anderson, Torre		California	3472
13	# 4815 Kasberger, Grace		Cal Poly Humboldt	3397
14	# 4826 Lampsas, Mara		California	3039
15	# 5009 Moersdorf, Anneke		Oregon State	2419

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Men 60 Meter Dash

Dempsey: ! 6.50 2/14/2015 Ryan Bailey, Nike
Meet: M 6.59 2/25/2023 Udodi Onwuzurike, Stanford

Name	Year	Team	Prelims
Heat 1 Preliminaries			
1 # 5112 Williams, Travis		Southern California	M 6.58q
2 # 5203 Major, Elijah		Ucla	6.81q
3 # 5373 Willems, Ethan		Washington State	6.93
4 # 5232 Adekanbi, Dimeji		Unattached	6.94
Heat 2 Preliminaries			
1 # 4847 Mangum, Mason		California	6.74q
2 # 4854 Williams, Chase		California	6.78q
3 # 5411 Hines, Solo		Whitworth	6.93
4 # 4761 Angarita, Kevin		Alaska Anchorage	7.02
5 # 5039 Kramer, Charlie		Resolute Track Club	7.19
Heat 3 Preliminaries			
1 # 5209 Robinson, John		Ucla	6.94
2 # 5036 Cieslak, Milan		Resolute Track Club	7.08
3 # 5061 Topinka, Tom		Seattle	7.26
Heat 4 Preliminaries			
1 # 5101 Branch, Zachariah		Southern California	6.74q
2 # 4873 Andrada, Luc		Colorado	6.84
3 # 5370 Parades, John		Washington State	6.88
4 # 4788 Howard, Tyler		Azusa Pacific	7.17
5 # 5037 Dimond, Dylan		Resolute Track Club	7.17
Heat 5 Preliminaries			
1 # 5363 Lawyer, Mason		Washington State	6.74q
2 # 5026 Taylor, Chris		Pomona-Pitzer	6.92
3 # 4992 Walker, Andrew		Oregon	6.96
4 # 5054 Holden, Kavon		Seattle	7.08
Heat 6 Preliminaries			
1 # 4840 Foster, David		California	M 6.57q
2 # 4978 Ize-Iyamu Jr., PJ		Oregon	6.69q
3 # 4976 Hagan, Caleb		Oregon	6.94
4 # 4939 Tyler, Thomas		La Verne	7.10

Men 60 Meter Dash

Dempsey: ! 6.50 2/14/2015 Ryan Bailey, Nike
Meet: M 6.59 2/25/2023 Udodi Onwuzurike, Stanford

Name	Year	Team	Finals
Section 1 Finals			
1 # 5363 Lawyer, Mason		Washington State	6.67
2 # 4847 Mangum, Mason		California	6.72
3 # 5203 Major, Elijah		Ucla	6.97
Section 2 Finals			
1 # 5112 Williams, Travis		Southern California	6.52M
2 # 4840 Foster, David		California	6.54M
3 # 4854 Williams, Chase		California	6.71
4 # 5101 Branch, Zachariah		Southern California	6.76

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Results

Men 200 Meter Dash

Dempsey: ! 20.65 2/25/2022 Kasaun James, USC
Meet: M 20.96 2/24/2023 Max Thomas, USC

Name	Year	Team	Finals	
Section 1				
1 # 5036 Cieslak, Milan		Resolute Track Club	22.49	
2 # 5039 Kramer, Charlie		Resolute Track Club	22.55	
3 # 4915 Wilson, Donovan		Cui	22.97	
4 # 5037 Dimond, Dylan		Resolute Track Club	23.28	
5 # 5148 Bailey, Joseph		Stanford	23.56	
Section 2				
1 # 5026 Taylor, Chris		Pomona-Pitzer	22.01	
2 # 4818 Megas, Cristian		Cal Poly Humboldt	22.32	
3 # 5147 Ajaegbu, Gabriel		Stanford	22.33	
4 # 5417 Lowe, Garrett		Unattached	23.59	
Section 3				
1 # 4873 Andrada, Luc		Colorado	22.08	
2 # 4939 Tyler, Thomas		La Verne	22.32	
Section 4				
1 # 5111 Thomas, Max		Southern California	21.03	
2 # 4917 Harris, Stephen		Franklin Pierce	21.34	
3 # 4885 Gilmore, Ian		Colorado	21.61	

Men 400 Meter Dash

Dempsey: ! 45.94 2/24/2018 Rai Benjamin, USC
Meet: M 46.03 3/1/2013 Mike Berry, Oregon

Name	Year	Team	Finals	
Section 1				
1 # 5147 Ajaegbu, Gabriel		Stanford	51.27	
2 # 5148 Bailey, Joseph		Stanford	52.19	
3 # 5252 Scherbinin, Vadim		Unattached	1:00.28	
Section 2				
1 # 4894 Romig, Cole		Colorado	48.60	
2 # 5031 Keith, Avery		Puget Sound	50.45	
3 # 4932 Sohus, Josiah		George Fox	51.05	
Section 3				
1 # 5320 Frazier, Jonathan		Washington	47.95	
2 # 5324 Hanley, Boden		Washington	48.08	
3 # 4896 Tragarz, Danny		Colorado	48.91	
Section 4				
1 # 5032 Rhodes, Alexander		Puget Sound	47.30	
2 # 4788 Howard, Tyler		Azusa Pacific	52.75	
-- # 4883 Gehring, Nick		Colorado	DQ	steps on line
Section 5				
1 # 5315 Birchman, Jonatha		Washington	47.77	
2 # 4761 Angarita, Kevin		Alaska Anchorage	48.33	
3 # 4984 Pueschner, Matt		Oregon	48.62	
4 # 4980 Manu, Kojo		Oregon	48.76	
Section 6				
1 # 5321 Gaik, Daniel		Washington	46.98	
2 # 4976 Hagan, Caleb		Oregon	49.30	
3 # 4982 Omer, Fuad		Oregon	49.50	
Section 7				

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Results

....Men 400 Meter Dash

1	# 5152	Floyd, Will	Stanford	46.47
2	# 5096	Andrews, Jacob	Southern California	46.92
--	# 4851	Shaw, Isaiah	California	FS

Section 8

1	# 5107	Jones, William	Southern California	46.56
2	# 5099	Blockburger, John	Southern California	47.70
--	# 4772	Felix, Gamali	Arizona State	DNF

Men 800 Meter Run INVITE

Dempsey: ! 1:46.36 2/13/2010 Andrew Wheating, Oregon
Meet: M 1:46.93 2/25/2023 John Lester, Stanford

	Name	Year	Team	Finals

Section 1

1	# 4944	Lumb, Kieran	On Running	1:46.34!
2	# 5323	Green, Nathan	Washington	1:46.50M
3	# 4943	Ellis, Sam	On Running	1:46.83M
--	# 5243	Holdsworth, Derek	Unattached	DNF

Men 800 Meter Run

Dempsey: ! 1:46.36 2/13/2010 Andrew Wheating, Oregon
Meet: M 1:46.93 2/25/2023 John Lester, Stanford

	Name	Year	Team	Finals
1	# 5108	Ligas, Josh	Southern California	1:52.78
2	# 4881	Culig, Jacob	Colorado	1:53.64
3	# 5056	Jensen, Alex	Seattle	1:53.85
4	# 5053	Harquail, Gus	Seattle	1:55.04
5	# 5051	Franklin, Alex	Seattle	1:55.66
6	# 4941	Murphy, Micah	Northwest (Wash.)	1:56.12
7	# 5057	Mason, Lance	Seattle	1:56.46
8	# 5240	Doddington, Caleb	Unattached	1:59.02

Section 2

1	# 5361	Langford, Kellen	Washington State	1:52.41
2	# 5104	Fierro, Morgan	Southern California	1:52.55
3	# 5359	Gonzalez, Evan	Washington State	1:54.13

Section 3

1	# 5103	Cumberbatch, Nath	Southern California	1:48.33
2	# 5202	Harrington, Angus	Ucla	1:48.66
3	# 4886	Greene, Ben	Colorado	1:49.65
4	# 4794	Melendres, Nicola	Azusa Pacific	1:50.14
5	# 5360	Klus, Emmett	Washington State	1:52.74
6	# 5110	Rainey, Darius	Southern California	2:23.90
--	# 4977	Harding, James	Oregon	DNF
--	# 4975	Erickson, Matthew	Oregon	DNF
--	# 5192	Amell, Tristan	Ucla	DNF

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Dempsey Indoor, Seattle WA

Results

Men 1 Mile Run INVITE

Dempsey: ! 3:51.73 1/27/2024 Luke Houser, Washington
Meet: M 3:55.99 2/25/2023 Isaiah Givens, Colorado

	Name	Year	Team	Finals
Section 1				
1	# 4807 Wynne, Henry		Brooks Beasts	3:52.62M
2	# 4760 Prakel, Sam		Adidas	3:52.65M
3	# 4803 Kidder, Brannon		Brooks Beasts	3:53.62M
4	# 4806 Suliman, Waleed		Brooks Beasts	3:53.70M
5	# 5334 Waskom, Joe		Washington	3:56.94
--	# 4944 Lumb, Kieran		On Running	DNF
--	# 4804 Langford, Kyle		Brooks Beasts	DNF

Men 1 Mile Run

Dempsey: ! 3:51.73 1/27/2024 Luke Houser, Washington
Meet: M 3:55.99 2/25/2023 Isaiah Givens, Colorado

	Name	Year	Team	Finals
1	# 5354 Barsaiya, Brian		Washington State	4:08.42
2	# 5371 Swanson, Leif		Washington State	4:08.83
3	# 5075 Mekonnen, Ephrem		Simon Fraser	4:09.29
4	# 4930 Petersen, Adam		George Fox	4:09.95
5	# 4837 Carney, Caden		California	4:10.65
6	# 5106 Golpariani, Zane		Southern California	4:10.98
7	# 5364 Limo, Kelvin		Washington State	4:12.66
8	# 5051 Franklin, Alex		Seattle	4:13.24
9	# 5369 Ortega-gammill, K		Washington State	4:20.37
10	# 5060 Sundt, Zack		Seattle	4:21.29
Section 2				
1	# 4855 Correa, Johan		Central Washington	4:07.69
2	# 4887 Haug, Lukas		Colorado	4:08.14
3	# 4884 Georges, Wilson		Colorado	4:08.29
4	# 4796 Perrier, Felix		Azusa Pacific	4:10.53
5	# 5233 Briggs, Isaac		Unattached	4:11.05
6	# 4798 Wright, Jared		Azusa Pacific	4:11.38
7	# 5023 Horsburgh, Ian		Pomona-Pitzer	4:13.65
8	# 5019 Fearon, Derek		Pomona-Pitzer	4:13.86
9	# 5161 Topper, Galen		Stanford	4:35.02
Section 3				
1	# 4974 Del Barrio, Sergi		Oregon	4:06.38
2	# 4969 Affolder, Luke		Oregon	4:06.43
3	# 4986 Scasso, Giuliano		Oregon	4:06.60
4	# 4972 Balazs, Benjamin		Oregon	4:06.87
5	# 4988 Steury, Izaiah		Oregon	4:07.01
6	# 4838 Denker, Carrick		California	4:07.26
7	# 5162 Topper, Nolan		Stanford	4:08.32
8	# 4891 Niednagel, Caleb		Colorado	4:09.89
9	# 5149 Boutelle, Caleb		Stanford	4:13.55
10	# 5357 Emerson, Aiden		Washington State	4:13.98
11	# 5097 Arriola, Kennie		Southern California	4:18.55
Section 4				
1	# 5249 Poynter, Bobby		Unattached	4:00.41
2	# 5164 Young, Leo		Stanford	4:02.57
3	# 4987 Smith, Aiden		Oregon	4:02.66

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....Men 1 Mile Run

4	# 5165	Young, Lex	Stanford	4:03.12
5	# 5245	Laird, Will	Unattached	4:04.45
6	# 4892	Rauba, Grady	Colorado	4:06.47
7	# 5242	Gorze, Tyrone	Unattached	4:07.57
8	# 4888	Hibbard, Noah	Colorado	4:09.18
9	# 5192	Amell, Tristan	Ucla	4:14.88
--	# 4813	Pickren, Spencer	Cal Poly	DNF

Section 5

1	# 4758	Coca, Miguel	Adams State	3:56.38
2	# 4811	Bove, Davis	Cal Poly	3:58.00
3	# 4845	MacQuiddy, Garret	California	3:58.82
4	# 5159	Sprout, Cole	Stanford	3:58.87
5	# 5319	Daschbach, Leo	Washington	3:59.04
6	# 5150	Boyden, Thomas	Stanford	3:59.27
7	# 5250	Proceviat, Camero	Unattached	3:59.47
8	# 5326	Jenkins, Evan	Washington	3:59.54
9	# 5322	Gibson, Eric	Washington	4:01.03
10	# 5330	McMahon-Staggs, R	Washington	4:02.24
--	# 4856	Franks, Mac	Club Northwest	DNF

Men 3000 Meter Run

Dempsey: ! 7:36.69 2/9/2024 Ky Robinson, Stanford

Meet: M 7:42.30 2/25/2023 Ky Robinson, Stanford

	Name	Year	Team	Finals

Section 1

1	# 4796	Perrier, Felix	Azusa Pacific	8:13.12
2	# 5371	Swanson, Leif	Washington State	8:14.00
3	# 4918	Summa, Wondu	Franklin Pierce	8:15.20
4	# 5364	Limo, Kelvin	Washington State	8:17.71
5	# 5019	Fearon, Derek	Pomona-Pitzer	8:18.35
6	# 4798	Wright, Jared	Azusa Pacific	8:19.52
7	# 5104	Fierro, Morgan	Southern California	8:20.41
8	# 4837	Carney, Caden	California	8:20.44
9	# 5023	Horsburgh, Ian	Pomona-Pitzer	8:26.24
10	# 5027	White, Quinn	Pomona-Pitzer	8:35.64
--	# 5419	Corvin, Cruize	Unattached	DNF
--	# 5251	Rosenbluth, Mike	Unattached	DNF
--	# 5420	Schneider, Will	Unattached	DNF

Section 2

1	# 5239	Diamond, Thomas	Unattached	7:59.86
2	# 5354	Barsaiya, Brian	Washington State	8:02.22
3	# 4813	Pickren, Spencer	Cal Poly	8:02.53
4	# 4893	Robertson, Charle	Colorado	8:02.68
5	# 5075	Mekonnen, Ephrem	Simon Fraser	8:09.90
6	# 4989	Stevens, Kutoven	Oregon	8:11.26
7	# 4874	Appleton, Hunter	Colorado	8:11.49
8	# 4888	Hibbard, Noah	Colorado	8:12.52
9	# 4882	Derouin, Jake	Colorado	8:14.19
10	# 5149	Boutelle, Caleb	Stanford	8:16.39
11	# 4891	Niednagel, Caleb	Colorado	8:18.46
12	# 5157	Sherry, Callum	Stanford	8:20.31
--	# 5318	Crabtree, James	Washington	DNF

Section 3

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....Men 3000 Meter Run

1	# 5159	Sprout, Cole	Stanford	7:49.14
2	# 5164	Young, Leo	Stanford	7:54.38
3	# 5234	Buerittua, Joey	Unattached	7:54.51
4	# 5165	Young, Lex	Stanford	7:55.17
5	# 4897	Vancil, Austin	Colorado	7:56.00
6	# 5158	Skapinsky, Milo	Stanford	7:59.28
7	# 5238	Dervin, Mitchell	Unattached	8:03.46
8	# 5204	Mireles, Michael	Ucla	8:03.67
9	# 4759	Dunne, James	Adams State	8:03.69
10	# 5250	Proceviat, Camero	Unattached	8:03.76
11	# 5247	MacIntosh, Jordan	Unattached	8:10.23
--	# 5156	Robinson, Ky	Stanford	DNF

Men 5000 Meter Run

Dempsey: ! 13:21.85 2/11/2022 Ky Robinson, Stanford
Meet: M 13:29.31 2/24/2023 Devin Hart, Stanford

Name	Year	Team	Finals
Section 1			
1 # 5200		Gibson, Conor	Ucla	14:22.93
2 # 5059		Sauers, Yonas	Seattle	14:23.74
3 # 4756		Begashaw, Kidus	Adams State	14:28.45
4 # 5022		Hatler, Cameron	Pomona-Pitzer	14:35.35
5 # 5106		Golpariani, Zane	Southern California	14:37.86
6 # 5020		Florsheim, Lucas	Pomona-Pitzer	14:51.10
7 # 5196		Curulla, Patrick	Ucla	15:04.49
8 # 5194		Chavez, Christoph	Ucla	15:29.79

Men 60 Meter Hurdles

Dempsey: ! 7.60 2/27/2016 Devon Allen, Oregon
Meet: M 7.77 3/4/2006 Jeff Hunter, Arizona

Name	Year	Team	Prelims
Heat 1 Preliminaries			
1 # 4991		Trucks, Anthony	Oregon	7.79q
2 # 4835		Bradley, Donovan	California	7.80q
3 # 4789		Hubbard, Makel	Azusa Pacific	8.30q
4 # 4938		Reid, Zachary	La Verne	8.36
Heat 2 Preliminaries			
1 # 5100		Brackins Jr., Joh	Southern California	! 7.57q
2 # 5198		Davis-Davis, Lyri	Ucla	8.22q
3 # 5356		Duskin, Parker	Washington State	8.51
4 # 5015		Lemma, Grady	Pacific Lutheran	8.56
5 # 4973		Corday, Vincent	Oregon	8.59
Heat 3 Preliminaries			
1 # 5098		Bates, Di'Niko	Southern California	M 7.76q
2 # 5320		Frazier, Jonathan	Washington	8.15q
3 # 5038		Jessee, Jayden	Resolute Track Club	8.30q
4 # 4937		Collier, Joshua	La Verne	8.72

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Men 60 Meter Hurdles

Dempsey: ! 7.60 2/27/2016 Devon Allen, Oregon
Meet: M 7.77 3/4/2006 Jeff Hunter, Arizona

Name	Year	Team	Finals
Section 1 Finals			
1 # 4835 Bradley, Donovan		California	7.79
2 # 4991 Trucks, Anthony		Oregon	7.91
3 # 5198 Davis-Davis, Lyri		Ucla	8.08
4 # 4789 Hubbard, Makel		Azusa Pacific	8.28
Section 2 Finals			
1 # 5100 Brackins Jr., Joh		Southern California	7.55!
2 # 5098 Bates, Di'Niko		Southern California	7.85
3 # 5320 Frazier, Jonathan		Washington	8.11
4 # 5038 Jessee, Jayden		Resolute Track Club	8.34

Men 4x400 Meter Relay

Dempsey: ! 3:05.01 2/25/2023 USC, USC
Braun, Allen, Jones, Blockburger
Meet: M 3:05.01 2/25/2023 USC, USC
Braun, Allen, Jones, Blockburger

Team	Finals
Section 1	
1 Southern California 'A'	3:04.95!
1) #5099 Blockburger, Johnnie	2) #5424 Allen, Ashton
3) #5096 Andrews, Jacob	4) #5107 Jones, William
2 Ucla 'A'	3:06.13
1) #5206 Nortje, Antonie	2) #5205 Misener-Daley, Myles
3) #5208 Reynolds, Cameron	4) #5211 Turner, Ismail
3 Washington State 'A'	3:07.04
1) #5355 Buckmiller, Grant	2) #5373 Willems, Ethan
3) #5363 Lawyer, Mason	4) #5366 McAlvey, Jared
4 Colorado 'A'	3:14.76
1) #4894 Romig, Cole	2) #4885 Gilmore, Ian
3) #4896 Tragarz, Danny	4) #4883 Gehring, Nick
5 Oregon 'A'	3:16.54
1) #4973 Corday, Vincent	2) #4980 Manu, Kojo
3) #4982 Omer, Fuad	4) #4984 Pueschner, Matt

Men Distance Medley

Dempsey: ! 9:21.77 2/12/2010 OTC
Symmonds, Scherer, Mulder, Leer
Meet: M 9:28.14 2/15/2019 Washington, Washington
Morello, Elliott, Kirk, Stanovsek

Team	Finals
1 Western Washington 'A'	9:46.78
1) #5400 Lingwall, Sam	2) #5399 Le, Brian
3) #5396 Bloom, Jonah	4) #5401 McDermott, Kevin
2 Western Oregon 'A'	9:48.21
1) #5382 Pomrankey, Easton	2) #5380 Hendrix, Amari
3) #5383 Rodriguez, Isaiah	4) #5384 Sanchez, Keeton
3 Simon Fraser 'A'	9:51.30

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....Men Distance Medley

1) #5072 Castro, Jose		2) #5076 Plummer, Colton	
3) #5073 Good, Aiden		4) #5077 Thomson, Andrew	
4 Pomona-Pitzer 'A'			9:51.61
1) #5024 Kirkpatrick, Colin		2) #5018 Butler, Sam	
3) #5025 Roering, Oscar		4) #5017 Booth-Genthe, Bennett	
5 Azusa Pacific 'A'			10:05.74
1) #4798 Wright, Jared		2) #4789 Hubbard, Makel	
3) #4794 Melendres, Nicolas		4) #4796 Perrier, Felix	
6 Cui 'A'			10:10.55
1) #4909 Grunden, Lucas		2) #4915 Wilson, Donovan	
3) #4913 Tondryk, Bryce		4) #4912 Plaza, Noah	
7 George Fox 'A'			10:14.62
1) #4924 Adkisson, Patrick		2) #4926 Christy, Connor	
3) #4931 Scholtes, Ryan		4) #4930 Petersen, Adam	
8 George Fox 'B'			10:32.29
1) #4925 Arthur, Aidan		2) #4933 Trefry, Larry	
3) #4923 Stockwell, Carson		4) #4927 Gappa, Austin	
-- Washington State 'A'			DNF
1) #5357 Emerson, Aiden		2) #5359 Gonzalez, Evan	
3) #5361 Langford, Kellen		4) #5354 Barsaiya, Brian	
-- Seattle 'A'			DNF
1) #5051 Franklin, Alex		2) #5058 Rosario, Miguel	
3) #5056 Jensen, Alex		4) #5053 Harquail, Gus	
-- Washington 'A'			DNF
1) #5319 Daschbach, Leo		2) #5330 McMahon-Staggs, Ronan	
3) #5318 Crabtree, James		4) #5322 Gibson, Eric	

Men High Jump

Dempsey: ! 2.31m 2/13/2010 Jesse Williams, Nike
Meet: M 2.23m 3/3/2012 Bryan McBride, Arizona State

Name	Year	Team	Finals	
Flight 1				
1 # 5105 Gerald, Elias		Southern California	2.15m	7-00.50
1.90 1.95 2.00 2.05 2.10 2.15 2.20				
--- --- XO XO O XXO XXX				
2 # 4970 Agbonkonkon, Osaw		Oregon	2.10m	6-10.75
1.90 1.95 2.00 2.05 2.10 2.15				
--- O XXO XO XO XXX				
3 # 4878 Bouchard, Noah		Colorado	2.05m	6-08.75
1.90 1.95 2.00 2.05 2.10				
--- O XXO O XXX				
4 # 5367 McGloflin, AJ		Washington State	J2.05m	6-08.75
1.90 1.95 2.00 2.05 2.10				
--- --- O XXO XXX				
5 # 4792 Markus Imani Varl		Azusa Pacific	2.00m	6-06.75
1.90 1.95 2.00 2.05				
--- O XO XXX				
6 # 5160 Stevens, James		Stanford	J2.00m	6-06.75
1.90 1.95 2.00 2.05				
O XO XXO XXX				
7 # 5327 Lieberg, Leland		Washington	1.90m	6-02.75
1.90 1.95				
XO XXX				

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....Men High Jump

```
 8 # 4789 Hubbard, Makel        Azusa Pacific           J1.90m    6-02.75
    1.90 1.95
     XXO  XXX
-- # 5201 Gillis, Leon          Ucla                       NH
    1.90 1.95
     ---  XXX
```

Men Pole Vault

```
================================================================================
    Dempsey: ! 5.81m  1/31/2004   Toby Stevenson, Unattached
       Meet: M 5.58m  3/5/2011    Brad Walker, Nike
   Name                     Year Team                     Finals
================================================================================
 1 # 4846 Magula, Skyler        California               5.53m   18-01.75
    4.48 4.63 4.78 4.93 5.08 5.23 5.38 5.53 5.58 5.60
     ---  ---  ---  ---  ---  ---   XO    O  ---  XXX
 2 # 5316 Bresko, Mathis        Washington               5.38m   17-07.75
    4.48 4.63 4.78 4.93 5.08 5.23 5.38 5.53
     ---  ---  ---  ---    O    O    O  XXX
 3 # 5329 Manson, Max           Washington              J5.38m   17-07.75
    4.48 4.63 4.78 4.93 5.08 5.23 5.38 5.53
     ---  ---  ---  ---   XO    O    O  XXX
 4 # 5207 O'Brien, Hunter       Ucla                    J5.38m   17-07.75
    4.48 4.63 4.78 4.93 5.08 5.23 5.38 5.53
     ---  ---  ---  ---    O    O   XO  XXX
 5 # 5331 Park, Simon           Washington               5.23m   17-01.75
    4.48 4.63 4.78 4.93 5.08 5.23 5.38
     ---  ---  ---  ---  XXO    O  XXX
 6 # 5241 Englar, Jacob         Unattached              J5.23m   17-01.75
    4.48 4.63 4.78 4.93 5.08 5.23 5.38
     ---  ---  ---  ---  ---   XO  XXX
 7 # 5235 Burns, Tyler          Unattached              J5.23m   17-01.75
    4.48 4.63 4.78 4.93 5.08 5.23 5.38 5.53
     ---  ---  ---  ---  ---  XXO  ---  XXX
 8 # 4971 Angove, Hunter        Oregon                   5.08m   16-08.00
    4.48 4.63 4.78 4.93 5.08 5.23
     ---  ---  ---    O    O  XXX
 9 # 5253 Shirley, Andrew       Unattached               4.93m   16-02.00
    4.48 4.63 4.78 4.93 5.08
     ---  ---    O    O  XXX
10 # 5248 McGee, Chase          Unattached               4.78m   15-08.25
    4.48 4.63 4.78 4.93 5.08 5.23
       O  XXO    O  XXX  ---  ---
11 # 5358 Freitag, Brayden      Washington State        J4.78m   15-08.25
    4.48 4.63 4.78 4.93
     ---  ---   XO  XXX
12 # 4797 Rauwerda, Joseph      Azusa Pacific           J4.78m   15-08.25
    4.48 4.63 4.78 4.93
      XO   XO  XXO  XXX
13 # 5246 Lasher, Jordan        Unattached               4.63m   15-02.25
    4.48 4.63 4.78
      XO    O  XXX
```

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Men Long Jump

Dempsey: ! 8.12m 2/29/2008 Norris Frederick, Washington
Meet: M 7.75m 2/25/2023 Prestin Artis, Washington

	Name	Year	Team	Finals
1 #	4771 Rodrigues, Reinal		Arizona	7.81mM 25-07.50
	7.72m 7.61m 7.64m 7.59m 7.55m 7.81m			
2 #	4847 Mangum, Mason		California	7.70m 25-03.25
	7.66m 7.61m 7.50m 7.31m FOUL 7.70m			
3 #	4850 Plumb, Jason		California	7.40m 24-03.50
	6.89m 6.98m 7.40m 5.39m FOUL FOUL			
4 #	4853 Udeh, Chukwunonso		California	7.30m 23-11.50
	7.22m 7.30m 6.45m 7.12m 6.98m FOUL			
5 #	5154 Hunter, Allan		Stanford	7.16m 23-06.00
	FOUL 7.05m 6.99m 7.16m 7.01m 7.04m			
6 #	4879 Christiansen, Aid		Colorado	7.01m 23-00.00
	FOUL 6.72m 6.73m 6.87m 6.77m 7.01m			
7 #	4849 Nwafor, Obi		California	6.86m 22-06.25
	6.64m FOUL 6.82m 6.77m 6.86m FOUL			
8 #	5055 Jefferson, Jamaar		Seattle	6.67m 21-10.75
	FOUL 6.58m FOUL 6.67m FOUL 6.63m			
9 #	5039 Kramer, Charlie		Resolute Track Club	6.58m 21-07.25
	6.21m 6.25m 6.58m FOUL FOUL FOUL			
10 #	4834 Bolanos, Jeremiah		California	6.49m 21-03.50
	6.49m FOUL 6.42m			
11 #	5038 Jessee, Jayden		Resolute Track Club	6.40m 21-00.00
	6.23m 6.40m FOUL			
12 #	5062 Zamora, JR		Seattle	6.30m 20-08.00
	6.30m 6.15m 4.96m			
13 #	5061 Topinka, Tom		Seattle	6.27m 20-07.00
	FOUL 6.27m 6.10m			

Men Triple Jump

Dempsey: ! 16.62m 2/1/2003 Julien Kapek, USC
Meet: M 15.81m 3/4/2006 Solomon Welch, Stanford

	Name	Year	Team	Finals
1 #	5314 Akinlosotu, Kunle		Washington	15.49m 50-10.00
	14.94m 15.02m 15.49m 13.86m 15.22m 15.09m			
2 #	5163 Yang, Kevin		Stanford	15.47m 50-09.25
	FOUL 14.37m 14.94m 15.26m 15.47m 15.40m			
3 #	5362 Lawrence, Eli		Washington State	15.13m 49-07.75
	FOUL 13.63m 14.55m FOUL 14.79m 15.13m			
4 #	4981 Normand, Jack		Oregon	14.79m 48-06.25
	14.56m 14.46m 14.79m 14.17m 14.02m 14.63m			
5 #	5333 Smith, Trevontay		Washington	14.53m 47-08.00
	14.10m 14.25m FOUL 13.71m 14.28m 14.53m			
6 #	4849 Nwafor, Obi		California	14.45m 47-05.00
	14.12m 14.37m 14.38m 14.45m 14.44m 14.38m			
7 #	5325 Hutchinson, Roman		Washington	14.37m 47-01.75
	FOUL 14.30m 14.29m 14.03m 14.37m 14.17m			
8 #	4834 Bolanos, Jeremiah		California	14.31m 46-11.50
	14.04m 14.31m FOUL FOUL 14.17m FOUL			
9 #	4911 Jones, Gabriel		Cui	13.78m 45-02.50
	13.02m 13.78m 13.52m PASS PASS PASS			

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....Men Triple Jump

10	# 4791	Johnson, Nysir	Azusa Pacific	12.93m	42-05.25
	12.36m	12.93m	12.69m		
11	# 5062	Zamora, JR	Seattle	12.77m	41-10.75
	FOUL	12.77m	FOUL		
12	# 5052	Gignac, Rock	Seattle	12.12m	39-09.25
	FOUL	12.12m	FOUL		
--	# 5050	Ellison, Sean	Seattle	FOUL	
	FOUL	FOUL	FOUL		

Men Shot Put

Dempsey: ! 21.47m 3/1/2008 Ryan Whiting, Arizona State
Meet: M 19.94m 3/3/2007 Russ Winger, Idaho

	Name	Year	Team	Finals	
1	# 4773 Lloyd, Brandon		Arizona State	18.92m	62-01.00
	17.72m	FOUL	17.45m 18.22m 18.92m 18.92m		
2	# 4839 Duensing Jr, Jeff		California	18.44m	60-06.00
	FOUL	17.38m	18.26m FOUL FOUL 18.44m		
3	# 4770 Landa, Zach		Arizona	18.14m	59-06.25
	FOUL	FOUL	17.90m FOUL 18.14m FOUL		
4	# 4841 Godbehere, Nichol		California	18.12m	59-05.50
	17.18m	FOUL	17.96m FOUL 17.81m 18.12m		
5	# 5368 Mosquera, Ronald		Washington State	18.10m	59-04.75
	16.92m	17.76m	18.10m 17.73m FOUL FOUL		
6	# 5199 Elbettar, Aidan		Ucla	16.94m	55-07.00
	16.69m	FOUL	16.94m FOUL 16.87m FOUL		
7	# 4914 Vergenz, Trey		Cui	15.81m	51-10.50
	15.07m	15.81m	15.21m 15.23m 15.58m FOUL		
8	# 4899 Williams, Lucas		Colorado	15.01m	49-03.00
	15.01m	14.65m	FOUL FOUL FOUL 14.91m		
9	# 4940 Olsen, Nick		Linfield	14.82m	48-07.50
	14.79m	14.43m	14.82m FOUL FOUL 14.58m		
10	# 5153 Gross, Garin		Stanford	14.78m	48-06.00
	14.44m	14.66m	14.78m		
11	# 5405 Turner, Noah		Western Washington	14.75m	48-04.75
	FOUL	FOUL	14.75m		
12	# 4795 Olson, Brett		Azusa Pacific	14.46m	47-05.25
	13.28m	14.46m	14.10m		
13	# 4910 Hornaday, Hunter		Cui	14.20m	46-07.25
	12.84m	13.75m	14.20m		
14	# 4875 Atkinson, Laurenc		Colorado	13.80m	45-03.50
	13.80m	FOUL	13.47m		
15	# 5244 Huhta, Devin		Unattached	13.60m	44-07.50
	13.60m	13.37m	12.67m		

Men Weight Throw

Dempsey: ! 23.60m 2/27/2015 Conor McCullough, USC
Meet: M 22.48m 2/24/2023 Max McKhann, Stanford

	Name	Year	Team	Finals	
1	# 5335 White, Jayden		Washington	23.73m!	77-10.25
	22.47m	FOUL	FOUL 23.73m 22.66m 22.98m		

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....Men Weight Throw

2	# 4842	Hamilton, Rowan	California	22.36m	73-04.50
	21.19m	21.02m	21.07m	21.21m	22.36m	FOUL
3	# 4990	Strunk, Mason	Oregon	20.83m	68-04.25
	20.20m	20.83m	20.71m	20.19m	19.71m	FOUL
4	# 4848	Moisander, Ivar	California	20.03m	65-08.75
	19.65m	19.64m	20.03m	19.58m	20.03m	19.82m
5	# 4898	Ward, Matt	Colorado	18.02m	59-01.50
	FOUL	18.02m	17.80m	FOUL	FOUL	17.30m
6	# 4877	Bouchard, Isaiah	Colorado	17.45m	57-03.00
	FOUL	17.44m	17.45m	16.82m	FOUL	FOUL
7	# 5385	Warren, Mark	Western Oregon	17.42m	57-02.00
	17.15m	16.14m	16.48m	FOUL	16.34m	17.42m
8	# 5397	Campbell, Miller	Western Washington	17.14m	56-03.00
	16.49m	17.14m	FOUL	16.64m	17.03m	17.13m
9	# 4875	Atkinson, Laurenc	Colorado	16.62m	54-06.50
	FOUL	FOUL	16.62m	16.38m	FOUL	FOUL
10	# 5402	Ramos, Angelo	Western Washington	16.13m	52-11.00
	FOUL	16.13m	14.92m			
11	# 5155	McKhann, Mason	Stanford	15.32m	50-03.25
	FOUL	FOUL	15.32m			
12	# 4914	Vergenz, Trey	Cui	14.43m	47-04.25
	13.30m	13.96m	14.43m			
13	# 4910	Hornaday, Hunter	Cui	12.33m	40-05.50
	12.33m	12.18m	FOUL			
--	# 4899	Williams, Lucas	Colorado	FOUL	
	FOUL	FOUL	FOUL			

Heptathlon: #1 Men 60 Meter Dash

	Name	Year	Team	Finals	Points
Section 1					
1	# 4890 Miller, Drake		Colorado	7.21	809
2	# 5236 Carter, Aiden		Unattached	7.23	802
3	# 4876 Bianco, Nick		Colorado	7.26	792
4	# 4836 Buddie, Luke		California	7.28	785
5	# 4844 Knott, Riley		California	7.36	759
Section 2					
1	# 4843 Johnson, Seth		California	7.09	851
2	# 4979 Katahdin, Arthur		Oregon	7.11	844
3	# 4895 Swabik, John		Colorado	7.11	844
4	# 4852 Terrill, Parker		California	7.23	802
5	# 5317 Comin Pescador, B		Washington	7.27	789
Section 3					
1	# 4985 Raap, Rafael		Oregon	6.97	893
2	# 5365 Mahacek, Mason		Washington State	7.02	875
3	# 5372 Walburn, Lee		Washington State	7.04	868
4	# 5332 Schlueter, Jami		Washington	7.05	865
5	# 4880 Colleran, Troy		Una	7.05	865

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Heptathlon: #7 Men 1000 Meter Run

	Name	Year	Team	Finals	Points
Section 1					
1	# 4895 Swabik, John		Colorado	2:40.14	872
2	# 4843 Johnson, Seth		California	2:41.11	861
3	# 5332 Schlueter, Jami		Washington	2:43.48	835
4	# 4876 Bianco, Nick		Colorado	2:43.99	830
5	# 5372 Walburn, Lee		Washington State	2:44.62	823
6	# 5236 Carter, Aiden		Unattached	2:45.74	811
7	# 4836 Buddie, Luke		California	2:47.51	792
8	# 4890 Miller, Drake		Colorado	2:49.49	771
9	# 4979 Katahdin, Arthur		Oregon	2:52.10	744
10	# 4852 Terrill, Parker		California	2:53.33	731
11	# 4985 Raap, Rafael		Oregon	2:55.93	705
12	# 4880 Colleran, Troy		Una	2:59.65	668
13	# 4844 Knott, Riley		California	3:03.29	632
--	# 5365 Mahacek, Mason		Washington State	DNF	
--	# 5317 Comin Pescador, B		Washington	DNF	

Heptathlon: #5 Men 60 Meter Hurdles

	Name	Year	Team	Finals	Points
1	# 4880 Colleran, Troy		Una	8.69	816
2	# 4836 Buddie, Luke		California	8.72	809
3	# 4852 Terrill, Parker		California	9.12	720
Section 2					
1	# 4844 Knott, Riley		California	8.58	841
2	# 4890 Miller, Drake		Colorado	8.64	827
3	# 4979 Katahdin, Arthur		Oregon	8.86	777
Section 3					
1	# 5236 Carter, Aiden		Unattached	8.25	920
2	# 4985 Raap, Rafael		Oregon	8.31	905
3	# 5365 Mahacek, Mason		Washington State	8.57	843
Section 4					
1	# 4843 Johnson, Seth		California	8.22	927
2	# 4895 Swabik, John		Colorado	8.31	905
3	# 5372 Walburn, Lee		Washington State	8.34	898
Section 5					
1	# 4876 Bianco, Nick		Colorado	8.15	944
2	# 5317 Comin Pescador, B		Washington	8.16	942
3	# 5332 Schlueter, Jami		Washington	8.18	937

Heptathlon: #4 Men High Jump

	Name	Year	Team	Finals	Points
Flight 1					
1	# 5365 Mahacek, Mason		Washington State	2.04m 6-08.25	840
	1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95 1.98 2.01 2.04 2.07				
	--- --- --- --- --- --- --- --- O XO O XO O XXX				
2	# 4844 Knott, Riley		California	1.98m 6-06.00	785
	1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95 1.98 2.01 2.04				
	--- --- --- --- --- --- --- --- --- --- O --- XXX				

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....Heptathlon: #4 Men High Jump

3	# 5372	Walburn, Lee	Washington State						1.92m	6-03.50	731	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95		
	---	---	---	---	O	O	O	XO	XO	XXX		
3	# 4843	Johnson, Seth	California						1.92m	6-03.50	731	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95		
	---	---	---	---	---	O	XO	XO	XO	XXX		
3	# 4876	Bianco, Nick	Colorado						1.92m	6-03.50	731	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95		
	---	---	---	---	---	O	O	O	XO	XXX		
3	# 4880	Colleran, Troy	Una						1.92m	6-03.50	731	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95		
	---	---	---	---	---	O	XO	XXO	O	XXX		
3	# 4890	Miller, Drake	Colorado						1.92m	6-03.50	731	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95		
	---	---	---	---	---	---	O	XO	XO	XXX		
3	# 4985	Raap, Rafael	Oregon						1.92m	6-03.50	731	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95		
	---	---	---	---	---	XXO	XXO	---	XXO	XXX		
9	# 5236	Carter, Aiden	Unattached						1.89m	6-02.25	705	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92			
	---	---	O	---	O	O	O	O	XXX			
9	# 4895	Swabik, John	Colorado						1.89m	6-02.25	705	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92			
	---	---	---	---	---	XO	O	XXO	XXX			
9	# 5332	Schlueter, Jami	Washington						1.89m	6-02.25	705	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92			
	---	---	---	O	O	O	O	O	XXX			
9	# 4836	Buddie, Luke	California						1.89m	6-02.25	705	
	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92			
	---	---	---	---	---	O	XXO	XO	XXX			
13	# 4979	Katahdin, Arthur	Oregon						1.80m	5-10.75	627	
	1.68	1.71	1.74	1.77	1.80	1.83						
	O	O	O	O	XO	XXX						
13	# 4852	Terrill, Parker	California						1.80m	5-10.75	627	
	1.68	1.71	1.74	1.77	1.80	1.83						
	---	O	XO	O	O	XXX						
--	# 5317	Comin Pescador, B	Washington						NH			
	1.68											
	XXX											

Heptathlon: #6 Men Pole Vault

	Name	Year	Team							Finals						Points	
1	# 4876	Bianco, Nick	Colorado							5.05m	16-06.75					926	
	3.65	3.75	3.85	3.95	4.05	4.15	4.25	4.35	4.45	4.55	4.65	4.75	4.85	4.95	5.05	5.15	
	---	---	---	---	---	---	---	---	---	---	O	O	XXO	XXO	O	XXX	
2	# 4979	Katahdin, Arthur	Oregon							4.95m	16-02.75					895	
	3.65	3.75	3.85	3.95	4.05	4.15	4.25	4.35	4.45	4.55	4.65	4.75	4.85	4.95	5.05		
	---	---	---	---	---	---	---	---	---	O	XO	O	XXO	O	XXX		
3	# 5372	Walburn, Lee	Washington State							4.85m	15-11.00					865	
	3.65	3.75	3.85	3.95	4.05	4.15	4.25	4.35	4.45	4.55	4.65	4.75	4.85	4.95			
	---	---	---	---	---	---	---	---	O	XO	XO	O	O	XXX			

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....Heptathlon: #6 Men Pole Vault

```
 3 # 5365 Mahacek, Mason        Washington State         4.85m   15-11.00    865
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65 4.75 4.85 4.95 5.05
     ---  ---  ---  ---  ---  ---  ---  ---  ---   XO  ---  XXO    O  XX-    R
 5 # 4985 Raap, Rafael          Oregon                   4.75m   15-07.00    834
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65 4.75 4.85
     ---  ---  ---  ---  ---  ---    O    O   XO    O    O   XO  XXX
 6 # 4852 Terrill, Parker       California               4.65m   15-03.00    804
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65 4.75 4.85
     ---  ---  ---  ---  ---  ---  ---  ---  ---  ---   XO  ---  XXX
 7 # 4890 Miller, Drake         Colorado                 4.55m   14-11.00    775
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65
     ---  ---  ---  ---   XO   XO  XXO    O   XO   XO  XXX
 8 # 4843 Johnson, Seth         California               4.45m   14-07.25    746
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55
     ---  ---    O    O  ---   XO   XO    O    O  XXX
 8 # 4844 Knott, Riley          California               4.45m   14-07.25    746
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55
     ---  ---  ---  ---  ---  ---  ---    O  XXO  XXX
 8 # 5332 Schlueter, Jami       Washington               4.45m   14-07.25    746
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55
     ---  ---  ---  ---  ---    O    O    O    O  XXX
11 # 4880 Colleran, Troy        Una                      4.35m   14-03.25    716
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45
     ---  ---  ---  ---  ---  ---   XO    O  XXX
11 # 4895 Swabik, John          Colorado                 4.35m   14-03.25    716
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45
     ---  ---  ---  ---  ---  ---    O    O  XXX
13 # 5236 Carter, Aiden         Unattached               4.25m   13-11.25    688
    3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35
       O    O   XO    O    O   XO    O  XXX
14 # 4836 Buddie, Luke          California               4.15m   13-07.25    659
    3.65 3.75 3.85 3.95 4.05 4.15 4.25
     ---  ---    O   XO    O   XO  XXX
-- # 5317 Comin Pescador, B     Washington                  NH
    3.65 3.75 3.85
     X--   XX    R
```

Heptathlon: #2 Men Long Jump

```
==============================================================================
   Name                    Year Team                    Finals            Points
==============================================================================
 1 # 4985 Raap, Rafael          Oregon                   7.41m   24-03.75    913
    7.17m  7.07m  7.41m
 2 # 5332 Schlueter, Jami       Washington               7.23m   23-08.75    869
    7.18m  7.23m  7.15m
 3 # 4876 Bianco, Nick          Colorado                 7.08m   23-02.75    833
    6.88m  7.08m  6.93m
 4 # 5236 Carter, Aiden         Unattached               7.02m   23-00.50    818
    6.93m  7.02m  6.86m
 5 # 4836 Buddie, Luke          California               6.98m   22-11.00    809
    6.82m  6.65m  6.98m
 6 # 5365 Mahacek, Mason        Washington State         6.84m   22-05.25    776
    6.69m  6.84m  6.41m
 6 # 4895 Swabik, John          Colorado                 6.84m   22-05.25    776
    6.57m  FOUL  6.84m
```

2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024

Dempsey Indoor, Seattle WA

Results

....Heptathlon: #2 Men Long Jump

8	#	4843 Johnson, Seth	California	6.80m	22-03.75	767
		6.19m FOUL 6.80m				
8	#	4844 Knott, Riley	California	6.80m	22-03.75	767
		6.80m 6.79m FOUL				
10	#	4880 Colleran, Troy	Una	6.74m	22-01.50	753
		6.54m 6.60m 6.74m				
11	#	4852 Terrill, Parker	California	6.70m	21-11.75	743
		6.70m 6.29m 6.69m				
12	#	5372 Walburn, Lee	Washington State	6.65m	21-10.00	732
		6.28m 6.11m 6.65m				
13	#	4890 Miller, Drake	Colorado	6.59m	21-07.50	718
		6.48m 6.59m 6.44m				
14	#	4979 Katahdin, Arthur	Oregon	6.33m	20-09.25	659
		5.86m 6.18m 6.33m				
--	#	5317 Comin Pescador, B	Washington	FOUL		
		PASS FOUL PASS				

Heptathlon: #3 Men Shot Put

		Name	Year	Team	Finals		Points
1	#	4985 Raap, Rafael		Oregon	14.77m	48-05.50	776
		14.21m 14.77m FOUL					
2	#	5372 Walburn, Lee		Washington State	14.73m	48-04.00	773
		14.73m 14.39m 14.70m					
3	#	5332 Schlueter, Jami		Washington	13.71m	44-11.75	711
		FOUL FOUL 13.71m					
4	#	5317 Comin Pescador, B		Washington	13.68m	44-10.75	709
		13.68m 13.34m FOUL					
5	#	4880 Colleran, Troy		Una	12.30m	40-04.25	625
		11.33m 11.23m 12.30m					
6	#	4844 Knott, Riley		California	12.18m	39-11.50	617
		12.18m FOUL FOUL					
7	#	5365 Mahacek, Mason		Washington State	12.11m	39-08.75	613
		12.11m FOUL FOUL					
8	#	4843 Johnson, Seth		California	12.04m	39-06.00	609
		11.20m 12.04m 11.91m					
9	#	4979 Katahdin, Arthur		Oregon	11.99m	39-04.00	606
		11.61m 11.88m 11.99m					
10	#	4890 Miller, Drake		Colorado	11.91m	39-01.00	601
		11.11m 11.73m 11.91m					
11	#	4895 Swabik, John		Colorado	11.89m	39-00.25	600
		11.53m 11.32m 11.89m					
12	#	5236 Carter, Aiden		Unattached	11.88m	38-11.75	599
		11.74m 11.88m 11.61m					
13	#	4876 Bianco, Nick		Colorado	11.82m	38-09.50	595
		11.82m 11.27m 11.62m					
14	#	4852 Terrill, Parker		California	11.71m	38-05.00	589
		11.48m 11.24m 11.71m					
15	#	4836 Buddie, Luke		California	11.64m	38-02.25	585
		FOUL 11.64m 11.34m					

2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024

Dempsey Indoor, Seattle WA

Results

Men Heptathlon

Dempsey: ! 6344 1/31/2015 Jeremy Taiwo, Chula Vista OTC
Meet: M 6061 2/25/2023 Bruno Comin Pescador, Washing

	Name	Year	Team	Finals
1	# 4985 Raap, Rafael		Oregon	5757
2	# 5372 Walburn, Lee		Washington State	5690
3	# 5332 Schlueter, Jami		Washington	5668
4	# 4876 Bianco, Nick		Colorado	5651
5	# 4843 Johnson, Seth		California	5492
6	# 4895 Swabik, John		Colorado	5418
7	# 5236 Carter, Aiden		Unattached	5343
8	# 4890 Miller, Drake		Colorado	5232
9	# 4880 Colleran, Troy		Una	5174
10	# 4979 Katahdin, Arthur		Oregon	5152
11	# 4844 Knott, Riley		California	5147
12	# 4836 Buddie, Luke		California	5144
13	# 5365 Mahacek, Mason		Washington State	5070
14	# 4852 Terrill, Parker		California	5016
15	# 5317 Comin Pescador, B		Washington	2440